

California Diving Academy ~ DIVING MEET SCHEDULE FOR 2019 (a/o 09sept18) ~ SUBJECT TO CHANGE

2019 PROPOSED DATES		MEET NAME		WHERE	WHO	NOTES
16-Feb-19		California Diving Academy Invitational		San Ramon, CA DVHS	All	OUR MEET ~ Volunteer Early
16-Mar-19		Dos Rios Diving Invite		Roseville, CA	All	TRAVEL OPTIONAL ~ 1 night
22-24mar19		AAU Red North Qualifier ~ Tulatin Hills Park (??)		Beaverton, OR (??)	FC5-8, JO/Sr	TRAVEL ~ 3 nights
6-7apr19 or 13-14apr19		Capital Pre Regional		Davis, CA	All	TRAVEL OPTIONAL ~ 1night
25-29apr19		USA Diving Region 11 Championships		Flagstaff, AZ	FC5-8, JO/Sr	TRAVEL ~ 3 nights
02-05may19		USA Diving Region 10 Championships		Salt Lake City, HPER	FC5-8, JO/Sr	TRAVEL ~ 3 nights
24-27may19		AAU Red White and Blue Nationals		SITE TBD	Only Q's Go	TRAVEL ~ 5 nights
14-16jun19 or 21-23jun19		Summer Junior Zone F Qualifier (USAD)		SITE TBD	Only Q's Go	TRAVEL ~ 4-5 nights
14-16jun19 or 21-23jun19		Summer Junior Zone E Qualifier (USAD)		SITE TBD	Only Q's Go	TRAVEL ~ 4-5 nights
6-7jul19		Santa Clara Diving Invitational		Santa Clara, CA	All	TRAVEL ~ same day (2nights)
22-28jul19 ~ TBD		AAU Nationals		SITE TBD	Only Q's Go	TRAVEL ~ 5-6 nights
30jul-05aug19		AT&T National Diving Championships (USAD)		Knoxville, TN	Only Q's Go	TRAVEL ~ 4-9 nights
3-Aug-19		Sherman Invitational ~ 1m Only		Lafayette, CA	All	TRAVEL ~ same day (1m-ONLY)
09-11aug19		Far Western Diving Championships		Santa Clara, CA	All	TRAVEL ~ same day (2-3 nights)
21-Sep-19		Delta Valley Invite		Stockton, CA	All	TRAVEL ~ same day
2-Nov-19		Sherman Fall Fun Meet		Lafayette, CA	All	TRAVEL ~ same day
FC/HS Level	#Dives	#Groups	Groups	JO Level	#Groups	#Dives
FC-1	6	1	6skills	JO <9 Girls	3v+2o	5
FC-2	6	2	5s+1dive	JO <11 Girls	3v+3o	6
FC-3	6	2	4s+2d	JO <13 Girls	5v+2o	7
FC-4	6	2	3s+3d	JO <15 Girls	5v+3o	8
FC-5	7	3	3s+2v+2o	JO <18 Girls	5v+5o	10
FC-6	7	3	2s+3v+2o	JO <9 Boys	3v+2o	5
FC-7	7	3	1s+3v+3o	JO <11 Boys	3v+3o	6
FC-8	7	4	4vol+3opt	JO <13 Boys	5v+3o	8
High School-JV	6	4	4	JO <15 Boys	5v+4o	9
High School-V	11	5 @ 2ea+3in1	5 V-DD max 9.0	JO <18 Boys	5v+6o	11
Masters	Number of dives and groups vary by event and age group					
Future Champion Requirements	SKILLS (S)	include line-ups, and all jumps that are feet-first entries (not including somersaults)				
	Voluntary (V)	include any/all dives from dive-groups 1-6 but typically have a total DD limit (group 6 is tower)				
	Optional (O)	include any/all dives from dive groups 1-6 but with no DD limit (group 6 is tower)				



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Tower Diving Opportunities ~ 2019	Individually Scheduled Sessions (outside of regular practice)	TOTAL MEETS FOR 2019 ~ Thus-far (14)
<div style="text-align: center;"> <h2>a/o 10oct18 ~ nothing has been scheduled</h2> </div>	Private and Semi-Private Dryland Training Sessions	<div style="text-align: center;"> MEET ATTENDANCE REQUIREMENTS FC1-2 ~ 2 of 8 Local Meets FC3-4 ~ 3 of 8 Local Meets FC5-6 ~ 4 of 8 Local Meets FC7-8/All JO's ~ 5 of 8 Local Meets All JO's must also compete in up-to 6 others: 3 possible ~ USAD Regional/Zone/National 2 possible ~ AAU RWB Qualifier/Nationals 1 possible ~ AAU Summer Nationals </div>
	Private and Semi-Private Pool Training Sessions	
	Private and Semi-Private Bubbles Training Sessions	
	Private and Semi-Private Mental Training Sessions	