



Barren River Initiative to Get Healthy Together

Minutes for Meeting 41

May 9th ♦ 11:30am - 1:00pm

Members Present

Ashli Alford	BRDHD
Zona Ascensio	BRDHD
Christa Atkins	Commonwealth Comm. Hospital
Leyda Becker	City of BG
Alexis Bigham	BRDHD
Cara Castleberry	BRDHD
Dennis Chaney	BRDHD
Miranda Clements	Greenways Commission
Julia Davidson Deeb	BRDHD
Susan Eagle	WKU
Monica Edwards	Warren Co. Public Library
Elisha Fisher	BRDHD
Kim Flora	BRDHD
Jill Ford	Monroe Co. Health Department
Lisa Goldy	Warren Co. Schools
Joy Graham	Lifeskills
Micheal Gregory	Humana Caresource
Alex Gilpin	BRDHD
Leeann Hennion	Hart Co. Health Department
Cory Hisle	Alliance for a HG
Lisa Houchin	BRDHD
Amanda Howard	The Medical Center at Scottsville
Jon Lawson	BG City Schools
John Lillybridge	Fairview Community Health Center
Kelly Lyne	BRDHD
Jason Marshall	Amoeba Leader, LLC
Lana McChesney	BRDHD
Amy Meador	BRDHD
Jeff Moore	KY Transportation Cabinet, District 3
Benjamin Mujcic	BRDHD Intern
Melissa Mustafic	KY Cancer Program
Marie Noall	The Medical Center
Mike O'Kelly	PBI Bank
Sharli Rogers	WellCare
Zach Salchli	Mighty Kicks Southern KY

Srihari Seshadri	BRDHD
Helen Siewers	Friends of Mammoth Cave
Haley Siler	BRDHD
Diane Sprowl	BRDHD
Tiffany Smith	The Medical Center Caverna
Cecelia Watkins	WKU
Elizabeth Westbrook	KY Cancer Program
Sarah Widener	The Medical Center
Grecia Wilson	Warren County Schools
Nicole Young	Center for Behavioral Health

Staff Facilitators

Zona Ascensio
 Ashli Alford
 Haley Siler
 Srihari Seshadri

Welcome- Jason Marshall

Jason Marshall opened the meeting with an introduction and welcomed new members to the group.

Report from BRIGHT Board of Directors

How can we improve the BRIGHT Coalition in the coming year?

Stakeholder Workgroups

Members sat with their stakeholder groups to continue finalizing action plans to be published in the 2016-2018 Community Health Plan and considered their next steps for completing the action plans.

Reporting Out

Community Physical Activity Stakeholders:

Miranda Clements – The Community Physical Activity group has hosted several bike rodeo events for children in the past couple months, most recently the Warren County Health Services Fair where around 50 international children from the community participated in the bike rodeo at the event. Volunteers educated the children about bike safely, the correct way to wear a helmet, and bike riding safety tips. In the future we will be seeking funding to provide more helmets to be used during these events. Also, Greenways/Metro Planning Organization is having a public implementation plan meeting to go over pedestrian plans and walkability/bikeability in Bowling Green. See Miranda Clements for details.

Helen Seivers with Cave Country Trails announced that the city of Munfordville, Kentucky was recently

recognized as an official “trail town”. Munfordville is the 16th trail town in Kentucky, meaning they have amenities for active tourism in the area.

Community Food Access Stakeholders:

Diane Sprowl informed the group about the WellCare Pharmacy partnership with Fairview Hospital and the Community Farmer’s Market in Bowling Green. “Prescriptions” for fresh fruits and vegetables will be given at Fairview to be used as vouchers at the Community Farmer’s Market.

Community Food Access group has been awarded with funding. The project is focused on the soup kitchen (Community Farmer’s Market) in Glasgow with the goal of obtaining more community buy in. Wellcare and the BRDHD are doing a project with Micro Clinic International, a 16- week program to improve health outcomes in the community called BRIGHT Cares. Fairview Hospital refers patients to the BRDHD’s community health management program where blood pressure monitors are given and patients are monitored by Community Health Workers from BRDHD. We hope to expand this program in the next year.

Healthcare Stakeholders:

2017 Metal Health Systems Survey update: Monroe County has 2nd highest number of surveys completed after Warren County. The survey ends next Friday the 19th. The decision was made to not extend the survey. Please get as many surveys out in to the community as possible.

Education Stakeholders

Volunteers provided health screening services at Warren Central during the health services fair. There was also a booth with representation from WKU public health students with the goal to teach community residents how to access different services that are available in the community.

Worksite Stakeholders:

Elisha Fisher explained to the group that we have submitted a resource list for worksite wellness and it should be on the BRIGHT webpage shortly along with healthiest workplace competition results and future plans. Worksite Stakeholders started planning the 3rd annual workplace wellness summit, which will be held at Carol Knically Center in Bowling Green. The next summit will be expanding to include occupational health services to try and draw a larger crowd. Elisha was also awarded \$2,500 through KLIK program to be used on future projects.

Marketing and Sustainability Committee

The BRIGHT Marketing and Sustainability Committee is alive once again. Website updates and marketing plans are to come in the near future. Stephanie Johnson and Ashli Alford are the chairs for this committee, please contact either of them for questions, ideas, or concerns.

Mental Healthcare Survey- Haley Siler

The purpose of this survey was to help us answer the question: What are the barriers of mental health

care in our community? We have less than 1,000 survey responses thus far, we would like to get at least 2,000 before Friday, May 19th. We need help pushing these surveys out to community members. GO to BRIGHTCoalition.com and click the distribution kit link to get resources for the survey. We are seeing that over 90% of people are saying YES that they know someone who is affected by a behavioral health issue. Paying for services and not knowing how to access mental health services are also among the most common answers so far.

NEXT MEETING: 11:30-1, August 8th, 2017 at the BRADD office

Lunch Sponsored by: Barren River District Health Department