Did you know that you can improve your golf game with a Titleist Performance Certified Chiropractor?

A consultation with your TPI Certified Chiropractor is geared towards finding out what your goals are. Is it to add power to your swing? Improve accuracy? Or is it to have fewer symptoms such as fatigue, leg

cramping, and back pain?

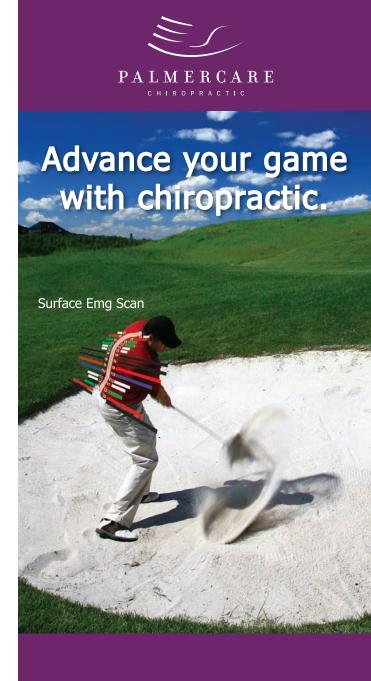
You'll know exactly what steps are necessary to "I have been going to chiropractors for as long as I can remember. It's as important to my training as practicing my swing."

- Tiger Woods

achieve all of these, along with an overall improvement in your health, after your consultation with your TPI Certified Chiropractor.

Maximize your golf game, minimize your symptoms, add mobility, stability, and flexibility with tests geared toward specifically identifying your individual physical roadblocks to achieving a better score and enjoying better physical health.





Dr. Vivian M. Kim, Doctor of Chiropractic
Dr. Corey J. Malnikof, Doctor of Chiropractic

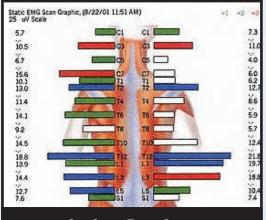
Titleist Certified Chiropractor

703.421.2990

www.palmercare.com



Video Swing Analysis shows body rotation and sequencing of body motion. It allows the golfer to see freedom of movement or mobility restrictions in their golf swing.



Surface Emg Scan

A Surface Emg scan measures muscle balance and nerve interference. This shows which muscles are firing properly and which ones are spasmed or weak.



Digital X-Ray

Digital X-Ray confirms any misalignment in the spine that can be preventing full movement. It can also show how much degeneration exists.



80 to 100 steps of testing reflexes, strength, range-of-motion, and mobility of the spine.



Foot Scan

A Foot scan shows if there are any imbalances from the ground up. The feet are the base where you center your power. Any imbalance can throw off the whole body.



Posture Analysis

A Posture Analysis shows imbalances from side-to-side and front-to-back. Imbalances in posture affect power and balance in your golf swing, in addition to degradation in the spine and imbalanced posture.



Titleist Fitness Exam

Special, customized exercises based on this exam will help you improve mobility, stability, and flexibility. These exercises will help relieve symptoms while golfing, and add power and accuracy to your game.