# 2020 KC Crushers

Information and Registration Meeting

# WELCOME



## Introduction





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#### Who Are The Kansas City Crushers

• The Kansas City Crushers are part of the Scholastic Clay Target Program.

SCTP



#### Scholastic Shooting Sports Foundation



• Parent Organization for the SCTP and SASP





SSSF is the official feeder program to USA shooting and path to the US Olympic Shooting Team.



#### What is the Scholastic Clay Target Program?

SCTP

#### Scholastic Clay Target Program (SCTP)

SCTP provides kids (elementary through college) with opportunity to participate in trap, skeet and sporting clays as well as Olympic events.

SCTP wants to help young athletes reach their potential of becoming the best athletes - and young adults- that they can be.

"Preparing today's youth to become the leaders of tomorrow."

#### Realistic Expectations

Coming to practices alone is not going to make you an Olympic shooter.

It takes many lessons and hours of practice to become a good shooter.

Our mission is to provide a basic shooting foundation and help our youth move along the path.

As a team member of the Crushers the coaches are more interested in you developing good fundamentals and habits, than breaking targets.

#### My Team Vision as Coach

Provide opportunity.

A place for kids to fit in, find success and build their self-image.

Vehicle for parents to develop relationships with their kids and participate together.

I want the kids to gain the mental skills they need to be successful in life.

To feel like we made a difference.

We want the team to be respected in the community and promote shooting sports.

#### Kids to have fun, learn a lifetime sport and become good shooters.

## Why I Love Our Shooting Program

#### THIS IS NOT STICK AND BALL SPORTS

**Yelling parents** - You don't find parents yelling at the kids and coaches at shooting events.

**To be a great shooter** - How tall do you have to be? How fast do you have to be? How much do you have to weigh? Can girls compete with boys?

**Participation** - How many targets does the worst shooter on the team shoot at an event vs how many targets does the best shooter on the team shoot at the same event? The same number.

#### Attainment - Lanny Bashham Olympic Gold Medalist in rifle shooting

Kids who go to tournaments and don't do well but learn valuable lessons, still may not feel good about themselves. Competitors are taking risks and are in a position to learn about who they are.

Your kids will not all win medals - but they all have the opportunity to become somebody. We have to promote, nurture and reward this.



## Safety is our #1 priority - Major Rules

#### • SAFTY NEEDS TO BE A CONCIOUS THOUGHT WHEN YOU ARE AT PRACTICE OR SHOOTING ON YOUR OWN!!!!!

- <u>Always</u> keep the muzzle pointed in a safe direction unloaded up or down, down range when loaded. You may not rest the barrel on your toe.
- <u>Always</u> treat a gun as if it is loaded.
- Action is <u>always</u> open unless it is your turn to shoot
- Eye and Ear protection are required on the range
- <u>Always</u> walk
- Wear closed toe shoes or boots

#### Parents

Stay behind the fence.

Do not say anything to the kids when they are on the field.

Tell the coach on the field if you need to leave early.

Let the coaches coach - we do not want you giving contradictory instruction.

#### **Be Positive.**

Home Safety

Your gun should remain unloaded

Guns should be kept in a safe or have a trigger lock on them

Do not show your guns to friends or let them handle them without your parents permission

Do not assume your friends know how to safely handle a firearm

# Types of Participants

### Three Types of Participants

- 1. General Recreational or Is it for them?
- 2. Development Having fun. Want to compete at some level.
- 3. Elite Competition Team Having fun but more serious about developing their skills and winning. May want to shoot in college. This requires a different type of training to succeed.

#### Expectations for Each Group - Everyone

Be SAFE !!!!

Show up at practice on time and ready to shoot - eye & ear protection and shells

Have fun

Be respectful

Be positive - you are not allowed to criticize yourself or others. Encourage each other when warranted.

Participation in service opportunities

#### **Expectations - General**

- Positive attitude
- Desire to learn the fundamentals of clay target shooting
- Begin taking advantage of as many opportunities as possible shoots, coaches
- Do some shooting on your own
- Begin working on the mental game

#### Expectations - Development Team - New for 2020

Attend at least one registered event each month in your discipline(s).

Attend the SCTP state shoot in your discipline(s).

Desire to attend AIM Nationals in your discipline(s). Not mandatory

Each participant will be issued a team vest. Turn it in at the June fun shoot.

Positive on and off the field - work to be role models for the team.

If you are interested in being a development shooter, sign up.

#### **Expectations - Competition Team**

Required to keep a performance journal.

Commitment to working on the mental part of the game.

Attend all team practices and 2 -3 registered shoots a month and AIM Nationals.

Communicate with coaches if you have to miss practice or competition.

Positive on and off the field - work to be role models for the team.

Custom vest, jersey, hat and towel.

If you are interested in being a very competitive shooter, sign up.

#### **Practice Squads**

Athletes will be grouped by their abilities, type of participant etc. vs age.

February 29<sup>th</sup> we will be evaluating kids new to the program that want to shoot in anything other than the Introduction to trap program.

Make sure you check the posted schedule during the month of March for squad changes. We will then try to move people to more permanent squads.

## Expectations for Parents

#### **Expectations for Parents**

Be supportive of your athlete - Build their self-image - we will offer you tools to do this (mental management class if there is enough interest)

Share with us any medical conditions or concerns - Diabetes, ADD/ADHD, Anxiety or Depression, Allergy requiring an epi-pen.

Have your athlete at practice on time

Preferably give 2 weeks notice if your athlete will miss practice

Communicate!

#### Communication - We are **Email and Web Driven**

Read emails closely and respond when appropriate

Check web page

Mailchimp - you can subscribe, update and unsubscribe to email.

## SCTP & Team Fees

#### The Team Will be Full - 65 Athletes

- We will do our best to accommodate as many kids as possible.
- We are limited to the number of participants based on the facilities and time.
- A waiting list will be started for those kids we can't place in a group.

We expect participants to be at the majority of the practices in order to participate in events. (SCTP requirement)

If this does not work for you, then you need to wait for another season. If you consistently miss practice, you may be dismissed and/or not accepted on the team next year.

#### Shooting Disciplines

Trap is our initial training ground for new shooters and new members.

Some of you will shoot 1 discipline and others will shoot 2.

We know what some of you will be shooting. For some returning members and the new shooters, not in the "Introduction to trap" program, evaluations will be done at the February 29<sup>th</sup> practice.

SCTP Registration - required for everyone \$25 - insurance.

Registration closes for the 2020 season and SCTP fee due by February 8<sup>th</sup>.

If you are shooting February 29<sup>th</sup> (evaluation or practice) the **SCTP Fee must be** 

paid before you step on the field.

You cannot practice on February 29<sup>nd</sup> if this fee has not been paid

No exceptions!

#### KANSAS CITY CRUSHERS TEAM FEES

Introduction to trap	\$150
Shooting 1 discipline (trap or skeet)	\$250
Shooting 1 discipline (sporting clays)	\$300
Shooting 2 disciplines	\$500
Competition team	\$725

#### Introduction to Shotgun Shooting - Trap

- New for 2020
- Introduction to Shotgun Shooting Cost: \$150
- 6 Practices beginning April 4<sup>th</sup>
- We will be using the Garmin S1 Trap Trainer as a coaching tool for this group



#### Included in your fees

• All practice targets, coaching, facility - does not cover your shells.

- Competition and Development team Kansas City Crushers will pay your association dues to shoot in registered events.
  - Skeet/Sporting Clays (NSSA & NSCA) association dues
  - ATA & AIM dues.
  - Kansas Trap Association dues.

#### **2020 Kansas City Crushers Competition Team**



#### 2020 - Competition Team

- Fee \$725
  - Additional expenses
    - Competition fees: 2 3 registered area events each month.
    - Attend each SCTP Kansas State shoot
    - Attend AIM Nationals in Sparta, IL
    - Additional ammunition cost minimum of 22 25 flats of shells

Travel

• There is a **significant** time and financial commitment to joining this group.

## 2020 Practice Season



Season runs until AIM nationals - end of July.

Practice runs to the end of June.

Schedule is on the web. Check for updates.

Competitions are open to **everyone** on the team.

## Volunteers

Would like to develop a greater sense of community. If you can help out please

sign up.

Host fun shoots in March & June.

Fundraising coordinator - Midway USA, TeamWorks, etc.

## Discipline Coaches

Head coaching duties are split up. Discipline coaches will head up specific areas of the program. They will formulate lesson plans and coordinate with each other in order to develop a cohesive program.

Woody Longan and Don Hansen - Skeet

Dave Newell - Sporting Clays

Todd Winchel - Trap

Bob Patterson - Mental Management

## Saturday Practice Times

## We start at 9:00am.

Trap shooters will shoot at 9:00, 10:00 or 11:00.

2 discipline shooters will shoot at 9:00 and rotate to the 2<sup>nd</sup> discipline at 10:30.

Be where you are supposed to be at your assigned time.

Sign in and check field assignments at the clubhouse every week.

Trap, Skeet and Sporting will usually all be going on, but no shooter will be shooting more than 2 disciplines on Saturday.

Trap will go for 1:00 hour. Skeet and Sporting will go for 1:15.

## Sign In Sheet

4/14/18

		9:00am	10:00am	10:30am	11:00am	Sign in
Christopher	Berkshire-Lewis	Skeet - 1		Sporting - 1		
Brody	Boehm	Trap - 2				
Maxwell	Briggs	Trap - 4		Sporting - 2		
Lane	Brungardt	Trap - 4		Skeet - 2		
Tresyn	Charbonneau		Trap - 2			
Carsen	Clark	Sporting - 3			Trap - 2	
Logan	Collier	Sporting - 1		Skeet - 1		
Alexander	Crawford	Sporting - 1		Skeet - 1		

## Ammunition

Lead only - **no steel shot !!!** 

You provide your own shells. We will have the ability to purchase through Scheels at a discounted rate. More details to come when they release the Scheels program in March.

### Keep it simple:

#8 target shells 1oz or 1 1/8oz.

Autoloaders use 1200fps+



# Endowment Fund



We try to keep your team fees as low as we can.

We have a Midway USA Foundation Endowment fund that offsets some of your shooting costs.

Have approximately \$215,000 in the fund. We will receive \$10,700 this year.

## Scholarships

- Graduating Seniors have the opportunity to apply for various scholarships
- Powder Creek talk to Kevin for details. The application is on their website.
- SSSF
- NSCA
- NSSA
- NRA
- Others

# KC Crushers Gear

## **KC Crushers Gear**

Wear jerseys to practice if you have them. Deadline to order a jersey is March 7<sup>th</sup>. Cost \$55.00

If you would like a Kansas City Crushers hat we have them for \$25. Powder Creek will also be stocking a limited supply of hats.

Jon Francis has online store link on the Crushers website to order other gear such as shirts, rain gear, sweatshirts, and other items. We will post a link when it is active.

## Powder Creek Discount

During the team shooting season ending June 27th - you may purchase rounds of trap, skeet, 5-stand and sporting clays at the club member rate.

We will be providing a Crushers ID that must be shown at the desk in order to get the discount.

The discount is for the athlete only, not parents or friends who are not on the team.

You must be 18 to purchase shells at Powder Creek.

# Demo on using the web page

kccrushers.com

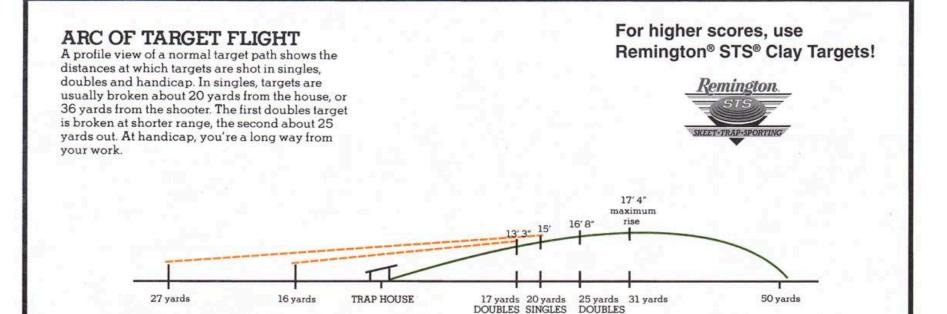
## **SHOT INFORMATION**







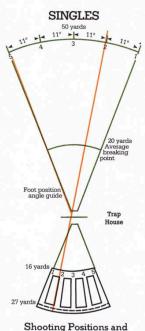
## **TRAP TARGET FLIGHT PATH**



1st shot

2nd shot

## **5 TARGET FLIGHT PATHS**



#### Shooting Positions and Angles of Flight

Above, the five shooting positions are indicated at the 16 yard line. Handicap yardage extends back to the 27 yard line. Also indicated are the five angles of normal target flight, spaced an equal distance of 11° apart. Flight paths indicate straightaway targets from each shooting position, and are numbered opposite the shooter according to that position. Average breaking point is approximately 20 yards from the trap house, or 36 yards from the shooter standing at the 16 yard line.

Note that the line of flight of the left angle target from position #5 represents the imaginary parallel line on which your toes should be placed for proper alignment on all five positions.