



Custom Spa and Cosmetics

DIY - Soaps

FOAMING BATH

Bubbling Honey Bath

- 1 Cup Sesame oil
- 1/2 Cup Honey
- 1/2 Cup Liquid soap
- 1 Tablespoon Vanilla Extract

Directions: Measure the oil into a medium bowl, then carefully stir in remaining ingredients until mixture is fully blended. Pour into a clean plastic bottle with a tight-fitting stopper or lid. Shake gently before using. Enough for four large luxurious baths. Swirl desired amount into the bathtub under running water.

Vanilla Scented Moisturizing Bubble Bath with Honey

- 1 Cup Olive Oil
- 1/2 Cup Liquid Soap (unscented)
- 1/4 Cup Honey
- 1 Tablespoon Vanilla Extract

Directions: Combine ingredients thoroughly. For bath, pour approx. 1/4 cup into running bath water. Shake well before use.

Nourishing Moisturizing Bubble Bath with Honey

- 1 Cup Macadamia Oil
- 1/2 Cup Liquid Soap (unscented)
- 1/2 Cup Honey
- 1 Tablespoon Almond Extract
- 1 Tablespoon Glycerin

Directions: Combine ingredients thoroughly. For bath, pour approx. 1/4 cup into running bath water. Shake well before use.

Wheat Germ Soap

- 1 Pound "Melt and Pour" Soap Base, Melted
- 1 Tablespoons Finely Ground Wheat Germ
- 2 Teaspoon Wheat Germ Oil
- 3/4 Teaspoon Sandalwood Oil or Essential oil with desired fragrance or other properties (optional)

Directions: Melt soap base and add wheat germ, oil, and fragrance-pour into molds.

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Orange Creamsicle Soap Bar

- 1 Pound White Glycerin Soap Base
- 1 Teaspoon Sugar
- 2 Tablespoons Sweet Almond Oil
- 2 Drops Orange Food Coloring
- 5 Drops Orange Fragrance Oil
- 10 Drops Vanilla Fragrance Oil

Directions: Melt glycerin in microwave. Add almond oil, sugar, color and fragrance oil. Stir until mixed. Pour into molds.

Jojoba/Clay Soap

- 1 Pound Glycerin Soap Base, Melted
- 1 Tablespoon Red Clay Powder
- 2 Tablespoons Jojoba Oil
- ¼ Cup Distilled Water
- Essential oil with desired fragrance or other properties (optional)

Directions: Put the clay in a dish and spoon in a small amount of the melted soap and mix into a paste. Add this to remaining soap. Mix in remaining ingredients and blend thoroughly. Pour into molds.

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