

Newton Leys PE Curricular Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	Multi Skills	Gymnastics	Dance	Introduction to Invasion Games	Introduction to Athletics	Introduction to Net & Wall games
KS1	2 x weeks of Health and Fitness Multi Skills Agility, balance & Co-ordination	Introduction to invasion Games Football Multi Skills Throw, catch, roll & bounce Yoga	Introduction to Invasion Games Basketball Gymnastics Dance	Introduction to Net & Wall games Tennis Badminton Dodgeball	Introduction to Athletics Introduction to Invasion Games Quicksticks Indoor Athletics	Introduction to Striking & fielding kwik Cricket Multi Skills
Year 3&4	2 x weeks of Health and Fitness. Multi Skills Agility, balance & Co-ordination	Invasion Games Basketball Dodgeball/Dance Netball	Net & Wall Tennis Badminton	Invasion Games Football Dodgeball/Dance Hockey	Athletics Gymnastics	Striking & Fielding Rounders Kwik Cricket
Year 5&6	2 x weeks of Health and Fitness. Multi Skills Agility, balance & Co-ordination	Invasion Games Basketball Dodgeball/Dance Netball	Net & Wall Tennis Badminton	Invasion Games Football Dodgeball/Dance Hockey	Athletics Gymnastics	Striking & Fielding Rounders Kwik Cricket

RED- Sports for when its raining/indoor only

Yellow- Health and Fitness. Do this for every first week after half term.

Green- Sports for teachers to do. If the term is blank, choose your own sport not being done.