# SKILLED NURSING, LONG-TERM CARE AND ASSISTED LIVING

Kristen Smith

## WHAT WILL I LEARN?

- LEVELS OF CARE: SKILLED NURSING/REHAB, LONG-TERM CARE AND ASSISTED LIVING
- WHAT IS INCLUDED
- WHO PAYS?

## SKILLED NURSING/ REHAB

## WHAT IS SKILLED NURSING/ REHAB?

- NEEDS NURSING CARE AND/OR REHAB STATUS POST HOSPITAL STAY
- TRANSITION TO HOME
- SHORT-TERM STAY
- 24/7 NURSING/CNA
- THERAPY SERVICES
  - PT
  - OT
  - ST

### **WHO PAYS**

- MEDICARE A
- MEDICARE C-MEDICARE REPLACEMENT POLICIES
  - HUMANA
  - AETNA
  - UNITED
  - ANTHEM

## MEDICARE A VS. MEDICARE C

	MEDICARE A	MEDICARE C (MEDICARE REPLACEMENT POLICY)	
AGE	65	65	
BENEFIT	SKILLED NURSING/ REHAB	SKILLED NURSING/ REHAB	
AUTHORIZATION	NO	YES	
REQUIREMENTS	INPATIENT 3 NIGHT HOSPITAL STAY	TYPICALLY NO 3 NIGHT STAY	

## **MEDICARE A**



### **COVERAGE**

100 DAYS. DAYS 1-20 COVERED AT 100%. DAYS 21-100 PATIENT RESPONSIBILITY \$200.00/DAY. SECONDARY INSURANCE NORMALLY PAYS THIS



#### **SERVICES**

PT/OT/ST
IVS, WOUND CARE,
PEG TUBE ETC.



### **INCLUDES**

ALL INCLUSIVE:
ROOM AND BORAD,
MEDICATIONS,
TREATMENTS,
EQUIPMENT WHILE
IN FACILITY



## **GOAL**

TYPICALLY, SHORT-TERM AND HOME OR LOWER LEVEL OF CARE



## BENEFIT PERIOD

100 DAYS PER SPELL. DAYS DO RESET IF YOU HAVE A 60 WELL PERIOD.

## MEDICARE C



### **COVERAGE**

REQUIRES
AUTHORIZATION:
COVERAGE
DEPENDS ON YOUR
INSURANCE. THEY
DETERMINE YOUR
LENGTH OF STAY



#### **SERVICES**

PT/OT/ST IVS, WOUND CARE, PEG TUBE ETC.



### **INCLUDES**

ALL INCLUSIVE:
ROOM AND BORAD,
MEDICATIONS,
TREATMENTS,
EQUIPMENT WHILE
IN FACILITY



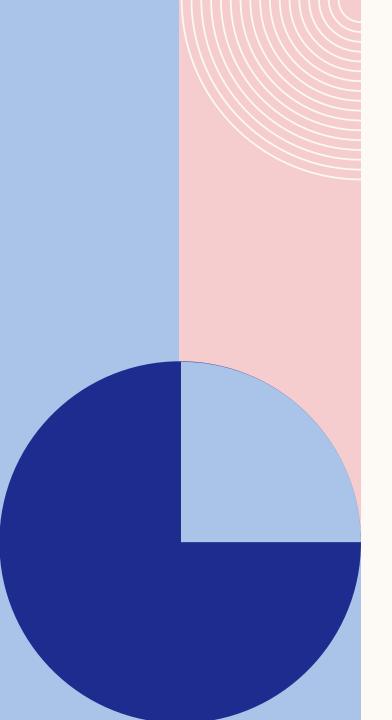
### **GOAL**

TYPICALLY SHORT-TERM AND HOME



## BENEFIT PERIOD

BENEFIT PERIOD
DEPENDS ON
YOUR
INSURANCE.



## **LONG-TERM CARE**

#### WHAT IS LONG-TERM CARE? WHO PAYS

- NEEDS CAN NO LONGER BE MET IN HOME
- ALSO KNOWN AS "CUSTODIAL CARE" OR "SKILLED NURSING"
- NURSE AND CNA COVERAGE 24/7
- RESIDENT REQUIRES ASSISTANCE WITH ACTIVITIES OF DAILY LIVING (ADLs)
  - BATHING, DRESSING. TOILETING, AMBULATION, TRANSFERS AND FEEDING

- PRIVATE
- MEDICAID
- LONG-TERM CARE INSURANCE

## **PAYMENT**



#### **PRIVATE**

- CURRENT RATES
   \$251.00/DAY FOR SEMI-PRIVATE ROOM
   \$271.00/DAY
   FOR PRIVATE ROOM.
- ADDITIONAL COSTS:
  - SUPPLIES
  - MEDICATIONS
  - ANCILLARIES: LAUNDRY, BEAUTY SHOP, TELEPHONE



### **MEDICAID**

- APPLY WITH SOCIAL SERVICES IN THE COUNTY YOU LIVE.
- REQUIRES A LTSS
  ASSESSMENT TO ENTER
- LIKELY HAVE PATIENT PAY WHICH IS SS INCOME -\$40.00

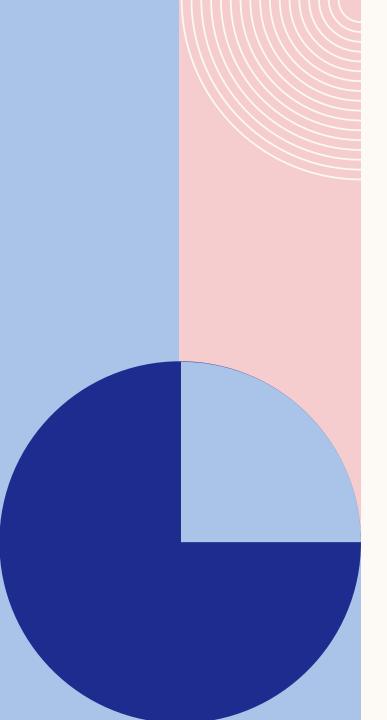


## LONG-TERM CARE INSURANCE

- REQUIRES CLAIM FILED
- CHECK YOUR
  INSURANCE SOME
  HAVE "ELIMINATION
  PERIODS" AND LEVEL
  OF CARE
  REQUIREMENTS

# HOW DO I APPLY AND WHO DO I CONTACT

- APPLICATION-ON OUR WEBSITE, CAN BE MAILED OR EMAILED
- ASSESSMENT-REVIEW CLINICAL INFORMATION AND DO ONSITE ASSESSMENT IF NEED BE
- CONTACT: KRISTEN SMITH



## **ASSISTED LIVING**

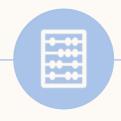
#### WHAT IS ASSISTED LIVING? WHO PAYS

- SUPERVISED LIVING
- ALSO KNOWN AS "SENIOR LIVING"
- RESIDENT REQUIRES SOME **ASSISTANCE WITH ADLS** 
  - ASSESMENT TO BE COMPLETED TO SEE WHAT LEVEL OF CARE YOU NEED
    - **RESIDENTAL LEVEL 1**
    - **RESIDENTAL LEVEL 2**
    - **INTENSIVE LEVEL 1**
    - **INTENSIVE LEVEL 2**

PRIVATE

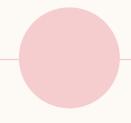
- LONG-TERM CARE **INSURANCE**
- WE DO NOT ACCEPT **AXUILLARY GRANTS**

## **PAYMENT**



#### **PRIVATE**

- CURRENT RATES
  - STUDIO: \$141.00/DAY
  - LARGE STUDIO: \$167.00/DAY
  - 1 BEDROOM: \$204/DAY
  - LARGE 1 BEDROOM: \$214.00/DAY
  - 2 BEDROOM: \$241.00/DAY
  - \*SECOND PERSON FOR LARGE 1 & 2 BEDROOM \$35.00/DAY\*



#### PRIVATE CONTINUED

- LEVELS OF CARE
  - RESIDENTAL: NO FEE
  - ASSISTED LIVING: \$20.00/DAY
  - INTENSIVE LEVEL 1: \$46.00/DAY
  - INTENSIVE LEVEL 2: \$68.00/DAY



## LONG-TERM CARE INSURANCE

- REQUIRES CLAIM FILED
- CHECK YOUR
  INSURANCE SOME HAVE
  "ELIMINATION
  PERIODS" AND LEVEL OF
  CARE REQUIREMENTS

# HOW DO I APPLY AND WHO DO I CONTACT

- APPLICATION-ON OUR WEBSITE, CAN BE MAILED OR EMAILED
- ASSESSMENT-REVIEW CLINICAL INFORMATION AND DO ONSITE ASSESSMENT
- CONTACT: ANNETTE PUTMAN

## **QUESTIONS???**

## **THANK YOU**

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