

ALLERGIES: Please list any allergies or reactions to medications. Make sure to describe the reaction such as "rash, asthma, swelling, shortness of breath", etc. It is important to include any reactions to the following: Penicillins, Sulfa, other antibiotics, cardiac medications, aspirin.

Medication	Reaction	Medication	Reaction

PAST MEDICAL HISTORY:

Have you ever had any of the following problems or illnesses? If yes, check the disorder and write in approximate date (month/year).

- | | |
|---|---|
| <input type="checkbox"/> Rheumatic fever_____ | <input type="checkbox"/> Tuberculosis_____ |
| <input type="checkbox"/> High blood pressure_____ | <input type="checkbox"/> Stroke Paralysis_____ |
| <input type="checkbox"/> Heart attack_____ | <input type="checkbox"/> Gallbladder problems_____ |
| <input type="checkbox"/> Heart murmur_____ | <input type="checkbox"/> Kidney disease_____ |
| <input type="checkbox"/> High cholesterol_____ | <input type="checkbox"/> Bladder problems_____ |
| <input type="checkbox"/> Diabetes Mellitus_____ | <input type="checkbox"/> Cataracts or glaucoma_____ |
| <input type="checkbox"/> Cancer or tumor_____ | <input type="checkbox"/> Colon problems_____ |
| <input type="checkbox"/> Stomach/ulcer disease_____ | <input type="checkbox"/> Arthritis_____ |
| <input type="checkbox"/> Asthma_____ | <input type="checkbox"/> Anemia_____ |
| <input type="checkbox"/> Emphysema_____ | <input type="checkbox"/> Bleeding problem_____ |
| <input type="checkbox"/> Liver disease_____ | <input type="checkbox"/> Thyroid disease_____ |
| <input type="checkbox"/> Pneumonia_____ | <input type="checkbox"/> Blood transfusion_____ |

Any other problems or comments:

HOSPITALIZATIONS AND OPERATIONS: List all major hospital stays and surgeries

Hospitalization/Reason	Date	Hospitalization/Reason	Date

MENSTRUAL HISTORY (females only):

Age when periods started: _____ Were/Are they regular? _____

Have you reached menopause? Yes ☐ / No ☐

Number of pregnancies: _____ Miscarriages: _____ Children: _____

Were any pregnancies difficult? Yes ☐ / No ☐

During pregnancy did you have any of the following problems:

☐ Heart problem, ☐ high blood pressure, ☐ kidney problem, or ☐ diabetes?

If applicable what kind of birth control do you use? _____

HABITS:Do you now smoke? Yes ☐ / No ☐

If yes, how long? _____ Yrs.

Did you smoke in the past? Yes ☐/No ☐

If yes, how long? _____ Yrs. Quit: _____ years ago.

Type and amount of tobacco: ☐Cigarette_____packs/day ☐Cigar____/day ☐Pipe____x/day
☐chewing tobaccoDo you drink alcoholic beverages? Never ☐ Rarely ☐ Almost daily ☐

What type of alcoholic drinks do you use frequently? _____

Do you drink caffeinated drinks often? Yes ☐ / No ☐Do you follow a regular exercise program? Yes ☐ / No ☐

What kind of exercise do you do? _____

Do you feel stressed? Yes ☐ / No ☐ Why? _____Do you sleep well? Yes ☐ / No ☐ If not why? _____Do you snore? Yes ☐ / No ☐

Are you on any special diet? (Please check if applicable)

☐Low salt _____☐Low cholesterol _____☐Low sugar _____☐Vegetarian _____☐Other _____**PLEASE FILL OUT COMPLETELY WITH CHILDREN AND GRANDPARENTS**

FAMILY HEALTH HISTORY									
Family		Age	Age at Death	Health Problems and Cause of Death		Age	Age at Death	Health Problems and Cause of Death	
Father	X				Children	<input type="checkbox"/> M <input type="checkbox"/> F			
Mother	X					<input type="checkbox"/> M <input type="checkbox"/> F			
Brothers and Sisters	<input type="checkbox"/> M <input type="checkbox"/> F					<input type="checkbox"/> M <input type="checkbox"/> F			
	<input type="checkbox"/> M <input type="checkbox"/> F					<input type="checkbox"/> M <input type="checkbox"/> F			
	<input type="checkbox"/> M <input type="checkbox"/> F				Grandparents (Mother's Side)				
	<input type="checkbox"/> M <input type="checkbox"/> F				Male				
	<input type="checkbox"/> M <input type="checkbox"/> F				Female				
	<input type="checkbox"/> M <input type="checkbox"/> F				Grandparents (Father's Side)				
	<input type="checkbox"/> M <input type="checkbox"/> F				Male				
	<input type="checkbox"/> M <input type="checkbox"/> F				Female				
	<input type="checkbox"/> M <input type="checkbox"/> F								

List any other significant family illness other than listed above in the table (please especially list any family member with hypertension, heart attacks, diabetes, strokes or cancer):

Vital Statistics: Height: _____ Weight: _____

<input type="checkbox"/> Large weight gain	<input type="checkbox"/> Heartburn	<input type="checkbox"/> Joint pains
<input type="checkbox"/> Loss of weight	<input type="checkbox"/> Burning in stomach	<input type="checkbox"/> Frequent back pains
<input type="checkbox"/> Marked appetite loss	<input type="checkbox"/> Abdominal pain, chronic	<input type="checkbox"/> Leg or ankle swelling
<input type="checkbox"/> Severe chronic fatigue	<input type="checkbox"/> Diarrhea, frequent	<input type="checkbox"/> Varicose veins or phlebitis
<input type="checkbox"/> Chronic fever or chills	<input type="checkbox"/> Constipation, chronic	<input type="checkbox"/> Leg pain with walking
<input type="checkbox"/> Excessive sweats	<input type="checkbox"/> Hemorrhoids	<input type="checkbox"/> Ulcers of the legs or feet
<input type="checkbox"/> Frequent/severe headaches	<input type="checkbox"/> Hernia	<input type="checkbox"/> Numbness or tingling sensations
<input type="checkbox"/> Dizziness or imbalance	<input type="checkbox"/> Diverticulosis	<input type="checkbox"/> Weakness in hands, arms or legs
<input type="checkbox"/> Blockout or fainting spells	<input type="checkbox"/> Bloody or black loose stools.	<input type="checkbox"/> Seizures or convulsions
<input type="checkbox"/> Ear or hearing problems	<input type="checkbox"/> Blood in the urine	<input type="checkbox"/> Hair gain or loss
<input type="checkbox"/> Eye or vision problems	<input type="checkbox"/> Kidney stones	<input type="checkbox"/> Chronic skin disease
<input type="checkbox"/> Frequent nosebleeds	<input type="checkbox"/> Trouble starting or stopping urine	<input type="checkbox"/> Lumps on your body
<input type="checkbox"/> Frequent sore throat	<input type="checkbox"/> Pain urinating or passing water	<input type="checkbox"/> Hay fever or hives
<input type="checkbox"/> Pain or trouble swallowing	<input type="checkbox"/> Frequent urination	<input type="checkbox"/> Skin cancer – Where?
<input type="checkbox"/> Trouble with speech	<input type="checkbox"/> Urinated more than twice nightly	<input type="checkbox"/> Frequent depression
<input type="checkbox"/> Hoarseness	<input type="checkbox"/> Frequent urinary infections	<input type="checkbox"/> Attempted suicide
<input type="checkbox"/> Poor teeth or gums	<input type="checkbox"/> Dribbling or leaking or urine	<input type="checkbox"/> Difficulty with memory
<input type="checkbox"/> Chronic cough	<input type="checkbox"/> Prostate problems (males)	<input type="checkbox"/> Blood disorder
<input type="checkbox"/> Cough or vomit blood	<input type="checkbox"/> Excessively bloody menses (females)	<input type="checkbox"/> Alcoholism
<input type="checkbox"/> Pneumonia or pleurisy	<input type="checkbox"/> Vaginal bleeding outside of periods (females)	<input type="checkbox"/> Narcotic or drug habit
<input type="checkbox"/> Wheezing	<input type="checkbox"/> Sexual problems – Type?	<input type="checkbox"/> Yellow skin (jaundice)
<input type="checkbox"/> Shortness of breath	<input type="checkbox"/> Chronic muscle aches or pains	<input type="checkbox"/> Easy bruising
<input type="checkbox"/> Awakening short of breath	<input type="checkbox"/> Tremor or hand shaking	<input type="checkbox"/> Difficult to stop bleeding
<input type="checkbox"/> Short of breath walking	<input type="checkbox"/> Bone, joint or other deformity	<input type="checkbox"/> Severe itching
<input type="checkbox"/> Palpitations or irregular heartbeat	<input type="checkbox"/> Joint swelling	<input type="checkbox"/> Cold when others are warm
<input type="checkbox"/> Fast or rapid pulse		<input type="checkbox"/> Hot when others are cold
<input type="checkbox"/> Pain in arms or neck		<input type="checkbox"/> Thyroid problems
<input type="checkbox"/> Frequent nausea or vomiting		<input type="checkbox"/> Excessive thirst
		<input type="checkbox"/> Are you happy with life?

[illegible]