



ANNE FIDDICK
AQUATIC & SPORTS CENTRE
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I ♥ Swimming



WEIGHTROOM / CARDIO ROOM & COURT HOURS
 Monday/Wednesday 9 am -12 noon & 5 pm - 9 pm
 Tuesday/Thursday 9 am -12 noon & 1 pm - 9 pm
 Friday 9 am - 12 noon & 6 pm -10 pm
 Saturday: 2 pm - 5 pm & 6 pm - 9 pm
 Sunday: 12 noon - 4 pm

SCHEDULE EFFECTIVE January 6 – March 13 , 2020

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure	Main	Leisure
9 - 10 am	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM	Aquafit 9:15 - 10:15 am	QUIET TIME SWIM				
10 - 11 am	EVERYONE WELCOME	PARENT & TOT 10 - 11 am	EVERYONE WELCOME		EVERYONE WELCOME	PARENT & TOT 10 - 11 am	EVERYONE WELCOME		EVERYONE WELCOME	PARENT & TOT 10 - 11 am				
11 - 12 pm	↓	P/S LESSONS 10:30 - 11:30	SCHOOLS 11am -12pm	↓	↓	P/S LESSONS 10:30 - 11:30	SCHOOLS 11am - 12pm	↓	↓	EVERYONE WELCOME				
12 - 1 pm	<p>AQUATIC CENTRE CLOSED DURING LUNCH HOUR NOTE: LANE SWIMMING MAY BE UNAVAILABLE TUES/THURS 3:30 - 5:00 PM</p>													
1 - 2 pm	<p>FACILITY CLOSED 12 noon - 5 PM</p>		<p>EVERYONE WELCOME 1 - 9 pm</p>		<p>FACILITY CLOSED 12 noon - 5 pm</p>		<p>EVERYONE WELCOME 1 - 9 pm</p>		<p>FACILITY CLOSED 12 noon - 6 pm</p>		<p>6 - 10 pm</p>		<p>6 - 9 pm</p>	
2 - 3 pm			<p>SCHOOLS 1 - 3 pm</p>				<p>SCHOOLS 1 - 3 pm</p>							
3 - 4 pm			<p>LESSONS 3:30 - 5:45</p>				<p>LESSONS 3:30 - 5:45</p>							
4 - 5 pm			<p>↓</p>				<p>↓</p>							
5 - 6 pm	<p>EVERYONE WELCOME 5:00 - 9:00</p>		<p>EVERYONE WELCOME</p>		<p>EVERYONE WELCOME 5:00 - 9:00</p>		<p>EVERYONE WELCOME</p>		<p>EVERYONE WELCOME</p>		<p>6 - 9 pm</p>		<p>6 - 9 pm</p>	
6 - 7 pm			<p>P/S LESSONS 5:45 - 6:45</p>				<p>P/S LESSONS 5:45 - 6:45</p>							
7 - 8 pm			<p>EVERYONE WELCOME</p>				<p>EVERYONE WELCOME</p>							
8 - 9 pm			<p>↓</p>				<p>↓</p>							
9 - 10 pm	<p>THE POOL WILL BE CLOSED FEBRUARY 17, 2020</p>										<p>6 - 9 pm</p>		<p>6 - 9 pm</p>	