



Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Dragons All Belts 4:30 – 5:00	Little Dragons All Belts 4:30 – 5:00	Little Dragons All Belts 4:30 – 5:00	Little Dragons All Belts 4:30 – 5:00	<i>Special Events:</i> <ul style="list-style-type: none"> • Seminars • Bring a friend day • Demo team • Birthday parties • Candidate classes <i>By announcement or reservation only.</i>	STORM Team 9:00 AM – 9:30 AM
Children White to Purple 5:00 – 5:45	Children White to Purple 5:00 – 5:45	Sparring – Ages 4 – 9 All Belts 5:00 – 5:45	Children White to Purple 5:00 – 5:45		Little Dragons All Belts 9:30 - 10:00 AM
Children Blue to Brown 5:45 – 6:30	Children Blue to Brown 5:45 – 6:30	Sparring – Ages 10–12 All Belts 5:45 – 6:30	Children Blue to Brown 5:45 – 6:30		Children All Belts 10:00-10:45 AM
Children High Brown & Black 6:30 – 7:15	Family* All Ages & All Belts 6:30 – 7:15	Children High Brown & Black 6:30 – 7:15	Family* All Ages & All Belts 6:30 – 7:15		Children Sparring – All Belts 10:45-11:30
Adults All Belts 7:15 - 8:15	Adults All Belts 7:15 - 8:15	Adults All Belts 7:15 - 8:15	Sparring – Adults Orange & Up 7:15 - 8:15		Adults All Belts 11:30 – 12:30

*Family classes are intended for families (parents and children or siblings) to attend classes together. All other students should come to their designated classes.

Rules of the Dojang

1. Arrive at least 5 minutes prior to class.
2. Attend classes regularly.
3. Students should bow to the masters, instructors, and flags whenever entering or leaving the Dojang.
4. Show respect to all students and instructors.
5. Pull attendance card prior to class.
6. Keep uniform neat and clean.
7. Help keep the Dojang clean and organized.

Legend

<i>Little Dragons</i>	Ages 4 – 6
<i>Children</i>	Ages 7 – 12
<i>Adults</i>	Ages 13 & up

To participate in sparring, all students must have the appropriate sparring gear.

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