

# Child Centered Approach

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- Child Centered Approach means we focus on the needs of the individual child rather than the needs of the game, team or coach.
- We refer to child development experts to better understand the needs of the child so that we can identify realistic expectations.
- We encourage children to explore and experiment within the context of a lesson.
- We encourage children to question and participate in their own learning.
- We encourage children to be responsible for their learning.
- We create a non-competitive, imaginary and safe environment where children will feel free to experiment and explore without fear of failure.
- This process is designed to promote positive self esteem and the values of team work, sportsmanship and fitness that will extend far beyond the sport of lacrosse.

