

Ball Python Feeding Guidelines

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Recommended Feeders: Quantity, Type, and Size	Ball Python Weight:		When To Offer Food:	
	Male	Female	Breeders	Pets Only
1x Hopper Mouse (8-11 grams)	First 3-5 meals	First 3-5 meals	Every 3-4 days	Every 7 days
1x Rat Fuzzy (10-19 grams) <i>or</i> 1x Small Mouse (12-17 grams)	Up to 200 grams	Up to 200 grams	Every 3-4 days	Every 7 days
1x Rat Pup (20-29 grams) <i>or</i> 1x Adult Mouse (18-32 grams)	200 to 350 grams	200 to 350 grams	Every 5-7 days	Every 7 days
1x Weaned Rat (30-49 grams) <i>or</i> 1x Jumbo Mouse (33-50 grams)	350 to 500 grams	350 to 500 grams	Every 5-7 days	Every 7 days
1x Small Rat (50-89 grams) <i>or</i> 2-3 Mice (<i>depending on size</i>)	Over 500 grams	500 to 1000 grams	Every 7 days	Every 7 days
1x Medium Rat (90-179 grams) <i>or</i> 3-5 Mice (<i>depending on size</i>)	<i>Not necessary for typical adult males</i>	Over 1000 grams	Every 7 days	Every 7 days
Large Rat + (180+ grams)	<i>Not necessary for typical adult males</i>	<i>Not necessary for typical adult females</i>	N/A	N/A

Ball pythons are primarily rodent eaters - most commonly rats or mice. Beyond the first few meals after hatching, I feed exclusively rats to my ball python collection. They provide optimal nutrition and are a convenient option for both keeper and animal alike. One appropriately sized rat per feeding is good for both a hatchling and an adult ball python. Even with the above advice, it is important to keep in mind that there is no one right way to feed a ball python. Find what works for both you and your animals and stick to it!