



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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 **KOYO**

NATURAL RICE CAKES

0101	Original ~ unsalted	150g	12	C	0-65493-00001-2	G	K
0102	Original ~ salted	150g	12	C	0-65493-00002-9	G	K
0103	Buckwheat ~ unsalted	150g	12	C	0-65493-00003-6	G	K
0104	Buckwheat ~ salted	150g	12	C	0-65493-00004-3	G	K
0111	Multigrain ~ unsalted	150g	12	C	0-65493-00011-1	G	K
0112	Multigrain ~ salted	150g	12	C	0-65493-00021-0	G	K

MACROBIOTIC RICE CAKES

0114	Nori seaweed ~ unsalted	150g	12	C	0-65493-00006-7	G	
0115	Dulse seaweed ~ unsalted	150g	12	C	0-65493-00018-0	G	

ORGANIC RICE CAKES

0117	Original ~ unsalted	150g	12	C	0-65493-00007-4	G	O	K
0118	Original ~ salted	150g	12	C	0-65493-00008-1	G	O	K
0119	Buckwheat ~ unsalted	150g	12	C	0-65493-00012-8	G	O	K
0120	Buckwheat ~ salted	150g	12	C	0-65493-00013-5	G	O	K
0121	Millet ~ unsalted	150g	12	C	0-65493-00014-2	G	O	K
0122	Millet ~ salted	150g	12	C	0-65493-00015-9	G	O	K
0125	Mixed grain ~ unsalted	150g	12	C	0-65493-00125-5	G	O	K
0126	Mixed grain ~ salted	150g	12	C	0-65493-00126-2	G	O	K

TAMARI ~ SELECT

6101	Authentic ~ black label	150mL	12	½	0-65493-01015-8		K
6102	Authentic ~ black label	475mL	12	½	0-65493-01011-0		K
6103	Authentic ~ black label	950mL	12	½	0-65493-01012-7		K
6105	Organic ~ black label	295mL	12	½	0-65493-06105-1	O	K
6109	Organic ~ black label	475mL	12	½	0-65493-01020-2	O	K

TAMARI ~ SELECT IN BULK

6104	Authentic ~ black label	4L	1	U	0-65493-06104-4		K
6110	Organic ~ black label	4L	1	U	0-65493-06110-5	O	K

TAMARI

6001	Classic ~ purple label	150mL	12	½	0-65493-06001-6		K
6002	Classic ~ purple label	475mL	12	½	0-65493-06002-3		K
6003	Classic ~ purple label	950mL	12	½	0-65493-06003-0		K
6005	Organic wheat-free ~ green label	475mL	12	½	0-65493-06005-4	O	K
6006	Organic wheat-free ~ green label	950mL	12	½	0-65493-06006-1	O	K
6008	Organic ~ blue label	475mL	12	½	0-65493-06008-5	O	K
6009	Organic ~ blue label	950mL	12	½	0-65493-06009-2	O	K

MISO

6150	Mame ~ soybean	300g	12	½	0-65493-06150-1		K
6173	Hatcho ~ unpasteurized soybean	300g	12	½	0-65493-06173-0		K

ORGANIC MISO

6160	Genmai ~ soybean & brown rice	300g	6	C	0-65493-06160-0	O	K
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6161	<i>Shiro ~ soybean & white rice</i> MITOKU ~ INSTANT MISO SOUP	300g	6	C	0-65493-06161-7	O K
6193	<i>Red miso with wakame</i>	40g	6	C	0-21009-11730-8	
6194	<i>Mellow white with tofu</i> DRIED SEAWEEDS	40g	6	C	0-21009-11728-5	
6256	<i>Arame</i>	50g	10	½	0-65493-06252-2	K
6272	<i>Wakame</i>	50g	10	½	0-65493-06260-7	
6276	<i>Kombu</i>	50g	10	½	0-65493-06276-8	
6296	<i>Kombu seaweed salad</i>	12g	6	C	0-65493-06296-6	
6260	<i>Nori ~ 10 sheets</i>	25g	6	C	0-65493-06272-0	
6360	<i>Sushi nori ~ 7 sheets</i> AGAR-AGAR	15g	12	½	0-65493-06360-4	
6263	<i>Flakes</i>	28g	10	½	0-65493-06263-8	
6267	<i>Bars ~ 2 bars</i> AGAR-AGAR <u>IN BULK</u>	15g	10	½	0-65493-06267-6	
6264	<i>Flakes</i> DRIED SEAWEEDS <u>IN BULK</u>	910g	1	U	N/A	
6361	<i>Sushi nori ~ 50 sheets</i> MITOKU ~ DRIED SEAWEEDS	190g	1	U	0-65493-06361-1	
6285	<i>Kizami nori ~ fine cut nori</i>	10g	10	½	0-21009-13013-0	
6287	<i>Sushi nori ~ 7 roasted sheets</i>	17g	12	½	0-21009-13022-2	
6289	<i>Ao-nori flakes</i>	20g	20	½	0-21009-12910-3	
6290	<i>Nori strips ~ spicy</i> MITOKU ~ DRIED SEAWEEDS <u>IN BULK</u>	13.5g	10	½	0-21009-13003-1	
6257	<i>Arame</i>	1Kg	1	U	0-21009-12301-9	K
6279	<i>Kombu</i>	1Kg	1	U	0-21009-13511-1	K
6294	<i>Sushi nori ~ 50 roasted sheets</i> ORGANIC NOODLES	190g	1	U	0-21009-13017-8	
6420	<i>Fine udon</i>	227g	12	½	8-13551-00102-6	O
6421	<i>Round udon</i>	227g	12	½	8-13551-00103-3	O
6423	<i>Soba</i>	227g	12	½	8-13551-00110-1	O
6424	<i>Udon</i> ORGANIC RAMEN NOODLES	227g	12	½	8-13551-00101-9	O
6430	<i>Mushroom ~ 89% organic</i>	57g	12	C	0-65493-06430-4	O
6431	<i>Seaweed ~ 89% organic</i>	57g	12	C	0-65493-06431-1	O
6432	<i>Tofu and miso ~ 89% organic</i>	57g	12	C	0-65493-06432-8	O
6433	<i>Asian vegetables ~ 88% organic</i>	60g	12	C	0-65493-06433-5	O
6434	<i>Lemongrass ginger ~ 88% organic</i>	60g	12	C	0-65493-06434-2	O
6435	<i>Garlic pepper ~ 88% organic</i>	60g	12	C	0-65493-06435-9	O
6436	<i>Soba ramen ~ 89% organic</i> ORGANIC RAMEN NOODLES ~ REDUCED SODIUM	60g	12	C	0-65493-06436-6	O
6437	<i>Asian vegetables ~ 92% organic</i>	60g	12	C	0-65493-06437-3	O

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	6438	Garlic pepper ~ 92% organic	60g	12	C	0-65493-06438-0	O
	6439	Tofu and miso ~ 92% organic	60g	12	C	0-65493-06439-7	O
		MITOKU ~ ORGANIC TEAS					
	6519	Kukicha ~ roasted twig tea ~ loose leaf	85g	12	½	0-21009-14119-8	O K
	6522	Kukicha ~ roasted twig tea ~ 10 tea bags	20g	12	½	0-21009-14120-4	O K
	6530	Sencha ~ green tea ~ 10 tea bags	20g	12	½	0-21009-14204-1	O K
	6531	Sencha ~ green tea ~ loose leaf	85g	12	½	0-21009-14201-0	O K
	6540	Hojicha ~ roasted leaf tea ~ 10 tea bags	20g	12	½	0-21009-14308-6	O K
		MITOKU ~ ORGANIC TEAS ~ IN BULK					
	6521	Kukicha ~ roasted twig tea ~ loose leaf	1Kg	1	U	0-21009-14102-0	O K
	6532	Sencha ~ green tea ~ loose leaf	1Kg	1	U	0-21009-14202-7	O K
		PICKLES					
	6641	Umeboshi ~ pickled plums	200g	12	½	0-65493-06641-4	
	6664	Organic umeboshi ~ pickled plums	100g	12	½	0-65493-06664-3	O K
	6645	Umeboshi ~ pickled plum paste	200g	12	½	0-65493-06645-2	
	6668	Organic umeboshi ~ pickled plum paste	200g	12	½	0-65493-06668-1	O
		MITOKU ~ PICKLES					
	6651	Daikon ~ pickled white radish	200g	12	½	0-21009-27004-1	
	6658	Sushi ginger ~ lightly pickled ginger root	50g	20	¼	0-21009-27007-2	
		MITOKU ~ PICKLES IN BULK					
	6643	Umeboshi ~ pickled plums	11Kg	1	U	0-21009-14713-8	
	6647	Umeboshi ~ pickled plum paste	12Kg	1	U	N/A	K
	6665	Organic umeboshi ~ pickled plums	1Kg	1	U	0-21009-17907-8	O K
		CONDIMENTS					
	6773	Mirin ~ liquid seasoning	150mL	12	½	0-65493-06773-2	K
	6774	Mirin ~ liquid seasoning	475mL	12	½	0-65493-06774-9	K
		MITOKU ~ CONDIMENTS					
	6820	Tekka ~ hatcho miso & dried vegetables	80g	12	½	0-21009-21005-4	
	6840	Wasabi powder ~ japanese horseradish	25g	6	C	0-21009-22902-5	K
		VINEGARS					
	6735	Organic genmai-su ~ brown rice vinegar	150mL	12	½	0-65493-06735-0	O K
	6736	Organic genmai-su ~ brown rice vinegar	475mL	12	½	0-65493-06736-7	O K
	6785	Ume-su ~ plum vinegar	150mL	12	½	0-65493-06785-5	K
	6786	Ume-su ~ plum vinegar	475mL	12	½	0-65493-06786-2	K
		MITOKU ~ VINEGAR IN BULK					
	6787	Ume-su ~ plum vinegar	4L	1	U	N/A	
		OIL					
	6751	Toasted sesame oil	250mL	12	½	0-65493-06751-0	
	6752	Toasted sesame oil	500mL	12	½	0-65493-06752-7	
		OIL IN BULK					
	6753	Toasted sesame oil	1.8L	1	U	0-21009-19102-5	
		SEA SALT					
	6811	Amashio ~ japanese sea salt	250g	12	½	0-65493-06811-1	

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6812	<i>Amashio ~ japanese sea salt</i> SEA SALT <u>IN BULK</u>	500g	12	½	0-65493-06812-8	
6814	<i>Amashio ~ japanese sea salt</i> MITOKU ~ ORGANIC KUZU	20Kg	1	U	N/A	
6920	<i>Kuzu ~ wild japanese arrowroot</i> MITOKU ~ KUZU <u>IN BULK</u>	100g	12	½	0-21009-20003-1	G O K
6921	<i>Kuzu ~ wild japanese arrowroot</i> MAGNESIUM CHLORIDE	5Kg	1	U	N/A	G K
7295	<i>Magnesium chloride for tofu</i> MAGNESIUM CHLORIDE <u>IN BULK</u>	250g	1	U	0-65493-07295-8	T
7296	<i>Magnesium chloride for tofu</i> COOKWARE	20kg	1	U	N/A	T
7525	<i>Suribachi (earthenware mortar)</i>	15cm	1	U	N/A	T
7526	<i>Suribachi (earthenware mortar)</i>	17cm	1	U	N/A	T
7531	<i>Surikogi (wooden pestle) #6</i>	18cm	1	U	4571101-554021	T
7532	<i>Surikogi (wooden pestle) #8</i>	25cm	1	U	4571101-554038	T
7561	<i>Bamboo sushi mat</i>	1 mat	1	U	0-65493-07561-4	T
7564	<i>Tawashi (vegetable brush)</i> ORGANIC FRUIT SPREAD	1 brush	1	U	4971871-101010	T
6701	<i>Strawberries</i>	250ml	12	½	0-65493-06701-5	O
6702	<i>Blueberries</i>	250ml	12	½	0-65493-06702-2	O
6703	<i>Raspberries</i>	250ml	12	½	0-65493-06703-9	O
6704	<i>4 fruits ~ straw / cran / rasp / blue-berries</i>	250ml	12	½	0-65493-06704-6	O

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AÇAI ROOTS

ORGANIC AÇAI DESSERTS

* 7005	<i>Sorbet</i>	473mL	8	C	8-98685-00109-8	O
	ORGANIC SMOOTHIE POUCH					
* 7007	<i>Pure açai ~ unsweetened</i>	4x100g	16	½	8-98685-00112-8	G O K

AMANO

ORGANIC UNPASTEURIZED MISO

≡ 6220	<i>Shiro miso (white)</i>	400g	12	½	0-67334-07001-7	O K
≡ 6221	<i>Aka miso (red)</i>	400g	12	½	0-67334-07002-4	O K
≡ 6222	<i>Genmai miso (brown rice)</i>	400g	12	½	0-67334-07003-1	O K
≡ 6223	<i>Mugi miso (barley)</i>	400g	12	½	0-67334-07004-8	O K

AMYCO

DRIED MUSHROOMS

5900	<i>Morel</i>	20g	6	C	6-28055-03516-9	
5902	<i>King bolete (Porcini)</i>	20g	6	C	6-28055-03518-3	
5903	<i>Oyster mushroom</i>	20g	6	C	6-28055-03507-7	
5904	<i>Shiitake</i>	20g	6	C	6-28055-03508-4	



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5905	Forest mix	20g	6	C	6-28055-03515-2	
5906	Black trumpet	20g	6	C	6-27843-14777-0	
5907	Chanterelles	20g	6	C	6-27843-14774-9	
5908	Pine Mushroom (Matsutake)	20g	6	C	6-27843-14772-5	

AMY'S KITCHEN

ORG. CANNED SOUPS ~ GLUTEN FREE

5859	Quinoa, kale & red lentil	398mL	12	½	0-42272-90669-7	G O K
5860	Golden lentil dal	398mL	12	½	0-42272-90593-5	G O K
5880	Lentil	398mL	12	½	0-42272-90502-7	G O K
5890	Lentil vegetable	398mL	12	½	0-42272-90535-5	G O K
5862	Hearty french country vegetable	398mL	12	½	0-42272-90591-1	G O K
5863	Chunky vegetable	398mL	12	½	0-42272-90540-9	G O K
5864	Fire roasted southwestern vegetable	398mL	12	½	0-42272-90547-8	G O K
5870	Tomato bisque	398mL	12	½	0-42272-90536-2	G O K
5884	Cream of tomato	398mL	12	½	0-42272-90501-0	G O K
5885	Black bean vegetable	398mL	12	½	0-42272-90504-1	G O K
5886	Split pea	398mL	12	½	0-42272-90505-8	G O K
5891	Mushroom bisque with porcini	398mL	12	½	0-42272-90626-0	G O K
5892	Carrot Ginger	398mL	12	½	0-42272-90740-3	G O K

ORG. CANNED SOUPS

5881	No chicken noodle	398mL	12	½	0-42272-90503-4	O K
5882	Minestrone	398mL	12	½	0-42272-90507-2	O K
5883	Cream of mushroom	398mL	12	½	0-42272-90506-5	O K
5887	Vegetable barley	398mL	12	½	0-42272-90508-9	O K
5888	Alphabet	398mL	12	½	0-42272-90514-0	O K
5889	Butternut squash	398mL	12	½	0-42272-90534-8	O K

ORG. CANNED SOUPS

~ LOWER IN SODIUM & GLUTEN FREE

5865	Lentil	398mL	12	½	0-42272-90583-6	G O K
5866	Minestrone	398mL	12	½	0-42272-90585-0	G O K
5868	Lentil vegetable	398mL	12	½	0-42272-90582-9	G O
5867	Tomato bisque	398mL	12	½	0-42272-90586-7	G O K
5869	Split pea	398mL	12	½	0-42272-90584-3	G O K

ORG. CHILI ~ GLUTEN FREE

5877	Medium	398mL	12	½	0-42272-90510-2	G O K
5878	Medium with vegetables	398mL	12	½	0-42272-90511-9	G O K
5879	Spicy chili	398mL	12	½	0-42272-90512-6	G O K

ORG. BAKED BEANS ~ GLUTEN FREE

5873	Vegetarian	398mL	12	½	0-42272-90517-1	G O K
5874	Traditional	398mL	12	½	0-42272-90550-8	G O K
5875	Black beans	398mL	12	½	0-42272-90551-5	G O K
5876	With green chiles	398mL	12	½	0-42272-90552-2	G O K



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		LASAGNA					
*	8705	Vegetable	269g	12	½	0-42272-90032-9	O K
*	8710	Vegetable ~ gluten free & dairy free	255g	12	½	0-42272-90814-1	G O K
		WHOLE MEAL ~ GLUTEN FREE					
*	8754	Cheese enchilada with beans & corn	255g	12	½	0-42272-90057-2	G O K
*	8715	Veggie loaf ~ mashed potatoes & vegetables	284g	12	½	0-42272-90053-4	G O K
		INDIAN MEALS ~ GLUTEN FREE					
*	8712	Palak paneer	283g	12	½	0-42272-90059-6	G O K
*	8714	Mattar paneer	284g	12	½	0-42272-90058-9	G O K
*	8716	Vegetable korma	269g	12	½	0-42272-90250-7	G O K
		BOWLS ~ GLUTEN FREE					
*	8764	3 cheese & kale bake bowl	241g	12	½	0-42272-91056-4	G O K
*	8766	Mexican casserole bowl	269g	12	½	0-42272-90163-0	G O K
		BOWLS					
*	8767	Spinach & ricotta cheese ravioli	241g	12	½	0-42272-91129-5	O K
		MACARONI & CHEESE					
*	8703	With aged cheddar cheese	255g	12	½	0-42272-90030-5	O K
*	8704	Rice mac & cheese ~ gluten free	255g	12	½	0-42272-90045-9	G O K
*	8709	Rice macaroni & cheese ~ dairy free	227g	12	½	0-42272-90043-5	G O K
		PIZZAS					
*	8722	Cheese pizza	369g	8	C	0-42272-90101-2	O K
*	8723	Spinach pizza	397g	8	C	0-42272-90102-9	O K
*	8728	Margherita pizza	369g	8	C	0-42272-90199-9	O K
*	8730	Supreme pizza ~ dairy free	369g	8	C	0-42272-91245-2	O K
		BURRITOS					
*	8706	Bean & rice burrito	170g	12	C	0-42272-90070-8	O K
*	8707	Bean rice & cheese burrito	170g	12	C	0-42272-90071-5	O K
*	8745	Black bean burrito	170g	12	C	0-42272-90073-9	O K
*	8719	Vietnamese bahn mi burrito	170g	12	C	0-42272-91238-4	O K
*	8721	Greek spanakopita burrito	170g	12	C	0-42272-91237-7	O K
		BURRITOS ~ GLUTEN FREE					
*	8747	Bean & cheese burrito	156g	12	C	0-42272-90353-5	G O K
*	8748	Bean & rice burrito (non dairy)	156g	12	C	0-42272-90352-8	G O K
		WRAPS ~ GLUTEN FREE					
*	8749	Tofu scramble breakfast wrap	156g	12	C	0-42272-90807-3	G O K

ATLANTIC MARICULTURE

ORGANIC SEAWEED

6301 Dulse 40g 12 ½ 0-67835-77405-6 O

BENTILIA

PLANT BASED LENTIL PASTA

7010 Red lentil penne 227g 6 C 6-28055-20921-8 G K



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7011	Red lentil rotini	227g	6	C	6-28055-20920-1	G K
7012	Red lentil small macaroni	227g	6	C	6-28055-20925-6	G K
7013	Green lentil large macaroni	227g	6	C	6-28055-20926-3	G K

BLUE MONKEY

COCONUT WATER IN CAN ~ 330ML						
4170	Pure coconut water	330mL	24	C	0-59654-17003-4	G
COCONUT WATER IN CAN ~ 520ML						
4168	Pure coconut water	520mL	24	C	0-59654-17001-0	G
4169	Pure coconut water with pulp	520mL	24	C	0-59654-17002-7	G
ORG COCONUT WATER						
4189	Pure coconut water ~ 1L in tetra pak	1L	12	C	0-59654-22222-1	G O
4184	Pure coconut water ~ 500mL in can	500mL	12	C	0-59654-13333-6	G O
ORGANIC COCONUT CREAM						
4185	Coconut cream	400mL	24	C	0-59654-33001-8	G O
WATERMELON JUICE IN CAN						
4190	100% watermelon juice	1L	12	C	0-59654-50001-5	

BOB'S RED MILL

BAKING AIDS						
≠	4857	Active dry yeast	227g	5	C	0-39978-32501-3 G K
	4860	Arrowroot starch/flour	454g	4	C	0-39978-33505-0 G K
	4861	Baking powder	397g	4	C	0-39978-31392-8 G K
	4862	Baking soda	454g	4	C	0-39978-32391-0 G K
	4914	Coconut flakes unsweetened	284g	4	C	0-39978-32581-5 K
	4863	Corn starch	510g	4	C	0-39978-32583-9 G K
	4870	Egg replacer - gluten free	340g	5	C	0-39978-30620-3 G K
	4868	Guar gum	227g	5	C	0-39978-31554-0 G K
	4866	Nutritional yeast - large flakes	142g	4	C	0-39978-32546-4 G K
	4864	Potato starch	624g	4	C	0-39978-32525-9 G K
	4915	Shredded coconut ~ unsweetened	340g	4	C	0-39978-33578-4 K
	4979	Tapioca flour	454g	4	C	0-39978-32536-5 G K
	4869	Xanthan gum	227g	5	C	0-39978-35555-3 G K
NUT FLOUR						
	4934	Almond flour ~ blanched almonds	907g	4	C	0-39978-33381-0 G K
	4945	Almond flour ~ blanched almonds	453g	4	C	0-39978-34381-9 G K
	4971	Natural almond flour	453g	4	C	0-39978-33380-3 G K
	4984	Organic coconut flour	453g	4	C	0-39978-32815-1 G O K
GLUTEN FREE FLOUR & MEALS						



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NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	5011	1 to 1 baking flour	624g	4	C	0-39978-34453-3	G K
	5012	1 to 1 baking flour	1.24Kg	4	C	0-39978-35453-2	G K
	5017	1 to 1 baking flour	1.8kg	4	C	0-39978-36453-1	G K
	4955	All purpose baking flour	624g	4	C	0-39978-33452-7	G K
	4982	All purpose baking flour	1.24Kg	4	C	0-39978-34452-6	G K
	4974	Brown rice flour	680g	4	C	0-39978-00197-9	G K
	4983	Brown rice flour ~ organic	680g	4	C	0-39978-00242-6	G O K
	4970	Cassava flour	567g	4	C	0-39978-30178-9	G K
	4851	Corn flour	624g	4	C	0-39978-00229-7	G K
	4956	Garbanzo & fava bean flour	624g	4	C	0-39978-00228-0	G K
	4954	Chickpea flour	454g	4	C	0-39978-00240-2	G K
	4944	Millet flour	567g	4	C	0-39978-00243-3	G K
	4967	Organic quinoa flour	510g	4	C	0-39978-35320-7	G O K
	5146	Paleo baking flour	454g	4	C	0-39978-33349-0	G K
	5147	Paleo baking flour	907g	4	C	0-39978-34349-9	G K
	4973	Potato flour	680g	4	C	0-39978-00238-9	G K
	4924	Sweet white rice flour	680g	4	C	0-39978-00244-0	G K
	4957	Sweet white sorghum flour	624g	4	C	0-39978-00234-1	G K
	4980	Teff flour	567g	4	C	0-39978-00239-6	G K
	4975	White rice flour	680g	4	C	0-39978-00198-6	G K
	5072	Whole grain oat flour	510g	4	C	0-39978-00227-3	G K
		FLOUR & MEALS					
	5103	All purpose flour ~ unbleached white	2.27Kg	4	C	0-39978-33301-8	K
	4951	Cornmeal medium	680g	4	C	C	K
	4988	Cornmeal medium - organic	680g	4	C	0-39978-00214-3	O K
	4949	Masa harina corn flour	624g	4	C	0-39978-00215-0	K
	4961	Organic buckwheat flour	624g	4	C	0-39978-00187-0	O K
	5077	Organic spelt flour	567g	4	C	0-39978-00210-5	O K
	4976	Semolina flour	680g	4	C	0-39978-00213-6	K
		GRAIN FREE MIXES					
	5007	Blueberry muffin mix	255g	5	C	0-39978-00300-3	G K
	5008	Chocolate cake mix	300g	5	C	0-39978-00318-8	G K
	5009	Brownie mix	340g	5	C	0-39978-00322-5	G K
	5010	Flatbread mix	200g	5	C	0-39978-00329-4	G K
		GLUTEN FREE MIXES					
	5019	Brownie mix	595g	4	C	0-39978-00200-6	G K
	5028	Chocolate chip cookie mix	624g	4	C	0-39978-0207-5	G K
	5029	Cornbread mix	567g	4	C	0-39978-00199-3	G K
	5018	Muffin mix	454g	4	C	0-39978-00226-6	G K
	5013	Pie crust	454g	4	C	0-39978-00224-2	G K
	5032	Pizza crust	454g	4	C	0-39978-00208-2	G K
		OATS ~ GLUTEN FREE					
	5046	Extra thick rolled oats	907g	4	C	0-39978-33374-2	G K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	5068	Oat bran cereal	454g	4	C	0-39978-32378-1	G K
	5049	Old fashioned rolled oats	907g	4	C	0-39978-32375-0	G K
	5047	Quick-cooking rolled oats	794g	4	C	0-39978-32376-7	G K
	5048	Steel cut oats	680g	4	C	0-39978-32373-6	G K
		ORGANIC OATS ~ GLUTEN FREE					
	5143	Extra thick rolled oats	907g	4	C	0-39978-32386-6	G O K
	5144	Old fashioned rolled oats	907g	4	C	0-39978-32387-3	G O K
	5145	Quick cooking oats	794g	4	C	0-39978-32388-0	G O K
	5142	Steel cut oats	680g	4	C	0-39978-32385-9	G O K
		ORGANIC OATS					
	5065	Extra thick rolled oats	454g	4	C	0-39978-34954-5	O K
	5063	Extra thick rolled oats	907g	4	C	0-39978-35954-4	O K
	5058	Oat bran cereal	510g	4	C	0-39978-32955-4	O K
	5061	Old fashioned rolled oats	454g	4	C	0-39978-34952-1	O K
	5062	Old fashioned rolled oats	907g	4	C	0-39978-35952-0	O K
	5059	Quick-cooking rolled oats	454g	4	C	0-39978-33953-9	O K
	5060	Quick-cooking rolled oats	907g	4	C	0-39978-34953-8	O K
	5064	Scottish oatmeal	567g	4	C	0-39978-32956-1	O K
	5066	Steel cut oats	680g	4	C	0-39978-32957-8	O K
		OATS					
	5055	Extra thick rolled oats	454g	4	C	0-39978-34155-6	K
	5051	Scottish oatmeal	567g	4	C	0-39978-34121-1	K
	5057	Steel cut oats	680g	4	C	0-39978-34140-2	K
		OATMEAL - MICROWAVABLE CUP					
	5135	Apple cinnamon	67g	12	C	0-39978-30184-0	G K
	5136	Blueberry hazelnut	71g	12	C	0-39978-31184-9	G K
	5137	Classic	51g	12	C	0-39978-32184-8	G K
	5138	Maple brown sugar	61g	12	C	0-39978-33184-7	G K
		MUESLI					
	4894	Muesli ~ gluten free	453g	4	C	0-39978-32366-8	G K
	4888	Old country style	510g	4	C	0-39978-34103-7	K
	5149	Paleo style ~ gluten free	396g	4	C	0-39978-30350-9	G K
	5150	Tropical ~ gluten free	396g	4	C	0-39978-30368-4	G K
		GRAINS & SEEDS					
	4999	Hulled millet	794g	4	C	0-39978-00253-2	G K
	4997	Organic buckwheat groats	454g	4	C	0-39978-00189-4	G O K
	5005	Organic farro	680g	4	C	0-39978-00211-2	O K
	4918	Organic quinoa grain ~ tricolour	369g	5	C	0-39978-32946-2	G O K
	4995	Organic quinoa grain ~ white	737g	4	C	0-39978-34323-9	G O K
	4916	Organic quinoa grain ~ white	369g	5	C	0-39978-33323-0	G O K
	5006	Whole grain sorghum grain	680g	4	C	0-39978-00254-9	G K
	4996	Whole grain teff	680g	4	C	0-39978-00255-6	G K
	5140	Yellow popcorn	850g	4	C	0-39978-32307-1	K



ALIMENTS
KOYO
FOODS INC.

NOTES

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SEEDS						
5002	Chia seeds ~ organic	340g	5	C	0-39978-30844-3	O K
4952	Flaxseed meal	453g	4	C	0-39978-33330-8	G K
4953	Flaxseed meal	907g	4	C	0-39978-34330-7	G K
4962	Flaxseed meal ~ organic	453g	4	C	0-39978-33937-9	G O K
4964	Flaxseed meal ~ organic golden	453g	4	C	0-39978-33940-9	G O K
4991	Flaxseeds ~ brown	368g	4	C	0-39978-33620-0	G K
5001	Hulled hemp seeds	227g	5	C	0-39978-32596-9	K
PANCAKE MIX						
5025	Pancake / waffle mix ~ 10 grain	680g	4	C	0-39978-32204-3	K
5026	Pancake / waffle mix ~ buckwheat	680g	4	C	0-39978-31881-7	K
5027	Pancake / waffle mix ~ buttermilk	680g	4	C	0-39978-32880-9	K
5024	Pancake / waffle mix ~ paleo	368g	4	C	0-39978-00185-6	G K
5021	Pancake mix	680g	4	C	0-39978-32462-7	G K
CEREALS						
4884	"Creamy rice" brown rice farina	737g	4	C	0-39978-00121-4	G K
4883	10 grain	709g	4	C	0-39978-00119-1	K
4880	5 grain rolled	454g	4	C	0-39978-00115-3	K
4882	8 grain - gluten free	709g	4	C	0-39978-00118-4	G K
4889	Mighty tasty hot cereal	680g	4	C	0-39978-00117-7	G K
4896	Organic creamy buckwheat	510g	4	C	0-39978-00106-1	G O K
4905	Wheat bran	227g	4	C	0-39978-00217-4	K
4907	Wheat germ	340g	4	C	0-39978-00216-7	K
ENTREES						
4936	13 beans soup mix	822g	4	C	0-39978-00127-6	K
4932	Gloden couscous	680g	4	C	0-39978-00258-7	K
4935	Organic corn grits / polenta	680g	4	C	0-39978-00257-0	O K
4930	Red bulgur - cracked whole grain wheat	680g	4	C	0-39978-00248-8	K
4939	Tvp ~ textured veg protein ~ gluten free	340g	4	C	0-39978-00129-0	G K
4937	Vegi soup mix	794g	4	C	0-39978-00128-3	K
4958	Vital wheat gluten flour	567g	4	C	0-39978-00212-9	K
DISPLAY						
5079	Empty shipper (can hold 8 CS)	--	1	U	N/A	

BRAGG

ORGANIC VINEGAR IN GLASS BOTTLE

3965	Organic apple cider vinegar	473mL	12	½	0-74305-10116-8	O K
3966	Organic apple cider vinegar	946mL	12	½	0-74305-10132-8	O K

LIQUID SOY SEASONING

3961	Liquid soy seasoning	473mL	12	½	0-74305-10016-1	G K
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ALIMENTS
KOYO
FOODS INC.

NOTES

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3962 *Liquid soy seasoning* 946mL 12 ½ 0-74305-10032-1 G K

ORGANIC SOY FREE ALL PURPOSE SEASONING

3969 *Coconut nectar* 296mL 12 ½ 0-74305-10610-1 G O K

NUTRITIONAL YEAST

3959 *Nutritional yeast* 127g 12 ½ 0-74305-06600-9 G K

CESARES

SNACKS

7880 *Chestnuts ~ roasted & peeled* 150g 24 ½ 8-19377-00012-0 G

CITY SNACKS

FREEZE DRIED FRUIT SNACKS

7870 *Banana & strawberry* 17g 8 C 8-19377-00824-9 G T

7871 *Pineapple* 16g 8 C 8-19377-00819-5 G

7872 *Peach* 15g 8 C 8-19377-00821-8 G

7873 *Pear* 15g 8 C 8-19377-00823-2 G

7874 *Apple* 18g 8 C 8-19377-00822-5 G

7875 *Banana* 20g 8 C 8-19377-00820-1 G

7876 *Strawberry* 11g 8 C 8-19377-00818-8 G

COCONUT BLISS (undergoing transition to become CC)

CUPS OF JOY ~ ORGANIC DESSERTS

* 9398 *Madagascar vanilla bean* 4x106mL 6 C 8-51499-00674-1 G O T K

* 9399 *Dark chocolate* 4x106mL 6 C 8-51499-00675-8 G O T K

ORGANIC DESSERTS

* 9394 *Legendary cookie dough* 473mL 8 C 8-51499-00676-5 G O T K

* 9355 *Madagascar vanilla bean* 473mL 8 C 8-96767-00130-1 G O T K

* 9363 *Sea salt caramel + chocolate* 473mL 8 C 8-96767-00167-7 G O T K

* 9352 *Dark chocolate* 473mL 8 C 8-96767-00127-1 G O T K

* 9360 *Chocolate peanut butter* 473mL 8 C 8-96767-00148-6 G O T K

* 9351 *Chocolate hazelnut decadence* 473mL 8 C 8-96767-00126-4 G O T K

* 9397 *Golden banana brownie swirl* 473mL 8 C 8-51499-00659-8 G O T K

* 9362 *Mint chip galactica* 473mL 8 C 8-96767-00166-0 G O T K

* 9348 *Chocolate walnut brownie* 473mL 8 C 8-96767-00188-2 G O T K

* 9353 *Infinite coconut* 473mL 8 C 8-96767-00128-8 G O T K

ORG. COOKIE SANDWICH DESSERT ~ GLUTEN FREE

* 9396 *Vanilla* 155ml 12 C 8-96767-00677-2 G O T K

COLD MOUNTAIN

MISO

* 6232 *Mellow red miso* 397g 6 C 8-13074-00170-1 G K



ALIMENTS
KOYO
FOODS INC.

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☰	6235	Mellow white miso	397g	6	C	8-13074-00171-8	G K
☰	6233	Kyoto red miso (low sodium)	397g	6	C	8-13074-00168-8	G K
☰	6234	Kyoto white miso (low sodium)	397g	6	C	8-13074-00169-5	G K
☰	6236	Light yellow miso	397g	6	C	8-13074-00172-5	G K
☰	6237	Red miso	397g	6	C	8-13074-12173-2	G K

COSMIC BLISS (formely known as COCONUT BLISS)

ORGANIC DESSERTS

COMING SOON	✱	9394	Legendary cookie dough	473mL	8	C	8-50034-84018-5	G O T K
	✱	9355	Madagascan vanilla bean	473mL	8	C	8-50034-84011-6	G O T K
	✱	9363	Sea salt caramel + chocolate	473mL	8	C	8-50034-84013-0	G O T K
	✱	9352	Dark chocolate	473mL	8	C	8-50034-84012-3	G O T K
	✱	9360	Chocolate peanut butter	473mL	8	C	8-50034-84016-1	G O T K
	✱	9351	Chocolate hazelnut decadence	473mL	8	C	8-50034-84020-8	G O T K
	✱	9397	Golden banana brownie swirl	473mL	8	C	8-50034-84019-2	G O T K
	✱	9362	Mint chip galactica	473mL	8	C	8-50034-84014-7	G O T K
	✱	9348	Chocolate walnut brownie	473mL	8	C	8-50034-84017-8	G O T K
	✱	9353	Infinite coconut	473mL	8	C	8-50034-84015-4	G O T K
ORG. COOKIE SANDWICH DESSERT ~ GLUTEN FREE								
✱	9396	Vanilla	155ml	12	C	8-50034-84025-3	G O T K	

EARTH BALANCE

TRADITIONAL SPREAD

PRICE ↓	☰	8814	Soy free	425g	12	½	0-33776-01169-7	G K
PRICE ↓	☰	8815	Original	425g	12	½	0-33776-01172-7	G K
PRICE ↓	☰	8816	Organic	368g	12	½	0-33776-01184-0	G O K
PRICE ↓	☰	8817	Soy free made with olive oil	368g	6	C	0-33776-01170-0	G K

COOKING & BAKING STICKS

PRICE ↓	☰	8820	Vegan	454g	18	½	0-33776-01182-6	G K
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TRADITIONAL SPREAD ~ 1.3KG

PRICE ↓	☰	8819	Original	1.3Kg	6	C	0-33776-01188-8	G K
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EARTH ISLAND

VEGENAISE IN BULK

☰	7944	Original	3.78L	4	C	0-49568-01128-8	G K
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VEGENAISE ~ 946ML

☰	7942	Soy free	946mL	6	C	0-49568-26946-7	G K
☰	7945	Original	946mL	6	C	0-49568-21946-2	G K

VEGENAISE ~ 473ML

☰	7949	Soy free	473mL	6	C	0-49568-26016-7	G K
☰	7953	Organic	473mL	6	C	0-49568-28016-5	G O K
☰	7951	Grapeseed oil	473mL	6	C	0-49568-22016-1	G K
☰	7950	Original	473mL	6	C	0-49568-21016-2	G K



ALIMENTS
KOYO
FOODS INC.

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	* 7952	Organic Aioli VEGENAISE GOURMET	473mL	6	C	0-49568-77473-2	G O K
	* 7976	Chipotle	355mL	6	C	0-49568-72355-6	G K
	* 7975	Roasted garlic	355mL	6	C	0-49568-70355-8	G K
	* 7977	Pesto VEGAN CHEESE ~ SLICES	355mL	6	C	0-49568-73355-5	G K
	* 7991	Cheddar	200g	12	½	0-49568-22227-1	G K
	* 7992	Mozzarella	200g	12	½	0-49568-23227-0	G K
	* 7995	Smoked gouda VEGAN GOURMET	200g	12	½	0-49568-29227-4	K
	* 7961	Soy free sour cream	473mL	4	C	0-49568-63454-8	G K
	* 7962	Dairy free cream cheese VEGAN PARMESAN CHEESE	227g	8	C	0-49568-62227-5	G K
	* 7997	Shredded	113g	8	C	0-49568-60113-7	G K
	* 7998	Grated DAIRY-FREE CHEESE	142g	8	C	0-49568-60142-7	G K
	* 7981	Mozzarella style ~ finely shredded DAIRY-FREE CRUMBLES	198g	8	C	0-49568-16198-3	G K
	* 7983	Feta style	170g	8	C	0-49568-34172-9	G K
	* 7984	Bleu cheese style	170g	8	C	0-49568-39170-0	G K

EARTHBOUND FARM

ORGANIC FRUITS

* 9400	Blueberries	300g	12	½	0-32601-02530-4	O
* 9401	Dark sweet cherries	300g	12	½	0-32601-02529-8	O
* 9402	Strawberries	300g	12	½	0-32601-02528-1	O
* 9404	Berry blend	300g	12	½	0-32601-02531-1	O
* 9405	Mango chunks	300g	12	½	0-32601 02533-5	O
* 9407	Sliced peaches	300g	12	½	0-32601 02535-9	O

ORGANIC VEGETABLES

* 9410	Green peas	350g	12	½	0-32601-02522-9	O
* 9411	Sweet corn	350g	12	½	0-32601-02526-7	O
* 9412	Cut spinach	300g	12	½	0-32601-02524-3	O
* 9413	Butternut squash	400g	12	½	0-32601-02525-0	O
* 9414	Whole green beans	300g	12	½	0-32601-02521-2	O
* 9415	Kale	300g	12	½	0-32601-02554-0	O
* 9416	Broccoli	300g	12	½	0-32601-02527-4	O

EARTH'S OWN

OAT BEVERAGE ~ 946ML

4130	Original	946mL	12	C	6-26027-81402-6	K
4131	Vanilla	946mL	12	C	6-26027-81404-0	K
4132	Barista blend	946mL	12	C	6-26027-81407-1	K



ALIMENTS
KOYO
FOODS INC.

NOTES

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4133	Chocolate SO NICE ~ SOY COFFEE CREAMER	946mL	12	C	6-26027-81405-7	K
4138	Barista blend	946mL	12	C	6-26027-08770-3	G K

ECHOCLEAN

FABRIC SOFTENER SHEETS

2763	Lavender	80 sheets	12	½	0-63827-60043-3	T
2764	Vanilla citrus	80 sheets	12	½	0-63827-60042-6	T

EDEN FOODS

ORGANIC BEANS IN A CAN

3360	Pinto beans	398mL	12	½	0-24182-00350-5	O K
3362	Garbanzo beans	398mL	12	½	0-24182-00351-2	O K
3363	Adzuki beans	398mL	12	½	0-24182-00352-9	O K
3364	Black beans	398mL	12	½	0-24182-00353-6	O K
3366	Kidney beans	398mL	12	½	0-24182-00354-3	O K
3367	Navy beans	398mL	12	½	0-24182-00355-0	O K
3368	White kidney beans (cannellini)	398mL	12	½	0-24182-00358-1	O K
3370	Black soy beans, no salt added	398mL	12	½	0-24182-00320-8	O K
3371	Small red beans	398mL	12	½	0-24182-00356-7	O K
3373	Black eyed peas	398mL	12	½	0-24182-00357-4	O K
3374	Great northern beans	398mL	12	½	0-24182-00387-1	O K
3387	Butter beans	398mL	12	½	0-24182-00359-8	O K

ORGANIC BEANS IN A CAN (LARGE SIZE)

3865	Pinto beans	796mL	12	½	0-24182-28350-1	O K
3866	Black beans	796mL	12	½	0-24182-28353-2	O K
3867	Garbanzo beans	796mL	12	½	0-24182-28351-8	O K
3868	White kidney beans (cannellini)	796mL	12	½	0-24182-28358-7	O K
3869	Navy beans	796mL	12	½	0-24182-28355-6	O K
3870	Kidney beans	796mL	12	½	0-24182-28354-9	O K
3871	Black eyed peas	796mL	12	½	0-24182-00379-6	G O K

ORGANIC BEANS IN A CAN IN BULK

3855	Garbanzo beans	3.06Kg	6	C	0-24182-00263-8	O
3856	Black beans	3.06Kg	6	C	0-24182-00265-2	O
3857	Pinto beans	3.06Kg	6	C	0-24182-00262-1	O
3860	Navy beans	3.06Kg	6	C	0-24182-00267-6	O

SNACKS

3217	Organic pumpkin seeds	113g	15	C	0-24182-02084-7	O K
3218	Organic spicy pumpkin seeds	113g	15	C	0-24182-02081-6	O K

ORGANIC PRECOOKED BEANS

3396	Baked beans with mustard	398mL	12	½	0-24182-00385-7	O K
3397	Lentils-onion & bay leaves	398mL	12	½	0-24182-00388-8	O K

ORGANIC REFRIED BEANS

**SPECIAL
ORDER
ITEM**



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	3400	Organic black beans	398mL	12	½	0-24182-00399-4	O K
	3402	Organic kidney beans	398mL	12	½	0-24182-00396-3	O K
	3403	Organic pinto beans	398mL	12	½	0-24182-00398-7	O K
		ORGANIC CHILI					
	3425	Pinto beans & spelt	398mL	12	½	0-24182-00336-9	O K
		ORGANIC TOMATO SAUCES					
	3379	Spaghetti sauce in jars, unsalted	680mL	12	½	0-24182-00318-5	O K
	3376	Pizza & pastas sauce	398mL	12	½	0-24182-00317-8	O K
	5610	Pizza & pasta sauce (amber glass)	398mL	12	½	0-24182-03313-7	O K
		ORGANIC CRUSHED TOMATOES IN AMBER GLASS					
	5608	Crushed tomatoes	680mL	12	½	0-24182-03312-0	O K
		EDENSOY ORGANIC SOY BEVERAGE					
	3461	Original	946mL	12	C	0-24182-02705-1	O K
	3463	Carob	946mL	12	C	0-24182-02515-6	O K
	3466	Unsweetened	946mL	12	C	0-24182-02706-8	O K
		ORGANIC SAUERKRAUT					
	3822	Sauerkraut in jar	796mL	12	½	0-24182-01300-9	O K
	3818	Sauerkraut in jar	447mL	12	½	0-24182-01304-7	O K
	3819	3 onion sauerkraut in jar	447mL	12	½	0-24182-01306-1	O K
	3820	Kimchi sauerkraut in jar	447mL	12	½	0-24182-01305-4	O K
		CONDIMENTS					
	3844	Wasabi powder in tin can	25g	6	C	0-24182-00218-8	K
		ORGANIC NUT BUTTER					
	4252	Roasted tahini	454g	12	½	0-24182-00392-5	G O
	4253	Roasted black sesame butter	454g	12	½	0-24182-00393-2	G O
		ORGANIC MUSTARD ~ GLASS JAR					
	3845	Brown stone ground mustard	253mL	12	½	0-24182-00312-3	O K
	3847	Yellow stone ground mustard	253mL	12	½	0-24182-00213-3	O K
		ORGANIC MUSTARD ~ SQUEEZE BOTTLE					
	3848	Brown mustard with apple cider vinegar	253mL	12	½	0-24182-00314-7	O K
	3849	Yellow mustard with apple cider vinegar	253mL	12	½	0-24182-00313-0	O K
		GOMASHIO					
	3880	Original sesame shake (with sea salt)	100g	12	½	0-24182-00301-7	K
	3881	Garlic shake (with sea salt)	100g	12	½	0-24182-00305-5	K
	3882	Seaweed shake (with sea salt)	100g	12	½	0-24182-00309-3	K
	3883	Organic black & tan gomashio	100g	12	½	0-24182-00203-4	O K
		SEA SALTS					
	3885	French celtic	397g	12	½	0-24182-00315-4	
	3886	Portuguese	453g	12	½	0-24182-00316-1	
		VINEGAR					
	3951	Org apple cider vinegar (unpasteurised, unfiltered)	473mL	12	½	0-24182-00362-4	O K
	3952	Org apple cider vinegar (unpasteurised, unfiltered)	946mL	12	½	0-24182-00361-1	O K
	3955	Red wine vinegar	473mL	12	½	0-24182-00162-4	



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
6790	Brown rice vinegar	148mL	12	½	0-24182-42086-9	K
6791	Brown rice vinegar	296mL	12	½	0-24182-42087-6	K
6794	Umeboshi Vinegar	296mL	12	½	0-24182-42590-1	K
FRUITS						
4246	Organic apple sauce	398mL	12	½	0-24182-00349-9	O K
4255	Organic apple butter	482g	12	½	0-24182-00369-7	O K
FIRST PRESSED OILS						
4648	Sesame	473mL	12	½	0-24182-00025-2	O K
4652	Toasted sesame seed	148mL	12	½	0-24182-00030-6	K
4653	Toasted sesame seed	295mL	12	½	0-24182-42329-7	K
ORGANIC POPCORN						
5082	Organic popcorn	566g	12	½	0-24182-03386-1	O K
ORG 100% WHOLE GRAIN PASTA						
5643	Kamut & buckwheat rigatoni	340g	6	C	0-24182-11153-8	O K
5644	Kamut elbows	396g	6	C	0-24182-11157-6	O K
5619	Kamut spirals	340g	6	C	0-24182-11351-8	O K
5630	Kamut vegetable spirals	340g	6	C	0-24182-11356-3	O K
5655	Spelt ribbons	227g	6	C	0-24182-00109-9	O K
ORGANIC GOLDEN AMBER DURUM WHEAT PASTA						
5626	Vegetable spirals	340g	6	C	0-24182-11340-2	O K
IMPORTED TRADITIONAL PASTA						
6450	Mung bean ~ harusame	70g	12	½	0-24182-20502-2	G
DRIED SEAWEEDES						
6345	Kombu	60g	6	C	0-24182-15273-9	K
6352	Sushi nori (7 sheets, toasted)	17g	6	C	0-24182-15769-7	
ORGANIC TEAS						
6495	Sencha green tea (16 bags)	24g	12	½	0-24182-18137-1	O K
6505	Hojicha (16 bags)	24g	12	½	0-24182-18145-6	O K
6497	Hojicha chai roasted green tea (16 bags)	43g	12	½	0-24182-18138-8	O K
6496	Chamomile herb tea(16 bags)	16g	12	½	0-24182-18142-5	O K
6502	Kukicha (16 bags)	32g	12	½	0-24182-18120-3	O K
6504	Genmaicha (16 bags)	29g	12	½	0-24182-18156-2	O K

EDWARD & SONS

ORGANIC MASHED POTATOES

9770	Home style	100g	6	C	0-43182-00070-3	G O K
9771	Roasted garlic	100g	6	C	0-43182-00071-0	G O K

ORGANIC BREADCRUMBS

9760	Panko ~ japanese style	300g	6	C	0-43182-00060-4	O
9761	Lightly salted	425g	6	C	0-43182-00058-1	O
9762	Italian herbs	425g	6	C	0-43182-00059-8	O

EXOTIC RICE TOAST

9765	Jasmine rice & spring onion	65g	12	½	0-43182-00061-1	G
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ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
9766	Purple rice & black sesame	65g	12	½	0-43182-00062-8	G
9767	Thai red rice & flaxseed	65g	12	½	0-43182-00063-5	G
ORGANIC BAKED BROWN RICE SNAPS						
9794	Black sesame	100g	12	½	0-39631-00046-2	G O
9830	Unsalted plain	100g	12	½	0-39631-00041-7	G O
9833	Vegetable	100g	12	½	0-39631-00044-8	G O
BAKED BROWN RICE SNAPS						
9834	Tamari sesame	100g	12	½	0-11206-00034-3	G
9835	Tamari seaweed	100g	12	½	0-11206-00035-0	G
9836	Unsalted sesame	100g	12	½	0-11206-00036-7	G
9837	Onion garlic	100g	12	½	0-11206-00037-4	G
MISO SOUP						
9838	Organic miso Japanese restaurant style	82g	6	C	0-43182-00098-7	O
9839	Reduced sodium miso soup	29g	12	C	0-43182-00091-8	
9840	Original golden miso soup	72g	12	C	0-11206-00093-0	
9841	Seaweed miso soup	72g	12	C	0-11206-00094-7	
9844	Organic traditional tofu miso soup	36g	12	C	0-43182-00092-5	O
MISO SOUP DISPLAY						
9843	Seaweed miso soup display	18g	24	C	0-11206-00097-8	

ENLIGHTENED

FROZEN DESSERT ~ KETO

* 8355	Chocolate	473ml	8	C	8-10036-94502-8	G
* 8356	Vanilla bean	473ml	8	C	8-10036-94503-5	G
* 8357	Mint chocolate	473ml	8	C	8-10036-94504-2	G
* 8358	Coffee chip	473ml	8	C	8-10036-94505-9	G
* 8359	Glazed donut	473ml	8	C	8-10036-94506-6	G
* 8360	Caramel fudge	473ml	8	C	8-10036-94508-0	G

FROZEN DESSERT BARS ~ KETO

* 8365	Dark chocolate ~ caramel peanut	4x31ml	8	C	8-10036-94300-0	K
* 8366	Peanut butter chocolate	4x31ml	8	C	8-10036-94301-7	K
* 8367	Dark chocolate ~ vanilla almond	4x31ml	8	C	8-10036-94302-4	K
* 8368	Mint chocolate	4x31ml	8	C	8-10036-94303-1	K
* 8369	Double chocolate	4x31ml	8	C	8-10036-94304-8	K

EVERLAND

NUTRITIONAL YEAST

7320	Engevita yeast powder	285g	6	C	0-59443-10006-8	
7321	Flakes	250g	6	C	0-59443-10027-3	

ORGANIC PEANUT

7323	Organic redskin raw peanuts	400g	12	½	0-59443-10326-7	O
7324	Organic roasted peanuts	400g	12	½	0-59443-10328-1	O



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	7325	Organic roasted peanuts ~ salted ORGANIC CHOCOLATE CHIPS	400g	12	½	0-59443-10329-8	O
	7326	Organic dark chocolate chips ~ 55% OIL	400g	12	½	0-59443-10381-6	O
	7329	Avocado oil	375mL	12	½	0-59443-11423-2	
	7330	Organic flax oil ORGANIC VINEGAR	500mL	6	C	0-59443-11426-2	O
	7331	Organic rice vinegar	375mL	12	½	0-59443-60215-9	O
	7332	Organic balsamic vinegar ORGANIC OAT	375mL	12	½	0-59443-60216-6	O
	7333	Organic small rolled oats	2lbs	12	½	0-59443-91544-0	O
	7334	Organic large rolled oats BAKING PRODUCT	2lbs	12	½	0-59443-91546-4	O
	7322	Baking soda	400g	6	C	0-59443-10181-2	
	7327	Organic almond meal ~ raw	340g	12	½	0-59443-10602-2	O
	7328	Organic coconut flour	454g	12	½	0-59443-10609-1	O
	7335	Organic chickpea flour	500g	6	C	0-59443-91585-3	O

NEW

FIELD ROAST

PLANT-BASED BURGERS

NEW * 9170 Fieldburger ~ barley, carrots & celery 368g 12 ½ 6-38031-60650-4

PLANT-BASED SAUSAGE

NEW * 9172 Italian ~ garlic & fennel 368g 12 ½ 6-38031-61215-4

NEW * 9173 Smoked apple & sage 368g 12 ½ 6-38031-61217-8

NEW * 9174 Spicy mexican chipotle 368g 12 ½ 6-38031-61216-1

NEW * 9175 Breakfast sausage patties 241g 8 C 6-38031-22616-0

PLANT-BASED HOT DOGS

NEW * 9176 Signature stadium dog 283g 8 C 6-38031-62251-1

NEW * 9171 Frankfurter ~ classic smoked 340g 12 ½ 6-38031-61228-4

PLANT-BASED APPETIZERS

NEW * 9177 Classic nuggets 284g 8 C 6-38031-68417-5

NEW * 9178 Miniature corn dogs 283g 8 C 6-38031-21238-5

NEW * 9179 Fruffalo wings ~ original 283g 8 C 6-38031-21323-8

MAC'N CHAO

NEW * 9180 Creamy 312g 8 C 6-38031-22570-5

NEW * 9181 Chili 312g 8 C 6-38031-22522-4

FITBITE

CASSAVA CHIPS

7700 Spicy 100g 12 C 6-28055-77500-3 T

7701 Sea salt 100g 12 C 6-28055-77501-0 T



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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FOOD FOR LIFE

EZEKIEL 4:9 ~ ORG SPROUTED GRAIN BREAD

* 8314	Flax ~ yellow label	680g	6	C	0-73472-00124-0	O K
* 8320	Original ~ orange label	680g	6	C	0-73472-00120-2	O K
* 8321	Sesame ~ green label	680g	6	C	0-73472-00123-3	O K
* 8323	Low sodium ~ light orange label	680g	6	C	0-73472-00153-0	O K

GENESIS 1:29 ~ ORG SPROUTED GRAIN & SEED LOAF

* 8317	Original ~ blue label	680g	6	C	0-73472-00141-7	O K
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BREADS (WHEAT FREE & GLUTEN FREE)

* 8333	Brown rice bread	680g	6	C	0-73472-00169-1	G K
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EZEKIEL 4:9 ~ SPROUTED GRAIN CEREAL

3250	Original	454g	6	C	0-73472-00255-1	K
3251	Golden flax	454g	6	C	0-73472-00256-8	K
3253	Almond	454g	6	C	0-73472-00258-2	K

EZEKIEL 4:9

~ SPROUTED FLOURLESS FLAKE CEREAL

3254	Original	397g	6	C	0-73472-00260-5	O K
3255	Flax + chia	397g	6	C	0-73472-00261-2	O K
3256	Raisin	397g	6	C	0-73472-00262-9	O K
3257	Almond	397g	6	C	0-73472-00263-6	O K

GLUTEN FREE ENGLISH MUFFINS

* 8315	Brown rice	510g	6	C	0-73472-00185-1	G K
* 8316	Multi seed	510g	6	C	0-73472-00186-8	G K

EZEKIEL 4:9 ~ ORGANIC ENGLISH MUFFINS

* 8318	Cinnamon raisin ~ purple label	454g	6	C	0-73472-00117-2	O K
* 8319	Original ~ orange label	454g	6	C	0-73472-00119-6	O K

EZEKIEL 4:9 ~ TORTILLAS

* 8340	Organic sprouted grain tortillas ~ 10 inch	340g	12	½	0-73472-00200-1	O K
* 8342	Gluten free brown rice tortillas ~ 10 inch	340g	12	½	0-73472-00369-5	G K
* 8343	Org sprouted whole kernel corn ~ 6 inch	283g	12	½	0-73472-00370-1	O K

FUNCTION NATURAL FOODS

KALE & QUINOA BITES

* 9475	Mediterranean ~ sundried tomato & basil	280g	8	C	8-51335-00072-8	
* 9476	Teriyaki ~ garlic and ginger	280g	8	C	8-51335-00073-5	
* 9477	Bombay ~ coconut curry	280g	8	C	8-51335-00076-6	

QUINOA ARANCINI

* 9478	Rosemary + lemon	280g	8	C	8-51335-00074-2	
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GARDEIN

FISH FREE



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	* 9253	Golden filets	288g	8	C	8-42234-00170-1	
	* 9265	Crabless cakes	205g	8	C	8-42234-00222-7	
		MEAT FREE PORK					
	* 9259	Porkless bites ~ sweet & sour	255g	8	C	8-42234-00322-4	
		MEAT FREE BEEF					
	* 9262	Meatless meatballs ~ classic	360g	8	C	8-42234-00171-8	
	* 9263	Beefless tips ~ home-style	255g	8	C	8-42234-00063-6	
		MEAT FREE CHICKEN					
	* 9250	Crispy chick'n ~ mandarin orange	300g	8	C	8-42234-00087-2	
	* 9251	Crispy tenders ~ seven grain	255g	8	C	8-42234-00064-3	
	* 9254	Crispy fingers ~ chipotle line	270g	8	C	8-42234-00089-6	
	* 9255	Barbeque wings ~ sweet & tangy	255g	8	C	8-42234-00088-9	
	* 9258	Chick'n strips	225g	8	C	8-42234-00320-0	
	* 9260	Chick'n patties ~ crispy	350g	8	C	8-42234-00323-1	
	* 9275	Chick'n tenders ~ nashville style hot	260g	8	C	8-42234-00137-4	
	* 9276	Chick'n wings ~ spicy gochujang style	240g	8	C	8-42234-00155-8	
	* 9277	Crispy golden chick'n nuggets	245g	8	C	8-42234-00135-0	
		MEAT FREE BEEF ~ GLUTEN FREE					
	* 9252	Beefless ground ~ the ultimate	390g	8	C	8-42234-00109-1	G
	* 9257	Black bean patty ~ chipotle	340g	8	C	8-42234-00167-1	G
	* 9261	Veggie burger	255g	8	C	8-42234-00324-8	G
	* 9274	Supreme burger	226g	8	C	8-42234-00714-7	
		MEAT FREE TURKEY					
	* 9256	Turk'y cutlets ~ lightly breaded	300g	8	C	8-42234-00114-5	
	* 9273	Stuffed turk'y ~ herbed	454g	8	C	8-42234-00093-3	K

GO BIO!

ORGANIC BOUILLON CUBES

8925	Vegetable	66g	15	C	6-87789-05120-3	G O	K
8928	Beef	66g	15	C	6-87789-05111-1	G O	K
8927	Chicken	66g	15	C	6-87789-05115-9	G O	K
8931	Mushroom	66g	15	C	6-87789-05113-5	G O	K
8932	Vegetable ~ yeast free	66g	15	C	6-87789-05114-2	G O	K

ORGANIC BOUILLON CUBES ~ NO SALT ADDED

8929	Chicken	54g	15	C	6-87789-05100-5	G O	K
8926	Vegetable	54g	15	C	6-87789-05101-2	G O	K

ORGANIC BROTH POWDER ~ YEAST FREE

8935	Vegetable ~ glass jar	100g	6	C	6-87789-05121-0	O	K
8936	Vegetable ~ refill bag	200g	8	C	6-87789-05122-7	O	K
8937	Chicken ~ low sodium ~ glass jar	75g	6	C	6-87789-05123-4	O	K
8938	Chicken ~ low sodium ~ refill bag	150g	8	C	6-87789-05124-1	O	K

ORGANIC PESTO CUBES



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
8895	<i>Genovese</i> ORGANIC GRAVY CUBES	54g	15	C	6-87789-03223-3	G O
8898	<i>Brown gravy</i>	60g	15	C	6-87789-02113-8	G O
8899	<i>Poultry gravy</i> ORGANIC GELATIN	60g	15	C	6-87789-02112-1	G O
8910	<i>Gelatin ~ 6 sheets</i>	10g	20	C	6-87789-12528-7	G O
8911	<i>Gelatin powder</i>	30g	18	C	6-87789-12511-9	G O
8912	<i>Gelatin powder</i> ORGANIC CANDIES	150g	12	C	6-87789-12512-6	G O
8920	<i>Fruit gummi bears</i>	75g	10	C	6-87789-21601-5	G O T
8922	<i>Sour gummies</i>	75g	10	C	6-87789-21701-2	G O T
8921	<i>Vegan gummi bears</i>	75g	10	C	6-87789-21501-8	G O T
8923	<i>Vegetarian licorice</i>	75g	10	C	6-87789-21801-9	O T
8944	<i>Wine gums</i>	75g	10	C	6-87789-22001-2	G O T

GOLD RUSH

ORGANIC POTATO PRODUCTS

* 8400	<i>Diced hashbrowns</i>	454g	12	½	6-29066-03614-5	G O
* 8401	<i>Julienne fries</i>	454g	12	½	6-29066-03618-3	G O
* 8402	<i>Crinkle fries</i>	454g	12	½	6-29066-03626-8	O
* 8403	<i>Steak fries</i>	454g	12	½	6-29066-03628-2	G O
* 8404	<i>Sweet potato fresh fries</i>	454g	12	½	6-29066-03624-4	G O

GRANNY'S

LIQUID LAUNDRY

2787	<i>Ultra liquid laundry</i>	3.78L	4	C	0-63827-31038-7	T
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HENRY'S TEMPEH

ORGANIC TEMPEH

≡ 9240	<i>Basil</i>	250g	12	½	8-51193-00003-8	G O
≡ 9242	<i>Kasha</i>	250g	12	½	8-51193-00001-4	G O
≡ 9243	<i>Original</i>	250g	12	½	8-51193-00002-1	G O
≡ 9244	<i>Red pepper</i>	250g	12	½	8-51193-00006-9	G O
≡ 9245	<i>Crumble</i>	200g	18	½	8-51193-00004-5	G O

HERBARIA

HERBAL TEAS

9900	<i>Chamomile flowers</i>	25bags	10	C	5-997005-33010-0	
9901	<i>Elder flowers</i>	25bags	10	C	5-997005-33004-9	
9902	<i>Horsetail</i>	25bags	10	C	5-997005-33043-8	
9903	<i>Lemon balm</i>	25bags	10	C	5-997005-33006-3	
9904	<i>Linden flowers</i>	25bags	10	C	5-997005-33009-4	



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	9905	Peppermint leaves	25bags	10	C	5-997005-33005-6	
	9906	Rosehip	25bags	10	C	5-997005-33008-7	
	9907	Stinging nettle leaf	25bags	10	C	5-997005-33007-0	
	9908	Yarrow	25bags	10	C	5-997005-33044-5	
	9909	Fennel	25bags	10	C	5-997005-32423-9	
	9910	St. John's wort	25bags	10	C	5-997005-33076-6	
	9911	Milk thistle	25bags	10	C	5-997005-33091-9	
	9912	Marigold blossoms	25bags	10	C	5-997005-33088-9	
	9913	Senna leaves	25bags	10	C	5-997005-33089-6	
	9914	Hawthorn flowers & leaves	25bags	10	C	5-997005-330902	
	9915	Dandelion leaves	25bags	10	C	5-997005-33093-3	
	9916	Small flowers willow herb	25bags	10	C	5-997005-33094-0	
	9917	Thyme leaves	25bags	10	C	5-997005-33129-9	
	9918	Valerian root	25bags	10	C	5-997005-33092-6	
	9919	Echinacea herb	25bags	10	C	5-997005-34360-5	
	9920	Eyebright herb	25bags	10	C	5-997005-34359-9	
	9921	Hyssop	25bags	10	C	5-997005-34361-2	
	9922	Rosemary leaf	25bags	10	C	5-997005-34362-9	
	9923	Sage leaves	25bags	10	C	5-997005-34363-6	
	9924	Passion flower	25bags	10	C	5-997005-34364-3	
	9925	Spearmint	25bags	10	C	5-997005-34372-8	
	9926	Agrimony herb	25bags	10	C	5-997005-34373-5	
	9927	Lavender flowers	25bags	10	C	5-997005-34371-1	
	9928	Birch leaf	25bags	10	C	5-997005-34374-2	
	9929	Lady's mantle	25bags	10	C	5-997005-34383-4	
	9930	Plantain leaf	25bags	10	C	5-997005-34381-0	
	9931	Shepherd's purse	25bags	10	C	5-997005-34384-1	
	9932	Uva ursi leaf	25bags	10	C	5-997005-34382-7	

HOME FREE

ALLERGEN FRIENDLY COOKIES

7160	Mini chocolate chip cookies	144g	6	C	8-57313-00167-1	G	K
7161	Mini vanilla cookies	144g	6	C	8-57313-00169-5	G	K
7162	Mini double chocolate chip cookies	144g	6	C	8-57313-00168-8	G	K
7163	Mini lemon burst cookies	144g	6	C	8-57488-00436-1	G	K

HONEY BAR

BARS ~ DISPLAY BOX

8520	Almond salted caramel	40g	15	C	6-23612-00080-2	G	K
8521	Roasted lemon sesame	40g	15	C	6-23612-00063-5	G	K
8522	Peanut butter & jam	40g	15	C	6-23612-00064-2	G	K
8523	Sweet & salty	40g	15	C	6-23612-00065-9	G	K



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
8524	Trail mix	40g	15	C	6-23612-00066-6	G K
8525	Quinoa & cranberry	40g	15	C	6-23612-00067-3	G K
SNACK BAR						
8528	Almond salted caramel	200g	8	C	6-23612-57069-5	G K
8529	Peanut butter & jam	200g	8	C	6-23612-57068-8	G K
8530	Sweet & salty	200g	8	C	6-23612-57065-7	G K
8531	Trail mix	200g	8	C	6-23612-57066-4	G K
8532	Quinoa & cranberry	200g	8	C	6-23612-57067-1	G K
SNACK BITES						
8535	Almond salted caramel	162g	8	C	6-23612-10180-6	G K
8536	Quinoa & cranberry	162g	8	C	6-23612-10167-7	G K

HOP

HEARTS OF PALM PASTA

4428	Spaghetti	400g	6	C	6-28451-16685-6	G
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HOUSE FOODS

SHIRATAKI NOODLES

✱ 8605	Traditional ~ white yam (konjac)	226g	12	½	0-76371-04143-0	G K
✱ 8606	Fettuccini ~ tofu & white yam (konjac)	226g	12	½	0-76371-04146-1	G K
✱ 8607	Spaghetti ~ tofu & white yam (konjac)	226g	12	½	0-76371-04145-4	G K

IF YOU CARE

UNBLEACHED PANS

7411	Loaf baking pans	4ct	6	C	7-70009-25071-2	T
7418	Cake and pie pans	4ct	6	C	7-70009-25070-5	T

COFFEE FILTERS

7400	No.2 coffee filters	100ct	12	½	7-70009-00112-3	T
7401	No.4 coffee filters	100ct	12	½	7-70009-00114-7	T
7402	8" basket filters	100ct	12	½	7-70009-00111-6	T

COOKING & BAKING PRODUCTS

7404	Parchment baking paper	70 sq.ft.	12	½	7-70009-01020-0	T
7405	Parchment baking sheets	24ct	12	½	7-70009-01192-4	T
7409	Cheesecloth - unbleached 72" x 36"	2 sq yd	24	½	7-70009-05004-6	T
7410	Natural cooking twine	200ft	24	½	7-70009-05001-5	T

BAKING CUPS

7398	Mini	90ct	24	½	7-70009-25018-7	T
7403	Large	60ct	24	½	7-70009-01048-4	T
7399	Jumbo	24ct	24	½	7-70009-25019-4	T

100% RECYCLED ALUMINUM FOIL

7406	Aluminum foil	50 sq.ft.	12	½	7-70009-12011-4	T
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BAGS & WRAPS

7408	Unbleached waxed paper	75 sq.ft.	12	½	7-70009-25025-5	T
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ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
7397	Sandwich bags	48 bags	12	½	7-70009-25026-2	T
7413	Compostable food waste bags ~ 3 gal	30ct	12	½	7-70009-25064-4	T
7414	Compostable food waste bags ~ 13 gal	12ct	12	½	7-70009-225065-1	T
HOUSEHOLD GLOVES						
7394	Small	1 pair	12	½	7-70009-25027-9	T
7395	Medium	1 pair	12	½	7-70009-25028-6	T
7396	Large	1 pair	12	½	7-70009-25029-3	T
ROASTING BAGS						
7416	Medium	6ct	8	C	7-70009-25073-6	T
7417	Extra large	2ct	8	C	7-70009-25072-9	T

KNUDSEN

100% FRUIT JUICE

3673	Just black cherry	946mL	6	C	0-74682-12309-8	
3658	Just blueberry	946mL	6	C	0-74682-12324-1	
3665	Just pomegranate	946mL	6	C	0-74682-12329-6	
3675	Just cranberry	946mL	6	C	0-74682-12350-0	

100% ORGANIC FRUIT JUICE

3674	Just tart cherry	946mL	6	C	0-74682-12318-0	O
3678	Just prune	946mL	6	C	0-74682-12312-8	O
3659	Just cranberry	946mL	6	C	0-74682-12335-4	O
3672	Just grapefruit	946mL	6	C	0-74682-20064-5	O

KOA NATURAL FOODS

LILO'S CLUSTERS

3000	Dark chocolate	125g	12	½	6-28250-39470-2	O T
3001	Milk chocolate peanut butter	125g	12	½	6-28250-39468-9	O T
3002	Cookies and cream	125g	12	½	6-28250-39466-5	O T

KOOPS' ORGANIC

ORGANIC MUSTARD ~ GLUTEN FREE

3340	Dijon	325mL	12	½	0-70281-00151-5	G O K
3341	Original yellow	325mL	12	½	0-70281-00150-8	G O K
3342	Stone ground	325mL	12	½	0-70281-00153-9	G O K
3343	Spicy brown	325mL	12	½	0-70281-00152-2	G O K

LAKWOOD

ORGANIC JUICES

3985	Pure tart cherry	946mL	6	C	0-42608-63008-1	O K
3993	Beet	946mL	6	C	0-42608-63070-8	O K
3996	Pure carrot	946mL	6	C	0-42608-63045-6	O K
4003	Pure pineapple	946mL	6	C	0-42608-63005-0	O K



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
4004	Pure prune	946mL	6	C	0-42608-63009-8	O K
4006	Pure cranberry	946mL	6	C	0-42608-63011-1	O K
4007	Tart cherry blend	946mL	6	C	0-42608-63077-7	O K
ORGANIC SUPPLEMENT JUICES						
4009	Pure aloe	946mL	6	C	0-42608-63014-2	O K
ORGANIC CULINARY JUICES						
4012	Pure lemon	370mL	12	½	0-42608-36094-0	O K
4013	Pure lime	370mL	12	½	0-42608-36091-9	O K
4014	Pure lemon	946mL	6	C	0-42608-63094-4	O K
PREMIUM JUICES						
4020	Pure cranberry	946mL	6	C	0-42608-63066-1	K
4021	Pure black cherry	946mL	6	C	0-42608-63048-7	K

LET'S DO... GLUTEN FREE

GLUTEN FREE CONES

NEW U/C

9848	Ice cream cones	36g	6	C	0-43182-00352-0	G K
9849	Sugar cones	132g	6	C	0-43182-00353-7	G K

LET'S DO... ORGANIC

ORGANIC COCONUT ~ SHREDS & FLAKES

9806	Shredded coconut	250g	12	½	0-43182-01520-2	G O
9808	Unsweetened coconut flakes	198g	12	½	0-43182-01522-6	G O K

ORGANIC TAPIOCA

9781	Tapioca ~ granules	170g	6	C	0-43182-00527-2	G O
9782	Tapioca ~ starch	170g	6	C	0-43182-00528-9	G O

ORGANIC CORN STARCH

9811	Corn starch	170g	6	C	0-43812-00529-6	O
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ORGANIC COCONUT ~ MILK & CREAM

9800	Sweetened condensed coconut milk	195mL	6	C	0-43182-02205-7	G O K
9803	Creamed coconut	200g	6	C	0-43182-00525-8	G O K
9802	Heavy coconut cream	398ml	12	½	0-43182-00210-3	G O K

ORGANIC CONES

9845	Ice cream cones	36g	12	½	0-43182-00355-1	O K
9846	Sugar cones	132g	12	½	0-43182-00357-5	O K

MADE IN NATURE

ORGANIC DRIED FRUITS

8505	Fruit fusion ~ superberry blast	142g	6	C	7-20379-50116-7	G O K
8506	Dried plums	170g	6	C	7-20379-50127-3	G O K
8507	Apricots	170g	6	C	7-20379-50118-1	G O K
8508	Mangoes	85g	6	C	7-20379-50110-5	G O K
8509	Smyrna figs	198g	6	C	7-20379-50128-0	G O K



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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MANNA ORGANICS

ORGANIC MANNA BREAD

* 9501	Carrot raisin	400g	8	C	0-58449-00003-7	O K
* 9504	Fruit & nut	400g	8	C	0-58449-00009-9	O K
* 9509	Fig, fennel and flax	350g	8	C	0-58449-00026-3	O K
* 9510	Date & cinnamon	400g	8	C	0-58449-70801-8	O K

MARANATHA

ALMOND BUTTER

4396	Creamy ~ raw	340g	6	C	0-51651-09306-4	G K
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ORGANIC PEANUT BUTTER

4392	Creamy	500g	6	C	0-51651-09330-9	G O K
4393	Crunchy	500g	6	C	0-51651-09331-6	G O K

MARUKAN

RICE VINEGAR ~ 355mL

6740	Organic	355mL	6	C	0-70641-06412-9	G O K
6741	Organic seasoned dressing	355mL	6	C	0-70641-06413-6	G O K
6742	Genuine brewed	355mL	6	C	0-70641-00006-6	G K
6739	Lite seasoned gourmet dressing	355mL	6	C	0-70641-00039-4	G K
6743	Seasoned dressing	355mL	6	C	0-70641-00009-7	G K

RICE VINEGAR ~ 710mL

6748	Genuine brewed	710mL	6	C	0-70641-00005-9	G K
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PREMIUM SOY DRESSING

6746	Yuzu Ponzu ~ with yuzu citrus	355mL	6	C	0-70641-06631-4	G K
6747	Ponzu ~ with sudachi citrus	355mL	6	C	0-70641-06621-5	G K

MORE LABS

FUNCTIONAL BEVERAGE

8550	Morning recovery	100ml	24	½	8-50004-32067-9	G T
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NATIVE

ORGANIC SUGAR NON GMO

7000	Cane sugar	1Kg	12	½	7-898206-500010	O
7001	Demerara cane sugar	1Kg	12	½	1-87759-00003-8	O

NATIVE FOREST

ORGANIC FRUIT PRODUCTS

9791	Organic young jackfruit	398mL	6	C	0-43182-01869-2	G O
9785	Mandarin oranges	284g	6	C	0-43182-01868-5	O K



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
9789	Pineapple chunks	398mL	6	C	0-43182-01851-7	O K
9790	Pineapple slices	425g	6	C	0-43182-00852-5	O
9786	Peach slices	398mL	6	C	0-43182-01859-3	G O K
CASHEW MILK						
9812	Cashew milk powder	100g	6	C	0-43182-00102-1	G K
COCONUT MILK						
9799	Coconut milk powder	150g	6	C	0-43182-01101-3	G K
9804	Organic light coconut milk	398mL	12	½	0-43182-00209-6	G O K
9805	Organic coconut milk	398mL	12	½	0-43182-00208-9	G O K
COCONUT CREAM						
9810	Unsweetened coconut cream ~ premium	160mL	12	½	0-43182-00207-3	G O K
VEGETABLE PRODUCTS						
9823	Artichoke hearts, quartered	400g	6	C	0-43182-00891-4	
9826	Organic cut baby corn	400g	6	C	0-43182-00830-3	O
9824	Artichoke hearts, whole, jar	170mL	6	C	0-43182-00892-1	

 **NATUR-A**

ORGANIC FORTIFIED OAT BEVERAGE

3454	Original	946mL	12	C	0-63667-20101-2	G O K
3455	Vanilla	946mL	12	C	0-63667-20102-9	G O K
3456	Chocolate	946mL	12	C	0-63667-20108-1	G O K

ORGANIC FORTIFIED RICE BEVERAGE

3432	Original	946mL	12	C	0-63667-00601-3	G O K
3433	Vanilla	946mL	12	C	0-63667-00602-0	G O K

ORGANIC FORTIFIED SOY BEVERAGE 200mL

3430	Original	200mL	24	C	0-63667-50101-3	G O K
3431	Unsweetened	200mL	24	C	0-63667-50601-8	G O K
3434	Vanilla	200mL	24	C	0-63667-50201-0	G O K
3435	Strawberry	200mL	24	C	0-63667-50301-7	G O T K
3436	Chocolate	200mL	24	C	0-63667-50801-2	G O K

ORGANIC FORTIFIED SOY BEVERAGE 946mL

3437	Unsweetened	946mL	12	C	0-63667-51100-5	G O K
3438	Original light	946mL	12	C	0-63667-51000-8	G O K
3439	Vanilla light	946mL	12	C	0-63667-51050-3	G O K
3440	Cappucino	946mL	12	C	0-63667-30180-4	G O K
3445	Original	946mL	12	C	0-63667-30140-8	G O K
3446	Vanilla	946mL	12	C	0-63667-30155-2	G O K
3447	Strawberry	946mL	12	C	0-63667-30170-5	G O T K
3448	Chocolate	946mL	12	C	0-63667-30185-9	G O K

FORTIFIED ALMOND BEVERAGE 946mL

4193	Vanilla unsweetened	946mL	12	C	0-63667-09026-5	G K
4194	Coconut unsweetened	946mL	12	C	0-63667-09046-3	G T K
4195	Original	946mL	12	C	0-63667-09001-2	G K



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
4196	Vanilla	946mL	12	C	0-63667-09002-9	G K
4197	Unsweetened		12	C	0-63667-09006-7	G K
4198	Chocolate	946mL	12	C	0-63667-09008-1	G K
FORTIFIED ALMOND BEVERAGE 200mL						
4191	Original	200mL	24	C	0-63667-49001-0	G K
4192	Chocolate	200mL	24	C	0-63667-49008-9	G K

 **NATURE'S PATH**

CEREAL ~ ORGANIC & GLUTEN FREE ~ ECO-PAC

9551	Mesa sunrise	750g	6	C	0-58449-77901-8	G O K
9543	Honey'd corn flakes	750g	6	C	0-58449-77094-7	G O K
9545	Fruit juice corn flakes	750g	6	C	0-58449-60056-5	G O K
9556	Crispy rice	750g	6	C	0-58449-55002-0	G O K
9620	Whole o's	750g	6	C	0-58449-77912-4	G O K
9621	Sunrise ~ crunchy vanilla	675g	6	C	0-58449-18110-1	G O K
9622	Sunrise ~ crunchy maple	675g	6	C	0-58449-18112-5	G O K
9557	Mesa sunrise ~ with raisins	825g	6	C	0-58449-77161-6	G O K

CEREAL ~ ORGANIC ~ ECO PAC

9540	Multigrain oat bran flakes	907g	6	C	0-58449-60231-6	O K
9546	Heritage o's	907g	6	C	0-58449-77001-5	O K
9542	Millet rice	907g	6	C	0-58449-77008-4	O K
9547	Heritage flakes	907g	6	C	0-58449-77021-3	O K
9550	Flax plus ~ cinnamon flakes	907g	6	C	0-58449-77163-0	O K
9552	Kamut ~ khorasan wheat flakes	750g	6	C	0-58449-77069-5	O K

CEREAL ~ ORGANIC & GLUTEN FREE ~ BOX

9530	Crispy rice	284g	12	½	0-58449-55000-6	G O K
9523	Honey'd corn flakes	300g	12	½	0-58449-60218-7	G O K
9521	Whole o's	325g	12	½	0-58449-77902-5	G O K
9519	Golden turmeric	300g	6	C	0-58449-18910-7	G O K
9512	Sunrise ~ crunchy honey	300g	12	½	0-58449-77204-0	G O K
9515	Sunrise ~ crunchy cinnamon	300g	12	½	0-58449-77206-4	G O K
9538	Sunrise ~ crunchy maple	300g	12	½	0-58449-77152-4	G O K
9539	Sunrise ~ crunchy vanilla	300g	12	½	0-58449-77154-8	G O K

CEREAL ~ ORGANIC ~ BOX

9526	Heritage crunch	400g	12	½	0-58449-77174-6	O K
9511	Smart bran ~ wheat, psyllium & oat bran	300g	12	½	0-58449-77102-9	O K
9534	Optimum power ~ blueberry cinnamon flax	400g	12	½	0-58449-77700-7	O K

ENVIROKIDZ

~ CEREAL ~ ORG & GLUTEN FREE ~ ECO-PAC

9553	Gorilla Munch ~ corn puffs	650g	6	C	0-58449-87008-1	G O K
9554	Panda puffs ~ peanut butter	700g	6	C	0-58449-87009-8	G O K
9555	Koala crisp ~ chocolate	725g	6	C	0-58449-87010-4	G O K
9558	Leapin lemurs ~ peanut butter & chocolate	650g	6	C	0-58449-21241-3	G O K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
		ENVIROKIDZ					
		~ CEREAL ~ ORG & GLUTEN FREE ~ BOX					
	9582	Gorilla Munch ~ corn puffs	284g	12	½	0-58449-86002-0	G O K
	9584	Panda puffs ~ peanut butter	300g	12	½	0-58449-86004-4	G O K
	9586	Leapin lemurs ~ peanut butter & chocolate	284g	12	½	0-58449-86006-8	G O K
	9580	Choco chimps ~ chocolate	284g	12	½	0-58449-87023-4	G O K
		PUFFED CEREALS ~ ORGANIC					
	9577	Rice puffs	170g	12	½	0-58449-62001-3	O K
	9579	Kamut puffs ~ khorasan wheat	170g	12	½	0-58449-62004-4	O K
		QI'A SUPERFOOD ~ CEREAL ~ ORGANIC					
	9632	Superflakes ~ Cocoa coconut	284g	12	½	0-58449-16113-4	G O K
		WAFFLES ~ ORGANIC					
PRICE ↓ *	3272	Flax plus	210g	12	½	0-58449-59055-2	O K
		WAFFLES ~ ORGANIC & GLUTEN FREE					
PRICE ↓ *	3271	Homestyle	210g	12	½	0-58449-59052-1	G O K
PRICE ↓ *	3273	Buckwheat ~ wildberry	210g	12	½	0-58449-59057-6	G O K
PRICE ↓ *	3280	Chia plus ~ quinoa & amaranth	210g	12	½	0-58449-59074-3	G O K
		ENVIROKIDS					
		~ WAFFLES ~ ORGANIC & GLUTEN FREE					
PRICE ↓ *	3281	Penguin party ~ cinnamon	240g	12	½	0-58449-21242-3	G O K
PRICE ↓ *	3282	Polar beary ~ pink blueberry	240g	12	½	0-58449-21243-0	G O K
		FROSTED TOASTER PASTRIES ~ ORGANIC					
	9690	Cherry pomegranate	312g	6	C	0-58449-18807-0	O K
	9691	Berry strawberry	312g	6	C	0-58449-18808-7	O K
	9692	Lotta chocolotta	312g	6	C	0-58449-18810-0	O K
		GRANOLA ~ ORGANIC ~ ECO-PAC					
	9541	Hemp hearts	750g	6	C	0-58449-89017-1	O K
	9544	Pumpkin seed + flax	750g	6	C	0-58449-89019-5	O K
		GRANOLA ~ ORGANIC					
	9516	Pumpkin seed + flax	325g	12	½	0-58449-89007-2	O K
	9517	Flax plus ~ pumpkin raisin crunch	350g	12	½	0-58449-77750-2	O K
	9532	Coconut chia	350g	12	½	0-58449-89032-4	O K
	9535	Hemp plus	325g	12	½	0-58449-89000-3	O K
	9731	Peanut butter	325g	12	½	0-58449-89008-9	O K
		GRANOLA ~ ORGANIC ~ FAMILY SIZE					
	9527	Coconut chia	800g	6	C	0-58449-19214-5	O K
	9528	Pumpkin seed + flax	800g	6	C	0-58449-77906-3	O K
		GRANOLA ~ ORGANIC & GLUTEN FREE					
	9629	Cacao	198g	6	C	0-58449-20300-1	G O K
		GRANOLA ~ ORGANIC & GRAIN FREE					
	9638	Vanilla Poppy Seed	227g	6	C	0-58449-19207-7	G O K
		LOVE CRUNCH ~ GRANOLA ~ ORGANIC					
	9748	Dark chocolate peanut butter	325g	6	C	0-58449-16206-3	O K



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
9749	Dark chocolate macaroon	325g	6	C	0-58449-77201-9	O K
9750	Dark chocolate and red berries	325g	6	C	0-58449-77176-0	O K
9751	Espresso vanilla cream	325g	6	C	0-58449-20223-3	O K
LOVE CRUNCH						
~ GRANOLA ~ ORGANIC ~ FAMILY SIZE						
9718	Dark chocolate and red berries	700g	6	C	0-58449-18203-0	O K
9719	Dark chocolate & peanut butter	700g	6	C	0-58449-21143-3	O K
ORGANIC PURE OATS GRANOLA						
9670	Honey almond	312g	8	C	0-58449-89041-6	G O K
Qi'A SUPERFOOD ~ ORGANIC BREAKFAST TOPPER						
9739	Original	225g	10	½	0-58449-32004-3	G O K
9740	Cranberry vanilla	225g	10	½	0-58449-32006-7	G O K
ORGANIC PURE OATS HOT OATMEAL						
9676	Spiced apple flax	320g	6	C	0-58449-45067-2	G O K
9677	Brown sugar maple	320g	6	C	0-58449-45069-6	G O K
9678	Variety pack	320g	6	C	0-58449-45071-9	G O K
SUPERFOOD OATMEAL ~ ORGANIC & GLUTEN FREE						
9742	Cinnamon pumpkin seed	228g	6	C	0-58449-15404-4	G O K
9743	Creamy coconut	228g	6	C	0-58449-15402-0	G O K
9744	Superseeds & grains	228g	6	C	0-58449-15400-6	G O K
9745	Turmeric	210g	6	C	0-58449-20408-4	G O K
9746	Cacao	210g	6	C	0-58449-20409-1	G O K
INSTANT OATMEAL ~ ORGANIC						
9559	Variety pack	400g	6	C	0-58449-45000-9	O K
9560	Apple cinnamon	400g	6	C	0-58449-45004-7	O K
9561	Maple nut	400g	6	C	0-58449-45003-0	O K
9562	Flax'n oats	400g	6	C	0-58449-45002-3	O K
9563	Original	400g	6	C	0-58449-45001-6	O K
9568	Optimum blueberry cinnamon	320g	6	C	0-58449-45013-9	O K

 **NEW WORLD**

ALMOND BUTTER

4258	Almond butter - raw	365g	12	½	0-59443-40045-8	K
4259	Almond butter - smooth roasted	365g	12	½	0-59443-40046-5	K

ORGANIC SESAME TAHINI

4279	Organic sesame tahini - raw	365g	12	½	0-59443-40073-1	O K
4293	Organic sesame tahini - raw	500g	12	½	0-59443-40112-7	O K

PEANUT BUTTER

4295	Organic peanut butter - smooth unsalted	500g	12	½	0-59443-40190-5	O K
4296	Organic peanut butter - crunchy unsalted	500g	12	½	0-59443-40192-9	O K
4263	Peanut butter - crunchy unsalted	2Kg	6	C	0-59443-40004-5	K
4264	Peanut butter - smooth unsalted	2Kg	6	C	0-59443-40005-2	K

ORGANIC NUT BUTTERS



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
4272	Organic hazelnut butter	250g	12	½	0-59443-40182-0	O K
4276	Organic pumpkin seed butter - raw	365g	12	½	0-59443-40049-6	O K
NATURAL NUT BUTTERS						
4256	Cashew butter ~ raw	365g	12	½	0-59443-40029-8	K
4257	Cashew butter ~ roasted	365g	12	½	0-59443-40038-0	K

NOBLE JERKY

PLANT BASED VEGAN JERKY

9470	Sweet BBQ	70g	12	½	8-51335-00090-2	
9471	Chipotle	70g	12	½	8-51335-00091-9	
9472	Teriyaki	70g	12	½	8-51335-00092-6	
9473	Original	70g	12	½	8-51335-00093-3	
9474	Hickory	70g	12	½	8-51335-00094-0	
9486	Smokehouse	70g	12	½	8-51335-00096-4	
9487	Sweet sesame	70g	12	½	8-51335-00097-1	
9488	Sriracha	70g	12	½	8-51335-00098-8	
9489	Original ~ no sugar added	70g	12	½	8-51335-00060-5	
9490	Smokey ~ no sugar added	70g	12	½	8-5133-500061-2	
9440	Sweet BBQ ~ with clip strip	70g	12	C	8-51335-00090-2	
9441	Teriyaki ~ with clip strip	70g	12	C	8-51335-00092-6	

NEW
NEW
NEW
NEW

NUTES

SUPERFOOD SMOOTHIES PUCKS ~ 390G

* 9030	Go go green	390g	6	C	8-53267-00121-7	G
* 9031	Pink pulse	390g	6	C	8-53267-00122-4	G
* 9032	Purple tonic	390g	6	C	8-53267-00123-1	G
* 9033	Black & blue	390g	6	C	8-53267-00124-8	G
* 9034	Mocha berry	390g	6	C	8-53267-00125-5	G

SUPERFOOD SMOOTHIES PUCKS~ 650G

* 9038	Go go green	650g	6	C	8-53267-00119-4	G
* 9039	Pink pulse	650g	6	C	8-53267-00120-0	G
* 9040	Purple tonic	650g	6	C	8-53267-00100-2	G
* 9041	Black & blue	650g	6	C	8-53267-00103-3	G
* 9042	Mocha berry	650g	6	C	8-53267-00118-7	G

NUTRI FLORA

NUTRITIONAL YEAST

5413	Flakes	200g	12	½	0-65493-05413-8	
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NUTRITIONAL YEAST IN BULK

5411	Flakes	25Kg	1	U	N/A	
5412	Flakes	5Kg	1	U	N/A	

SPECIAL
ORDER ITEM



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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ORGANIC VALUE

ORGANIC KETCHUP

3470 Ketchup 567ml 12 ½ 8-35373-00077-3 O K

ORGANIC PASTA SAUCE

3471 Traditional 700ml 12 ½ 8-35373-10800-4 O K

3472 Roasted garlic 700ml 12 ½ 8-35373-10700-7 O K

3473 Italian herb 700ml 12 ½ 8-35373-10600-0 O K

3474 Mushroom & basil 700ml 12 ½ 8-35373-10900-1 O K

ORGANIC PIZZA SAUCE

3475 Pizza sauce 450ml 12 ½ 8-35373-00084-1 O K

ORIGIN 846

UNFILTERED FIRST COLD PRESS OIL

3108 Extra Virgin Olive Oil 846ml 6 C 8-68972-00020-2 G K

PAPERCHEF

PAPERS

7175 Pre-cut sheets 24 sheets 12 ½ 6-28689-70024-2 T

7176 Parchment paper 41 sq. ft 12 ½ 6-28689-00001-4 T

7177 Parchment paper 123 sq. ft 12 ½ 6-28689-70098-3 T

CUPS

7180 Mini baking cups 90 cups 12 ½ 6-28689-70090-7 T

7181 Large baking cups 60 cups 12 ½ 6-28689-70060-0 T

7182 X-large baking cups 30 cups 12 ½ 6-28689-70030-3 T

7183 Tulip cups 12 cups 6 C 6-28689-70014-3 T

7185 Tulip cups ~ multi-coloured 12 cups 6 C 6-28689-70414-1 T

7184 Lotus cups 12 cups 6 C 6-28689-70012-9 T

7186 Lotus cups ~ multi-coloured 12 cups 6 C 6-28689-70412-7 T

BAKING ROUNDS

7187 8" Rounds 24 sheets 12 ½ 6-28689-60824-1 T

7188 9" Rounds 24 sheets 12 ½ 6-28689-60924-8 T

BAGS

7179 Cooking bags 10 bags 12 ½ 6-28689-70010-5 T

PARADEIGMA

GOÛTINE ~ BUCKWHEAT ROLLED WAFERS

3490 Raspberry 125g 8 C 3-76015-2700605

3491 Dark chocolate 125g 8 C 3-76015-2700612

3492 Cocoa & hazelnut 125g 12 ½ 3-76015-2700452

3493 Coconut 125g 12 ½ 3-76015-2700469

BUCKWHEAT CRACKERS



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
3494	5 grain ~ rice, buckwheat, corn, millet, amaranth	160g	12	½	3-76015-2700513	
3495	Buckwheat	160g	12	½	3-76015-2700568	
	BUCKWHEAT CEREAL					
3496	Cocoa & hazelnut	300g	12	½	3-76015-2700476	

PB&ME

POWDERED PEANUT BUTTER

4410	Natural	200g	6	C	6-27843-53841-7	G
4415	Natural	454g	6	C	6-27843-53842-4	G
	ORGANIC POWDERED PEANUT BUTTER					
4421	No sugar added	200g	6	C	6-28451-16651-1	G O

PREMIER JAPAN

SAUCES

9828	Wheat free hoisin sauce	251mL	12	½	0-11206-00085-5	G
9829	Wheat free teriyaki sauce	251mL	12	½	0-11206-00086-2	G

PRESTIGE MAPLE PRODUCTS

ORGANIC MAPLE SYRUP

7050	Maple syrup	250ml	12	½	8-01152-92025-9	O
7051	Maple syrup	375ml	12	½	8-01152-92375-5	O
7052	Maple syrup	500ml	12	½	8-01152-92005-1	O

ORGANIC MAPLE SUGAR

7053	Maple sugar	227g	12	½	8-01152-59107-7	O
7054	Maple sugar	454g	12	½	8-01152-59103-9	O

ORGANIC MAPLE FLAKES

7055	Maple flakes	227g	12	½	8-01152-69107-4	O
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ORGANIC MAPLE STICKS

7056	Maple sticks	30g	12	C	8-01152-79112-5	O
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PUREST

GLUTEN FREE COCOA MIXES

7640	Hot cocoa	300g	6	C	1-85396-00003-9	G	K
7641	Hot cocoa - Mexican	300g	6	C	1-85396-00010-7	G	K
7679	Natural cocoa	300g	6	C	1-85396-00048-0	G	K
7642	Marvellous - chocolate powder	500g	6	C	1-85396-00002-2	G	K

GLUTEN FREE BAKING MIXES

7648	Chocolate chip cookies	481g	6	C	1-85396-00033-6	G	K
7643	Chocolate cake	561g	6	C	1-85396-00078-7	G	K
7646	Brownies	488g	6	C	1-85396-00036-7	G	K
7654	Pie pastry	626g	6	C	1-85396-00027-5	G	K
7652	Muffin & loaf mix	553g	6	C	1-85396-00026-8	G	K



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
7653	Vanilla cake mix	582g	6	C	1-85396-00025-1	G K
7671	Tea biscuits	490g	6	C	1-85396-00079-4	G K
7656	Ginger molasses cookie	700g	6	C	1-85396-00015-2	G K
7657	Shortbread cookie	378g	6	C	1-85396-00016-9	G K
GLUTEN FREE COOKING MIXES						
7647	Pancakes	558g	6	C	1-85396-00037-4	G K
7645	Pure batter	300g	6	C	1-85396-00008-4	G K
7651	Pure batter - extra crispy	300g	6	C	1-85396-00005-3	G K
7649	Soup thickener	300g	6	C	1-85396-00034-3	G K
7650	Gravy mix	300g	6	C	1-85396-00007-7	G K
7655	Artisan bread mix	360g	6	C	1-85396-00084-8	G K
GLUTEN FREE FLOURS						
7675	Potato flakes	300g	6	C	1-85396-00032-9	G K
7676	White rice flour	500g	6	C	1-85396-00041-1	G K
7677	Brown rice flour	680g	6	C	1-85396-00049-7	G K
7678	Potato starch	500g	6	C	1-85396-00044-2	G K
7680	Gluten free all purpose flour	680g	6	C	1-85396-00050-3	G K
7682	Garbanzo bean flour	500g	6	C	1-85396-00046-6	G K
7683	Buckwheat flour	500g	6	C	1-85396-00024-4	G K
7684	Sorghum flour	623g	6	C	1-85396-00042-8	G K
7686	Tapioca flour	500g	6	C	1-85396-00076-3	G K
GLUTEN FREE BAKING AIDS						
7668	Baking powder	250g	6	C	1-85396-00038-1	G K
7669	Baking soda	453g	6	C	1-85396-00039-8	G K

RAWESOME

ORGANIC CAKES

* 9206	Crème brûlée	95g	6	C	6-28504-86215-5	G O
* 9207	Café mocha	95g	6	C	6-28504-86216-2	G O

RAW, VEGAN, CULTURED & NON-DAIRY CASHEW SPREAD

* 9210	Original	227g	6	C	6-28504-86205-6	
* 9211	Onion & chives	227g	6	C	6-28504-86206-3	
* 9212	Garlic & black pepper	227g	6	C	6-28504-86208-7	
* 9213	Cilantro & chili pepper	227g	6	C	6-28504-86204-9	
* 9192	Tzatziki	227g	6	C	6-28504-86207-0	G

NICE CREAM - VEGAN, NON-DAIRY BANANA BASED ICE CREAM

* 9218	Lemon basil	150g	6	C	6-28504-86239-1	
* 9219	Piña colada	150g	6	C	6-28504-86236-4	
* 9220	Double chocolate brownie	150g	6	C	6-28504-86237-7	
* 9221	Cookies and cream	150g	6	C	6-28504-86238-4	



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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cheese will be shipped frozen. However, they are meant to be sold fresh.
Please tag the products with a 60 days shelf life when displaying for sale.

REGINELLI

OIL

3516	Organic sunflower oil	750ml	12	½	8-56842-01142-7	K
3517	Organic canola oil	750ml	12	½	8-56842-02102-0	K
3520	Safflower oil	750ml	12	½	8-56842-01132-8	K

RIZOPIA

RICE PASTA

5300	White Rice Spaghetti	454g	12	½	8-33125-00001-9	G
5301	Brown Rice Spaghetti	454g	12	½	8-33125-00101-6	G
5302	Brown Rice Fettuccine	454g	12	½	8-33125-00102-3	G
5303	Brown Rice Fusilli	454g	12	½	8-33125-00103-0	G
5304	Brown Rice Penne	454g	12	½	8-33125-00104-7	G
5305	Brown Rice Elbows	454g	12	½	8-33125-00105-4	G
5306	Brown Rice Shells	454g	12	½	8-33125-00106-1	G
5307	Brown Rice Spirals	454g	12	½	8-33125-00107-8	G
5308	Brown Rice Lasagna	340g	12	½	8-33125-00108-5	G
5324	Spinach Rice Spaghetti	454g	12	½	8-33125-00201-3	G
5325	Vegetable Rice Fusilli	454g	12	½	8-33125-00303-4	G

ORGANIC WILD RICE PASTA

5310	Spaghetti	454g	12	½	8-33125-00411-6	G O
5311	Fusilli	454g	12	½	8-33125-00413-0	G O
5312	Penne	454g	12	½	8-33125-00414-7	G O
5313	Elbows	454g	12	½	8-33125-00415-4	G O
5314	Shells	454g	12	½	8-33125-00416-1	G O

ORGANIC BROWN RICE PASTA

5317	Spaghetti	454g	12	½	8-33125-00111-5	G O
5318	Fettuccine	454g	12	½	8-33125-00112-2	G O
5319	Fusilli	454g	12	½	8-33125-00113-9	G O
5320	Penne	454g	12	½	8-33125-00114-6	G O
5321	Elbow	454g	12	½	8-33125-00115-3	G O
5322	Fantaisa	454g	12	½	8-33125-00110-8	G O

ORGANIC QUINOA BROWN RICE PASTA

5327	Spaghetti	340g	12	½	8-33125-00601-1	G O
5328	Fusilli	340g	12	½	8-33125-00603-5	G O
5329	Penne	340g	12	½	8-33125-00604-2	G O

ROAD'S END ORGANICS

ORGANIC GRAVY MIX - GLUTEN FREE



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
9772	Delicious golden	28g	12	½	6-58334-47281-1	G O K
9773	Shiitake mushroom	28g	12	½	6-58334-47282-8	G O K
9774	Savory herb	28g	12	½	6-58334-47283-5	G O K
ORGANIC MAC & CHEESE ~ DAIRY FREE						
9775	Whole wheat elbow macaroni ~ cheddar style	184g	12	½	6-58334-35269-4	O
9776	Semolina shells ~ cheddar style	184g	12	½	6-58334-74355-3	O

SAN-J

ORGANIC TAMARI ~ 296mL

6121	Tamari "gold label" ~ organic, gluten free	296mL	6	C	0-75810-00126-4	G O K
6124	Tamari low sodium "platinum label" ~ org	296mL	6	C	0-75810-00426-5	G O K
6141	Organic shoyu "bronze label"	296mL	6	C	0-75810-04126-0	O K

GLUTEN FREE TAMARI ~ 296mL

6117	Tamari "black label" ~ gluten free	296mL	6	C	0-75810-02126-2	G K
6116	Soy sauce ~ 50% less sodium	296mL	6	C	0-75810-02426-3	G K
6126	Tamari low sodium "white label"	296mL	6	C	0-75810-02326-6	G K

GLUTEN FREE LOW SODIUM TAMARI

6118	Tamari "black label" ~ gluten free	592mL	6	C	0-75810-02136-1	G K
6123	Tamari "gold label" ~ organic, gluten free	592mL	6	C	0-75810-00136-3	G O K
6137	Soy sauce ~ 50% less sodium	592mL	6	C	0-75810-02436-2	G K
6140	Tamari low sodium "platinum label" ~ org	592mL	6	C	0-75810-00436-4	G O K
6139	Tamari low sodium "white label"	592mL	6	C	0-75810-02336-5	G K

GLUTEN FREE SAUCES

6128	Thai style peanut	296mL	6	C	0-75810-14026-0	G K
6129	Korean BBQ style	296mL	6	C	0-75810-13026-1	G K
6131	Hoisin sauce	296mL	6	C	0-75810-15026-9	G K
6130	Teriyaki sauce	296mL	6	C	0-75810-11226-7	G K
6132	Szechuan style sauce	296mL	6	C	0-75810-12026-2	G K

GLUTEN FREE LOW SODIUM SAUCES

6134	Teriyaki sweet sauce ~ 50% less sodium	296mL	6	C	0-75810-11326-4	G K
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GLUTEN FREE TAMARI IN BULK

6135	Organic gluten-free tamari	18L	1	U	N/A	G O K
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**SPECIAL
ORDER ITEM**

SANA

ORGANIC COCONUT FLOUR TORTILLAS

* 8081	Original	215g	12	½	8-51186-00788-4	G O
* 8082	Large wraps	342g	12	½	8-51186-00789-1	G O

SANTA CRUZ ORGANIC

ORGANIC FRUIT JUICE

3698	Lemonade	946mL	12	½	0-36192-12313-5	O T
3702	Raspberry lemonade	946mL	12	½	0-36192-12314-2	O T
3707	Cherry lemonade	946mL	12			



ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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3706	Limeade	946mL	12			
3664	100% lemon	473mL	8	C	0-36192-12715-7	O
3661	Ginger ~ with lemon juice	236mL	12	½	0-36192-12365-4	G O

SO DELICIOUS

MOUSSE DESSERTS

* 9150	Salted caramel swirl	500mL	8	C	0-36632-07175-0	G	K
* 9151	Lemon swirl	500mL	8	C	0-36632-07172-9	G	K
* 9152	Peanut butter swirl	500mL	8	C	0-36632-07176-7	G	K

COCONUT MILK DESSERTS

* 9125	Vanilla bean	500mL	8	C	7-44473-27011-8	G	K
* 9128	Cookie dough	500mL	8	C	7-44473-27046-0	G	K
* 9113	Cold brew coffee	500mL	8	C	7-44473-00090-6	G	K

CASHEW DESSERTS

* 9107	Simply vanilla	500mL	8	C	7-44473-00066-1	G	K
* 9108	Creamy chocolate	500mL	8	C	7-44473-00067-8	G	K
* 9109	Cinnamon cookie dough	500mL	8	C	7-44473-00068-5	G	K
* 9111	Salted caramel cluster	500mL	8	C	7-44473-27613-4	G	K
* 9112	Dark chocolatey truffle	500mL	8	C	7-44473-27621-9	G	K
* 9114	Chocolate banana flambé	500mL	8	C	7-44473-00091-3	G	K

OATMEAL DESSERTS

* 9158	Oatmeal cookie	500ml	8	C	0-36632-07299-3	G	T K
* 9159	Peanut butter & raspberry	500ml	8	C	0-36632-07297-9	G	T K
* 9160	S'mores	500ml	8	C	0-36632-07758-5	G	T K

MINIS SANDWICH DESSERTS

* 9135	Coconut ~ coconut milk	8x68mL	6	C	7-44473-27430-7		T K
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MINIS BAR DESSERTS

* 9137	Vanilla ~ coconut milk	4x68mL	6	C	7-44473-27411-6	G	T K
* 9138	Coconut almond ~ coconut milk	4x68mL	6	C	7-44473-27412-3	G	T K
* 9139	Mocha almond fudge ~ almond milk	4x68mL	6	C	7-44473-00025-8	G	T K
* 9140	Dipped salted caramel ~ cashew milk	4x68mL	6	C	7-44473-00074-6	G	T K

COCONUT WHIPPED TOPPING

* 9116	Original	266mL	12	C	7-44473-29997-3	G	T K
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SO DELICIOUS

OCTOBER 2022 PRICE CHANGE

*** OCTOBER PRICE CHANGE ***	MOUSSE DESSERTS						
	* 9150	Salted caramel swirl	500mL	8	C	0-36632-07175-0	G K
	* 9151	Lemon swirl	500mL	8	C	0-36632-07172-9	G K
	* 9152	Peanut butter swirl	500mL	8	C	0-36632-07176-7	G K
	COCONUT MILK DESSERTS						
	* 9125	Vanilla bean	500mL	8	C	7-44473-27011-8	G K
	* 9128	Cookie dough	500mL	8	C	7-44473-27046-0	G K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	* 9113	<i>Cold brew coffee</i>	500mL	8	C	7-44473-00090-6	G K
***		CASHEW DESSERTS					
OCTOBER	* 9107	<i>Simply vanilla</i>	500mL	8	C	7-44473-00066-1	G K
PRICE	* 9108	<i>Creamy chocolate</i>	500mL	8	C	7-44473-00067-8	G K
CHANGE	* 9109	<i>Cinnamon cookie dough</i>	500mL	8	C	7-44473-00068-5	G K
***	* 9111	<i>Salted caramel cluster</i>	500mL	8	C	7-44473-27613-4	G K
	* 9112	<i>Dark chocolatey truffle</i>	500mL	8	C	7-44473-27621-9	G K
***	* 9114	<i>Chocolate banana flambé</i>	500mL	8	C	7-44473-00091-3	G K
OCTOBER		OATMEAL DESSERTS					
PRICE	* 9158	<i>Oatmeal cookie</i>	500ml	8	C	0-36632-07299-3	G T K
CHANGE	* 9159	<i>Peanut butter & raspberry</i>	500ml	8	C	0-36632-07297-9	G T K
***	* 9160	<i>S'mores</i>	500ml	8	C	0-36632-07758-5	G T K
		MINIS SANDWICH DESSERTS					
	* 9135	<i>Coconut ~ coconut milk</i>	8x68mL	6	C	7-44473-27430-7	T K
		MINIS BAR DESSERTS					
***	* 9137	<i>Vanilla ~ coconut milk</i>	4x68mL	6	C	7-44473-27411-6	G T K
OCTOBER	* 9138	<i>Coconut almond ~ coconut milk</i>	4x68mL	6	C	7-44473-27412-3	G T K
PRICE	* 9139	<i>Mocha almond fudge ~ almond milk</i>	4x68mL	6	C	7-44473-00025-8	G T K
CHANGE	* 9140	<i>Dipped salted caramel ~ cashew milk</i>	4x68mL	6	C	7-44473-00074-6	G T K
***		COCONUT WHIPPED TOPPING					
	* 9116	<i>Original</i>	266mL	12	C	7-44473-29997-3	G T K

SOBAYA

ORGANIC KAMUT NOODLES

6392	<i>Soba ~ 80% kamut, 20% buckwheat</i>	230g	12	½	0-57443-30702-9	O K
6393	<i>Udon ~ 100% kamut</i>	230g	12	½	0-57443-30704-3	O K
6394	<i>Somen ~ 100% kamut</i>	230g	12	½	0-57443-30706-7	O K

ORGANIC SPELT NOODLES

6397	<i>Soba ~ 80% spelt grain, 20% buckwheat</i>	230g	12	½	0-57443-30902-3	O K
6398	<i>Udon ~ 100% spelt grain</i>	230g	12	½	0-57443-30904-7	O K

ORGANIC NOODLES

6405	<i>Udon ~ 100% whole wheat</i>	230g	12	½	0-57443-30204-8	O K
6407	<i>Soba ~ 30% buckwheat</i>	230g	12	½	0-57443-30202-4	O K

NATURAL NOODLES

6408	<i>Soba ~ 30% buckwheat</i>	454g	12	½	0-57443-40101-7	K
6414	<i>Natural udon</i>	454g	12	½	0-57443-40102-4	K

SPECTRUM

COCONUT OILS

4708	<i>Organic coconut oil</i>	414mL	12	½	0-22506-97469-2	O K
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CANOLA OILS

4752	<i>Canola oil ~ organic</i>	750mL	6	C	0-22506-47175-7	O K
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ALIMENTS
KOYO
FOODS INC.

NOTES

KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
OLIVE OILS						
4749	Extra-virgin olive oil ~ unrefined, organic	375mL	6	C	0-22506-72137-1	O K
4750	Extra-virgin olive oil ~ unrefined, organic	750mL	6	C	0-22506-72175-3	O K
4782	Extra virgin olive oil spray	170g	6	C	0-22506-26581-3	K
4765	Mediterranean olive oil, organic	1L	6	C	0-22506-02204-7	O K
OTHER OILS						
4707	Walnut oil	375mL	6	C	0-22506-41637-6	K
4743	Sesame oil ~ unref, pressed wt solvents	375mL	6	C	0-22506-40437-3	K
4763	Almond oil ~ refined, pressed wt solvents	375mL	6	C	0-22506-41037-4	K
MAYONNAISE						
4775	Organic mayonnaise	473mL	12	½	0-22506-20304-4	G O K

STARLITE

VEGAN TAQUITOS						
* 9460	Beef	298g	6	C	0-37427-50720-1	G
* 9461	Chicken	298g	6	C	0-37427-50721-8	G
* 9462	Chorizo & black bean	298g	6	C	0-37427-50722-5	G
VEGAN ROLLED TACOS						
* 9463	Santa fe chicken	340g	6	C	0-37427-50740-9	
* 9464	Garlic chicken	340g	6	C	0-37427-50741-6	
* 9465	Chipotle chicken	340g	6	C	0-37427-50743-0	
VEGAN ENCHILADAS						
* 9466	Green sauce	255g	6	C	0-37427-30750-4	G
* 9467	Red sauce	255g	6	C	0-37427-30751-1	G
* 9469	Bean & cheese	255g	6	C	0-37427-30753-5	G

SUNNY FRUIT

	ORGANIC DRIED FRUITS ~ 5 PORTION PACKS						
PRICE ↓	3800	Figs	250g	18	½	8-42515-01016-0	G O K
PRICE ↓	3801	Apricots	250g	18	½	8-42515-00684-5	G O K
PRICE ↓	3802	Raisins	250g	18	½	8-42515-02014-8	G O K
PRICE ↓	3803	Dates	250g	18	½	8-42515-00691-3	G O K
PRICE ↓	3808	Mulberries	150g	18	½	8-42515-00688-3	G O K
PRICE ↓	3809	Bananas	150g	18	½	8-42515-00694-4	G O K
PRICE ↓	3810	Mangoes	100g	18	½	8-42515-00693-7	G O K
PRICE ↓	3811	Plums	150g	18	½	8-42515-00695-1	G O K

NEW

SUZIE'S

NEW
NEW

ORGANIC SALTINE CRACKERS						
2960	Olive oil	246g	12	½	0-22929 42801-7	O
2961	Rosemary	246g	12	½	0-22929 42804-8	O



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KOYO
FOODS INC.

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SWEETCANE

ORGANIC MOLASSES

7364 Blackstrap molasses 500g 12 ½ 0-59443-21321-8 G O K

TAJ MAHAL

INDIAN MEALS ~ VEGAN

7250 Spinach dal 285g 6 C 0-59443-60001-8
 7251 Baingan bharta ~ eggplant 285g 6 C 0-59443-60002-5
 7252 Dal tadka ~ lentils, onions 285g 6 C 0-59443-60003-2
 7253 Chana masala ~ chickpeas 285g 6 C 0-59443-60006-3
 7254 Aloo matar ~ potato & green pea 285g 6 C 0-59443-60008-7
 7255 Pav bhaji ~ mashed vegetables in sauce 285g 6 C 0-59443-60009-4

INDIAN MEALS ~ DAIRY FREE

7256 Palak paneer ~ spinach & cottage cheese 285g 6 C 0-59443-60004-9
 7257 Matar paneer ~ peas & cottage cheese 285g 6 C 0-59443-60005-6
 7258 Dal makhani ~ black gram in hot butter sauce 285g 6 C 0-59443-60007-0
 7259 Navratan korma ~ mix veg & cottage cheese 285g 6 C 0-59443-60010-0

TASTE NIRVANA

COCONUT WATER ~ GLASS BOTTLE

3570 Real coconut water 280mL 12 C 0-11259-80686-2
 3571 Real coconut water with pulp 280mL 12 C 0-11259-80688-6
 3572 Real coco aloe 280mL 12 C 0-11259-80113-3

COCONUT WATER ~ GLASS BOTTLE

3573 Real coconut water 700mL 6 C 0-11259-90424-7

TERRA DELYSSA

FIRST COLD PRESS OIL

3112 Extra Virgin Olive Oil 500ml 6 C 6-191509-903641 G K
 3113 Extra Virgin Olive Oil 750ml 6 C 6-191509-903634 G K
 3117 Organic Extra Virgin Olive Oil 500ml 6 C 6-191509-903726 G O K
 3118 Organic Extra Virgin Olive Oil 1L 6 C 6-191509-903702 G O K
 3120 Organic Extra Virgin Olive Oil ~ Select 750ml 6 C 6-191509-903719 G O K

DATES

3130 Organic pitted dates 340g 12 ½ 8-68464-00017-8 G O K

TIAMO FOODS

OH MY BUTTER ~ DAIRY FREE SPREAD

* 7480 Salted 255g 6 C 8-05362-34001-2 G
 * 7481 Garlic & herb 255g 6 C 8-05362-34101-9 G

TINKYADA



ALIMENTS
KOYO
FOODS INC.

NOTES

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ORGANIC BROWN RICE PASTA


5439	Elbows	340g	12	½	6-21683-01055-3	G O K
5440	Lasagna	280g	12	½	6-21683-01135-2	G O K
5444	Spaghetti	340g	12	½	6-21683-02015-6	G O K
5445	Spirals	340g	12	½	6-21683-02125-2	G O K
5446	Penne	340g	12	½	6-21683-02115-3	G O K

BROWN RICE & WHITE RICE PASTA

5451	Brown rice shells	454g	12	½	6-21683-92075-3	G K
5442	Spinach brown rice spaghetti	340g	12	½	6-21683-62015-8	G K
5447	Brown rice spaghetti	454g	12	½	6-21683-92015-9	G K
5449	White rice spaghetti	454g	12	½	6-21683-52015-1	G K
5443	Vegetables brown rice spirals	340g	12	½	6-21683-72125-1	G K
5450	Brown rice spirals	454g	12	½	6-21683-92125-5	G K
5438	Brown rice little dreams	397g	12	½	6-21683-91145-4	G K
5441	Brown rice lasagna	280g	12	½	6-21683-92135-4	G K
5448	Brown rice fettucini	397g	12	½	6-21683-92025-8	G K
5452	Brown rice penne	454g	12	½	6-21683-92115-6	G K
5453	Brown rice elbows	454g	12	½	6-21683-92055-5	G K
5454	Brown rice fusilli	454g	12	½	6-21683-92065-4	G K

BROWN RICE PASTA IN BULK

5455	Brown rice spaghetti	10lbs	1	U	6-21683-92014-2	G K
5456	Brown rice spirals	10lbs	1	U	6-21683-92124-8	G K
5457	Brown rice shells	10lbs	1	U	6-21683-92074-6	G K
5458	Brown rice penne	10lbs	1	U	6-21683-92114-9	G K
5459	Brown rice elbows	10lbs	1	U	6-21683-92054-8	G K
5462	Brown rice lasagna	10lbs	1	U	6-21683-92134-7	G K

 **TRACE WATER**

NATURAL ALKALINE SPRING WATER

3140	Water 7.7pH ~ bottle	500ml	12	½	6-28055-06300-1	
3141	Water 7.7pH ~ bottle	1L	12	½	6-28055-06319-3	
3142	Water 7.7pH ~ bottle	4L	4	C	6-28055-06307-0	
3143	Water 7.7pH ~ cans	355ml	24	½	6-28055-06340-7	

 **TRADITION MISO**

ORGANIC MISO

≠	6210	Brown rice miso	450g	12	½	8-12139-00001-7	O
≠	6211	Barley miso	450g	12	½	8-12139-00002-4	O

TRADITIONAL MEDICINALS

ORGANIC SEASONAL TEAS



ALIMENTS
KOYO
FOODS INC.

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	8419	<i>Echinacea plus ~ elderberry</i>	24g	6	C	0-32917-00740-7	O K
	8442	<i>Echinacea plus ~ original with spearmint</i>	24g	6	C	0-32917-00741-4	O K
	8423	<i>Throat coat ~ lemon echinacea</i>	32g	6	C	0-32917-00765-0	O K
	8455	<i>Throat coat ~ original with slippery elm</i>	32g	6	C	0-32917-00766-7	O K
		SEASONAL TEAS					
	8450	<i>Breathe easy ~ eucalytus mint</i>	24g	6	C	0-32917-00733-9	K
		ORGANIC HERBAL TEAS					
	8438	<i>Reishi mushroom with rooibos & orange peel</i>	24g	6	C	0-32917-00770-4	O K
	8415	<i>Licorice root</i>	24g	6	C	0-32917-00753-7	O K
	8416	<i>Nettle leaf</i>	32g	6	C	0-32917-00755-1	O K
	8433	<i>Ginger</i>	24g	6	C	0-32917-00747-6	O K
	8421	<i>Fennel</i>	32g	6	C	0-32917-00744-5	O K
	8425	<i>Hibiscus</i>	28g	6	C	0-32917-00751-3	O K
	8426	<i>Lemon balm</i>	24g	6	C	0-32917-00752-0	O K
	8443	<i>Chamomile</i>	21g	6	C	0-32917-00735-3	O K
	8432	<i>Chamomile with lavender</i>	24g	6	C	0-32917-00734-6	O K
	8445	<i>Turmeric with meadowsweet & ginger</i>	32g	6	C	0-32917-00768-1	O K
	8439	<i>Raspberry leaf</i>	28g	6	C	0-32917-00759-9	O K
	8440	<i>Roasted dandelion root</i>	24g	6	C	0-32917-00760-5	O K
	8430	<i>Dandelion leaf & root</i>	28g	6	C	0-32917-00738-4	O K
	8444	<i>Peppermint</i>	24g	6	C	0-32917-00758-2	O K
	8448	<i>Spearmint</i>	24g	6	C	0-32917-00763-6	O K
	8436	<i>Hawthorn with hibiscus</i>	32g	6	C	0-32917-00750-6	O K
		ORGANIC LAXATIVE TEAS					
	8422	<i>Smooth move ~ senna peppermint</i>	32g	6	C	0-32917-00761-2	O K
	8453	<i>Smooth move ~ original with senna</i>	32g	6	C	0-32917-00762-9	O K
		ORGANIC GREEN TEAS					
	8420	<i>Ginger</i>	26g	6	C	0-32917-00748-3	O K
	8441	<i>Lemongrass</i>	24g	6	C	0-32917-00749-0	O K
	8418	<i>Matcha with toasted rice</i>	24g	6	C	0-32917-00771-1	O K
		ORGANIC RELAXATION TEAS					
	8427	<i>Nighty night extra ~ valerian</i>	24g	6	C	0-32917-00756-8	O K
	8456	<i>Nighty night ~ original with passionflower</i>	28g	6	C	0-32917-00757-5	O K
	8449	<i>Cup of calm ~ lavender mint</i>	24g	6	C	0-32917-00737-7	O K
	8429	<i>Stress soother ~ cinnamon</i>	24g	6	C	0-32917-00764-3	O K
	8437	<i>Tulsi with ginger</i>	32g	6	C	0-32917-00767-4	O K
		ORGANIC DIGESTIVE TEAS					
	8431	<i>Ginger aid</i>	32g	6	C	0-32917-00745-2	O K
	8457	<i>Belly comfort ~ peppermint</i>	28g	6	C	0-32917-00739-1	O K
		ORGANIC WOMEN'S TEAS					
	8434	<i>Mother's milk ~ original w/ fennel & fenugreek</i>	28g	6	C	0-32917-00754-4	O K



ALIMENTS
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8452	Weightless ~ dandelion hibiscus ORGANIC DETOX TEAS	32g	6	C	0-32917-00769-8	O K
8428	Everyday detox ~ dandelion	24g	6	C	0-32917-00742-1	O K
8447	Everyday detox ~ lemon	24g	6	C	0-32917-00743-8	O K

TUNAH

SIMULATED VEGAN PLANT BASED TUNA

9492	Tunah in oil	150g	12	½	8-51335-00045-2	
9491	Tunah in oil ~ sriracha	150g	12	½	8-51335-00080-3	
9493	Tunah in oil ~ garlic	150g	12	½	8-51335-00081-0	
9494	Tunah in oil ~ lemon pepper	150g	12	½	8-51335-00087-2	

UDI'S

GLUTEN FREE BAGELS

* 7447	Plain bagel	396g	8	C	6-98997-80954-8	G K
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GLUTEN FREE LOAF

* 7430	White sandwich loaf	340g	8	C	6-98997-80910-4	G K
* 7435	Delicious whole grain sandwich loaf	340g	8	C	6-98997-82915-7	G K

GLUTEN FREE PIZZA CRUSTS

* 7457	Pizza 9" crust	224g	8	C	6-98997-80917-3	G K
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GLUTEN FREE BUNS

* 7442	Classic hamburger buns	296g	8	C	6-98997-80913-5	G K
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URBANI

APPETIZERS ~ ARANCINI RISOTTO BALLS

* 9480	Mozzarella	280g	8	C	8-51335-00030-8	
* 9481	Italian ~ Italian sausage & mozzarella	280g	8	C	8-51335-00031-5	
* 9482	Marinara ~ tomato sauce, peas & mozzarella	280g	8	C	8-51335-00033-9	
* 9483	Porcini ~ wild mushroom & cream cheese	280g	8	C	8-51335-00034-6	

VEGETARIAN GOURMET

ARTISAN VEGAN BURGERS

* 9430	Quinoa & chickpea	4x100g	12	½	6-27843-51737-5	G
* 9431	Mexican spicy 3-bean	4x100g	12	½	6-27843-51739-9	G
* 9432	Lentil & walnut	4x100g	12	½	6-27843-51741-2	G
* 9433	Sweet potato & black bean	4x100g	12	½	6-27843-51743-6	G
* 9434	Eggplant & tahini	4x100g	12	½	6-28110-15008-0	G

ARTISAN VEGAN BEET BALLS

* 9435	Beetballs ~ with fresh beets and lentils	260g	12	½	6-27843-51737-5	G
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VILLA TOSCANELLA

OIL



ALIMENTS
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FOODS INC.

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3515	Organic extra virgin olive oil	750ml	12	C	8-56842-00152-7	K
3518	Avocado oil ~ refined	750ml	12	½	8-56842-01202-8	K
3519	Grapeseed oil ~ refined	750ml	12	C	8-56842-00132-9	K

NEW

 **VORTEX 9.5 PH**

GLACIAL ALKALINE WATER

**NEW
NEW**

4180	Vortex 9.5	500mL	24		6-28634-69307-0	K
4182	Vortex 9.5	1.5L	12		6-61431-10050-1	K

 **WESTERN RICE MILLS**

ORGANIC RICE

5255	Long grain brown rice	907g	6	C	0-61052-50630-8	G O K
5256	Short grain brown rice	907g	6	C	0-61052-50629-2	G O K
5257	Brown jasmine rice	907g	6	C	0-61052-40719-3	G O K
5258	White jasmine rice	907g	6	C	0-61052-40720-9	G O K

WHOLESOME SWEETENERS

SUGAR

8964	Organic sucanat	907g	6	C	0-12511-30500-0	O K
8965	Fair trade organic turbinado raw cane sugar	680g	6	C	0-12511-44471-6	O K
8962	Fair trade raw cane sugar	680g	6	C	0-12511-47071-5	K
8966	Organic icing sugar	454g	6	C	0-12511-32004-1	O K
8970	Organic light brown sugar	680g	6	C	0-12511-44641-3	O K
8971	Organic dark brown sugar	680g	6	C	0-12511-44652-9	O K
8968	Organic golden sugar	454g	6	C	0-12511-47031-9	O K
8969	Organic golden sugar	907g	6	C	0-12511-40600-4	O K

ORGANIC COCONUT PALM SUGAR

8976	Coconut palm sugar	454g	6	C	0-12511-97106-9	O K
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ORGANIC BLACKSTRAP MOLASSES

8960	Blackstrap molasses unsulphured	662g	12	½	0-12511-60000-6	O K
8961	Blackstrap molasses unsulphured	1.13kg	6	C	0-12511-70000-3	O K

ZERO CALORIE SWEETENERS

8987	Organic stevia - 35 packets	35x1g	6	C	0-12511-97635-4	O K
8988	Organic stevia - 75 packets	75x1g	6	C	0-12511-97675-0	O K

ORGANIC AGAVE

8972	Organic blue agave	240mL	6	C	0-12511-47121-7	O K
8973	Organic blue agave	480mL	6	C	0-12511-47231-3	O K
8980	Organic blue agave	900mL	6	C	0-12511-47441-6	O K
8974	Organic blue agave ~ raw	240mL	6	C	0-12511-47312-9	O K
8975	Organic blue agave ~ raw	480mL	6	C	0-12511-47323-5	O K
8981	Organic blue agave ~ raw	900mL	6	C	0-12511-47644-1	O K



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WHOLLY GLUTEN FREE

GLUTEN FREE PRODUCTS

* 8485	Pie shells ~ 2 pack ~ 9" (23cm)	422g	6	C	0-74677-99033-9	G	K
* 8486	Fudge brownies	198g	12	½	0-74677-99008-7	G	K
* 8487	Pizza crusts ~ 3 pack	283g	6	C	0-74677-99060-5	G	K

WHOLLY WHOLESOME

ORGANIC PIE SHELLS

* 8470	Traditional ~ 2 pack ~ 9" (23cm)	396g	12	½	0-74677-99010-0	O	K
* 8471	Whole wheat ~ 2 pack ~ 9" (23cm)	396g	12	½	0-74677-99011-7	O	K
* 8472	Spelt ~ 2 pack ~ 9" (23cm)	396g	12	½	0-74677-99012-4	O	K

THE WIZARD'S

SAUCES

9815	Original hot stuff spicy sauce	147mL	12	½	0-11206-00405-1		
9816	Worcestershire sauce	147mL	12	½	0-11206-00408-2		
9820	Vegetarian worcestershire sauce	295mL	12	½	0-11206-00418-1		
9813	Organic wheat free vegan worcestershire	251mL	12	½	0-11206-00419-8	G	O

YOGI TEA

FUNCTIONAL TEA

9855	Restful sleep	32g	6	C	0-76950-20348-8		K
9856	Calming tea	29g	6	C	0-76950-20347-1		K

ORGANIC HERBAL TEA

9853	Lemon ginger	36g	6	C	0-76950-65017-6	O	K
9854	Ginger tea	32g	6	C	0-76950-65011-4	O	K
9857	Stress relief ~ chamomile passionflower	29g	6	C	0-76950-20702-8	O	K
9859	Lemon DeTox	29g	6	C	0-76950-20346-4		K

ORGANIC GREEN TEA

9852	Kombucha	32g	6	C	0-76950-65021-3	O	K
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ORGANIC HERBAL SPICE TEA

9860	Egyptian licorice	36g	6	C	0-76950-61516-8	O	K
9883	Chai rooibos	36g	6	C	0-76950-61533-5	O	K

YORKSHIRE VALLEY FARMS

ORGANIC CHICKEN

* 8770	Chicken breast fillets	480g	12	½	7-32352-13586-3	O	
* 8771	Chicken bites	454g	12	½	7-32352-78065-0	O	