

LANCASTER STRIDERS

RUNNING CLUB

2019 MEMBERSHIP APPLICATION

Lancaster Striders is a local running club made up of people just like you that enjoy the physical and social aspects of running. You do not have to reside in Lancaster to become a member.

- We welcome all new members whether you are a runner, walker or just want to be a club supporter.
- Monthly club meeting that meet on the first Tuesday of each month.
- All new members *receive* one of our new member Lancaster Striders Club T-shirts.
- Enjoy the company and support of other Club members at local races all year long.
- Volunteer for races or help out with club events.
- Annual Awards Banquet, Strider Glider Quarter Marathon and a Winter and Summer Picnic
- Follow the club on our Facebook page or web page- Lancasterstriders.com
- Annual Club dues are just **\$ 15.00**.

Be our guest and join us for our next club event

For more information, contact:

President: Mark Reist – roosterm@roadrunner.com

Vice-President: Dave Barbaro – Daveb@applerubber.com

Treasurer: Gary Guzek– gguzek@sealingdevices.com

Secretary: John Barbaro- madpgmr@roadrunner.com

To join our club

Fill out the application

Mail to Gary Guzek: 180 Kristoria Lane, Alden NY 14004.

Make check payable to: **Lancaster Striders**

Name: _____ New Member: YES / NO

E-mail: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone # (_____) _____ - _____

T-Shirt Size: S _____ M _____ L _____ XL _____