

Our Lady of the Visitation Catholic Church

305 N. Prince St. Shippensburg, PA 17257-1321

Pastor and Campus Minister—Rev. Ben Dunkelberger— frbdunkelberger@hbgdiocese.org

Website-www.olvshippensburg.org You Tube-Shippensburg Catholic

Church...(717) 532-2912 Campus...(717) 477-1244 Emergency...(717) 323-2679

Office Hours Monday-Thursday.....9:00 am—4:00 pm Closed Holy Days & Holidays

Parish Staff Contact Info.

Associate Director of CCM.....John Klarmann... jtklarmann@ship.edu.....(717) 477-1244

Parish Office Manager.....Tracy Plotner.....tplotner@hbgdiocese.org...(717) 532-2912

Religious Education Coordinator.....Jolene Cramm.....jcramm@hbgdiocese.org...(717) 532-2912

Music MinistryMichael Adams...madams@hbgdiocese.org

Weekend Masses

Saturday.....5:00 pm

Sunday.....8:00 am and 11:00 am

Daily Mass

Tuesday, Thursday & Friday8:30 am

Wednesday.....6:30 pm

First Saturday of the Month.....9:00 am

Rosary

Tuesday—Friday.....8:00 am

Morning Prayer

Wednesday.....8:30 am

Reconciliation

Saturdays.....3:30 pm – 4:30 pm

Wednesdays.....5:30 pm - 6:20 pm

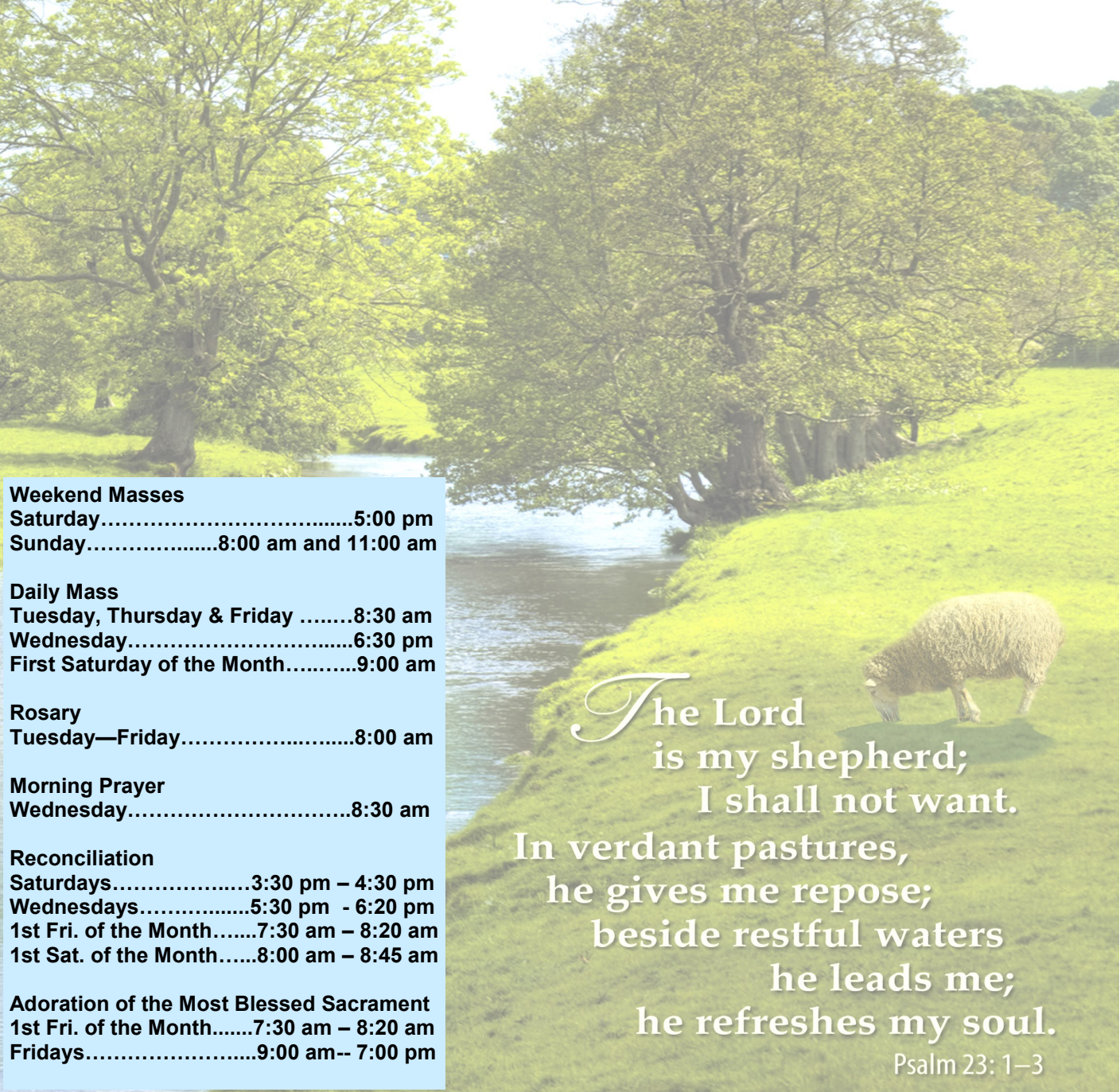
1st Fri. of the Month.....7:30 am – 8:20 am

1st Sat. of the Month.....8:00 am – 8:45 am

Adoration of the Most Blessed Sacrament

1st Fri. of the Month.....7:30 am – 8:20 am

Fridays.....9:00 am-- 7:00 pm



The Lord
is my shepherd;
I shall not want.
In verdant pastures,
he gives me repose;
beside restful waters
he leads me;
he refreshes my soul.

Psalm 23: 1–3

Eucharistic Revival in the Catholic Church:

Weekly Bulletin Articles

The Catholic Church in the United States has been on a 3-year process of Eucharistic Revival, and we are now in the 2nd year and focusing on revival at the parish level (see this website for more, <https://www.eucharisticrevival.org>). In addition to trying our best to celebrate every single Mass reverently, attentively, and prayerfully, one effort we will be making is **to write a small bulletin article every week for a year** in order to help all people understand the Catholic Mass more fully. Not only can this help us understand how each prayer and symbol and movement has deep meaning and symbolism, but all the prayers, symbols, and movements should also lead us into the reality of Christ's love on the Cross and His grace poured out from the Resurrection and how we can encounter Him present to us today throughout the entirety of the Mass! Please consider reading along each week with these bulletin articles to help you better understand the history, meaning, beauty, and reality of what we celebrate every weekend as Catholics. This can help us to have a Eucharistic Revival at our parish, and to know, love, and serve Christ more fully every time we attend the Holy Sacrifice of the Mass here at OLV.



The Reception of Holy Communion (Part 3) – Do we receive God? Or does He receive us?

Most Catholics would agree that receiving holy communion during Mass is one of the most climatic moments throughout the entire celebration/ceremony, if not the most important or climatic moment of all. I'm receiving Jesus. I'm receiving the infinite God become man into my body and soul. This moment is very profound for so many people, but one little pitfall that I've seen at times is how we approach communion in regards to our role in truly receiving His presence and His grace, particularly in how we think it is up to our own strength to force God's presence to change us.

This pitfall is certainly not as 'bad' as people who might receive communion without any reverence or any devotion or seriousness, and it is a big issue to think that the infinite God wouldn't want us to take this deep communion of being united to His Perfect Divine Spirit with some gravity and supreme importance. His goal is to transform us into His very image and with His very Divine power, and therefore, when we receive communion, we are well aware of our weaknesses, limitations, and brokenness as we ask God to help us become like Him in every way possible. However, the main pitfall I'd like to come back to is one in which we are so stressed about this divide between our holiness and Christ's perfect and divine holiness, that we put all the pressure on ourselves to force this presence to change us.

For example, one day I was praying after Mass when I was in college, and I was praying very seriously and very devoutly. I remember that day fairly clearly because I was a good bit stressed as to how I could grow in a variety of ways in my character and in my spiritual life, and I was trying to focus on Jesus' presence in my soul and how I could do better in my relationship with God. My words were basically something like "you are within me Lord, and now I need to keep your presence there and keep acting perfectly throughout the rest of my day." Once again, this isn't the worst type of spiritual life, but it can be dangerous because the emphasis was how all on ME and MY OWN POWER rather than on God's grace and how God was working in my life, minute by minute and day by day. What snapped me out of this prayer was actually a good friend who was walking out of the church, and he must've seen the stressed look on my face during my prayer. He simply patted me on my shoulder and whispered, "don't forget Christ's joy." It was somewhat shocking to me in that moment...not only because I was surprised someone was touching me, but mainly because it was exactly what I needed to hear spiritually. The truth is that, yes, God wants to change us and transform us with the Eucharist and every single time we receive Holy Communion. However, He is doing this according to His grace, His method, and His timeline.

One image that might help you is to think about Jesus' presence in Holy Communion not just as one powerful circle that is only deep within us if we are absolutely perfect every second of every day. For example, we might think that this presence goes away once we leave Mass and the Church parking lot to go do something 'normal,' like when we go to eat breakfast or whatever our Sunday schedule looks like. Rather, a better image is imaging that we are surrounded by Christ's presence in every part of our body and soul, and He wants to come with us into the messiness, busyness, and complexity of our day to day lives. Yes, God wants to change us into His very image and transform us with His grace through Holy Communion, but let's ask Him to show us how He comes with us into our daily lives with Divine power of His grace! We receive God become man in holy communion, but really, He receives us into His Spirit and into a real relationship of grace, of love, and of joy.



Knights of Columbus & The Ladies Auxiliary



The next Knights meeting will be **Thursday, August 1st at 7:00 pm in the social hall.** For more info. please contact Travis Detwiler at 717-809-0672 or travisedetwiler@gmail.com

The next Ladies meeting will be **Wednesday, September 4th at 2:00 pm in the social hall.** For more info. please contact Donna Bonitz at 717-860-4909 or ddbonitz@gmail.com.



Thank you to everyone who has donated tabernacle flowers for 2024. A 2025 sign up sheet will be placed in the lobby of the church in the fall.



Please join us for coffee and donuts on **Sunday July 28th** in the social hall following the 8:00am Mass.

Religious Education Registration



Religious Education News

Religious Education classes for students in grades pre-k through 8th grade will begin on Sunday, September 15th.

Registration forms are located on the bulletin board outside the Religious Education Office and on our website www.olvshippensburg.org. A reminder that the Diocese of Harrisburg requires a two year sacramental preparation for First Reconciliation, First Holy Communion and Confirmation. Class time for grades kindergarten through 8th grade is from 9:30 AM to 10:45 AM on most Sunday mornings during the school year.

The preschool class meets on Sundays from 9:30 AM to 10:30 AM in the church basement (across from Mary's Kitchen). The children are taught Catholic prayers, traditions, and Bible stories—along with crafts and activities. (In a fun and nurturing setting!)

Sunday, September 15, 2024—First day of Religious Education classes and Catechetical Sunday. All catechists and students are invited to attend the 11:00 Mass.

Now is the time to register for all grades!

For more information contact Jolene Cramm at 717-532-2912 or jcramm@hbgdiocese.org.



Mass Intentions

Saturday, 5:00pm	July 20 In Memory of Mr. & Mrs. James A. Butler
Sunday, 8:00am	July 21 People of the Parish
11:00am	In Memory of Edwin Vazquez
Tuesday, 8:30am	July 23 In Memory of Ray Kress
Wednesday, 6:30pm	July 24 In Memory of Patricia "PJ" McGuigan
Thursday, 8:30am	July 25 In Memory of Daniel Barnett
Friday, 8:30am	July 26 Intentions of Ian Langella
Saturday, 5:00pm	July 27 In Memory of Daniel Barnett
Sunday, 8:00am	July 28 In Memory of Agnes & Daniel Dougherty
11:00am	People of the Parish

The flowers at the tabernacle are placed in memory of Rose Kungl



July 6-7 2024 (in pew)

Weekend Collection:	\$2,838.00
Building Improvements:	\$40.00
Social Outreach:	\$260.00
Mission Co-op:	\$100.00
Votives:	\$49.50

TOTAL INCOME: \$3, 287.50



If you would like to give to the Sunday collection online either with an individual gift or with a recurring donation of your choice, please visit olvshippensburg.weshareonline.org

Parish Ministry Contact Information:

Homebound Minister Coordinator.....John S. Bonitz....jsbonitz@comcast.net.....(717) 262-3614
Finance Chairperson.....Charlie Albright...charltonalbright1@gmail.com
Parish Council Chairperson.....Lyn Solder.....lyndasolder@gmail.com(410) 259-8954
Greeter Ministry.....John Thornton.....Johnnie7746@gmail.com..... (508) 868-5640
Usher Ministry.....Joe Cretella.....pjcretella1@gmail.com.....(717) 377-1480



The next choir practice will be
Wednesday, July 24th from
7:15pm-8:30pm.

CHURCH

Potluck

The next potluck will be Sun. July 21st

Immediately following the 11am Mass.
Please bring a dish to share.

Water, juice & coffee will be provided

**YOUTH
GROUP
News**

All students in grades 6-12 are invited to our
next **Youth Group Meeting on Saturday,
July 27th from 6-8pm** in the social hall.
Feel free to invite your friends!!



Run with a Priest! (...or walk or bike!) Every
1st & 3rd Saturday we will meet outside the
social hall around 9:45am. Take a short run
(walk or bike) on the Rails to Trails.

The next run will be Saturday August 3rd.



The Word of God Alive:

**Discussing the Readings with
your children**

**What does a shepherd do? What
do you know about sheep?**

A shepherd leads the sheep to good green grass and to cool water. The shepherd keeps the sheep together as a flock or a group to keep them safe.

In the psalm we hear about a shepherd. The psalm is called a "psalm of David". David was a great king and also a shepherd. The words are "The Lord is my shepherd."

What can it mean to say that God is my shepherd? Does God help me eat grass?

No. We know that everything in the world comes from God who loves us. We also need each other. We need to be together in community for protection, for help and for love. God has made each of us and given us to one another.

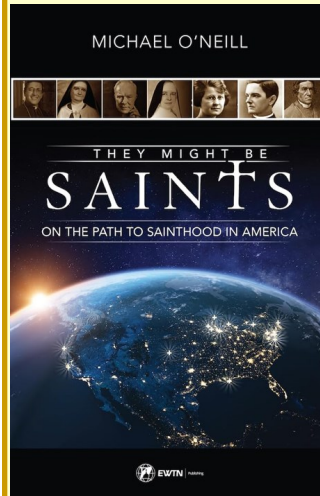
In the second reading, we hear about how two different groups in the church, Jews and Gentiles, were made into one flock by the death and resurrection of Jesus. We are part of this flock as well. We are made one by the death and resurrection of Jesus with all other Christians who have come before us and other Christians who will come after us all over the world.

How can we have peace among so many sheep of the Shepherd?

We can listen to the teaching of Jesus in the Bible and the wisdom of other good Christians. We can seek justice so that we can share with others. We can come together as one around the table of the Lord, in which we are fed with the best food and the best drink: Jesus himself!

Living our Faith: Go out and spread justice to others: behind and share with others.

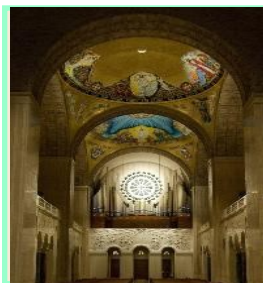
Book of the Month July and August 2024



The Book of the Month for both July and August will be ***They Might Be Saints: On the Path To Sainthood in America*** written by Michael O'Neil and published by EWTN. This might be our biggest book we have ever had at just under 300 pages, however, it also might be my favorite book so far in this series! This book is written based off of research for a TV series on EWTN that tried to study and compile the stories of dozens of potential Catholic Saints that lived in America (both before

it was the U.S.A. and since then in our very modern world as well!). The chapters are only about 7-10 pages each, and it covers the stories of at least 24 different holy individuals who are currently in the process of potentially becoming a future Saint in the Catholic Church. Also, this book begins with an incredibly detailed explanation of how the official process currently works (and some past history of the process of becoming a Saint as well), which I guarantee will surprise you in beautiful ways! There are so many miracle stories and stories of authentic holiness, heroic virtue, and determined faith that if you give this book a chance, you will be inspired and consoled at God's activity within human souls as well as His great plan for your life.

We will get together to discuss this book on **Wednesday, September 4th from 7:30 – 8:30 pm**, which gives you a solid two months to get this book and read it in that time! Even if you don't have time to read this book, please consider coming to meeting in the social hall on Sept. 4th, and I will do my best to summarize my favorite stories and bring some good discussion into the room as well. Thank you again, and God Bless you.



Save the date!

The Diocese is hosting a Pilgrimage to the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C., on November 16, 2024.

More details coming soon.



Save the date! The annual Pennsylvania March for Life is Monday, September 23rd in Harrisburg.

11:00 AM - RALLY 501 N 3rd St
12:00 PM - MARCH FOR LIFE

FOR MORE INFORMATION, VISIT:
PA.MARCHFORLIFE.ORG

RAISE THE SAILS



THE DIOCESE
OF HARRISBURG



\$70,000

\$60,000

\$50,000

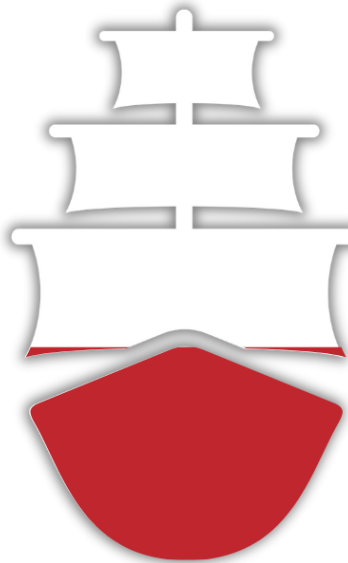
\$40,000

\$30,000

\$20,000

\$10,000

\$0



AS OF 7/2/24
PLEGGED 24-25

\$29,495



EVERY GIFT HELPS US
"RAISE THE SAILS"
SO WE CAN SEND
FOCUS ON MISSION AT
SHIPPENSBURG
UNIVERSITY

HOW TO GIVE & BRING FOCUS TO SHIPPENSBURG UNIV.



Checks can be addressed to
Diocese of Harrisburg with
"Shippensburg FOCUS" in memo*:

*Office of CLEV
Diocese of Harrisburg
4800 Union Deposit Rd.
Harrisburg, PA 17111-3710*



Give online using QR code
OR us the link below:

linktr.ee/ccm_ship



What is FOCUS?

FOCUS (Fellowship of Catholic University Students) is the leading global Catholic outreach organization for college students. FOCUS was founded in 1998 at Benedictine College by Curtis Martin.

Through bible studies, mentorships, conferences, mission trips, and partnerships with priests, bishops, and parishes, FOCUS missionaries walk alongside students in their faith journey, inspiring and equipping them for a lifetime of Christ-centered evangelization and discipleship.

FOCUS sends teams of missionaries (four on average) to encounter people in friendship, inviting them into a personal relationship with Christ and accompanying them as they pursue lives of virtue and excellence.

Please utilize the forms in the back of Church to submit your check. Checks with forms can be mailed to the diocese or dropped in the collection box at OLV.