Plenty for seniors to do this summer



12:59 p.m. EDT May 26, 2016



"Look at that sky, life's begun.

Nights are warm and the days are young."

David Bowie was right about that. If you're 60 or older this summer, you should declare your theme song to be Bowie's "Golden Years" from the 1976 "Station To Station" album. Bowie, who died of cancer in January at 69, was an extravagant poet, a master of theatrics, and a cultured rebel who never stopped tinkering with music. He lived life as if it were an art form, and so should we all.

Here are some ways you can spend summer enjoying these Golden Years. If you're generous, you can share the ideas with younger rockers, too:

(Photo: FILE PHOTO)

Wine

"Don't let me hear you say life's taking you nowhere, angel."

Like fine wine, you are getting better with age. Cheers!

Laurita Winery, on Archertown Road in New Egypt, offers wine-tastings, live music and other events. The Inn at Laurita Winery makes for a secluded getaway, with complimentary breakfast. Spa services are available, and even riding lessons through Laurita Equestrian Center.

Food truck festivals for the summer are scheduled for June 18 and 19, July 16 and 17, and Aug.20 and 21. Other 2016 events include an Irish festival on Aug. 6 and 7. For info, call 609-752-0200 or go to lauritawinery.com.

Tomasello Winery operates tasting rooms throughout the state, including at Wemrock Orchards in Freehold. Tomasello also offers events at the winery, 225 N. Whitehorse Pike, Hammonton, including a "Wine-Down Wednesday Night Pasta Dinner" on June 1. Tickets are \$18.95. A "Palmaris Reserve Wine Dinner" is scheduled at the winery for 7 p.m. June 24, with tickets at \$75.

Flowers

"Look at that sky, life's begun, Nights are warm and the days are young."

Flowers are blooming beneath that summer sky. Young plants are reaching up to greet the day. Your job is to admire them.



This garden on Broad Street has been featured in the Keyport Garden Walk. (Photo: Courtesy of Keyport Garden Walk)

Keyport Garden Walk, 11 a.m. to 3 p.m., June 4 and 5. Garden talks begin at 9:30 a.m. in Keyport Borough Hall, 70 West Front St. Scheduled programs are "Sizzling Summer Bulbs," by Judy Glattstein on June 4; and "Great Garden Day Trips For Your Hort Bucket List" by P. Steven Kristoph on June 5. Stroll or bike through this self-guided tour and discover more than 40 perennial gardens in charming neighborhoods, plus the Elizabeth Street Community Garden garden and the environmentally beneficial rain gardens along Keyport's magnificent waterfront. Admission is free. For info, call 732-687-9519 or go to keyportgardenwalk.org.

Garden Club of Spring Lake annual Seaside Garden Tour, 10 a.m. to 3 p.m. June 29. Tour eight seaside gardens. Partake of refreshments on a historic Spring Lake porch. Watch plein air artists painting garden scenes. Then enjoy lunch at Spring Lake's restaurants, several of which offer a 10 percent discount for garden visitors. Tickets are \$25 in advance or \$30 day of tour. Tickets can be purchased at these Third Avenue establishments: Kate & Co., Camel's Eye, J. McLaughlin, Frederick Galleries, and Clayton Limousine. On the day of the tour, tickets will be available at the Spring Lake train station on the day of the tour. For more info, call 732-531-1953 or go to gardenclubofspringlake.org.

Theater

"Last night they loved you, opening doors and pulling some strings."

Score some tickets to something special that will make you applaud.



The 2015 Crossing Borders festival at Two River Theater in Red Bank kicked off with a party. (Photo: Courtesy of Two River Theater)

Crossing Borders, a festival of new plays by Latino writers, has become a tradition at **Two River Theater** in Red Bank over the past five years. This year's festival, scheduled for Aug. 3 through 7, is curated by Stephanie Ybarra, director of special artistic projects at The Public Theater in New York.

Crossing Borders will include play readings, audience discussions, a keynote address from a leader within the Latino arts community, as well as a neighborhood kick-off party. A company of actors, writers, directors and other artists will be in residence throughout the festival.

Two River Theater is at 21 Bridge Ave. in Red Bank. For more info, call 732-345-1400 or go to tworivertheater.org.

Algonquin ArtsTheatre in Manasquan presents "By The Sea," a concert of water-themed music, at 3 p.m. May 29. The Rev. Alphonse Stephenson will conduct the Orchestra of St. Peter By The Sea in renditions of both popular and classical music. The program also will feature paintings of water scenes by the Washington, D.C.-based artist Stephan Silipigni. The evening benefits the Cecelia Foundation for music scholarships. Tickets are \$40 and \$48 for seniors, \$33 and \$41 for students, and \$43 and \$51 for everyone else.

The outlandish musical "Little Shop Of Horrors" will be staged at Algonquin Arts from Aug. 12 to 21. Tickets are \$26 and \$33 for seniors, \$20 and \$27 for students, and \$29 and \$36 for everyone else.

Algonquin Arts Theatre is at 60 Abe Voorhees Dr. in Manasquan. For more info, call 732-528-9211 or go to algonquinarts.org.

Restaurants

"I'll stick with you baby for a thousand years, nothing's gonna touch you in these golden years."

Don't forget about date night. Go out with your sweetheart, or go out with your pals.



Charbroiled Veal Porterhouse Steak, as served by Bisque in Ship Bottom. (Photo: FILE PHOTO)

You can't go wrong with a crowd-pleaser like **Moonstruck**, 517 Lake Ave., Asbury Park. The American-Mediterranean restaurant has stood the test of time, celebrating its 21st anniversary in 2016. Originally in Ocean Grove, Moonstruck moved to Asbury Park in 2002, taking over a multistory Victorian-style building, loaded with windows and wrap-around porches. It's always hopping.

You can dine al fresco or in the second-floor dining room. An elevator ensures mobility for all. Or spend your time chatting and noshing in the first-floor bar. For info, call 732-988-0123 or moonstrucknj.com.

Parties large and small can enjoy casual elegance at **Bisque**, 2020 Long Beach Blvd., Ship Bottom. Bisque opened in 2005, serving classic and modern American and Italian fare.

The "Twilight Early Bird Special" is a deal, with patrons receiving a free starter and dessert with purchase of each entree. The menu is offered between 4:30 and 6:30 p.m., except on Saturdays and holidays. For more info, call 609-361-2270 or go to bisquelbi.com.

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