

THIS IS WHAT YOUR BABY'S SLEEP ENVIRONMENT SHOULD LOOK LIKE!

BACK to SLEEP

Baby is sleeping **ALONE** in a safety approved crib. A safety approved playpen or bassinet are **ACCEPTABLE** substitutes.

Baby's head is uncovered.

Baby is dressed appropriately...**NOT OVER-BUNDLED.**

NO blankets, pillows, cushions, quilts/comforters or stuffed animals are in the crib with baby. A HALO SleepSack can be used instead of a blanket.



Crib slats - 2 3/4 inches apart - cannot fit a soda can through them.

Mattress fits **TIGHTLY** into crib, cannot fit more than one finger between crib and mattress.

Mattress is covered in a snugly fitted sheet.

Mattress is **FIRM**, nothing soft or padded is underneath baby making the mattress softer.

NO BUMPER PADS, POSITIONERS or **WEDGES** are in the crib.