



F2C Ambassador 2025 Checklist

All product info and details are on the main [F2C Website](#)
The [Team F2C Website](#) will give you answers to most of the questions you are asking!

To Do's Description	Where to find?	Task Complete
Contract/NDA e-form filled out and submitted (copy will be sent to your email)	Activation email link	
Team F2C Closed Facebook – info sent to join Facebook group	Activation email	
\$50.00US/\$75.00CAN admin fee	Emailed invoice from orders@f2cnutrition.com	
Google Calendar races for 2025 to F2C	Team F2C Facebook Post by Blake and Jules	
Google Calendar Event Volunteer form	Team F2C Facebook	
F2C kit purchase - Kit logo consultation – must email	Contract/ email /Team F2C Facebook	
Monthly social media posting, sharing, tagging	Contract/ Team Website examples/seminar Team F2C Facebook	
Where can I find F2C logos?	Team Website /Team F2C Facebook Files	
F2C dedicated posts- 4 per month (approx. 1 per week)	Examples /seminar Team F2C Facebook	
How to submit social media tracking tracking@f2cnutrition.com	Website examples /seminar Team F2C Facebook	
How to earn and redeem product credit tracking@f2cnutrition.com	Website example /seminar Team F2C Facebook	
Product Overview for new members and returning members	See last year's	
Booth Hanging time – check out the 2025 F2C schedule to see where you can connect with F2C!	Team F2C Facebook	

Key emails- please make sure you have these emails added to your “safe senders” list so they do not get put into Junk or SPAM folders

athlete@f2cnutrition.com for all info/questions about the Ambassador program

tracking@f2cnutrition.com for submitting all social media tracking and inquiring about product credit. (note if you send it to another email it may not get credited)

orders@f2cnutrition.com for all inquiries about your order and shipping