



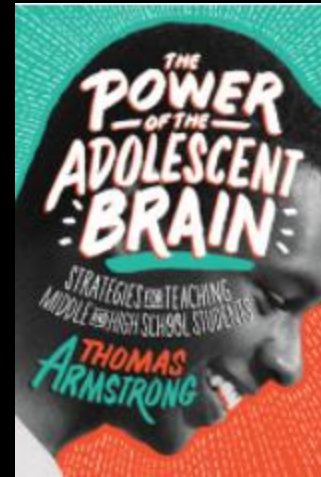
Confessions of a Career Specialist:
I Use Theory to Provide
Career Development Services

EBS 2017

Candice Parsley, Gary Magyar & Sherry Williams

“THERE IS A COLOSSAL MISMATCH BETWEEN HOW THE ADOLESCENT BRAIN HAS EVOLVED AND THE PASSIVE, ROTE LEARNING EXPERIENCES THAT ARE ALL TOO OFTEN PROVIDED AT THE SECONDARY LEVEL.”

Thomas Armstrong



QUESTION: How do we use career development to help students tap into the power of their changing brains?

AGENDA:

- Introduction of speakers (5 minutes)
 - How theory helps when providing services (5 minutes)
 - Theorists of particular interest (30 minutes)
 - Maslow - Sherry
 - Krumboltz - Gary
 - Schlossberg - Sherry
 - Savickas - Candice
 - Hansen
 - Opinions and Practice (5 minutes)
-

INTRODUCTIONS

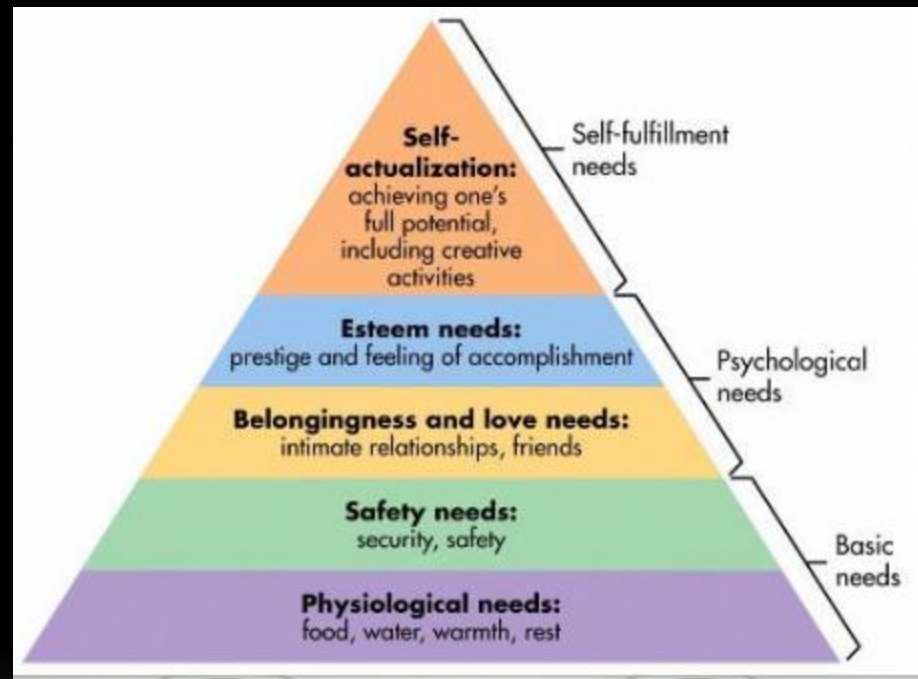
- Candice Parsley, Gilbert High School
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HOW IS THEORY HELPFUL?

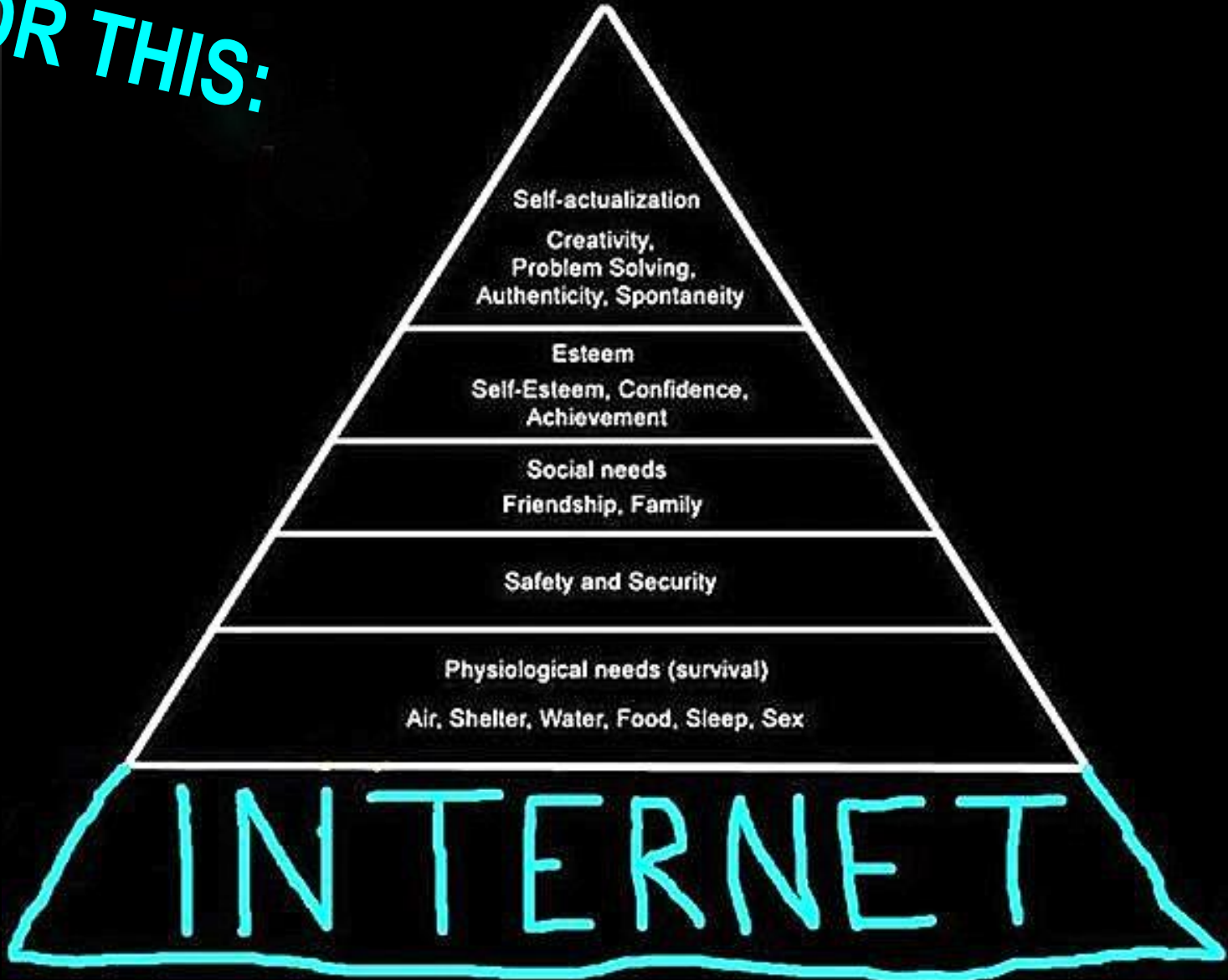
- Career Development
- Career Counseling
- Career Development Processes

MASLOW

- Hierarchy of Needs
- Opinions and examples of basic needs (food, sleep) affect learning and college & career readiness



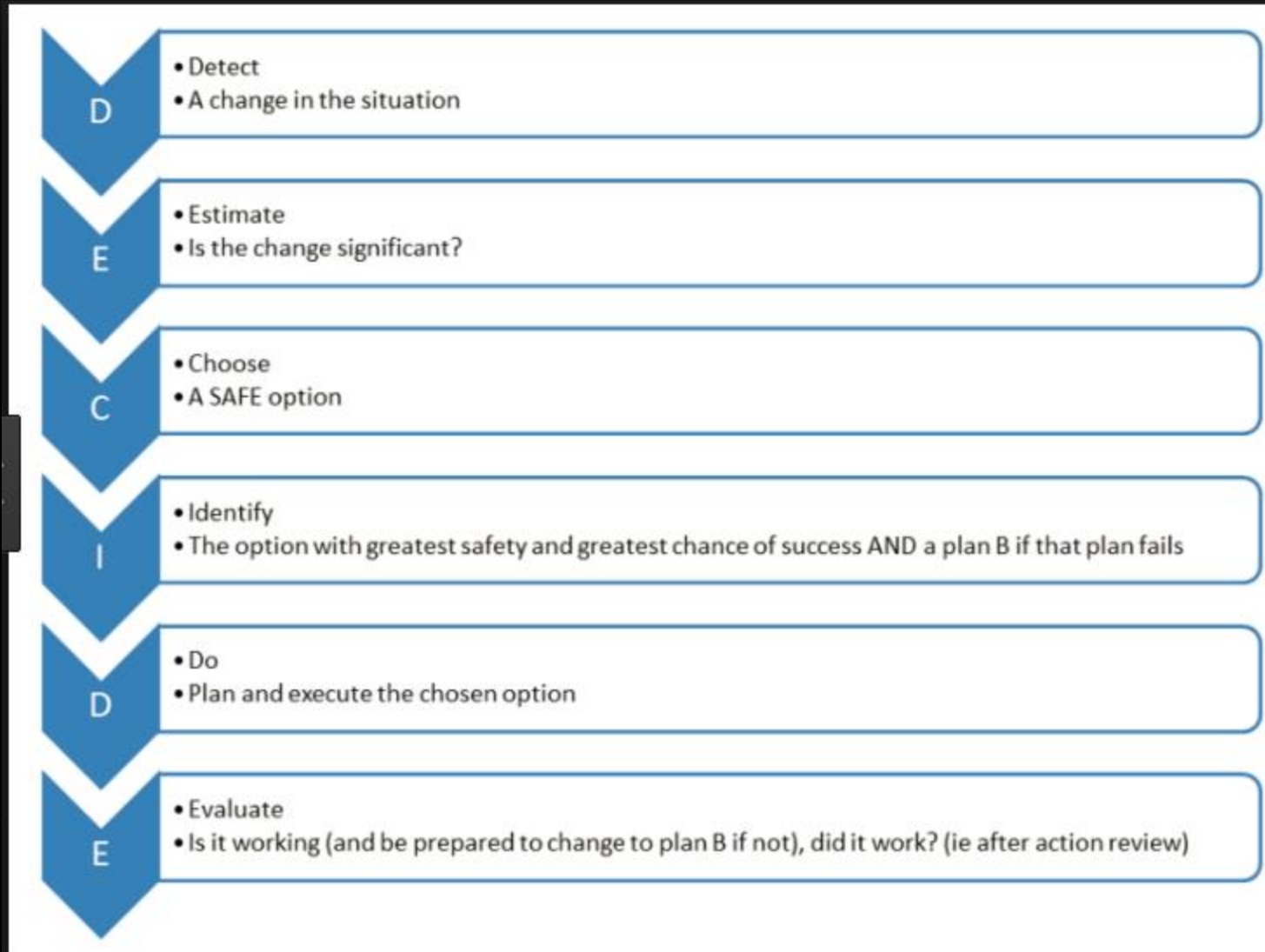
OR THIS:



KRUMBOLTZ

- Happenstance
 - Define Krumboltz's happenstance theory
 - Gary - how his job as an SRO led him to a conversation with Dana, the career specialist, which led to him becoming a GCDF at LHS
- Heredity and Environmental Factors that contribute to career decision-making
- Instrumental and Associative Learning
- Positive and Negative reinforcements
- Indecision = Open-mindedness in this ever changing society
 - hard to plan for 20 years down the road
- Use the DECIDES Model

KRUMBOLTZ'S DECIDES MODEL



SCHLOSSBERG

- 4 S Model

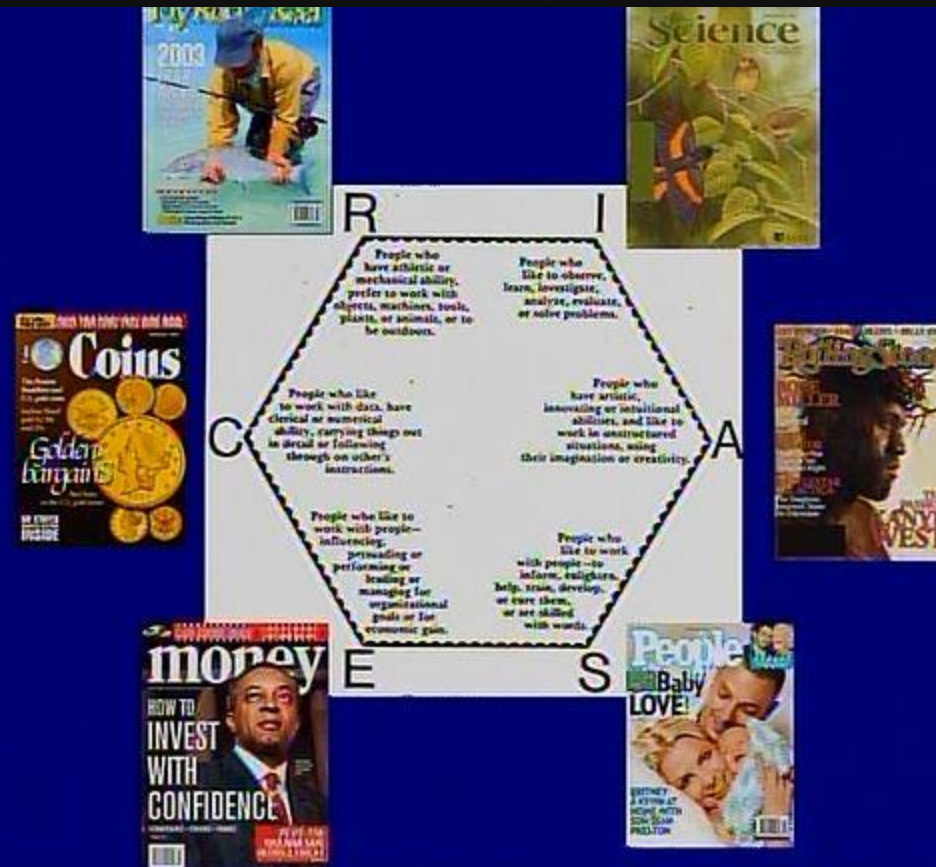


- Is one more important than the other?
- How can we ensure that students have a health 4S model?

SAVICKAS

- Savickas's Constructive Narrative
 - Heroes
 - Favorite sayings
 - Favorite books or magazines
 - Favorite movies/TV shows
 - Favorite songs and why
 - Example

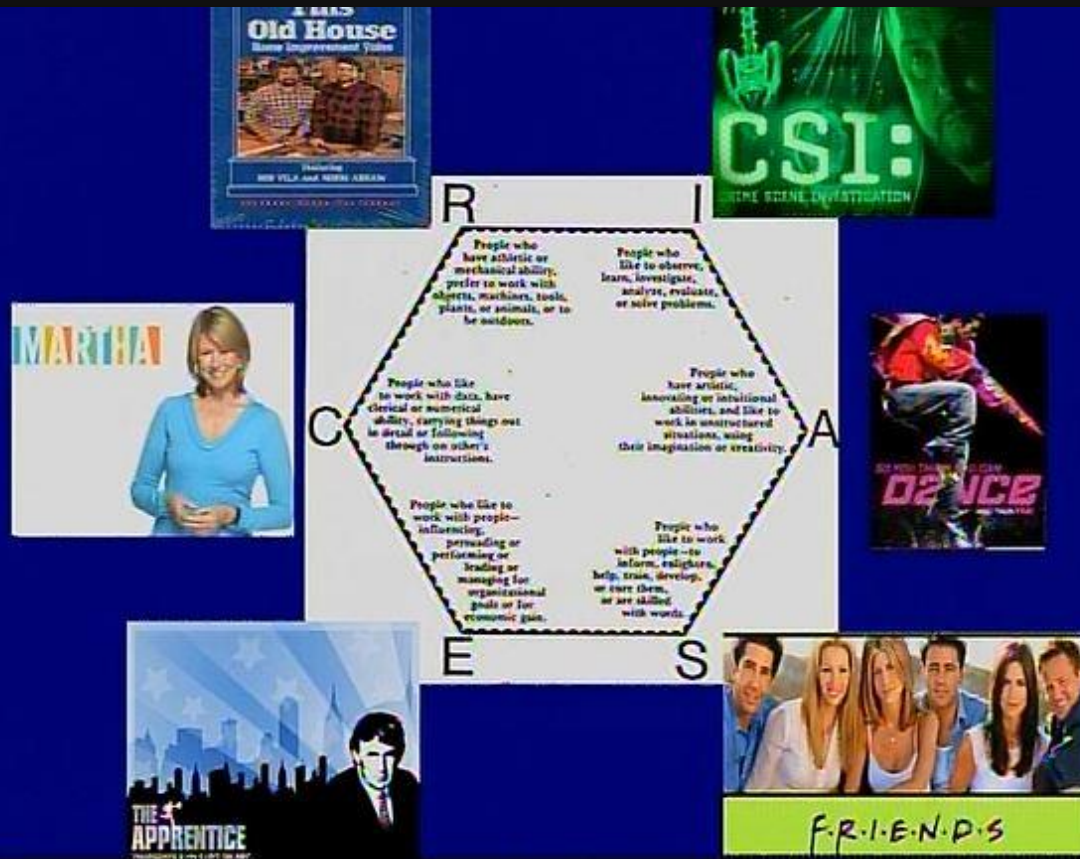
RIASEC MAGAZINE ACTIVITY (SAVICKAS)



RIASEC IN THE MALL



RIASEC ON TV



HANSEN

- Weaving our lives into an integrated whole
- Find work that needs “doing”
- Connect family and work
- Value diversity
- Manage transitions
- First theorist to include spirituality
 - Find purpose, meaning
- Attend to your health

Self-care (added to version 3 of
CDF manual, Chapter 1)



OPINIONS AND PRACTICE

OPINIONS:

- Theories are simply people's opinions
- Most theories were based on beta groups of white males
- What are your opinions?

Questions & Answers?
