



4/28/21

MT. LIONS TRACK RUN AT KEYSER AND PHILIP-BARBOUR

By Dave Helmick

TuckerCountySports.Com

KEYSER – The Tucker County Girls' and Boys' Track teams traveled to Keyser on Tuesday April 20th for a 6 team meet. The Tucker County Girls' team took 2nd place in the meet with a score of 132 total points. The Tucker County Boys' team finished 3rd in the meet with a team score of 70.

Boys' Results: **100m:** 8th-Trent Eure(12.73), 17th-Grant Poling(13:54), 21st-Conner Evick(14.66). **200m:** 7th-Devin Witemore(26.24), 14th-Grant Poling(28:75), 15th-Ethan McCrum(28:97), 17th-Conner Evick(30.28). **400m:** 9th-Clay Poling(1:02.73), 11th-Ethan McCrum(1:05.04), 12th-Grant Poling(1:05.83), 13th-Conner Evick(1:06.84), 16th-Hayden Smith(1:10.90). **800m:** 2nd-Wesley Strawderman(2:20.78). **3200m:** 5th-Wesley Strawderman(12:42.77). **110m Hurdles:** 2nd-Haden Wamsley(21:63). **300m Hurdles:** 2nd-Haden Wamsley(53:03). **4x100m:** 4th-T.Eure, E.McCrum, C.Poling, J.Knotts(52.92). **4x200m:** 3rd-T.Eure, C.Poling, J.Knotts, D.Witemore(1:46.70). **4x400m:** 2nd-T.Eure, E.McCrum, H.Wamsley, D.Witemore(4:07.53). **4x800m:** 2nd-C.Poling, W.Strawderman, H.Wamsley, D.Witemore(9:58.04). **Long Jump:** 4th-JJ.Knotts(15'04"), 11th-Conner Evick(12'07"). **Shot Put:** 3rd-Dom Mullenax(39'06), 4th-Tate Mullenax(38'00"), 11th-Gavin Mullenax(33'09"), 18th-Hayden Smith(30'05.5"), 21st-Tyler Collar(29'02"), 23rd-Owen Porter(29'00"), 29th-Isaac Wagner(25'03"), 31st-Grant Poling(23'07"). **Discus Throw:** 3rd-Tate Mullenax(111'04"), 7th-Dom Mullenax(95'09"), 11th-Tyler Collar(91'08.5"), 17th-Hayden Smith(79'05"), 22nd-Owen Porter(71'10.5"), 28th-Gavin Mullenax(65'08.5"). **Overall Team Rankings:** 1st-Keyser(186.5), 2nd-Hampshire(90), 3rd-Tucker County(70), 4th-Pocahontas County(66.5), 5th-Petersburg(45), 6th-Pendleton County(14).

Girls' Results: **100m:** 11th-Kandace Nestor(17.68), 12th-Tessa Jolly(19.51). **200m:** 5th-Zoe Nestor(33:47). **400m:** 2nd-Addie Buckley(1:11.20). **800m:** 1st-Kate Falls(2:42.04). **1600m:** 1st-Erin Chambers(6:11.47). **3200m:** 3rd-Hannah Hardy(13:55.94). **100m Hurdles:** 1st-Lilly Callaway(19:74). **300m Hurdles:** 1st-Lilly Callaway(59:74). **4x100m:** 4th-L.Callaway, O.Myers, E.Chambers, Z.Nestor(1:03.14). **4x200m:** 1st-H.Hardy, Z.Nestor, K.Falls, A.Buckley(2:03.96). **4x400m:** 1st-H.Hardy, E.Chambers, K.Smith, A.Buckley(5:01.17). **4x800m:** 1st-K.Falls, H.Hardy, E.Chambers, K.Smith(11:38.07). **Shuttle Hurdle Relay:** 3rd- O.Myers, L.Callaway, K.Smith, A.Buckley(1:20.44). **Pole Vault:** 1st-Zoe Nestor(6'06"), 2nd-Kate Falls(6'0"). **Shot Put:** 3rd-Kandace Nestor(27'02"), 10th-Olivia Myers(19'04"), 13th-Tessa Jolly(17'10"). **Discus Throw:** 1st-Kandace Nestor(73'10"), 5th-Olivia Myers(67'06"), 8th-Tessa Jolly(56'07"). **Overall Team Rankings:** 1st-Petersburg(154), 2nd-Tucker

PHILIPPI – The Mt. Lion Track teams competed on Saturday April 24th at the Coach Seaton Invitational at Philip-Barbour High School. The Girls' team finished 1st with a score of 109 and the Boys' team finished 3rd with a score of 87.

Girls' Results: **100m:** 20th-Kandace Nestor(17.11), 21st-Tessa Jolly(30.18). **200m:** 3rd-Addie Buckley(29.51). **400m:** 3rd-Karlee Smith(1:10.58). **800m:** 2nd-Kate Falls(2:41.52). **1600m:** 2nd-Erin Chambers(6:13.02). **3200m:** 1st-Hannah Hardy(14:09.31). **100m Hurdles:** 2nd-Lilly Callaway(19.29), 6th-Darrah Pennington(21:55). **300m Hurdles:** 3rd-Lilly Callaway(1:00.06). **4x100m:** 5th-D.Pennington, O.Myers, E.Chambers, H.Hardy(1:04.23). **4x200m:** 1st-K.Smith, L.Callaway, K.Falls, A.Buckley(2:04.55). **4x400m:** 1st-K.Falls, E.Chambers, K.Smith, A.Buckley(4:53.45). **4x800m:** 1st-K.Falls, H.Hardy, E.Chambers, K.Smith(11:20.14). **Shuttle Hurdle Relay:** 2nd-O.Myers, D.Pennington, L.Callaway, A.Buckley(1:23.54). **High Jump:** 4th-Darrah Pennington(3'09"). **Shot Put:** 4th-Kandace Nestor(27'09.5"), 15th-Olivia Myers(18'04.75"), 16th-Tessa Jolly(17'07.75"). **Discus Throw:** 3rd-Kandace Nestor(75'10"), 5th-Olivia Myers(66'04"), 10th-Tessa Jolly(55'03"). **Overall Team Rankings:** 1st-Tucker

County(109), 2nd-Grafton(99), 3rd-Philp-Barbour(95), 4th-Lewis County(79), 5th-Roane County(77), 6th-Nicholas County(71), 7th-Gilmer County(2).

Boys' Results: **100m:** 7th-Trent Eure(12.43), 19th-Grant Poling(13.79), 21st-Conner Evick(14.32), 23rd-Isaac Wagner(14.88). **200m:** 11th-Devin Witemore(26.50), 14th-Clay Poling(27.21), 19th-Gavin Mullenax(28.91), 20th-Ethan McCrum(29.77). **400m:** 9th-Devin Witemore(59.77), 11th-Trent Eure(1:00.31), 14th-Conner Evick(1:07.90), 16th-Grant Poling(1:09.97). **800m:** 6th-Wesley Strawderman(2:25.63), 11th-Jakob Barrett(2:32.94). **110m Hurdles:** 3rd-Haden Wamsley(22:98). **300m Hurdles:** 4th-Haden Wamsley(52:24). **4x100m:** 5th-W.Strawderman, E.McCrum, C.Poling, J.Barrett(54.48). **4x200m:** 2nd-J.Barrett, C.Poling, E.McCrum, D.Witemore(1:48.23). **4x400m:** 2nd-T.Eure, W.Strawderman, H.Wamsley, D.Witemore(4:04.10). **4x800m:** 3rd-C.Poling, W.Strawderman, H.Wamsley, T.Eure(10:15.10). **Long Jump:** 6th-JJ Knotts(15'08.25"), 12th-Conner Evick(12'04.75"), 13th-Grant Poling(11'08.5"), 14th-Hayden Smith(11'04"). **Shot Put:** 1st-Tate Mullenax(39'10.5"), 2nd-Dominic Mullenax(37'06"), 3rd-Gavin Mullenax(33'02.5"), 9th-Hayden Smith(28'11.5"). **Discus Throw:** 1st-Tate Mullenax(109'07"), 2nd-Dominic Mullenax(102'08"), 6th-Tyler Collar(90'09"), 7th-Owen Porter(69'09"). **Overall Team Rankings:** 1st-Nicholas County(136), 2nd-Lewis County(115), 3rd-Tucker County(87), 4th-Roane County(70), 5th-Grafton(51), 6th-Philp-Barbour(37), 7th-Gilmer County(29).

The Track team will travel to Keyser on Tuesday May 4th to compete in a Girls' and Boys' meet at 4pm. For more info and complete schedules visit TuckerCountySports.Com.



Tucker County's Haden Wamsley competes in the 110m Hurdle event at Philip-Barbour on April 24th. Photo by Lisa Smith.