

ROLLING HILLS BLUE STAR CHAPTER

Items are being collected to send to our service men and women serving overseas

(items must fit in a 12x 12 x 5 1/2" USPS box)

Website: www.rollinghillsbluestarmoms.org Email: 1stvp.rhbsm@gmail.com

*****Individual items are best*** Highlighted items are needed most**

THANK YOU FOR YOUR SUPPORT

We request items be travel size portions. i.e., travel size toiletries, small cans of fruit, etc. No aerosol can products.

CORRESPONDENCE

Writing Paper/Envelopes/Greeting Cards
Pens/Pencils/Pencil Sharpeners

DENTAL

Floss
Mouthwash (small containers)
Toothbrushes
Toothpaste

DRINKS

Coffee/Starbucks VIA (instant)

Coffee Creamer - powder

Gatorade

Powdered Drink Mixes

Tea Mixes (sweet) (or tea bags)

FOOD ITEMS ARE NEEDED MOST

FOOD (including dry goods, snacks)

Sugar, Salt & Pepper Packets

Protein/Energy Bars

Jerky

Canned Fruit (pop top cans no plastic)

Canned Meat (pop top cans no plastic)

Cereal (in small boxes)/**Granola Bars**

Gum

Oatmeal (instant)

Cookies/Girl Scout Cookies

Instant Soups (Top Ramien, Cup of Soup)

Tuna Kits

GAMES

Board Games
Checkers (travel size)
Chess (travel size)
Puzzles/Crossword Puzzles
Playing Cards

MUSIC/MOVIES

CD Fanny Packs
CDs/DVDs
Harmonicas

PRINTED MATERIALS

Books (paperbacks)
Newspapers (local)
Magazines (current)

TOILETRIES/HYGIENE

Baby Wipes (indiv. packs)

Nose spray

Eye Drops

Deodorant

Feminine Hygiene Products

Foot Powder

Hand Lotion

Hairbrushes

Hand Sanitizers (indiv. size)

Nail Clippers

Lip Balm

Q-Tips

Razors (disposable)

Shampoo/Conditioner

Soap

Sunscreen

Tissues (indiv. packs)

Toilet Paper (including travel size)

Tylenol (individual packets)

Wash Cloths

OTHER

Plastic spoons/forks/knives

American Flags (small)

Baggies (all sizes with zip lock)

Batteries (all sizes)

Bug Spray

Duct Tape

Disposable Cameras

Flashlights (mini)

Fans (small – with extra batteries)

Fly Strips – No Fly Swatters

Pre-Paid Phone Cards

Shoe Insole Cushions

Socks (cotton/cushioned)

T-Shirts

Sunglasses (black – no brand names)