

## **SURREY SERVICES FOR UNDER-18s**

**Delivered by NAS Professional Services**



NAS Children's Clubs and Youth Clubs are run by NAS professionals from the NAS Resource Centre in Godalming. Clubs run in termtime only and are open to all children and young people with autism and Asperger syndrome who live in Surrey. The clubs offer a variety of fun activities in a safe, structured, autism-friendly environment and are all about having a good time. Everyone gets time to meet new friends, learn and play. The clubs aim to help youngsters to grow and develop their communication and social skills, become more independent, develop their confidence and boost self-esteem.

**To apply for a place for their child, parents must complete a self-referral form available from [SEResourceCentres@nas.org.uk](mailto:SEResourceCentres@nas.org.uk), Tel: 01483 521 743.**

**Cost £5 per session (£2.50 for families on income support or for second siblings).**

### **Children's Clubs (5 -13 year olds)**

**Cranleigh** - Tuesdays 5.15 – 7.15pm

**Reigate** - Thursdays 6.00 - 8.00pm

**Staines** – Tuesdays 5.00 – 7.00 pm

**Walton** - Thursdays 4.30 - 6.30pm

**Woking** – Fridays 4.30 - 6.30pm

### **Social skills group (5 – 13 year olds)**

**6 week intensive social skill courses**

**Godalming** – Saturdays 10.00 am -12.00

### **Lego Therapy Clubs (5 – 13 year olds)**

**Godalming** - Mondays 5.45 - 7.45pm

### **Young Teens Club (11 – 13 year olds)**

**Guildford** – Mondays 6.30 – 8.30pm

### **Youth clubs (13 - 19 year olds)**

**Woking** - Thursday 7.00 - 9.00pm

**Epsom** - Tuesday 6.00 - 8.00pm

**Guildford** - Friday 7.00 -9:00pm

**Reigate** - Monday 7.00 - 9.00pm

**Staines** - Monday 6.30 – 8.30pm

### **All Ages (5 – 18 years old)**

**Horsham** – Thursdays 5.30 – 7.30

### **Holiday activities**

Children and young people who attend the clubs can also apply to go on day trips during school holidays. In the past, these have included day-trips to places such as theme parks and museums. Outings run in half term and school holidays and there is usually one outing a week during school holidays. Cost dependent on activity.

**For details, contact the Resource Centre,**

**Tel: 01483 521 743**

**Email: [SEResourceCentres@nas.org.uk](mailto:SEResourceCentres@nas.org.uk)**

### **Family Support Worker**

The NAS Surrey Family Support workers offer home visits, email and phone support for families with one or more person under 18 with ASD. Contact 01483 521 744 or email Tessa Emery, [tessa.emery@nas.org.uk](mailto:tessa.emery@nas.org.uk) or Amy Sinclair [amy.sinclair@nas.org.uk](mailto:amy.sinclair@nas.org.uk)

### **ASSIST Service (16+ Asperger only)**

*Asperger Support, Signposting & Information Services Team*

Please contact [Assist.surrey@nas.org.uk](mailto:Assist.surrey@nas.org.uk)

Tel: 07436 261194.

ASSIST runs weekly on Thursdays and once a month on Saturday in Godalming and on Monday or Tuesday fortnightly in Reigate. Please leave a message and your details, and the team will get back to you.

### **Facebook**

<https://www.facebook.com/NasSurreyResourceCentre>

**NAS Surrey Branch - volunteer-run parent-to-parent support group. Join for free at [www.nassurreybranch.org/membership](http://www.nassurreybranch.org/membership) Email: [info@nassurreybranch.org](mailto:info@nassurreybranch.org)**

- Information and signposting
- Support meetings and groups all over Surrey
- Web site and newsletter
- Specific groups for dads, parents of girls, partners and parents of adults with ASDs
- Workshops and seminars for parents
- Autism-friendly family events.