

**River States Conference Indoor Track and Field Championships**  
**At Tiffin University February 9th2019**  
**Meet Schedule**

- 3:00 PM Women's 3200 Meter Relay Final**  
Men's 3200 Meter Relay Final
- 3:30 PM Women's 60 Meter Hurdles Semis**  
Men's 60 Meter Hurdles Semis
- 3:45 PM Women's 60 Meter Dash Semis**  
Men's 60 Meter Dash Semis
- 4:00 PM Women's 5000 Meter Run Final**  
Men's 5000 Meter Run Final
- 4:45 PM Women's Mile Run Final**  
Men's Mile Run Final
- 5:00 PM Women's 60 Meter Hurdles Finals**  
Men's 60 Meter Hurdles Finals
- 5:10 PM Women's 400 Meter Dash Final**  
Men's 400 Meter Dash Final
- 5:25 PM Women's 60 Meter Dash Final**  
Men's 60 Meter Dash Final
- 5:35 PM Women's 3,000 Meter Racewalk Final**  
Men's 3,000 Meter Racewalk Final
- 6:20 PM Women's 600 Meter Run Final**  
Men's 600 Meter Run Final
- 6:35 PM Women's 800 Meter Run Finals**  
Men's 800 Meter Run Finals
- 6:50 PM Women's 1,000m Run Final**  
Men's 1,000m Run Final
- 7:05 PM Women's 200 Meter Dash Final**  
Men's 200 Meter Dash Final
- 7:40 PM Women's 3000 Meter Run Final**  
Men's 3000 Meter Run Final
- 8:20 PM Women's 1600 Meter Relay Finals**  
Men's 1600 Meter Relay Finals
- 8:40 PM Women's Distance Medley Relay Final**  
Men's Distance Medley Relay Final
- 9:00 PM Awards**