



ST. BENEDICT SCHOOL FOURTH ANNUAL TURKEY TROT 5K RUN/WALK

Thanksgiving Morning, Thursday, November 28, 2019 at 9:00am

*****Location will be the same as last year's race—the start and finish will be at the CAMBRIDGE end (63200 Corduroy Rd.) of the Great Guernsey Trail*****

RACE INFO: Start or continue a family tradition and join us Thanksgiving morning for the St. Benedict School Fourth Annual Turkey Trot 5K Run/Walk! There is something for everyone, whether you're a competitive runner, or looking for some exercise before enjoying your holiday celebration. The course is a flat and fast out and back on a paved trail, beginning and ending at the Cambridge end (Corduroy Rd.) of the Great Guernsey Trail. The event will be professionally timed by Muskingum Multisports. All proceeds will directly benefit the children of St. Benedict School, providing tuition assistance for families and student scholarships.

AWARDS: Awards will be presented to the top three overall male/female finishers, as well as the top three male/female finishers in the following age groups: 14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over. Race awards are one-of-a-kind handcrafted ceramic medals. Additionally, the first 10 males and 10 females across the finish line will each take home a Theo's Restaurant homemade pie for your Thanksgiving dinner AND a fresh holiday spruce wreath from the Pot House Garden Center!

PACKET PICKUP AND RACE DAY REGISTRATION: Race day registration and packet pickup will begin at 7:30am at the Cambridge end (Corduroy Rd.) of the Great Guernsey Trail.

RACE PACKETS AND FINISH LINE PERKS: Your race packet will include a unisex race t-shirt and finish line snacks and beverages including fresh homemade Scott's Diner cinnamon rolls. All participants registered by November 5 will be guaranteed a race t-shirt. T-shirt availability for participants registered after that date will be on a first come, first served basis on race day.

ENTRY FREE: \$25 pre-registered through November 27/\$30 race day registration (non-refundable). Registration forms and fees may be mailed to (or dropped off at): St. Benedict School, 220 N. 7th St., Cambridge, OH 43725

RACE CONTACT: For any questions, please contact Susan Wright (740)680-2876

FOR MORE RACE DETAILS OR TO REGISTER ONLINE: www.muskingummultisports.com

Name: _____ Phone: _____ Age _____ (day of race) M/F _____

Address: _____ Shirt Size (Adult): _____

City/State: _____ Zip: _____ S _____ M _____ L _____ XL _____

Email: _____ Youth: YS _____ YM _____ YL _____

WAIVER: In consideration of the entrance fee paid and acceptance to participate in this event, I hereby release and discharge the St. Benedict School Turkey Trot 5K Run/Walk, St. Benedict School, the Diocese of Steubenville, Muskingum Multisports, and all sponsors, their successors and assigns, from all claims and demands whatsoever, and from all liability for any damages claimed as a result of this event. I further attest that I will participate in this event as a foot race, and that I am physically fit and sufficiently trained for the competition of this event. Finally, I grant full permission to use my name, likeness, as well as any photographs, and any record of this event in which I may appear; for any legitimate purpose, including advertising and promotion.

Signature: _____ Print Name: _____ Date: _____
(if under 18, parent or guardian)