

MCMINN SENIOR ACTIVITY CENTER

SEPTEMBER 2024

205 McMinn Ave | PO Box 1005 | Athens, TN 37303

www.mcminnseniors.com | 423-745-6830

Open 8:30 am-2 pm | Mon-Fri

LIVE ACTIVE | LIVE WELL

September HIGHLIGHTS



Happy September Birthday to....

Tom B, James C, Tom R,
Nancy L, Ruby D

Please let us know if we accidentally left you off the list!

Please remember, the calendar is subject to change.

Volunteer Planning Meeting

Thursdays @ noon

Do you want to help with events and programs at the Center? Everyone welcome!

Garden Club

Wednesday, September 4 @ 11am

Open to everyone!



Legislative Breakfast

Monday, September 9 @ 9am | Please RSVP

Rug Making Class

Woven Rugs Monday, September 9 @ 9am

Locker Hook Rugs, September 9 @ 12:30pm

Card Making Class

Friday, September 13 @ 6:10am

Monday, September 23 @ 6:30pm

Classic Car Cruise-In

Sunday, September 15 @ 1p-5pm

This family-friendly event is free to the public & for vehicle entry.



Easy Yoga w/Angela

Monday, September 16 & 30 @ 6pm

First Class is free to try out (\$3)

50th Anniversary Golden Gala

Saturday, September 21 @ 6p-9p

Picture it...you're at a great event with great food, friends, and 80s & Golden Girls Trivia while supporting and celebrating senior citizens in your community. \$

Learn If You Qualify for SNAP

Tuesday, September 24 @ 10am.

Currently only 2 out of 5 senior citizens that qualify for SNAP (Supplimental Nutrition Assistnace Program) are signed up.

Jewelry Class

Tuesday, September 25 @ 9am

Board Meeting

Thursday August 22 @ 12pm

Travel with the Center



Stop by or call for more information while seats are still available.

205 McMinn Ave | Athens, TN
|423-745-6830

Great Trains & Grand Canyons

March 30, 2025 | 6 Days

The Ark Encounter & Creation Museum

April 21, 2025 | 5 Days

Treasures of Ireland

October 14, 2025 | 9 Days

Coming Soon to the Center!

Ladies Tea

Tuesday, October 8 @ 5:30pm

Live Well Live Active Resource Fair

Saturday, October 19 @ 11am-2pm

2nd Annual Halloween Howl

Friday, October 25 @ 7pm-10pm

23rd Annual Christmas Bazaar

& Craft Show

Saturday, November 23 @ 9am-2pm

Thank you to our mission sponsors:



Home Instead.

To us, it's personal



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>9:30am - Zion OP Church 12pm - Ch of God 5pm - Zion OP Church</p>	<p>2</p> <p>Center Closed Labor Day</p>	<p>3</p> <p>9am - Blood Pressure 9am - Snooker 10am - Choir 11am - Card Club 11:30am - Lunch 12pm - Chess Club</p>	<p>4</p> <p>9am - Snooker 10am - Bingo 10:30am - Crocheting 10:30am - Knitting 11am - Garden Club 11:30am - Lunch</p>	<p>5</p> <p>8:30am - Manicures 9am - Snooker 10am - Bingo 11am - Card Club 11:30am - Lunch 12pm - Volunteer Mtg</p>	<p>6</p> <p>FREE Video Chair Yoga 8:30am - Friday Flick 9am - Snooker 11:30am - Lunch</p>	<p>7</p> <p>Call 423-745-6830 today! Did you know you can rent the Center?</p>
<p>8</p> <p>9:30am - Zion OP Church 12pm - Ch of God 5pm - Zion OP Church</p>	<p>9</p> <p>9am - Eggs & Issues 9am - Woven Rugs 10am - Bingo 11:30am - Lunch 12pm - Chess Club 12:30pm - Locker Hk Rug</p>	<p>10</p> <p>9am - Blood Pressure 10am - Choir 11am - Card Club 11:30am - Lunch M 12pm - Chess Club 2pm - Card Club</p>	<p>11</p> <p>9am - Snooker 10am - Bingo 10:30am - Crocheting 10:30am - Knitting 11:30am - Lunch</p>	<p>12</p> <p>9am - Snooker 10am - Bingo 11am - Card Club 11:30am - Lunch 12pm - Volunteer Mtg 2pm - Card Club</p>	<p>13</p> <p>FREE Video Chair Yoga 8:30am - Friday Flick 9am - Snooker 10am - Card Class 11:30am - Lunch</p>	<p>14</p> <p>Call 423-745-6830 today! Did you know you can rent the Center?</p>
<p>15</p> <p>9:30am - Zion OP Church 1pm - Cruise In 5pm - Zion OP Church</p>	<p>16</p> <p>9am - Snooker 10am - Bingo 11:30am - Lunch 12pm - Chess Club 6pm - Easy Yoga</p>	<p>17</p> <p>9am - Blood Pressure 9:30am - Sp Prg 9:30am - Town Hall Mtg 10am - Choir 11:30am - Lunch 12pm - Chess Club</p>	<p>18</p> <p>9am - Snooker 10am - Bingo 10:30am - Crocheting 10:30am - Knitting 11:30am - Lunch</p>	<p>19</p> <p>9am - Snooker 10am - Bingo 11am - Card Club 11:30am - Lunch Starr R 12pm - Book Club 12pm - Volunteer Mtg</p>	<p>20</p> <p>FREE Video Chair Yoga 8:30am - Friday Flick 9am - Snooker 11:30am - Lunch</p>	<p>21</p> <p>6pm - Golden Gala</p>
<p>22</p> <p>9:30am - Zion OP Church 12pm - Ch of God 5pm - Zion OP Church</p>	<p>23</p> <p>9am - Snooker 9am - Woven Rugs 10am - Bingo w/Beltone 11:30am - Lunch 12pm - Chess Club 12:30pm - Locker Hk Rug</p>	<p>24</p> <p>9am - Blood Pressure 10am - Choir 10am - SNAP Sign Up 11:30am - Lunch 12pm - Chess Club 2pm - Card Club</p>	<p>25</p> <p>9am - Jewellery Class 10am - Bingo 10:30am - Crocheting 10:30am - Knitting 11:30am - Lunch</p>	<p>26</p> <p>9:30am - Trafficking 10am - Bingo 11am - Card Club 11:30am - Lunch 12pm - Board Mtg 12pm - Volunteer Mtg</p>	<p>27</p> <p>FREE Video Chair Yoga 8:30am - Friday Flick 9am - Snooker 11:30am - Lunch</p>	<p>28</p> <p>Call 423-745-6830 today! Did you know you can rent the Center?</p>
<p>29</p> <p>9:30am - Zion OP Church 12pm - Ch of God 5pm - Zion OP Church</p>	<p>30</p> <p>9am - Snooker 10am - Bingo 11:30am - Lunch 12pm - Chess Club 6pm - Easy Yoga</p>	<p>1</p> <p>9am - Blood Pressure 9am - Snooker 10am - Choir 11am - Card Club 11:30am - Lunch 12pm - Chess Club</p>	<p>2</p> <p>9am - Snooker 10am - Bingo 10:30am - Crocheting 10:30am - Knitting 11am - Garden Club 11:30am - Lunch</p>	<p>3</p> <p>8:30am - Manicures 9am - Snooker 10am - Bingo 11am - Card Club 11:30am - Lunch 12pm - Volunteer Mtg</p>	<p>4</p> <p>FREE Video Chair Yoga 8:30am - Friday Flick 9am - Snooker 11:30am - Lunch</p>	<p>5</p> <p>Call 423-745-6830 today! Did you know you can rent the Center?</p>