

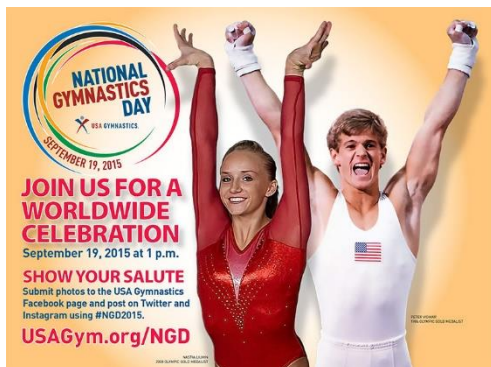


# Join us for our 14<sup>th</sup> annual Open House @ Triple T Sports Center 1-4pm



Triple T joins with USA Gymnastics and clubs across the country in celebrating National Gymnastics Day on Saturday, September 19<sup>th</sup>. A Jump / Cartwheel / Kick / Leap a-thon will be held for the Children's Hospital of the Kings Daughters here in Hampton Roads.

Taekwondo, Cheer, Dance, and Gymnastics demos, Door Prizes, 9 hole miniature golf, Moon Walks, 22' slide, Free Class Training, Balloon Animals, Face Painting, Games, Great food, lots of fun, and much more.



\* All Proceeds will be donated in full to the Children's Miracle Network, CHKD

## Be a part of our "Show Your Salute" Picture at 2:30pm

619 E. Constance Rd Suffolk, VA 23434 (757) 923-5150 [tttgym.com](http://tttgym.com)