



# KELVIN ESPINOSA CATCHING CLASSES

Kelvin's Catching Camp will offer a variety of instructional options for catchers at all levels of baseball and softball.

We will focus on individual development such as proper blocking and throwing techniques, as well as controlling the game from behind the plate. Our weekly schedule will include drills and exercises that are designed to help each participant not only perform better but also gain a better understanding of the most important position on the field.

## Class Breakdown

- › proper warm ups
- › proper stretching
- › stance/set up
- › receiving drills
- › proper framing
- › Blocking drills
- › transfer drills
- › proper throwing mechanics
- › calling a game
- › building a leadership role

Come work with Coach Kelvin Espinosa on your skills and let him help you elevate your game to the next level!

### SESSION 1

**8u-12u - 6:00-7:15 pm**  
**13u-18u- 7:30-8:45 pm**

10/6, 10/13, 10/20, 10/27, 11/3, 11/10

### SESSION 3

**8u-12u - 6:00-7:15 pm**  
**13u-18u- 7:30-8:45 pm**

1/12, 1/19, 1/26, 2/2, 2/9, 2/16

### SESSION 2

**8u-12u - 6:00-7:15 pm**  
**13u-18u- 7:30-8:45 pm**

12/1, 12/8, 12/15, 12/22, 12/29, 1/5

### SESSION 4

**8u-12u - 6:00-7:15 pm**  
**13u-18u- 7:30-8:45 pm**

2/23, 3/2, 3/9, 3/16, 3/23, 3/30

**\$360.00 for the 6 Week Session**