

November

2019

CBI

Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Beef tater tot casserole GF DF V carrots salad veggie tater tot casserole GF DF V fruit	5 Turkey Taco Tuesday GF DF Black beans GF DF V Jicama, cucumber, avocado bean tacos GF DF V fruit	6 BBQ pulled Chicken sandwich, coleslaw, ranch beans BBQ tofu GF DF V Fruit	7 Chicken fingers, mashed potatoes with gravy, roasted broccoli GF DF V tofu fingers GF DF V Fruit	8 Pizza fundraiser for CBI	9
10	11 Turkey chili, chopped salad GF DF V cornbread GF DF V veggie chili GF DF V Fruit	12 Chicken Taco Tuesday GF DF beans and rice GF DF V bean tacos GF DF V fruit	13 Hamburger sliders with fixin's tater tots GF DF V veggie burgers GF DF V Fruit	14 Grilled cheese sammies, tomato soup GF DF V salad GF DF V fruit	15 Pizza fundraiser for CBI	16
17	18 Chicken and waffles, carrots & celery with Ranch, tofu and waffles GF DF V Fruit	19 Taco Tuesday GF DF Black Beans & corn GF DF V Mexican rice GF DF V bean tacos GF DF V fruit	20 Chicken bacon Ranch wheels veggie noodle soup DF V Veggie Wraps GF DF V fruit	21 Spaghetti & meatballs, veggie pasta GF DF V Garlic bread fruit	22 Pizza fundraiser for CBI	23
24	25 Baked Chicken GF DF Roasted Potatoes GF DF V Carrots GF DF V Baked Quinoa cakes GF DF V Fruit	26 Cheese Enchiladas Black Bean GF DF V Spanish Rice GF DF V Fruit	27 Cheese Pizza Salad Fruit	28 Happy Thanksgiving!	29 NO SCHOOL	30

