



## Jumping for Joy!

Dogs jumping on people can be one of the biggest unwanted behaviors owners need help with. Dogs will jump up on people for a lot of reasons. They are excited, overstimulated, wanting attention or it has become a learned behavior.

If you don't want your dog to jump on you or guests here are a few tips and tricks to get you started on the right track. If you need further help, we would love to assist you in either group classes or private lessons!

- When your dog jumps on you, turn your back to him. You can tell him "Too bad" as you turn away—it will help you to remember not to yell "No!". When he stops jumping, turn around to face him. If he jumps again, turn your back to him again, saying "Too bad" as you do. Repeat these actions until you turn around to face him and he doesn't jump up. When he doesn't jump, pet and praise him. If you have treats, give him one. If he gets too excited and jumps up again, turn your back again and start over. Having your dog on leash can help as well.
- You must be consistent (this is an absolute must). You can completely wipe out being jumped on if you turn away every time. Don't accidentally teach him that sometimes you can jump and sometimes you can't, or he'll always be looking for the times that it's okay.
- If you turn your back and your dog just keeps jumping on your back, try walking away. It's important that you completely ignore the dog—don't talk to him or chide him. Pretend like he is not there. If walking away doesn't work (he follows and jumps or tugs on your pants), you'll have to give him a time out by either closing a door between you or quickly putting him behind a baby gate or in his crate. Be careful not to act angry—just tell him "Too bad" and do it. The point to get across is not "You're a bad dog" but "When you act like that, I won't play with you."
- Work on a lot of sitting to be petted or rewarded. Consistently teaching your dog that all four feet on the floor gets them attention, play and treats will help make this process faster.
- Set up scenarios in the house where you can practice this. At the front door, coming in from outside, etc. The more you practice, the more your dog will do it consistently when you need for them to.
- If your dog is jumping on others then work with them on leash at first having them sit and be calm next to guests. If they start to jump then say "too bad" and move them away from the guest. The same rules apply, if they are jumping then they don't get to say hi.
- Don't jerk your dogs collar or leash. Don't kick or knee them away. We are not punishing; we are teaching your dog what to do instead. It is more effective and will be better in the long run.

For additional training needs, please call or email us.