

## **Spirituality Programs**

When: The Second Wednesday of each Month

Where: The Centennial Barn - 110 Compton Road, 45215

Time: 6:30 pm to 8:00pm RSVP

Call: 513-761-1697 Ext. 181

Email: office@franciscansistersofthepoor

## November 14, 2018 Healing of Memories—Leah Curtin, RN, ScD(h)

The healing of memories is a term coined by Agnes Sanford, and it is one of her great contributions to the area of Christian healing. The workshop will focus on the technique as taught by Mrs. Sanford as an effective tool for helping others deal with the traumas of their past.

## January 9, 2019 Living in the Light—Patricia Faust

Coping with the losses of late life through religion. When people of greatest maturity meet situations of greatest challenge - they move from religious thought to religion in action. Research supports that older people turn to religion at a time of loss.

## February 13, 2019 The Gift Of Being Wrong-Jo Koch

Would you rather be right or wrong? Right, of course! We spend our lives driven by the feel good rewards of being right and the painful consequences of being wrong. But... can being wrong actually be good for us? Can being wrong lead us to spiritual and relational growth and transformation? Join us as we explore the possibilities.