

**SOCIAL-DEVELOPMENTAL HISTORY QUESTIONNAIRE**  
**Carolina Total Child**



**I. GENERAL INFORMATION**

Today's Date: \_\_\_\_\_

Child's full name \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_

Current Address: \_\_\_\_\_

Person providing information: \_\_\_\_\_ Relationship to child \_\_\_\_\_

Who does child live with:  both parents  mother  father  other (specify) \_\_\_\_\_

Father's name \_\_\_\_\_ phone \_\_\_\_\_ email \_\_\_\_\_

Mother's name \_\_\_\_\_ phone \_\_\_\_\_ email \_\_\_\_\_

Guardian's name \_\_\_\_\_ phone \_\_\_\_\_ email \_\_\_\_\_

Please list all people in child's immediate family:

Name	Relationship to child	Age / Grade	Living in house?

Please list all other *non-family* members who live in household:

Name	Relationship to child/family	How long has lived in household?

Are biological parents of child currently:  married  separated  divorced  never married

If separated or divorced, who has *legal* custody?  mother  father  other (specify):

If separated or divorced, how do you feel your child has adjusted to the separation/divorce?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are there other adults who have a *significant* part in raising your child?  Yes  No

If so, please indicate name & relationship (step-parent, grandparent, boy/girlfriend, etc.) \_\_\_\_\_

Have there been any significant changes in the home over the *last few years*? (Such as new marriages, deaths, births, address changes, family separations/divorce, parent dating, parent job change, money problems, etc)

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What do you feel are your child's...

◆ Strengths \_\_\_\_\_

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◆ Weaknesses \_\_\_\_\_

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Briefly describe your concerns for your child:

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## II. HEALTH

Describe the state of your child's current health:  Excellent  Good  Fair  Poor

Is your child currently taking any medication?  Yes  No

If yes, please list medications and uses: \_\_\_\_\_

Has your child ever been identified as having a disability?  Yes  No

If so, by whom, what age, & what disability? \_\_\_\_\_

Has your child ever received psychological counseling?  Yes  No

If "yes," by whom (professional/agency) and when: \_\_\_\_\_

Has your child had any of the following?	Please describe and give details, dates, and/or age onset
<input type="checkbox"/> Serious Illnesses	
<input type="checkbox"/> Head Injuries	
<input type="checkbox"/> Seizures or convulsions	
<input type="checkbox"/> Surgery/Hospitalization	
<input type="checkbox"/> History of Ear Infections	
<input type="checkbox"/> Allergies and/or Asthma	
<input type="checkbox"/> Vision Problems	
<input type="checkbox"/> Hearing Problems	
<input type="checkbox"/> Frequent Nightmares and/or Bedwetting	
<input type="checkbox"/> Other health problem:	

Is there a <i>family history</i> for the following problems?	<i>Biological</i> family member with the history... (parent, sister/brother, aunt/uncle, grandparent, 1 <sup>st</sup> cousin, etc)
<input type="checkbox"/> Learning Difficulties (reading, math, writing, spelling)	
<input type="checkbox"/> Speech or Language problem (articulation, stuttering, etc.)	
<input type="checkbox"/> Developmental Disorder (such as Autism, Aspergers, etc.)	
<input type="checkbox"/> Emotional Problems (depression, excessive anxiety, mood swings, etc.)	
<input type="checkbox"/> Mental Retardation	
<input type="checkbox"/> School Failure (failing grades, dropout, etc)	
<input type="checkbox"/> Drug or Alcohol Addiction	

### III. BEHAVIOR

#### A. Behavior in Infancy

During you child's first *few years of life*, were any of the following present to *significant* degree?

- |   |   |
|---|---|
| <input type="checkbox"/> Did not enjoy cuddling                         | <input type="checkbox"/> Difficult nursing                                |
| <input type="checkbox"/> Was not easily calmed by being held or stroked | <input type="checkbox"/> Poor eye contact/did not turn towards caregivers |
| <input type="checkbox"/> Difficult to comfort                           | <input type="checkbox"/> Did not respond to name or speech of caregivers  |
| <input type="checkbox"/> Colicky  | <input type="checkbox"/> Fascination with certain objects                 |
| <input type="checkbox"/> Excessive irritability                         | <input type="checkbox"/> Constantly into everything                       |
| <input type="checkbox"/> Diminished sleep                               | <input type="checkbox"/> Frequent head banging                            |

If checked any above, please describe \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

#### B. Child's Early Temperament: (*Toddler through five years of age*)

- ◆ Activity Level – How active has your child been from an early age? \_\_\_\_\_
- ◆ Distractibility – How well was your child able to maintain focus or concentration, or pay attention to tasks: \_\_\_\_\_
- ◆ Adaptability - How well was your child able to deal with transition, change, or when denied his/her own way?  
\_\_\_\_\_
- ◆ Approach/Withdrawal – How well was your child able to respond to new things (i.e., new places, people, food, etc.)? \_\_\_\_\_
- ◆ Intensity – Whether happy/unhappy, how strong were your child's feelings exhibited? Were others made aware of when your child was upset, angry, disappointed, etc.? \_\_\_\_\_
- ◆ Mood – What was your child's basic mood? Did he/she exhibit frequent or rapid changes in mood or temperament? \_\_\_\_\_
- ◆ Regularity – How predictable was your child's patterns of activity level, sleep, appetite, etc?  
\_\_\_\_\_

Prior to age six, did your child have more difficulty than other children his/her age...

- |  |  |
|--|--|
| <input type="checkbox"/> Sitting still at meal time    | <input type="checkbox"/> Staying focused on TV, movies, or video games |
| <input type="checkbox"/> Paying attention when read to | <input type="checkbox"/> Waiting for turn at plan                      |
| <input type="checkbox"/> Throwing a ball               | <input type="checkbox"/> Knowing left from right                       |
| <input type="checkbox"/> Catching a ball               | <input type="checkbox"/> Acting without thinking                       |
| <input type="checkbox"/> Buttoning & Zipping           | <input type="checkbox"/> Dressing self                                 |
| <input type="checkbox"/> Holding a crayon or pencil    | <input type="checkbox"/> Tying shoe laces                              |
| <input type="checkbox"/> Accidentally dropping things  | <input type="checkbox"/> Accidentally knocking things over             |

### C. Differential Behaviors

Please check below all behaviors or characteristics that fit your child over the past year:

- |  |  |
|--|--|
| <input type="checkbox"/> Destructive behavior                          | <input type="checkbox"/> Appears depressed & unhappy much of the time      |
| <input type="checkbox"/> Is affectionate with family and friends       | <input type="checkbox"/> Explosive temperament                             |
| <input type="checkbox"/> Responds well to authority figures            | <input type="checkbox"/> Frequently complains about aches and pains        |
| <input type="checkbox"/> Boundless energy and poor judgment            | <input type="checkbox"/> Appears to have low self-esteem                   |
| <input type="checkbox"/> Withdrawn and/or sullen                       | <input type="checkbox"/> Prefers to be alone (or considers self “a loner”) |
| <input type="checkbox"/> Cruelty to animals                            | <input type="checkbox"/> Starts fires                                      |
| <input type="checkbox"/> Disorganized, loses things often              | <input type="checkbox"/> Lacks motivation                                  |
| <input type="checkbox"/> Shows sudden outbursts of physical aggression | <input type="checkbox"/> Steals or lies                                    |
| <input type="checkbox"/> Frustrated easily                             | <input type="checkbox"/> Becomes upset with change                         |
| <input type="checkbox"/> Shifts from one activity to another           | <input type="checkbox"/> Fearfulness                                       |
| <input type="checkbox"/> Has difficulty playing quietly                | <input type="checkbox"/> Frequent peer and/or family conflicts             |
| <input type="checkbox"/> Requires a lot of parent attention            | <input type="checkbox"/> Does not appear to listen to what is being said   |
| <input type="checkbox"/> Fidgets or squirms in seat                    | <input type="checkbox"/> Always worrying about something                   |
| <input type="checkbox"/> Appears to daydream or “zone out” often       | <input type="checkbox"/> Nervous habits (nail biting, hair twirling, etc.) |

### D. Home Behavior:

How often each of the following settings a *problem*\* for your child?

\**Problems* include: doesn't follow directions/rule, needs reminders, arguments/fights, whines/cries, fidgets/squirms, etc.

- |  |                                 |                                    |                                     |
|--|---------------------------------|------------------------------------|-------------------------------------|
| • While getting ready for school...                        | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| • When eating at the dinner table...                       | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| • When playing by him/herself...                           | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| • When playing with siblings / children in neighborhood... | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| • When with a babysitter or at daycare...                  | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| • When in public places( church, store, etc)...            | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| • When in the car...                                       | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| • When told to do something he/she doesn't want to do ...  | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| • During sit-down homework time...                         | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |
| • When watching TV or playing video games...               | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Frequently |

How would you describe your child's personality at home?

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How does your child get along with brothers/sisters?

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Which adult would your child prefer to talk with about a problem?

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Who is the *family member* that your child feels closest?

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Who is primarily responsible for discipline at home?

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What is the most effective way to deal with your child's behavior problems at home? (spanking, talking, positive reinforcement, time-out, grounding, etc.)

How does your child respond to discipline?

List any responsibilities your child has at home:

Does your child do these regularly?  Yes  No Does child need frequent reminders?  Yes  No

Sleep habits: Bed time? \_\_\_\_:\_\_\_\_PM Wake time? \_\_\_\_:\_\_\_\_AM

Does child sleep well? \_\_\_\_\_

How much time does your child typically spend on electronic media?

Watching TV: \_\_\_\_\_ hrs/day; Playing video/computer games: \_\_\_\_\_ hrs/day;

Other \_\_\_\_\_: \_\_\_\_\_ hrs/day

Have any family members expressed concerns about your child's behavior?  Yes  No

Explain: \_\_\_\_\_

### **E. Social Behavior**

How would you describe your child's peer relationships and choice of friends? (i.e. How many friends? What age/genders? Is child shy, outgoing, a leader, a follower, etc? Does child associate w/ scholars or troublemakers?)

How does your child interact with children in the neighborhood?

### **F. Educational History**

How does your child feel about school? \_\_\_\_\_

How motivated do you feel your child is to learn? \_\_\_\_\_

About how much time does your child spend on homework each night? \_\_\_\_\_

How much of a struggle is homework?  Not a struggle  Sometimes a struggle  Often a struggle

Does your child receive special school services (IEP, 504 plan, Gifted/Talented)?  Yes  No

If yes, which program and when services begin? \_\_\_\_\_

Below, please list schools attended and describe your child's academic and/or behavioral performance:

Preschool /Daycare \_\_\_\_\_

Elementary School \_\_\_\_\_

Middle School \_\_\_\_\_

High School \_\_\_\_\_