

class schedule



march 2020

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	3 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	4 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	5	6	7
8	9 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	10 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	11 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	12	13	14
15	16 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	17 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	18 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	19	20	21
22	23 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	24 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	25 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	26	27	28
29	30 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	31 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	1	2	3	4



Medicine Hat
Tai Chi
& Qi-gong Association

www.mhtaichi.ca

太极拳

year of
metal
rat



I am a mystery
Appearing when least expected
Charming and social
Introverted and secretive
I'm a powerful protector
An unforgiving enemy
I observe and react
Seek reform and Justice
I demand perfection
and fear failure
My objective is survival
I AM THE RAT

class schedule






april 2020

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	 1 7:00pm OPEN HOUSE MH Cultural Centre <i>Everyone welcome</i>	2	3	 Qingming Festival
5	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms	9	10 Good Friday	11
12 Easter Sunday	13 Easter Monday (No classes)	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms	16	17	18
19	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms Earth Day	23	 24 World Tai Chi and QiGong Day	25
26	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	7:00-9:00pm YANG & CHEN Traditional & Weapons forms	30	1	2



Medicine Hat
Tai Chi
 & Qi-gong Association

www.mhtaichi.ca

太极拳

year of
 metal
 rat



I am a mystery
 Appearing when least expected
 Charming and social
 Introverted and secretive
 I'm a powerful protector
 An unforgiving enemy
 I observe and react
 Seek reform and Justice
 I demand perfection
 and fear failure
 My objective is survival
 I AM THE RAT

class schedule



may 2020

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	28 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	29 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	30	1	2
3	4 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	5 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	6 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	7	8	9
10 Mother's Day	11 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	12 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	13 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	14	15	16
17	18 Victoria Day No classes	19 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	20 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	21	22	23
24	25 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	26 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	27	28	29	30
31						



Medicine Hat
Tai Chi
& Qi-gong Association

www.mhtaichi.ca

太极拳

year of
metal
rat



I am a mystery
Appearing when least expected
Charming and social
Introverted and secretive
I'm a powerful protector
An unforgiving enemy
I observe and react
Seek reform and Justice
I demand perfection
and fear failure
My objective is survival
I AM THE RAT

class schedule



june 2020

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	2 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	3 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	4	5	6
7	8 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	9 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	10 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	11	12	13
14	15 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	16 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	17 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	18	19	20
21 Father's Day	22 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	23 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	24 7:00-9:00pm YANG & CHEN Traditional & Weapons forms	25	26	27
28	29 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	30 7:00-8:00pm YANG (SHORT) 8:00-9:00pm CHEN (SHORT)	1	2	3	4



Medicine Hat
Tai Chi
& Qi-gong Association

www.mhtaichi.ca

太极拳

year of
metal
rat



I am a mystery
Appearing when least expected
Charming and social
Introverted and secretive
I'm a powerful protector
An unforgiving enemy
I observe and react
Seek reform and Justice
I demand perfection
and fear failure
My objective is survival
I AM THE RAT

class schedule



july 2020

Beginners

Intermediate

Advanced

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1 11am-4pm CANADA DAY DEMOS Kin Coulee Park <i>Members welcome to volunteer!</i>	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

No regular classes during summer.

See you in September!



Medicine Hat
Tai Chi
& Qi-gong Association

www.mhtaichi.ca

太极拳

year of
metal
rat



I am a mystery
Appearing when least expected
Charming and social
Introverted and secretive
I'm a powerful protector
An unforgiving enemy
I observe and react
Seek reform and Justice
I demand perfection
and fear failure
My objective is survival
I AM THE RAT