

12 STEP COMMUNITY ACTION PLAN

Updated 4/3/19





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Davenport Police Nets Program
Community Events
Outreach
Relationships
Neighborhood Groups

CHALLENGE

There are a number of areas in the Quad Cities that tend to get the most police calls. We need to give support to those areas as there tends to be increased poverty and substance abuse present.

ACTION PLAN

Support The Davenport Police Nets Program Officers. Get to know them. Let them know of community events going on that you are doing.

Help the police force solve crimes after they happen. Step up

Identify community events already happening and volunteer to help them get stronger.

Establish community events if needed at a NETS area or areas but not duplicating what is already being done.

Do community outreach at each of the NETS areas on a regular basis to meet people, clean up the area, build fellowship, and assess needs of citizens.

Establish relationships with the multiple neighborhood groups in Davenport. Try to make them stronger. They are listed on the city of Davenport website.

Build relationships with people in struggling neighborhoods to give support.

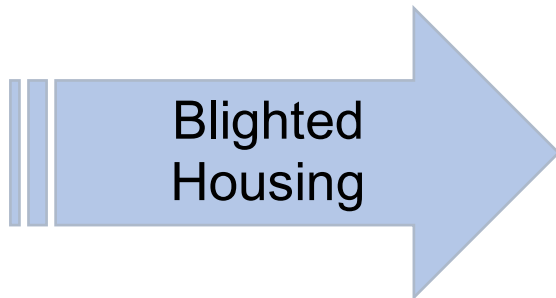
Quad Cities Youth Summit – Stop The Violence – Keep US Safe

www.qcyouthsports.com

Gary Thrapp – 563-370-2449 – garyt@beyondthebaseline.net

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Outreach
Neighborhood Clean-ups
Purchase and Fix Up
Motivate existing owners
Build on City owned lots

CHALLENGE

We have an abundance of abandoned homes, dilapidated homes, and struggling homes throughout the city. The challenge is to track down the owners of many of them. So often they are from out of town and are unattached to our community. In addition, we are gaining an ever increasing inventory of city owned lots as more homes are being demolished.

ACTION PLAN

Outreach is a great way to identify problem homes. While picking up debris in a neighborhood and meeting people you get familiar with troubled houses.

Be a part of current neighborhood clean ups including those the City of Davenport has established on their website. Partner with the Memorial Day Faith Walk at Beyond The Baseline. Start your own if needed.

Purchase a struggling home, fix it up and help it come back to life.

Motivate in a positive way an existing owner of a struggling property to fix it up.

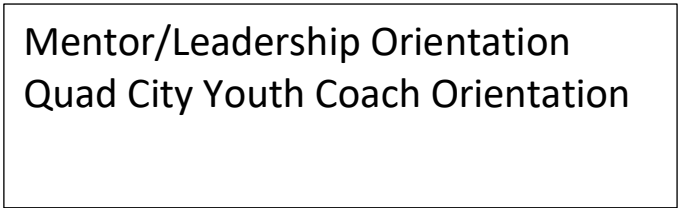
Buy and build an affordable house/duplex on a city owned lot

Help clean up our neighborhoods.



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CHALLENGE

We need stronger leaders in our community trained to handle the needs of our kids and community. We need teens and adults willing to regularly increase their skills and awareness of the issues of our kids to be better equipped to arrive at solutions.

ACTION PLAN

Identify current training and support groups designed to better develop our teens and adults as strong leaders. Promote those existing programs to the public to help them get more people involved. Volunteer at existing programs.

Quad City Youth Coaches Orientation – an all sport coaches orientation series of events designed to help coaches be better equipped to use sports to teach the needed skills of life to kids. To get more kids to stay involved in sports activities we need stronger coaches that can help them be their best. For dates go to www.qcyouthsports.com

Navigator training – information coming soon

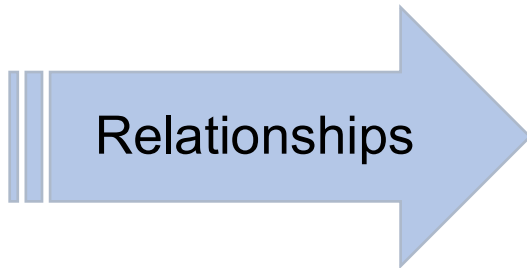
Mental Health First Aid – See Mental Health Page

Safe Sport Training – encourage our youth sports groups to make training mandatory for coaches



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Bring People Together
City to City
Police & Community
Poverty & Wealth
Professionals & Kids
Young males and men
Young females & women
Races
Adult turn arounds and kids

CHALLENGE

Drama and conflict can escalate when there is a lack of knowledge, experience, and understanding between differing individuals or groups of people with differing goals. The Quad Cities itself has multiple communities with multiple differences. The Police and our community have decades of history with exposed open wounds. There is division between the wealthy and those living in poverty. We have exposed divisions between parents and kids, dads and sons.

The ways we treat each other and handle conflict as adults is being watched and learned by the kids.

ACTION PLAN

Help individuals become stronger so they treat others better.

Promote our motto: “A Better Person, A Better Team, A Better Community”

Put yourself in different situations meeting different people so you gain confidence in the similarities you have with others which will help you overcome the differences.

Identify programs and events that are designed to put differing people together and promote them.

Develop any needed programs/events designed to put differing people together.

Use social media to leverage relationships with teens.

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Physical/Mental Health

Vera French
75 minute Action Plan
Motiation Action Plan M.A.P.
Mental Health First Aid

CHALLENGE

Mental Health - We have a lack of common information about the benchmarks to determine the difference between mental health issues and poor behavior. As a result many people can live years without a proper diagnosis and then treatment. In addition, many who have been determined to need treatment do not get it or refuse to get it. As a community, like others, we are just beginning to deal with mental health issues compared to a long history of physical health growth and development. Finally, so many live life with no plan of attack. So many do not clearly identify their values, dreams, or goals and as a result take limited action towards making positive achievements.

Physical Health – So many of our young people do not learn at an early age a work ethic needed to make improvements and advancements over time. As a result many kids are not able to develop self-esteem and confidence over time to help them take advantage of opportunities

ACTION PLAN

Mental Health First Aid taught by Vera French – push for leaders, mentors, and coaches to attend this free training to improve knowledge and understanding.

Develop the 75 minute Action Plan Initiative at an early age. This is the concept of creating a variety of ways kids can learn how to work hard for 75 minutes at a time.

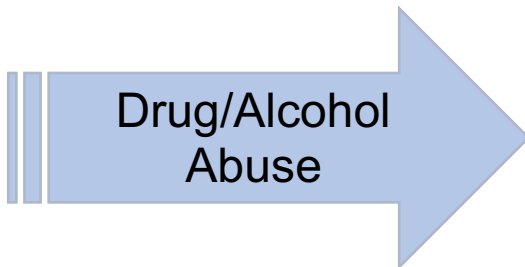
Teaching The Motivation Action Plan at an early age.

Keep more kids involved with positive youth sports and extra curricular activities.



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C.A.D.S
The Abbey Center
Rosecrance New Life Outpatient
Center
180 Zone

CHALLENGE

Where there is violence there is usually alcohol and drug abuse close behind. If we can slow down the use of both we can have a dramatic effect on the level of violence in our community.

ACTION PLAN

Contact each current treatment program and identify needs they have. Volunteer to help.

Be an advocate by helping someone with a problem get help.

Help teens learn job skills and get jobs so they will not use drug sales or other illegal means as their source of income.

Be a leader by choosing not to drink around youth. Make sacrifice yourself and kids will learn to sacrifice as well.

Under no circumstance do illegal drugs yourself. Your purchase is helping advance to violence.

Keep your social media clear of substance abuse activity. Kids are watching.

Quad Cities Youth Summit – Stop The Violence – Keep US Safe

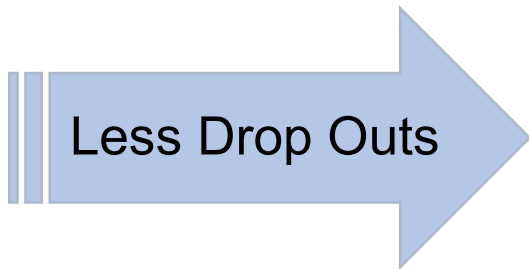
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Connectedness to schools
Close ties to caring adult
Positive school climate
Improve schooling
Pride in schools
 City championships
Success Exposure at all levels
United Way Go
School Leadership Groups

CHALLENGE

A growing number of kids is developing in our schools with no respect for authority, teachers, and learning. Standards are being lowered. Knowledge is power unless it is not being attained or used. We have too many kids missing multiple days of school. Reasons include being a victim of bullying, not being pushed at home to attend, not feeling attached, no goals, low self-esteem, living too far away with no help getting there, among many others. Once a student gets behind in class, there is even more motivation to stay away.

ACTION PLAN

As a community we must help our schools be more successful keeping and teaching our kids. We must help motivate kids to want to go to school. We must lift up our schools to show our kids they should be proud to stay involved.

Connect caring adults to kids who are behind/struggling in school

Volunteer with a positive attitude in any way at a school. Kids need more positive role models that have high standards for kids.

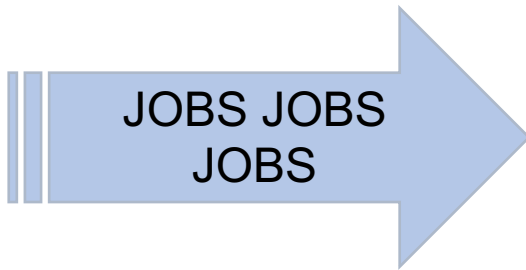
Help schools enhance student leadership groups like the MVP program.

City Championship - an extra motivational tool to keep kids/schools engaged.

Help improve the culture of our schools by not allowing inappropriate behavior, language, and mistreatment of others to flourish.

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iWORK
Americore
Trades – Trade Shows
Job Fairs
Job Skill Training
Dirty Dozen
Product Development
Safer Foundation

CHALLENGE

There is a gap between the expectations employers have for even the entry level jobs and the skills kids have that desperately need income to survive. As a result, when a young person is hired they are not prepared to succeed. In addition, adults that have been incarcerated tend to have a more difficult time getting and maintaining the employment needed to make ends meet. As a result the tendency to continue to live a life of crime is increased.

ACTION PLAN

Develop a soft skills workshop that teaches 13 and 14 years olds the expectations employers have in the entry level jobs. Attendees will get a certificate to show prospective employers they have prepped to succeed. Reach out to employers to give value to those that have attended the workshop training.

Promote the existing Trade Shows, Job Fairs, and Job Skill Training that exists. Connect kids to these existing events. Volunteer to help these stay strong.

Hire an Americore student.

Hire a kid whether you need them or not and help teach them valued job skills

Develop the Dirty Dozen – a summer job program for 14-17 year olds.

Support the Safer Foundation.

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Religeosity

Church based youth groups
1 Hour Per Week Initiative

CHALLENGE

So often kids and adults that commit violence have no connection to a valued religion or a higher God. As a result there is a lack of empathy for others, a lack of big picture consequence, and a general lack of love for self, others, and community

ACTION PLAN

Erie, Pennsylvania references a study that found kids that were exposed to positive religious teachings for 1 hour per week were less likely to commit acts of violence.

Plug kids into existing church based youth groups

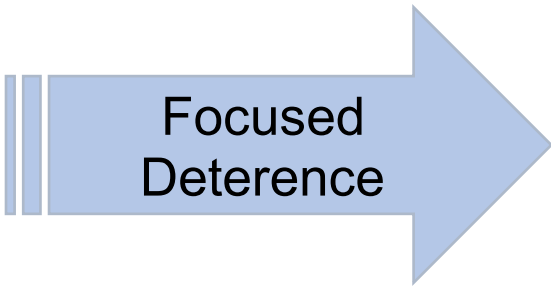
Add a religious message to current extracurricular programs kids are involved with

Promote a “1 hour per week” initiative via social media, website content



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- Strong & Clear Standards against violence
- Alternatives to violence
- Community & Legal Consequences
- Offer Social Services
- DARE
- Diversion Program
- QC Youth Summit – Stop The Violence
- Sit Downs
- Reduced Recidivism – Safer Foundation

CHALLENGE

We have an ever growing number of youth that are not being taught right from wrong, do not understand right and wrong, do not suffer the consequences or understand the consequences when doing wrong, and/or do not care when they do wrong. In fact you are being disrespectful to kids if you question their wrong behavior according to some. We are experiencing more mob confidence bad behavior – kids willing to join in, laugh, and encourage bad behavior when it happens.

Kids are not getting enough positive, structured, and personal 1 on 1 attention from a trusted adult.

Struggling kids are less willing to try something new that is positive.

Some kids doing bad kids keep doing it until the legal system says this is your last chance. They are not listening to anyone else until that point.

ACTION PLAN

We must have strong and clear standards against violence.

We must better communicate right from wrong.

We must better communicate the consequences of actions for self and community

We must build relationships with those that are committing violent acts to slow it down

We must leverage existing relationships to help encourage others struggling to do better

We must communicate and encourage alternatives.

We must build relationships with those few people that the struggling kids respect



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CHALLENGE

When a community suffers from a natural disaster like a hurricane, tornado, or flood we have professionals in place to help the victims in a variety of ways. When a shooting, stabbing, violent incident, effects a single person or small group of people the police/emergency responders/medical facilities have limited resources from the community helping the victims recover and to keep them from seeking revenge. As a result one incident can tend to escalate into more incidents over time. In addition, often times the police get limited help from those involved or witnesses to make solving the crimes possible.

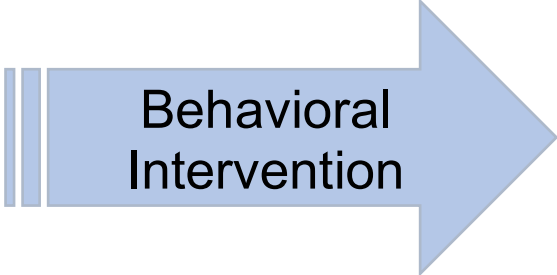
ACTION PLAN

Develop a community response team with a de-escalation plan in place to reduce the drama and effects of violent incidents by visiting the victims and victim's families, the area where the violence occurred, and the families of those that have committed the crimes.

Build relationships with people that live in the areas where violence occurs so after an incident we are more likely to get help bringing those responsible to justice.

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Behavioral Intervention

Self - Regulation
Conflict/Problem Resolution
Negotiating Skills
Improved Parenting Skills
Communications Skills
Making Healthy Choices

CHALLENGE

We have a growing number of youth that have difficulty saying no when around destructive behavior.

We are not good at taking a step back when confronted with conflict

We go from words to physical fights at lightning speed.

We go from disagreements to name calling at lightning speed.

Kids that cannot take care of themselves are having kids.

With social medias growing strength verbal communication skills are reducing.

We negotiate by threatening someone.

Kids are exposed to videos, posts, and messages about crime, killings, stealing, bullying, and pornographic content at a very early age.

ACTION PLAN

TMI2FAST initiative – slow down the flow of negative information that our kids are exposed to.

Help teach strategies for kids to slow down and think before speaking and acting when upset.

Have high standards and consequences for bullying behaviors.

Slow sexual behavior down in our youth.