

***Sandra “Sandee” Sue (Frederick) Aune***  
***October 1, 1952 - August 22, 2023***



Sandra “Sandee” Sue Aune, 70, passed away on August 22, 2023, after a long and courageous battle against cancer. Sandee never gave up and remained positive until the end.

Sandee was born on October 1, 1952, in Gillette, to Nancy and Lou Frederick. Sandee was the oldest of three children, and she loved both her sister Debbie and her brother Jerry.

Sandee grew up in Wyoming and said with a few friends they could play all day. As a child, Sandee loved to play “Monopoly” with her father, but she also liked to win. Thinking

back on her early life, Sandee said they were very lucky to have such a fun childhood.

Sandee graduated from high school in 1971 and spent the summer in Germany as an exchange student. Per her parents’ wishes, Sandee attended college at Black Hills State in Spearfish, South Dakota for one year. After that, Sandee left college to go to airline school in Minneapolis, Minnesota.

In December of 1972, Sandee met John Aune on a blind date at the age of 20. In May of 1973, Sandee moved to Chicago, Illinois to work on the Miracle Mile at Olympic Airways for a year. During that time, John and Sandee traveled back and forth from Minneapolis to Chicago to see each other, and a year later Sandee moved back to Minneapolis to be with John. In her words, this was a quick decision that turned out well.

On October 16, 1976, Sandee and John got married in Detroit Lakes, Minnesota. In 1978, John and Sandee moved to Champlin, Minnesota where their first child, Jarrod, was born. In 1980, Amy Marie was born, but her time with John and Sandee was short. Despite this, she was very loved.

In 1982, John and Sandee moved to Bismarck, North Dakota and Sarah was born in December of that year. In 1986, John and Sandee were excited to find out they were having another child, and in October of that year, Kelsey was born.

Together John and Sandee created a very close-knit family of five. Over the next several years, the family moved a lot but remained tight as a nucleus of five. Sandee loved that the family was always willing to help each other, including making decisions.

Sandee first found out she had cancer in 1997 at the age of 45. Sandee made it her mission to beat the cancer, not for herself, but for her children who had yet to graduate from high school. Through grit and bravery Sandee won. Ten years later, Sandee was diagnosed again with cancer. Again, she beat it. For the third and final time, Sandee was diagnosed with cancer in 2022. Sandee always fought hard for more time to be with those she loved. Thanks to Sandee’s strength we were able to share another 25 wonderful years with her and those memories will never be forgotten.

Sandee loved her family and her dogs. She loved to garden, and she truly enjoyed sharing the passions and interests of her children. Most importantly, Sandee cherished her relationship with her grandson Sam and loved him beyond words.

Sandee was predeceased by her mother Nancy Frederick and daughter Amy Marie Aune. She is survived by many friends and family members who will miss her dearly.

Family and friends were greeted at Bliley’s – Central location, 3801 Augusta Ave. Richmond, VA 23230, on Tuesday, August 29, 2023 at 9:00 a.m. where a Celebration of Life took place beginning at 10:00 a.m. A Mass of Christian Burial was held at the Cathedral of the Sacred Heart, 823 Cathedral Place Richmond, VA 23220 at 12:00 p.m. the same day.

Memorial donations may be sent to Retrieve a Golden of the Midwest. This is a charity that Sandee chose that rescue and rehomes Retrievers and Golden mixes at <https://ragom.app.neoncrm.com/np/clients/ragom/donation.jsp?campaign=7752&&test=true>.