

19th Annual Strawberry Shortcake Shuffle 5K  
 Saturday July 6, 2024 8:30AM  
 Timing & Finish Line Management by 5K Sports Race Management  
 Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1	Lea Apostolides	40 Topsfield	MA	19:49
2	Allison DiMatteo	54 Saco	ME	22:25
3	HAZEL GLYNN	11		23:56

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1	WILL HESLAN	19 PORTLAND	OR	18:17
2	Erick Hawkins	51 Winter Park	FL	19:53
3	TONY PALLARA	38		20:09

FEMALE AGE GROUP: 1 - 4

1	222 Manuel Ceballos	3 Stockton springs	ME	1:07:00
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MALE AGE GROUP: 1 - 4

FEMALE AGE GROUP: 5 - 7

1	199 LAMIA SALUM	7 SO. BRISTOL	ME	51:04
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MALE AGE GROUP: 5 - 7

1	210 Zarren Ceballos	5 Stockton springs	ME	57:10
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FEMALE AGE GROUP: 8 - 10

1	40 VERA MANGANELLO	10		27:18
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2	71 MAEVE LOONEY	9		30:24
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3	77 ELLIE O'HARA	10		31:55
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MALE AGE GROUP: 8 - 10

1	20 WYATT SABAT	10		24:59
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2	41 RILEY COX	10		27:20
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3	42 NOAH SCHIPPERS	10		27:24
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FEMALE AGE GROUP: 11 - 13

1	17 HATTIE MALLOZZI	13		24:46
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2	43 WILLA WOODCOCK	11		27:33
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3	48 GINGER CAMERON	12		27:58
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MALE AGE GROUP: 11 - 13

1	9 Finn Lewis	12 Meriden	NH	23:09
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2	12 HENRY MOURA	12		23:51
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3	15 NAT TWINING	13		24:30
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FEMALE AGE GROUP: 14 - 16

1	34 SOPHIE SAWATZKY	14		26:38
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2	35 NATALIE CINA	14		26:40
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3	44 ALIENNA MALKANI	14		27:43
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MALE AGE GROUP: 14 - 16

1	19 Ben Lewis	15 Meriden	NH	24:54
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2	50 LOUIS DOBBINS	14		28:11
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3	195 LUCAS LITTLE	14		50:37
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FEMALE AGE GROUP: 17 - 19

1	46 BETTINA HOLDEN	19		27:53
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2	72 PEPPER CLAYTOR	19		31:02
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3	73 JACKIE SLIMMON	18		31:03
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MALE AGE GROUP: 17 - 19

1	27 LUKE BARDOUVAS	18		25:27
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2	28 CHARLIE HORGAN	19	25:42
3	109 JAMES WEBER	17	37:51

			FEMALE AGE GROUP: 20 - 29		
1	23	JULIA LANCIA	24		25:05
2	31	CHARLOTTE EPKER	22		26:04
3	70	Brighton Bradford	21 Fryeburg	ME	30:23
			MALE AGE GROUP: 20 - 29		
1	25	WILL VAN PANHUGE	20		25:11
2	105	NOAH POWELL	23 NOBLEBORO	ME	36:09
3	141	WILL JANVIER	26		42:12
			FEMALE AGE GROUP: 30 - 39		
1	39	KAITLIN HANNA	34 SO. BRISTOL	ME	27:12
2	58	Noel Quivey	38 Wiscasset	ME	28:59
3	68	Nellie Sweet	36 Alna	ME	30:18
			MALE AGE GROUP: 30 - 39		
1	37	MIKE SPEARS	35		27:03
2	38	MATTHEW NORMAN	37 EDEN PR	MN	27:04
3	93	Paul Shultz	35 Hudsonn	MA	33:49
			FEMALE AGE GROUP: 40 - 49		
1	22	Renee Lewis	45 Meriden	MH	25:03
2	32	Susanna Norwood	47 Damariscotta	ME	26:06
3	47	Julia Rudolph	43 New Harbor	ME	27:54
			MALE AGE GROUP: 40 - 49		
1	6	Chris Pert	41 Nobelboro	ME	22:24
2	8	Andrew Renshaw	46		22:58
3	10	DARREN WINCHENBACH	43 SACO	ME	23:21
			FEMALE AGE GROUP: 50 - 59		
1	21	BETHANY HESLAM	59 NO. POINT	FL	25:01
2	61	Dawn Bowen	56 Nobleboro	ME	29:10
3	79	KATHRYN VILLANO	58		32:15
			MALE AGE GROUP: 50 - 59		
1	14	Peter Heslam	57 BELMONT	NH	24:07
2	16	Simone Porcu	55 Glendale	CA	24:44
3	30	Tyler Lewis	53 Meriden	NH	26:03
			FEMALE AGE GROUP: 60 - 69		
1	52	Ned OBrien	62 Doylestown	PA	28:20
2	67	Pamela Wheeler	65 Yarmouth	ME	30:12
3	87	Elizabeth Ehrenfeld	65 Cambridge	MA	32:49
			MALE AGE GROUP: 60 - 69		
1	5	Dave Nevitt	64 Dartmouth	NC	20:30
2	26	DAVID VILLANO	63		25:19
3	29	Steven Lynch	65 Waldoboro	ME	25:43
			FEMALE AGE GROUP: 70 - 79		
1	127	Darlene Cowan	70 Dallas	GA	39:18
			MALE AGE GROUP: 70 - 79		
1	45	Scott White	72 Chamberlain	ME	27:47
			FEMALE AGE GROUP: 80 - 89		
			MALE AGE GROUP: 80 - 89		
			FEMALE AGE GROUP: 90 - 99		
			MALE AGE GROUP: 90 - 99		

