



## FOOTPRINTS

A newsletter for our members

Whether this is your first year with us, or you have been a member for years, the following information will help you know the exciting things to come!

## A letter from the president

The Holiday Season is officially upon us! I hope you all get to enjoy some much needed family time, and I wish you all nothing but the best in the new year!

December is a busy month for everyone. We hope you can slip away for a few hours with us to enjoy wine tasting at Z-Place. This event was a blast last year and has been much anticipated again this year. Also if you are wracking your brain on the perfect gifts for grandparents and other loved ones in your children's lives, join us for pottery painting at Mad Potter where you and your child can create long-lasting keepsakes. Bring a friend along to get her involved as well!

Feel free to reach out with suggestions on how our board can improve our group overall or for future events in the new year! [montgomerymoms@yahoo.com](mailto:montgomerymoms@yahoo.com). We love to hear from you!

Lynsey  
President- Montgomery Moms



# NEWSLETTER

DECEMBER 2019 | ISSUE 05 | 2019-2020

## What brings you to MMoms?

Want to make friends, hang out and enjoy a cocktail or glass of wine?

*Check out Bar Night or Mom's Night Out!* 

Love reading books?

*Consider joining Book Club!* 

Want to re-organize your closet? Learn which foods to make your kids? Get involved in your community?

*You'll love the Sip & Learn!* 

New to the area? Need to get your kid out of the house?

*Playgroups or Children's Activities will be great!* 

Are you looking to meet other couples?

*You're going to love the Couples Parties!* 

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# MM Outreach Corner

Hi Everybody,

I hope that everybody is looking forward to the holiday season! I can hardly believe December is here — time truly does “go faster” year on year.

As we approach 2020, I was reflecting on what Montgomery Moms has offered me this past year...

- The wonderful opportunity to connect with local mamas - who I call friends - that I wouldn't have met otherwise
- The opportunity to seek quality help and advice from other Mamas.
- The opportunity to reciprocate support to other Mamas.

*Side note: I have only been part of Montgomery Moms for the past 13 months and I have already accrued a list of personal role models in our community!*

As we approach a potentially - very busy - winter season, if you see that a friend is in a tough place or has recently had a loss, please feel free to reach out to me (cell: 513-305-3524; email: [katie.m.eng@gmail.com](mailto:katie.m.eng@gmail.com)). You wouldn't believe how many amazing women in this community are willing to offer their time to help support you with a warm meal, or just a friendly “we see you” doing the best that you can.

I would like to extend a special THANK YOU to 3 mamas who helped supported a mama in need in November: Kristen Wilson, Tiffany Lynch, and Vas Vogiazzi.

*Side note #2: Thank you to all of you who helped build Sycamore Strong! My husband and I took our little gang to the polls right before closing time.*

Katie Parker





# Join the fun!

## DECEMBER 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10 	11 	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## JANUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5 	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28 	29	30	31	

# Get informed. Get involved.



**DECEMBER** Tuesday 12/10 @ 7:30pm  
Bar Night - Holiday Party  
Z Place for Wine  
7823 Cooper Rd, Montgomery, OH 45242  
Save the date for our much anticipated Holiday Party! Wine tasting, delicious apps, holiday sweaters, and more! Looking forward to another great event this holiday season.



**DECEMBER** Wednesday 12/11 @ 3-6 pm  
(drop in and out)  
Pottery Painting @ The Mad Potter  
7754 Camargo Rd Ste #11, Maderia 45243  
Have your littles create some pottery masterpieces with us at the Mad Potter. This might also be a great time to knock a few Holiday gift items off the list! Montgomery Moms will cover the studio fees and families will pay only for the pottery they paint. Please RSVP to the evite that will follow so that the shop can plan accordingly.



**JANUARY** Sunday 1/5 @ 3:00-5:15pm  
Family Holiday Party  
Pogo Play  
10870 Kenwood Rd, Blue Ash, OH 45242

Join us as we celebrate the Holidays and get out those end of winter break crazies! Snacks, drinks and cake will be provided! Please RSVP to the evite that will follow so that we can plan accordingly.



**DECEMBER** - No book club in December

**JANUARY** 1/28 Girl Wash Your Face  
(Rachel Hollis)

## FUTURE BOOKS:

The Great Alone (Kristin Hannah)  
The Radium Girls (Kate Moore)  
Girls Burn Brighter (Shobha Rao)  
The Guernsey Literary and Potato Peel Pie Society (Mary Ann Shaffer)  
Sea of Tranquility (Katja Millay)

Contact Jenni Giesler for information:  
jenniliesner@hotmail.com



**JANUARY** TBD  
Location TBD  
Keep an eye out for the Evite!



# Spotlight: New Member

**EACH MONTH WE WILL SPOTLIGHT  
A NEW MEMBER, A MMOMS BOARD  
MEMBER, AND ONE OF OUR GROUPS!**



## Carly Griffin

Carly is joining us from Montgomery Woods with her husband, Michael, and their four children. They have 3 daughters (9, 6, and 11-months). They also have 1 son (4).

Carly is looking forward to joining us for children's activities, family parties, and Mom's Night Outs.



## Marisa Shubert

Marisa Shubert recently relocated to Symmes Township from Pittsburg with her husband, Tripp, and four sons ranging in age from 8 to an almost 2-year-old.

Marisa is interested in our Book Club, children's activities, family parties, Mom's Night Outs, and Sip & Learns.

# Spotlight: Board Member

**EACH MONTH WE WILL SPOTLIGHT  
A NEW MEMBER, A MMOMS BOARD  
MEMBER, AND ONE OF OUR GROUPS!**

Jill Aug

Hi, my name is Jill and I joined MMoms about 2.5 years ago and have been a board member for the past 2 years. I plan both the Sip & Learns and Bar Nights. I really enjoy the social aspect of Montgomery Moms and getting to know new mamas, so it's the perfect role for me! I just celebrated 5 years of marriage with my husband, Kevin, and we have 3 beautiful children: Liza (4), Josie (2) and KP (6 weeks). We've had a busy 5 years but we wouldn't want it any other way! I've been a stay at home mom for the past 2.5 years but stay involved in many (probably too many) things. I have a small business selling Arbonne nutrition and skincare products, I am the co-chair of the annual fundraiser at my daughter's preschool, I'm actively involved in Bible studies and community groups at church, and I LOVE to host get togethers. In my limited spare time I love to go to classes at Burn Bootcamp and grab lunch or a glass of wine with good friends.

I joined Montgomery Moms when I started staying home with my kiddos. I was looking for moms in the area who I could join for play dates, become friends with, and have a community I could reach out to with all my kid/mom questions. I've definitely found these things in Montgomery Moms. I've enjoyed meeting many new members this season and look forward to meeting even more of you in the future.



# Spotlight: Event



## Holiday Bar Night



We've had a great turnout thus far at our Bar Nights and the Holiday Party will not disappoint!

Z Place knows how to serve the best wine flights and appetizer trays to go with it. The holiday season can get so busy and stressful, so come unwind with MMoms for the evening. Feel free to wear your Ugly Christmas Sweater (or pretty one, if there is such a thing)!



# Support Local Businesses

Montgomery Moms appreciates all of our advertisers. If you do reach out to one of our sponsors, please let them know Montgomery Moms sent you!

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## Interested in Sponsoring

OR KNOW SOMEONE WHO WOULD BE?



**PLATINUM SPONSOR: \$500**



**GOLD SPONSOR: \$250**



**SILVER MEETING SPONSOR: \$150**



**BRONZE SPONSOR: \$50**

**SPECIAL EVENT SPONSOR: \$150**

### **MMOMS MEMBER BUSINESS\***

Montgomery Moms members and/or their spouse may take 50% off of the advertising rates (with the exceptions of choices Silver Meeting Sponsor and Special Event Sponsor levels). Payment of your annual membership dues must be on record with the Membership Coordinator.

## Getting Started:

For more information about what is included within each advertising level, email [montgomerymomsinfo@yahoo.com](mailto:montgomerymomsinfo@yahoo.com). Our advertising coordinator, Janet Johnston, can help you finalize your ad agreement so that you can start promoting your business with Montgomery Moms!



## BODY ALIVE

Body Alive is a high energy fitness studio offering a variety of classes meant to challenge both beginners and experts in a safe and effective way. We are passionate about fitness and work to share that passion with our students so that each one leaves our studio feeling stronger and more empowered than ever. Our instructors are the best and brightest in the industry.

We realize everyone is on their own fitness journey, which is why we work with you to accomplish your individual goals.

Body Alive currently offers 3 conveniently located studios in Mason, Kenwood and Oakley offering hot power yoga, hot body sculpt, hot pilates, barre, and cardio classes. For more details on our class types and studio schedules please visit our website [www.bodyalivefitness.com](http://www.bodyalivefitness.com)!

Ready to join? Email [info@bodyalivefitness.com](mailto:info@bodyalivefitness.com) to make your \$60 deposit applied to your first month of membership dues. There is no contract associated with Body Alive memberships, cancel at any time.





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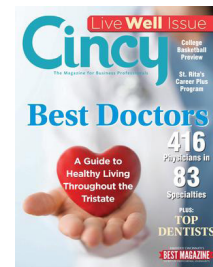
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Welcomed Meg DeHart, WHNP in November 2017

*\*Accepting new patients! Call our friendly staff for an appointment!*





# MONTGOMERY NURSERY SCHOOL

A ministry of Church of the Saviour



# OPEN HOUSE

January 16, 6-8 PM

8005 Pfeiffer Rd

Cincinnati, OH 45242

513.984.1796

[montgomerynurseryschool.net](http://montgomerynurseryschool.net)

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[@montgomery\\_nursery\\_school](https://www.instagram.com/montgomery_nursery_school)



## Buti Yoga Classes at Dance Concepts Studio

8606 Market Pl Ln,  
Montgomery OH 45242

schedule and details on IG, FB  
and [www.butiyogacincy.com](http://www.butiyogacincy.com)

### What is Buti Yoga?

BUTI® Yoga is a soulful practice combining dynamic asana, plyometrics, and cardio-infused primal and dance movements inspired from all over the globe. Sweat with intention, connect and thrive with your community, and transform from the inside out with this evolutionary practice. Come prepared to let yourself go!

Follow us for updates @ButiYogaCincy

Details at ButiYogaCincy and also on the website at  
[www.butiyogacincy.com](http://www.butiyogacincy.com)



## Buti Yoga Cincy at CD Training

11326 Tamarco Dr,  
Blue Ash

## Free Buti Yoga Class

A fusion of power yoga, cardio tribal dance and body sculpting movement to fuel the soul. Beginner friendly!

7:00 - 8:00 PM  
October 23rd

Enjoy this complimentary class followed by some YOU time! Kick back with a FREE beverage after class. Wine and beer available.





## Holidays ARE ON THE WAY!

SLIDE ON IN TO SING AND PLAY  
SKIDADDLES WILL PROVIDE LOTS OF FUN  
SO YOU CAN GET YOUR LIST DONE!

SKIDADDLES HAS SERVICES  
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- DATE NIGHTS
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- SUMMER CAMP

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BLACK FRIDAY  
SHOPPING



### Santa VISIT!

SAT, DEC 7TH  
10:30AM FLORENCE  
12:30PM MASON

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AND DON'T MISS POGOPLAY'S ANNUAL

*Halloween Party!!*

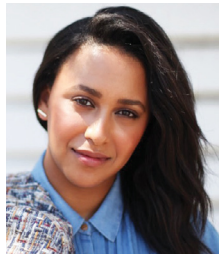
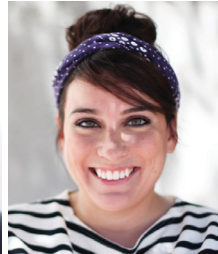
October 25th 5:30-8:00pm

Vampirina will be visiting!

*\*Kids in costumes will receive \$1.50 off admission*



## BEAUTYCOUNTER



Our mission is to get safer products into the hands of everyone.

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Z PLACE FOR WINE



Z PLACE FOR WINE



### WINE DEALS

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**Locations CA-5**  
By Dave Phinney, the maker of *The Prisoner*

Red Blend including Petite Sirah, Barbera, Tempranillo, Syrah and Grenache

**90 points** Robert Parker  
**91 points** and **Editor's Choice** by Wine Enthusiast

Regular Retail \$28.99  
On Deal \$19.99  
**-31% off**

*Illustrative*



**Cap Insula Red Blend**  
By Gerard Bertrand

Southern Rhone style Red Blend from Languedoc, Southern France

**92 points** Robert Parker  
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### How it works

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2. Receive monthly email with deals
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