lace	Name (Team)	Hometown	Gender	Туре	Bib#	Time	Pace	Speed		Division Rank
1	ROBERTO ARACENA		M: 1	RUNNER	1313	00:21:34.20	06:57	8.6mph	1	Male Overall: 1
			Split Description	Split Time	<u>e</u>	<u>Pace</u>	Spe	eed	Cumulative	!
			Split 1	00:04:07.7	3	06:39	9.01	mph	00:04:07.73	
			Split 2	00:04:15.9	2	06:52	8.71	nph	00:08:23.64	
			Split 3	00:04:28.9		07:13		nph	00:12:52.61	
			Split 4	00:04:31.2		07:17		nph	00:17:23.90	
_			Split 5	00:04:10.3		06:43		nph .	00:21:34.20	
2	JAMES PYUN		M: 2	RUNNER	1341	00:21:37.27	06:58	8.6mph	1	Male Overall: 2
			Split Description	Split Time	_	<u>Pace</u>		eed	Cumulative	!
			Split 1	00:04:09.2		06:41		nph	00:04:09.24	
			Split 2	00:04:20.4		07:00		mph	00:08:29.68	
			Split 3 Split 4	00:04:27.7 00:04:27.6		07:11 07:11		mph mph	00:12:57.37 00:17:25.05	
			Split 5	00:04:12.2		06:46		nph	00:21:37.27	
3	JOSHUA LIN		M: 3	RUNNER	1365	00:22:02.75		8.4mph		Male Overall: 3
•			Split Description	Split Time		<u>Pace</u>		eed	Cumulative	
			Split 1	00:04:07.7		06:39		mph	00:04:07.78	
			Split 2	00:04:17.1		06:57		nph	00:04:07:70	
			Split 3	00:04:32.4		07:19		nph	00:12:59.32	
			Split 4	00:04:40.0	9	07:31	8.01	nph	00:17:39.40	
			Split 5	00:04:23.3	5	07:04	8.51	nph	00:22:02.75	
4	ANGELO CRIMENI	BELLMORE, NY	M: 4	RUNNER	1551	00:22:08.77	07:08	8.4mph	1	Male Overall: 4
			Split Description	Split Time	<u>e</u>	<u>Pace</u>	Spe	<u>eed</u>	Cumulative	!
			Split 1	00:04:19.2	9	06:58	8.6	mph	00:04:19.29	
			Split 2	00:04:20.5	2	07:00	8.61	nph	00:08:39.81	
			Split 3	00:04:29.2		07:14		nph	00:13:09.01	
			Split 4	00:04:35.4		07:24		nph	00:17:44.44	
<i>-</i>	DILL MODERMOTT		Split 5	00:04:24.3		07:06		nph	00:22:08.77	Mala Overelli F
5	BILL MCDERMOTT		M: 5	RUNNER	1335	00:22:42.98		8.2mph		Male Overall: 5
			Split Description	Split Time	_	<u>Pace</u>		<u>eed</u>	Cumulative	!
			Split 1	00:04:20.4		07:00		mph	00:04:20.43	
			Split 2	00:04:32.6		07:19 07:30		mph mph	00:08:53.07	
			Split 3 Split 4	00:04:39.2 00:04:39.1		07:30 07:30		npn nph	00:13:32.35 00:18:11.45	
			Split 5	00:04:33.1		07:17		nph	00:10:11.40	
6	TIMOTHY MIETUS		M: 6	RUNNER	1347	00:23:13.23		8.0mph		Male Overall: 6
•	111101111111111111111111111111111111111		Split Description	Split Time		Pace		eed	Cumulative	
			Split 1	00:04:29.7	_	07:15		mph	00:04:29.79	
			Split 2	00:04:27.9		07:12		nph	00:04:23:73	
			Split 3	00:04:36.1		07:25		nph	00:13:33.83	
			Split 4	00:04:47.1		07:43		nph	00:18:20.96	
			Split 5	00:04:52.2	8	07:51	7.61	nph	00:23:13.23	
7	JUNE PARK	KINGS PARK, NY	′ M: 7	RUNNER	1577	00:24:06.12	07:46	7.7mph)	Male Overall: 7
			Split Description	Split Time	9	<u>Pace</u>	Spe	<u>eed</u>	Cumulative	,
			Split 1	00:04:14.5		06:50		mph	00:04:14.57	
			Split 2	00:04:33.6		07:21		nph	00:08:48.23	
			Split 3	00:04:58.4		08:01		mph	00:13:46.62	
			Split 4	00:05:07.9		08:16		mph	00:18:54.59	
_		10012222	Split 5	00:05:11.5		08:22		mph .	00:24:06.12	
8	MICHAEL NEALIS	KINGS PARK, NY	′ M: 8	RUNNER	1576	00:24:19.58	07:50	7.6mph	1	Male Overall: 8
			Split Description	Split Time		<u>Pace</u>	_	eed	Cumulative	!
			Split 1	00:04:32.8		07:20		mph ,	00:04:32.87	
			Split 2	00:04:48.0		07:44		nph ~~	00:09:20.88	
			Split 3 Split 4	00:04:58.3 00:05:04.7		08:01 08:11	7.5ı 7.3ı		00:14:19.23 00:19:24.00	
			Split 4 Split 5	00:05:04.7		08:11 07:56	7.31 7.61		00:19:24.00	
		NESCONSET, N		RUNNER	1548	00:25:04.15		7.4mph		Male Overall: 9
a	KYLE CARPENITED	INLUCCINGE I, IN	i ivi. Ə					•		
9	KYLE CARPENTER		Calif Decariation	Split Time	_	<u>Pace</u> 08:05		e <u>ed</u> mph	00:05:00.74	!
9	KYLE CARPENTER		Split Description	-			7.41	. pii	00:05:00.74	
9	KYLE CARPENTER		Split 1	00:05:00.7				nan		
9	KYLE CARPENTER		Split 1 Split 2	-	11	07:41 08:04	7.81		00:14:47.11	
9	KYLE CARPENTER		Split 1	00:05:00.7 00:04:46.0	1 7	07:41	7.8i 7.4i	nph nph nph		
9	KYLE CARPENTER		Split 1 Split 2 Split 3	00:05:00.7 00:04:46.0 00:05:00.3	11 17 13	07:41 08:04	7.8i 7.4i 7.1i	nph	00:14:47.11	
	TYLER LIAUTAUD		Split 1 Split 2 Split 3 Split 4	00:05:00.7 00:04:46.0 00:05:00.3 00:05:14.4	11 17 13	07:41 08:04 08:27	7.8i 7.4i 7.1i 7.4i	mph mph	00:14:47.11 00:20:01.53 00:25:04.15	
			Split 1 Split 2 Split 3 Split 4 Split 5	00:05:00.7 00:04:46.0 00:05:00.3 00:05:14.4 00:05:02.6	11 13 13 1387	07:41 08:04 08:27 08:08	7.8i 7.4i 7.1i 7.4i 08:33	nph nph nph	00:14:47.11 00:20:01.53 00:25:04.15	Male Overall: 10
			Split 1 Split 2 Split 3 Split 4 Split 5 M: 10	00:05:00.7 00:04:46.0 00:05:00.3 00:05:14.4 00:05:02.6 RUNNER	11 13 13 1387 1387	07:41 08:04 08:27 08:08 00:26:33.37	7.81 7.41 7.11 7.41 08:33	mph mph mph 7.0mph	00:14:47.11 00:20:01.53 00:25:04.15	Male Overall: 10
			Split 1 Split 2 Split 3 Split 4 Split 5 M: 10 Split Description	00:05:00.7 00:04:46.0 00:05:00.3 00:05:14.4 00:05:02.6 RUNNER <u>Split Time</u>	11 17 13 13 1387 1387	07:41 08:04 08:27 08:08 00:26:33.37 <u>Pace</u>	7.81 7.41 7.11 7.41 08:33	nph nph mph 7.0mph eed nph	00:14:47.11 00:20:01.53 00:25:04.15 Cumulative	Male Overall: 10
			Split 1 Split 2 Split 3 Split 4 Split 5 M: 10 Split Description Split 1 Split 2 Split 3	00:05:00.7 00:04:46.0 00:05:00.3 00:05:14.4 00:05:02.6 RUNNER Split Time 00:04:14.7 00:04:21.9 00:04:46.9	11 13 13 1387 1387 27 16	07:41 08:04 08:27 08:08 00:26:33.37 <u>Pace</u> 06:50 07:02 07:42	7.8 <i>i</i> 7.4 <i>i</i> 7.1 <i>i</i> 7.4 <i>i</i> 08:33 Spi 8.8 <i>i</i> 8.5 <i>i</i> 7.8 <i>i</i>	mph mph 7.0mph eed mph mph mph	00:14:47.11 00:20:01.53 00:25:04.15 00:04:14.77 00:08:36.73 00:13:23.64	Male Overall: 10
			Split 1 Split 2 Split 3 Split 4 Split 5 M: 10 Split Description Split 1 Split 2	00:05:00.7 00:04:46.0 00:05:00.3 00:05:14.4 00:05:02.6 RUNNER Split Time 00:04:14.7 00:04:21.9	11 17 13 13 1387 17 16 11 15	07:41 08:04 08:27 08:08 00:26:33.37 <u>Pace</u> 06:50 07:02	7.8 <i>i</i> 7.4 <i>i</i> 7.1 <i>i</i> 7.4 <i>i</i> 08:33 Spi 8.8 <i>i</i> 8.5 <i>i</i> 7.8 <i>i</i> 4.44	mph mph mph 7.0mph eed mph mph	00:14:47.11 00:20:01.53 00:25:04.15 00:25:04.15 00:04:14.77 00:08:36.73	Male Overall: 10

STRONG ISLAND RUNNING CLUB Printed: 6/8/2024 9:57:02 AM Page: 1 of 6

	Name (Team)	Hometown	Gender	Type	Bib#	Time	Pace	Speed	Division Rank
	JOHN STAUBER	MASSAPEQUA, N		RUNNER	1584	00:27:43.41	08:56	6.7mph	
			Split Description	Split Tim	_	<u>Pace</u>		eed	<u>Cumulative</u>
			Split 1 Split 2	00:05:24.4 00:05:37.7		08:43 09:04		mph mph	00:05:24.49 00:11:02.24
			Split 3	00:05:36.4		09:02		mph	00:16:38.72
			Split 4	00:05:40.9	93	09:09	6.5	mph	00:22:19.65
			Split 5	00:05:23.7		08:42		mph	00:27:43.41
12	NICHOLAS ANGERHAUSER		M: 12 Split Description	RUNNER Split Tim	1312 e	00:28:17.83 <u>Pace</u>		6.6mph eed	Male Overall: 12 Cumulative
			Split 1	00:04:32.6	_	07:19		mph	00:04:32.65
			Split 2	00:05:34.7		08:59		mph	00:10:07.34
			Split 3 Split 4	00:05:50.1 00:06:36.8		09:24 10:39		mph mph	00:15:57.46 00:22:34.02
			Split 5	00:05:43.8		09:14		mph	00:28:17.83
13	DONALD MACKAY (MACKA FAMILY)	YSHOREHAM, NY	M: 13	RUNNER	1571	00:28:18.37	09:07	6.6mph	Male Overall: 13
	,		Split Description	Split Tim		<u>Pace</u>	<u>Sp</u>	<u>eed</u>	Cumulative
			Split 1	00:05:10.7		08:21		mph 	00:05:10.77
			Split 2 Split 3	00:05:39.0 00:05:50.		09:06 09:24		mph mph	00:10:49.79 00:16:39.93
			Split 4	00:05:52.		09:28		mph	00:22:32.09
			Split 5	00:05:46.2	29	09:18	6.4	mph	00:28:18.37
14	ROBERT ABRUZZINO	WANTAGH, NY	M: 14	RUNNER	1540	00:28:18.99		6.6mph	
			Split Description Split 1	<u>Split Tim</u> 00:05:43.3	_	<u>Pace</u> 09:13		<u>eed</u> mph	<u>Cumulative</u> 00:05:43.32
			Split 1 Split 2	00:05:43.3		09:13 09:15		mph mph	00:05:43.32 00:11:28.03
			Split 3	00:05:28.6		08:50		mph	00:16:56.65
			Split 4	00:05:49.3		09:23		mph	00:22:46.01
15	REBECCA MACKAY (MACKAY FAMILY)	SHOREHAM, NY	Split 5 F: 1	00:05:32.9 RUNNER	1572	08:57 00:28:41.17		6.5mph	00:28:18.99 Female Overall: 1
	(Split Description	Split Tim	_	<u>Pace</u>	<u>Sp</u>	<u>eed</u>	Cumulative
			Split 1	00:04:51.0		07:49		mph	00:04:51.04
			Split 2 Split 3	00:05:39.4 00:06:03.4		09:07 09:46		mph mph	00:10:30.53 00:16:33.95
			Split 4	00:06:22.6		10:17		mph	00:22:56.62
			Split 5	00:05:44.8	56	09:15	6.5	mph	00:28:41.17
16	LORI GARGARO	BAY SHORE, NY	F: 2	RUNNER	1553	00:29:06.41		6.4mph	
			Split Description Split 1	<u>Split Tim</u> 00:05:42.4		<u>Pace</u> 09:12		<u>eed</u> mph	<u>Cumulative</u> 00:05:42.48
			Split 2	00:05:41.6		09:11		mph	00:11:24.15
			Split 3	00:05:45.		09:16		mph	00:17:09.32
			Split 4	00:05:53.0 00:06:04.1		09:29		mph mph	00:23:02.32
17	MARCO POSILLICO		Split 5 M: 15	RUNNER	1382	09:47		<i>mph</i> 5.5mph	00:29:06.41 Male Overall: 15
•			Split Description	Split Tim		<u>Pace</u>		eed	<u>Cumulative</u>
			Split 1	00:06:17.2		10:08		mph	00:06:17.23
			Split 2	00:06:33.5		10:34		mph	00:12:50.73
			Split 3 Split 4	00:06:46.3 00:07:05.0		10:55 11:25		mph mph	00:19:37.11 00:26:42.20
			Split 5	00:06:48.9		10:59		mph	00:33:31.14
18	MARIA MARDAREWICH (NOTRE DAME RESPECT LIF)	NEW HYDE PARK NY	K, F: 3	RUNNER	1575	00:34:01.51	10:58	5.5mph	Female Overall: 3
			Split Description	Split Tim	<u>e</u>	<u>Pace</u>	<u>Sp</u>	<u>eed</u>	Cumulative
			Split 1	00:06:29.		10:27		mph mph	00:06:29.10
			Split 2 Split 3	00:06:36.3 00:06:50.9		10:39 11:02		mph mph	00:13:05.41 00:19:56.37
			Split 4	00:07:10.8		11:34		mph	00:27:06.90
		,	Split 5	00:06:54.6		11:08		mph	00:34:01.51
19	ANNA SUTTMILLER	WEST HEMPSTE	AD, F: 4	RUNNER	1586	00:35:48.73	11:33	5.2mph	Female Overall: 4
			Split Description	Split Tim	<u>e</u>	<u>Pace</u>	<u>Sp</u>	<u>eed</u>	Cumulative
			Split 1	00:05:57.		09:36		mph	00:05:57.14
			Split 2	00:06:39.5	52	10:44	5.6	mph	00:12:36.66
					11	12.21		mnh	00:20:55 67
			Split 3 Split 4	00:08:19.0 00:07:53.2		13:24 12:43	4.5	mph mph	00:20:55.67 00:28:48.95

	e Name (Team)	Hometown	Gender F: 5	Type	Bib #	7ime	Pace	Speed 5.2mph	Division Rank
<u>L</u> U	RUTH MACKAY (MACKAY FAMILY)	SHOREHAM, NY	F. 5	RUNNER	1574	00:36:02.54	11:37	5.2mph	Female Overall: 5
		<u>\$</u>	Split Description	Split Tim		<u>Pace</u>		<u>eed</u>	Cumulative
			Split 1	00:06:20.5		10:13	5.91	•	00:06:20.56
			Split 2	00:06:50.5		11:02	5.41	•	00:13:11.07
			Split 3 Split 4	00:07:47.9 00:07:39.4		12:34 12:21		mph mph	00:20:59.06 00:28:38.52
			Split 5	00:07:39.2		11:56		nph mph	00:36:02.54
21	MARY GRACE LYNCH	STONY BROOK, N		RUNNER	1570	00:37:42.05		4.9mph	
۱ ک	WART GRACE ETNOT							•	
		<u> </u>	Split Description	Split Tim	_	<u>Pace</u>		<u>eed</u>	<u>Cumulative</u>
			Split 1 Split 2	00:07:11.0 00:07:27.0		11:35 12:01		mph	00:07:11.04 00:14:38.11
			Split 3	00:07:27.0		12:19	5.0i 4 9i	nph mph	00:14:38.11
			Split 4	00:07:42.0		12:25	4.81	•	00:29:58.91
			Split 5	00:07:43.		12:26	4.81	•	00:37:42.05
22	DON MACKAY		M: 16	RUNNER	1403	00:38:12.02	12:19	4.9mph	Male Overall: 16
		<u> </u>	Split Description	Split Tim	<u>e</u>	<u>Pace</u>	Spe	eed	Cumulative
		_	Split 1	00:07:59.9		12:54	4.71		00:07:59.96
			Split 2	00:07:42.2		12:25	4.81	•	00:15:42.16
			Split 3	00:07:36.		12:15	4.91	•	00:23:18.33
			Split 4	00:07:34.5		12:13		mph mph	00:30:52.83
00	ANA CALDEDON		Split 5	00:07:19.2		11:48	5.11		00:38:12.02
23	ANA CALDERON		F: 7	RUNNER	1405	00:39:23.65		4.7mph	
		<u> </u>	Split Description	<u>Split Tim</u> 00:06:32.	_	<u>Pace</u> 10:32		<u>eed</u>	<u>Cumulative</u> 00:06:32.19
			Split 1 Split 2	00:06:32.		10:32 12:11	5.71 4.91	•	00:14:05.86
			Split 3	00:08:05.8		13:03	4.61	•	00:22:11.42
			Split 4	00:09:51.7		15:54		nph	00:32:03.12
			Split 5	00:07:20.5		11:50	5.11		00:39:23.65
24	EARL BAIM		M: 17	RUNNER	1342	00:40:18.61	13:00	4.6mph	Male Overall: 17
		<u> </u>	Split Description	Split Tim	<u>e</u>	<u>Pace</u>	Spe	eed	Cumulative
			Split 1	00:07:09.8		11:32	5.21	•	00:07:09.57
			Split 2	00:08:49.7		14:14	4.21	•	00:15:59.34
			Split 3	00:08:05.4		13:02		mph mph	00:24:04.74
			Split 4 Split 5	00:08:13.7 00:08:00.		13:16 12:54	4.5ı 4.6ı		00:32:18.49 00:40:18.61
25	MICHAEL GAUDIO		M: 18	RUNNER	1420	00:40:52.75		4.5mph	
		<u> </u>	Split Description	Split Tim		<u>Pace</u>		eed '	Cumulative
			Split 1	00:07:25.3	34	11:58	5.01	mph	00:07:25.34
			Split 2	00:08:40.8	37	14:00	4.31	mph	00:16:06.20
			Split 3	00:08:11.9		13:13	4.51	•	00:24:18.14
			Split 4	00:08:16.0		13:19	4.51	•	00:32:34.14
26	TOM KENNEDY	AMITY\/IIIE NIV	Split 5	00:08:18.6		13:24	4.51		00:40:52.75
∠0	TOM KENNEDY	AMITYVILLE, NY	M: 19 Split Description	RUNNER Split Tim	1565	00:40:53.00 <u>Pace</u>		4.5mph <u>eed</u>	Male Overall: 19 <u>Cumulative</u>
		2	Split 1	00:10:17.5	_	<u>race</u> 16:35	3.61		00:10:17.51
			Split 2	00:06:51.2		11:03	5.4i		00:17:08.78
			Split 3	00:07:33.2		12:10		mph	00:24:41.99
			Split 4	00:07:54.8		12:45		nph	00:32:36.85
			Split 5	00:08:16.	16	13:20	4.51	mph	00:40:53.00
27	KATHERINE SUTTMILLER	WEST HEMPSTEA	ND, F: 8	RUNNER	1587	00:46:33.08	15:00	4.0mph	Female Overall: 8
			Split Description	Split Tim	Δ.	<u>Pace</u>	Sn	eed	<u>Cumulative</u>
		2	Split 1	00:08:41.4	_	<u>race</u> 14:01	<u>30</u> 0		00:08:41.46
			Split 2	00:08:18.6		13:24	4.51	•	00:17:00.11
			Split 3	00:09:39.7		15:35		mph	00:26:39.88
			Split 4	00:10:19.		16:38		nph	00:36:59.00
			Split 5	00:09:34.0	08	15:25	3.91	mph	00:46:33.08
28	KERI SUTTMILLER	WEST HEMPSTEA NY	ND, F: 9	RUNNER	1588	00:46:33.50	15:01	4.0mph	Female Overall: 9
			Split Description	Split Tim	Δ.	<u>Pace</u>	Sn	eed	<u>Cumulative</u>
		7	Split 1	00:08:41.2	_	<u>race</u> 14:00	<u>3pt</u> 4.3i		00:08:41.24
			Split 2	00:08:19.0		13:24		nph nph	00:17:00.23
			Split 3	00:09:39.4		15:34		mph	00:26:39.67
			Split 4	00:10:19.2	24	16:38	3.61	mph	00:36:58.90

	e Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
29	CHRISTIE JIMINEZ	MEDFORD, NY	F: 10	RUNNER	1563	00:47:53.69		3.9mph	
			Split Description	Split Tim	_	<u>Pace</u>		<u>eed</u>	Cumulative
			Split 1	00:09:28.6 00:06:42.4		15:17	3.91		00:09:28.63 00:16:11.09
			Split 2 Split 3	00:06:42.2		10:49 19:29	5.5i	npn mph	00:28:16.15
			Split 4	00:10:35.2		17:04		nph	00:38:51.43
			Split 5	00:09:02.2	27	14:34	4.11		00:47:53.69
30	HEATHER STOKES	MEDFORD, NY	F: 11	RUNNER	1585	00:47:54.33	15:27	3.9mph	Female Overall: 11
			Split Description	Split Tim	_	<u>Pace</u>		<u>eed</u>	Cumulative
			Split 1	00:09:29.4		15:18		mph	00:09:29.44
			Split 2 Split 3	00:06:42.2 00:12:05.7		10:48 19:30	5.5ı 3.1ı		00:16:11.68 00:28:17.40
			Split 4	00:12:03:7		17:03	3.11 3.51		00:38:51.84
			Split 5	00:09:02.4		14:34	4.11		00:47:54.33
31	MAGGIE BARRY	ROCKVILLE CENTRE, NY	F: 12	RUNNER	1545	00:48:00.80	15:29	3.9mph	Female Overall: 12
			Split Description	Split Tim	<u>e</u>	<u>Pace</u>	Spe	<u>eed</u>	Cumulative
			Split 1	00:09:46.8		15:46	3.81		00:09:46.82
			Split 2	00:09:54.0		15:58	3.81		00:19:40.84
			Split 3	00:09:42.8		15:40	3.81		00:29:23.69
			Split 4 Split 5	00:09:45.6 00:08:51.4		15:44 14:17	3.81 4.21	mph mph	00:39:09.33 00:48:00.80
22	KATE BARRY	ROCKVILLE	F: 13	RUNNER	1543	00:48:01.74			
32	KATE BARKT	CENTRE, NY	F. 13	RUNNER	1543	00.46.01.74	15.29	3.9mph	remale Overall. 13
			Split Description	Split Tim		<u>Pace</u>		<u>eed</u>	Cumulative
			Split 1	00:09:48.1		15:48	3.81		00:09:48.15
			Split 2	00:09:53.2		15:56 15:42	3.81 3.81		00:19:41.36
			Split 3 Split 4	00:09:44.5 00:09:44.5		15:42 15:42	3.81 3.81	mph mph	00:29:25.94 00:39:10.50
			Split 5	00:08:51.2		14:16	4.21		00:48:01.74
	DODEDT MANOLANA (MANOLA	AYSHORFHAM NY	M: 20	RUNNER	1573	00:48:26.65	15:37	3.8mph	Male Overall: 20
33	ROBERT MACKAY (MACK FAMILY)								
33			Split Description	Split Tim		<u>Pace</u>		<u>eed</u>	<u>Cumulative</u>
33			<u>Split Description</u> Split 1	00:08:55.2	29	14:23	4.21	mph	00:08:55.29
33			Split Description Split 1 Split 2	00:08:55.2 00:10:15.2	?9 ?7	14:23 16:32	4.21 3.61	mph mph	00:08:55.29 00:19:10.55
33			Split Description Split 1 Split 2 Split 3	00:08:55.2 00:10:15.2 00:09:16.9	?9 ?7 95	14:23 16:32 14:58	4.21 3.61 4.01	mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49
33			Split Description Split 1 Split 2	00:08:55.2 00:10:15.2	?9 ?7 95 1 9	14:23 16:32	4.21 3.61 4.01	mph mph mph mph	00:08:55.29 00:19:10.55
		ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4	?9 ?7 95 1 9	14:23 16:32 14:58 14:28	4.2r 3.6r 4.0r 4.1r 3.4r	mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65
	FAMILY)	ROCKVILLE	Split Description Split 1 Split 2 Split 3 Split 4 Split 5	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER	29 27 95 19 18 1544	14:23 16:32 14:58 14:28 17:45 00:48:46.10	4.21 3.61 4.01 4.11 3.41 15:43	mph mph mph mph mph 3.8mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65
	FAMILY)	ROCKVILLE	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6	29 27 95 19 68 1544	14:23 16:32 14:58 14:28 17:45	4.21 3.61 4.01 4.11 3.41 15:43	mph mph mph mph mph 3.8mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14
	FAMILY)	ROCKVILLE	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.2 00:11:00.6 RUNNER	29 27 95 19 68 1544 <u>e</u>	14:23 16:32 14:58 14:28 17:45 00:48:46.10	4.2r 3.6r 4.0r 4.1r 3.4r 15:43	mph mph mph mph mph 3.8mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 <u>Cumulative</u>
	FAMILY)	ROCKVILLE	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.6	29 27 95 19 68 1544 ••• 64	14:23 16:32 14:58 14:28 17:45 00:48:46.10 <u>Pace</u> 15:46	4.2 <i>i</i> 3.6 <i>i</i> 4.0 <i>i</i> 4.1 <i>i</i> 3.4 <i>i</i> 15:43	mph mph mph mph mph 3.8mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 <u>Cumulative</u> 00:09:46.64
	FAMILY)	ROCKVILLE	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 3 Split 4	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.6 00:09:52.0 00:09:52.1 00:09:44.2	29 27 95 19 88 1544 ••• 64 93 74	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:54 15:42	4.21 3.61 4.01 4.11 3.41 15:43 \$\sum_{3.81}\$ 3.81 3.81 3.81	mph mph mph mph mph 3.8mph eed mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69
34	FAMILY) KRISTEN BARRY	ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.6 00:09:52.0 00:09:42.2 00:09:44.2 00:09:37.4	29 27 27 25 29 38 1544 26 64 23 24 28 84 11	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:54 15:42 15:31	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.8r 3.8r 3.9r	mph mph mph mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10
34	FAMILY)	ROCKVILLE	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21	00:08:55.2 00:10:15.2 00:09:16.8 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.6 00:09:45.7 00:09:44.2 00:09:37.4 RUNNER	29 27 35 49 49 49 49 49 49 49 49 49 49 49 49 49	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:54 15:42 15:31 00:48:46.66	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 \$\frac{\section per}{2}\$ 3.8r 3.8r 3.8r 3.8r 3.8r 3.9r	mph mph mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21
34	FAMILY) KRISTEN BARRY	ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description	00:08:55.2 00:10:15.2 00:09:16.8 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.6 00:09:45.7 00:09:44.2 00:09:37.4 RUNNER	29 27 35 49 49 49 49 49 49 49 49 49 49 49 49 49	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:44 15:42 15:31 00:48:46.66	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.8r 3.8r 3.9r 15:44	mph mph mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative
34	FAMILY) KRISTEN BARRY	ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 5	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:45.7 00:09:44.2 00:09:37.4 RUNNER Split Tim 00:09:48.2	29 27 27 25 39 38 1544 26 40 33 44 28 31 1546	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66	4.21 3.67 4.01 4.11 3.41 15:43 Spe 3.81 3.81 3.81 3.81 3.81 3.81 3.81 3.81	mph mph mph 3.8mph eed mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23
34	FAMILY) KRISTEN BARRY	ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.5 00:09:37.4 RUNNER Split Tim 00:09:44.2 00:09:37.4 RUNNER	29 27 27 26 36 36 36 40 30 37 44 88 41 1546 e e 23 31 55	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spp 3.8r 3.8r 3.8r 3.9r 15:44 Spp 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r	mph mph mph 3.8mph eed mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67
34	FAMILY) KRISTEN BARRY	ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 5	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:45.7 00:09:44.2 00:09:37.4 RUNNER Split Tim 00:09:48.2	29 27 27 26 38 1544 1544 26 27 1546 27 27	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spp 3.8r 3.8r 3.8r 3.9r 15:44 Spp 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r	mph mph mph 3.8mph eed mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23
34	FAMILY) KRISTEN BARRY	ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 1 Split 2 Split 3 Split 5 M: 21 Split Description Split 1 Split 2 Split 3 Split 5 M: 21	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.6 00:09:37.4 RUNNER Split Tim 00:09:44.2 00:09:37.4 RUNNER	29 27 27 25 49 58 1544 •• 24 44 27 48 84 41 1546 •• 23 33 45 57 79	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r	mph mph mph 3.8mph eed mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93
34	FAMILY) KRISTEN BARRY	ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 5 M: 21 Split 1 Split 2 Split 3 Split 5 M: 21	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.6 00:09:42.2 00:09:37.4 RUNNER Split Tim 00:09:44.2 00:09:37.4 00:09:44.2 00:09:44.2	29 27 27 25 49 58 1544 •• 24 44 27 48 84 41 1546 •• 23 33 45 57 79	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:43	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.9r 15:44 Spe 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r	mph mph mph 3.8mph eed mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21
34	KRISTEN BARRY SHAUN BARRY	ROCKVILLE CENTRE, NY ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 5 M: 21 Split 1 Split 2 Split 3 Split 5 M: 21	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.6 00:09:55.2 00:09:37.4 RUNNER Split Tim 00:09:44.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2 00:09:44.2	29 27 27 26 26 27 28 29 20 20 21 21 21 21 21 21 21 21 21 21	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:42 15:31	4.2t 3.6r 4.0r 4.1t 3.4t 15:43 Spp 3.8t 3.8t 3.9t 15:44 Spp 3.8t 3.8t 3.8t 3.8t 3.8t 3.8t 3.8t 3.9t 15:44	mph mph mph 3.8mph eed mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21 00:48:46.66
34	KRISTEN BARRY SHAUN BARRY	ROCKVILLE CENTRE, NY ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 1 Split 2 Split 3 Split 5 M: 21 Split Description Split 1 Split 5 M: 21 Split Description Split 1 Split 2 Split 3 Split 4 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.6 00:09:37.4 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4	29 27 27 26 28 29 29 20 20 20 20 20 20 20 20 20 20	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:43 15:42 15:31 00:48:55.88 Pace 15:11	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r	mph mph mph a.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21 00:48:46.66 Female Overall: 15 Cumulative 00:09:25.41
34	KRISTEN BARRY SHAUN BARRY	ROCKVILLE CENTRE, NY ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 5 M: 21 Split Description Split 1 Split 2 Split 1 Split 5 (F: 15 Split Description Split 1 Split 5	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.6 00:09:37.4 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4 00:09:45.2 00:09:45.2 00:09:45.2 00:09:25.2 00:09:25.2	29 27 27 28 29 38 38 31 44 44 45 46 47 47 48 48 41 41 41 42 43 44 45 46 47 47 48 48 49 49 49 49 49 49 49 49 49 49	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:42 15:31 00:48:55.88 Pace 15:11 15:11	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.9r 15:44 Spe 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.9r 15:44	mph mph mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21 00:48:46.66 Female Overall: 15 Cumulative 00:09:25.41 00:09:25.41 00:18:50.52
34	KRISTEN BARRY SHAUN BARRY	ROCKVILLE CENTRE, NY ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 4 Split 5	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:44.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.2 RUNNER Split Tim 00:09:48.2 00:09:25.2 00:09:25.2 00:09:25.2 00:09:25.2 00:09:25.2 00:09:25.2	29 27 27 25 26 26 27 28 28 27 29 27 29 27 29 25 27 29 25 27 29 25 27 29 26 27 29 26 27 27 27 27 27 27 27 27 27 27	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:44 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:42 15:31 00:48:55.88 Pace 15:11 15:11 15:11	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.9r 15:44 Spe 3.8r 3.8r 3.9r 15:47 Spe 3.8r 3.8r 3.8r 3.9r 3.9r 3.8r 3.8r 3.9r 3.9r 3.9r 3.8r 3.9r 3.8r 3.9r 3.9r 3.9r 3.8r 3.9r 3.9r 3.9r 3.9r 3.9r 3.9r 3.9r 3.9	mph mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21 00:48:46.66 Female Overall: 15 Cumulative 00:09:25.41 00:18:50.52 00:28:19.18
34	KRISTEN BARRY SHAUN BARRY	ROCKVILLE CENTRE, NY ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split 1 Split 2 Split 3 Split 4 Split 5 Split 1 Split 2 Split 3 Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:45.7 00:09:44.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4 00:09:37.4 RUNNER Split Tim 00:09:28.6 00:09:25.4 00:09:25.4 00:09:25.6 00:09:25.6 00:11:00.4	29 27 27 25 29 29 20 20 21 21 22 23 25 27 29 29 25 27 29 25 27 29 25 27 27 29 25 27 27 27 27 27 27 27 27 27 27	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:42 15:31 00:48:55.88 Pace 15:11 15:11 15:17 17:45	4.2t 3.6r 4.0t 4.1t 3.4t 15:43 Spe 3.8t 3.8t 3.8t 3.8t 3.8t 3.8t 3.8t 3.8t	mph mph mph a.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21 00:48:46.66 Female Overall: 15 Cumulative 00:09:25.41 00:18:50.52 00:28:19.18 00:39:19.60
35	KRISTEN BARRY SHAUN BARRY	ROCKVILLE CENTRE, NY ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 1 Split 2 Split 3 Split 4 Split 3 Split 4 Split 3 Split 4 Split 5	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:44.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.2 RUNNER Split Tim 00:09:48.2 00:09:25.2 00:09:25.2 00:09:25.2 00:09:25.2 00:09:25.2 00:09:25.2	29 27 27 25 29 29 20 20 21 21 22 23 25 27 29 29 25 27 29 25 27 29 25 27 27 29 25 27 27 27 27 27 27 27 27 27 27	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:44 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:42 15:31 00:48:55.88 Pace 15:11 15:11 15:11	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r	mph mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21 00:48:46.66 Female Overall: 15 Cumulative 00:09:25.41 00:18:50.52 00:28:19.18 00:39:19.60 00:48:55.88
35	KRISTEN BARRY SHAUN BARRY GERALYN LOPRIENO	ROCKVILLE CENTRE, NY ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 1 Split 2 Split 3 Split 4 Split 3 Split 4 Split 3 Split 4 Split 5	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:45.7 00:09:44.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:51.4 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4 RUNNER Split Tim 00:09:28.6 00:09:25.4 00:09:25.4 00:09:25.6 00:09:25.6 00:11:00.4 00:09:36.2	29 27 27 25 26 27 28 27 28 27 28 27 29 29 20 21 22 23 24 25 27 29 29 20 21 21 22 23 24 25 26 27 27 28 29 20 20 20 20 20 20 20 20 20 20	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:42 15:31 00:48:55.88 Pace 15:11 15:11 15:17 17:45 15:29	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r	mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21 00:48:46.66 Female Overall: 15 Cumulative 00:09:25.41 00:18:50.52 00:28:19.18 00:39:19.60 00:48:55.88
35 36	KRISTEN BARRY SHAUN BARRY GERALYN LOPRIENO	ROCKVILLE CENTRE, NY ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:46.6 00:09:37.4 00:09:37.4 RUNNER Split Tim 00:09:44.2 00:09:37.4 00:09:37.4 RUNNER Split Tim 00:09:45.2 00:09:37.4 00:09:37.4 RUNNER Split Tim 00:09:45.2 00:09:37.4 RUNNER Split Tim 00:09:45.2 00:09:37.4 RUNNER Split Tim 00:09:25.4 00:09:25.4 00:09:25.4 00:09:26.2 00:09:36.2 RUNNER	29 27 27 25 26 28 28 29 21 21 22 23 24 28 27 29 29 21 21 22 23 24 26 27 29 29 20 21 21 22 23 24 25 26 27 27 27 27 27 27 27 27 27 27	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:42 15:31 00:48:55.88 Pace 15:11 15:11 15:17 17:45 15:29 00:48:56.74	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r	mph mph mph mph 3.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21 00:48:46.66 Female Overall: 15 Cumulative 00:09:25.41 00:18:50.52 00:28:19.18 00:39:19.60 00:48:55.88 Female Overall: 16
35	KRISTEN BARRY SHAUN BARRY GERALYN LOPRIENO	ROCKVILLE CENTRE, NY ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 5 M: 21 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 1 Split 2 Split 3 Split 4 Split 5	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:44.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.4 RUNNER Split Tim 00:09:48.2 00:09:37.2 RUNNER Split Tim 00:09:37.2 RUNNER Split Tim 00:09:37.2 RUNNER Split Tim 00:09:37.2 RUNNER Split Tim 00:09:25.2 00:09:25.2 00:09:25.2 00:09:25.2 00:09:36.2 RUNNER Split Tim Split Tim	29 27 27 25 26 26 27 28 21 21 22 23 24 25 27 29 25 27 29 27 28 27 29 27 28 27 29 29 20 21 21 22 23 24 25 26 27 27 28 28 28 28 28 29 29 29 29 20 20 20 20 20 20 20 20 20 20	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:42 15:31 00:48:55.88 Pace 15:11 15:17 17:45 15:29 00:48:56.74 Pace	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.8r 3.9r 15:44 Spe 3.8r 3.8r 3.8r 3.8r 3.8r 3.9r 15:44 Spe 3.8r 3.9r 15:47 Spe 3.9r 3.0r 3.0r 3.0r 3.0r 3.0r 3.0r 3.0r 3.0r 3.0r 3.0r 3.0r 3.0r 3.0r 3.0r 3.0r 3.0r	mph mph mph a.8mph mph mph mph mph mph mph mph mph mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21 00:48:46.66 Female Overall: 15 Cumulative 00:09:25.41 00:18:50.52 00:28:19.18 00:39:19.60 00:48:55.88 Female Overall: 16 Cumulative
35 36	KRISTEN BARRY SHAUN BARRY GERALYN LOPRIENO	ROCKVILLE CENTRE, NY ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 1 Split 2 Split 3 Split 4 Split 5 (F: 16 Split Description Split 1 Split 2 Split 3	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:45.2 00:09:44.2 00:09:37.4 RUNNER Split Tim 00:09:45.2 00:09:25.2 00:09:25.2 00:09:25.2 00:09:25.2 00:09:26.5 00:09:24.3 00:09:24.3 00:09:24.3	29 27 27 28 29 29 29 29 29 29 29 29 29 29 29 29 29	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:42 15:31 00:48:55.88 Pace 15:11 15:17 17:45 15:29 00:48:56.74 Pace 15:13 15:10 15:14	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spp 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.9r 15:44 Spp 3.8r 3.9r 4.0r 3.9r 4.0r 3.9r 4.0r 3.9r 4.0r 3.9r 4.0r 3.9r 4.0r 3.9r 4.0r 3.9r 4.0r 3.9r 4.0r	mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21 00:48:46.66 Female Overall: 15 Cumulative 00:09:25.41 00:18:50.52 00:28:19.18 00:39:19.60 00:48:55.88 Female Overall: 16 Cumulative 00:09:26.54 00:18:50.85 00:28:18.04
35 36	KRISTEN BARRY SHAUN BARRY GERALYN LOPRIENO	ROCKVILLE CENTRE, NY ROCKVILLE CENTRE, NY	Split Description Split 1 Split 2 Split 3 Split 4 Split 5 F: 14 Split Description Split 1 Split 2 Split 3 Split 1 Split 2 Split 3 Split 4 Split 5 M: 21 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 15 Split Description Split 1 Split 2 Split 3 Split 4 Split 5 (F: 16 Split Description Split 1 Split 5	00:08:55.2 00:10:15.2 00:09:16.9 00:08:58.4 00:11:00.6 RUNNER Split Tim 00:09:45.2 00:09:44.2 00:09:37.4 RUNNER Split Tim 00:09:45.2 00:09:44.2 00:09:37.4 RUNNER Split Tim 00:09:45.2 00:09:45.2 00:09:45.2 00:09:45.2 00:09:45.2 00:09:45.2 00:09:45.2 00:09:45.2 00:09:45.2 00:09:45.2 00:09:45.2 00:09:45.2 00:09:45.2 00:09:45.2 00:09:25.2 00:09:26.5 00:09:26.5 00:09:26.5 00:09:26.5	29 27 28 29 29 29 29 29 29 29 29 29 29 29 29 29	14:23 16:32 14:58 14:28 17:45 00:48:46.10 Pace 15:46 15:54 15:42 15:31 00:48:46.66 Pace 15:48 15:53 15:43 15:42 15:31 00:48:55.88 Pace 15:11 15:17 17:45 15:29 00:48:56.74 Pace 15:13 15:10	4.2r 3.6r 4.0r 4.1r 3.4r 15:43 Spe 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.8r 3.9r 15:47 Spe 3.9r 4.0r 4.0r 3.9r 3.0r	mph	00:08:55.29 00:19:10.55 00:28:27.49 00:37:25.97 00:48:26.65 Female Overall: 14 Cumulative 00:09:46.64 00:19:38.67 00:29:24.41 00:39:08.69 00:48:46.10 Male Overall: 21 Cumulative 00:09:48.23 00:19:39.67 00:29:24.93 00:39:09.21 00:48:46.66 Female Overall: 15 Cumulative 00:09:25.41 00:18:50.52 00:28:19.18 00:39:19.60 00:48:55.88 Female Overall: 16 Cumulative 00:09:26.54 00:18:50.85

lace Name (Team)	Hometown	Gender	Туре	Bib#	Time	Pace	Speed		Division Rank
8 CHRIS VAN DE WATER		M: 22	RUNNER	1395	00:54:00.99	17:25	3.4mph	M	ale Overall: 22
		Split Description	Split Time	2	<u>Pace</u>	Spe	eed	Cumulative	
		Split 1	00:09:42.6		15:39		mph	00:09:42.60	
		Split 2	00:11:10.9		18:02		nph	00:20:53.51	
		Split 3 Split 4	00:11:47.7 00:11:49.6		19:01 19:04		mph mph	00:32:41.21 00:44:30.81	
		Split 5	00:09:30.1		15:19		nph	00:54:00.99	
39 MARY SCHMIDTROTH	NEW YORK, NY	F: 17	RUNNER	1581	00:54:39.04		3.4mph	-	male Overall: 17
		Split Description	Split Time		Pace		eed	Cumulative	Oro.a
		Split 1	00:12:04.5	-	19:28		mph	00:12:04.51	
		Split 2	00:11:17.1		18:12		nph	00:23:21.64	
		Split 3	00:10:47.3	0	17:24	3.41	mph	00:34:08.93	
		Split 4	00:10:18.6		16:37		mph	00:44:27.56	
40. ALLEN DOTLL	NEW YORK NIV	Split 5	00:10:11.4		16:26		nph	00:54:39.04	-1- 0
40 ALLEN ROTH	NEW YORK, NY	M: 23	RUNNER	1580	00:54:39.31		3.4mph		ale Overall: 23
		Split Description	Split Time		<u>Pace</u>		<u>eed</u>	Cumulative	
		Split 1 Split 2	00:12:05.0 00:11:16.8		19:29 18:11		mph mph	00:12:05.00 00:23:21.84	
		Split 3	00:10:47.3		17:24		nph nph	00:34:09.15	
		Split 4	00:10:18.7		16:37		nph	00:44:27.87	
		Split 5	00:10:11.4		16:26		nph	00:54:39.31	
41 CASSIDY HU	WANTAGH, NY	F: 18	RUNNER	1555	00:55:17.97	17:50	3.4mph	Fei	male Overall: 18
		Split Description	Split Time	2	<u>Pace</u>	Spe	eed .	Cumulative	
		Split 1	00:19:25.5	9	31:19	1.9	mph	00:19:25.59	
		Split 2	00:10:35.0		17:04		mph	00:30:00.65	
		Split 3	00:07:42.3		12:25		mph	00:37:43.01	
		Split 4 Split 5	00:09:44.0 00:07:50.8		15:42 12:39		mph mph	00:47:27.08 00:55:17.97	
42 LISA COLLETTA	GLEN HEAD, NY	F: 19	RUNNER	1550	00:56:28.76		3.3mph		male Overall: 19
12 210/1 0022211/1	OLLIVILITIES, IVI	Split Description	Split Time		<u>Pace</u>		eed	Cumulative	naio Ovoraii. 10
		Split 1	00:11:36.7	_	18:43		mph	00:11:36.77	
		Split 2	00:11:01.4		17:46		nph	00:22:38.18	
		Split 3	00:11:14.3		18:07		nph	00:33:52.53	
		Split 4	00:11:09.9	7	18:00	3.31	mph	00:45:02.49	
		Split 5	00:11:26.2	7	18:26	3.31	nph	00:56:28.76	
43 THERESE DIRENZO		F: 20	RUNNER	1404	00:56:29.31	18:13	3.3mph	Fei	male Overall: 20
		Split Description	Split Time	2	<u>Pace</u>	Spe	<u>eed</u>	<u>Cumulative</u>	
		Split 1	00:11:36.7		18:43		mph	00:11:36.70	
		Split 2	00:11:04.1		17:51		mph	00:22:40.82	
		Split 3 Split 4	00:11:12.9 00:11:08.8		18:05 17:58		mph mph	00:33:53.72 00:45:02.59	
		Split 5	00:11:26.7		18:27		nph	00:56:29.31	
44 JANICE SEAMAN	SYOSSET, NY	F: 21	RUNNER	1582	00:56:30.07	18:13	3.3mph	Fei	male Overall: 21
	,	Split Description	Split Time	<u>.</u>	<u>Pace</u>	Spe	eed '	Cumulative	
		Split 1	00:11:37.1		18:44		mph	00:11:37.15	
		Split 2	00:11:03.8		17:50		nph	00:22:40.95	
		Split 3	00:11:10.7	7	18:01		mph	00:33:51.72	
		Split 4	00:11:11.3		18:02		mph	00:45:03.10	
45 041 0450450	DAY OLIODE 100	Split 5	00:11:26.9		18:28		nph	00:56:30.07	ala Orienti Od
45 SAL GARGARO	BAY SHORE, NY		RUNNER		00:56:48.01		3.3mph		ale Overall: 24
		Split Description	Split Time		<u>Pace</u>		<u>eed</u>	<u>Cumulative</u>	
		Split 1 Split 2	00:11:47.7 00:11:53.1		19:01 19:10		mph mph	00:11:47.79 00:23:40.88	
		Split 3	00:11:02.3		19.10 17:48		nph nph	00:34:43.23	
		Split 4	00:11:00.0		17:44		nph	00:45:43.27	
		Split 5	00:11:04.7	4	17:52	3.41	nph	00:56:48.01	
46 JENNIFER BAIERSTEIN		F: 22	RUNNER	1422	00:57:46.47	18:38	3.2mph	Fei	male Overall: 22
		Split Description	Split Time	2	<u>Pace</u>	Spe	eed	<u>Cumulative</u>	
		Split 1	00:17:20.9		27:59		mph	00:17:20.98	
		Split 2	00:09:56.3		16:01		mph	00:27:17.29	
		Split 3 Split 4	00:10:01.5 00:10:03.7		16:10 16:13		mph mph	00:37:18.80 00:47:22.53	
		Spiil 4	00:10:03.7		16:13 16:46		mph mph	00:47:22.53	
		•							ala Ovaralli 25
47 PAUL MONAGHAN		Split 5		1427	00:57:47 09	18:38	J.ZIIIDD		ale Overali 70
47 PAUL MONAGHAN		Split 5 M: 25	RUNNER	1427	00:57:47.09	18:38 Sn			ale Overall: 25
47 PAUL MONAGHAN		Split 5 M: 25 Split Description	RUNNER Split Time	2	<u>Pace</u>	Spe	<u>eed</u>	Cumulative	ale Overall. 25
47 PAUL MONAGHAN		Split 5 M: 25	RUNNER	2 7		<u>Sp</u> 2.11			ale Overall. 25
47 PAUL MONAGHAN		Split 5 M: 25 Split Description Split 1 Split 2 Split 3	RUNNER <u>Split Time</u> 00:17:20.5 00:09:56.3 00:10:01.7	2 7 4	Pace 27:58 16:01 16:10	<u>Spe</u> 2.11 3.71 3.71	eed nph nph nph	Cumulative 00:17:20.57 00:27:16.91 00:37:18.68	ale Overall. 23
47 PAUL MONAGHAN		Split 5 M: 25 Split Description Split 1 Split 2	RUNNER <u>Split Time</u> 00:17:20.5 00:09:56.3	≘ 7 4 7 3	<u>Pace</u> 27:58 16:01	Sp e 2.11 3.71 3.71 3.71	eed mph mph	Cumulative 00:17:20.57 00:27:16.91	ale Overall. 23

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Place Name (Team)	Hometown	Gender	Type	Bib#	Time	Pace Spe	ed Division Rank
48 SAVANNAH KRAPF	HUNTINGTON, NY	F: 23	RUNNER	1566	01:03:35.02	20:30 2.9m	ph Female Overall: 23
	<u>Spli</u>	t Description	Split Tim	<u>e</u>	<u>Pace</u>	Speed	<u>Cumulative</u>
		Split 1	00:26:17.	19	42:23	1.4mph	00:26:17.19
		Split 2	00:09:41.2	26	15:37	3.8mph	00:35:58.44
		Split 3	00:10:06.2	22	16:17	3.7mph	00:46:04.66
		Split 4	00:08:53.2	20	14:20	4.2mph	00:54:57.86
		Split 5	00:08:37.	17	13:54	4.3mph	01:03:35.02
49 JACLYN VINO	HUNTINGTON, NY	F: 24	RUNNER	1589	01:03:35.85	20:30 2.9m	ph Female Overall: 24
	<u>Spli</u>	t Description	Split Tim	<u>e</u>	<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
		Split 1	00:26:17.	53	42:24	1.4mph	00:26:17.53
		Split 2	00:09:40.8	36	15:36	3.8mph	00:35:58.38
		Split 3	00:10:06.4	41	16:18	3.7mph	00:46:04.79
		Split 4	00:08:53.	19	14:19	4.2mph	00:54:57.98
		Split 5	00:08:37.8	38	13:55	4.3mph	01:03:35.85