

# Heart-Leaved Aster

This native perennial is a host for the Pearl Crescent and Silvery Checkerspot butterflies. It is an important nectar source for many butterflies and insects and the seeds are eaten by songbirds. This plant is known to be deer resistant and can make a good cut flower. The leaves can be utilized cooked or as greens. Blue Wood Aster is known to have medicinal qualities. Allow adequate room for this Aster as it will move around a bit.

**NATIVE TO  
PENNSYLVANIA**



## *Aster cordifolius*

- Hardiness: Zone 3-8
- Size: 2-3', spreads
- Flower: Whitish, pale blue flowers in Fall
- Culture: Prefers part shade to shade in a dry to well drained soil.
- Uses: Edge of woods, naturalizing, good perennial for the shaded garden, wildlife, edible, medicinal