

## Focus Shlokas

### Manthra Pushpam

*yo-paam pushpam veda pushpa-vaan prajaa-vaan pashu-maan BHavathi  
chandra-maa vaa apaam pushpam pushpa-vaan, prajaa-vaan pashu-maan BHavathi  
ya evam veda yopaam-aaya-thanam veda aaya-thana-vaan BHavathi.*

**He who understands the flowers of water, he becomes the possessor of flowers, children and cattle. The moon is the flower of the water, he who understands this fact, he becomes the possessor of flowers, children and cattle. He who knows the source of water, becomes established in himself.**

*agnir-vaa apaa-maaya-thanam aaya-thana-vaan BHavathi  
yo aagneir-aaya-thanam veda aaya-thana-vaan BHavathi  
aapo vaa agneir-aaya-thanam aaya-thana-vaan BHavathi  
ya evam veda yopaam-aaya-thanam veda aaya-thana-vaan BHavathi*

**Fire is the source of water, he who knows this, becomes established in himself. Water is the source of fire, he who knows this, becomes established in himself. He who knows the source of water, becomes established in himself.**

*vaayur-vaa apaa-maaya-thanam aaya-thana-vaan BHavathi.  
yovaa yor-aaya-thanam veda aaya-thana-vaan BHavathi  
aapo vai vaayor-aaya-thanam aaya-thana-vaan BHavathi.  
ya evam veda yopaam-aaya-thanam veda aaya-thana-vaan BHavathi*

**Air is the source of water, he who knows this, becomes established in himself. Water is the source of air, he who knows this, becomes established in himself. He who knows the source of water, becomes established in himself.**

*asau-vai thapanna-paa-maaya-thanam aaya-thana-vaan BHavathi  
yo muSHya thapatha aaya-thanam veda aaya-thana-vaan BHavathi  
aapo vaa amuSHya thapatha aaya-thanam aaya-thana-vaan BHavathi  
ya evam veda yopaam-aaya-thanam veda aaya-thana-vaan BHavathi*

**The scorching sun is the source of water, he who knows this, becomes established in himself. Water is the source of the scorching sun, he who knows this, becomes established in himself. He who knows the source of water, becomes established in himself.**

*chandramaa vaa apaam-aaya-thanam aaya-thana-vaan BHavathi.  
yash-chandhra masa aaya-thanam veda aaya-thana-vaan BHavathi  
aapo vai chandhra masa aaya-thanam aaya-thana-vaan BHavathi  
ya evam veda yopaam-aaya-thanam veda aaya-thana-vaan BHavathi*

**The moon is the source of water, he who knows this, becomes established in himself. Water is the source of the moon, he who knows this, becomes established in himself. He who knows the source of water, becomes established in himself.**

*naksha-thraaNi vaa apaa-maaya-thanam aaya-thana-vaan BHavathi  
yo naksha-thraa-Naa maaya-thanam veda aaya-thanavaan BHavathi  
aapo vai naksha-thraa-Naa maaya-thanam aaya-thanavaan BHavathi  
ya evam veda yopaam-aaya-thanam veda aaya-thana-vaan BHavathi*

**Stars are the source of water, he who knows this, becomes established in himself. Water is the source of stars, he who knows this, becomes established in himself. He who knows the source of water, becomes established in himself.**

*parjan-yovaa apaa-maaya-thanam aaya-thana-vaan BHavathi  
yah parjanya-syaaya-thanam veda aaya-thana-vaan BHavathi  
aapo vai parjanya-syaaya-thanam aaya-thana-vaan BHavathi  
ya evam veda yopaam-aaya-thanam veda aaya-thana-vaan BHavathi*

**Clouds are the source of water, he who knows this, becomes established in himself, water is the source of clouds, he who knows this, becomes established in himself. He who knows the source of water, becomes established in himself.**

*samvath-saro vaa apaa-maaya-thanam aaya-thana-vaan BHavathi  
yas-samvath-saras-yaaya-thanam veda aaya-thana-vaan BHavathi.  
aapo vai samvath-saras-yaaya-thanam aaya-thana-vaan BHavathi  
ya evam veda yopsu naa-vam prathiSH-Tithaam veda prath-yeva thiSH-Tathi*

**The rainy season is the source of water, he who knows this, becomes established in himself. Water is the source of the rainy season, he who knows this, becomes established in himself. He who knows that there is a raft available, becomes established in that raft.**

*raajaaDHi raajaaya prasahya saahine  
namo vayam vaii shrava-Naaya kurmahe  
sa me kaamaan kaama kaamaaya mahyam  
kaamesh-varo vaii shravaNo dhadhaathu  
kuberaaya vaii shravaNaaya mahaa raajaaya namaha.*

**King of Kings, we praise thee, who is the giver of all victories, who is the fulfiller of all desires, please bless me with wealth. To fulfill all our desires, O Kuberaa, we praise thee, Salutations to the King of Kings.**

## Focus Bhajans

### Aanjaneya Veera

*Aanjaneya Veera Hanumantha Shoora*

*Vaayu Kumaara Vaanara Veera (X 2)*

*Shri Raam Jaya Ram Jaya Jaya Ram*

*Seetha Ram Jaya Raadhe Shyaam (X 4)*

### Subrahmanyam Subrahmanyam

*Subrah-manyam Subrah-manyam Shan-mukha-naatha Subrah-manyam*

*Subrah-manyam Subrah-manyam Shan-mukha-naatha Subrah-manyam*

*Shiva Shiva Shiva Shiva Subrah-manyam, Hara Hara Hara Hara Subrah-manyam*

*Shiva Shiva Hara Hara Subrah-manyam, Hara Hara Shiva Shiva Subrah-manyam*

*Shiva Shara-vana-bhava Subrah-manyam, Guru Shara-vana-bhava Subrah-manyam*

*Shiva Shiva Hara Hara Subrah-manyam, Hara Hara Shiva Shiva Subrah-manyam*