



Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069

Curb side delivery
 Lunch Served Daily
 Monday Thru Friday
 11:30a.m. TO 12:30p.m.



May 2022

SUN	MON	TUE	WED	THU	FRI	SAT
2 Senior Information 464-3069 ext. 207	2 Chicken Fajitas w/Peppers & Onions, Whole Wheat Tortillas, Mexican Spinach Salad & Pineapple & Coconut	3 Baked Potato Topped with Chili and Cheese, Broccoli w/Onions, Tossed Salad, Whole Wheat Roll & Apples	4 Chinese Chicken Salad w/Chow Mein Noodles, Whole Wheat Roll, Mandarin Oranges & Fortune Cookies	5 Meat Loaf, Mashed Potatoes w/Gravy, Carrots, Romaine Salad & Whole Wheat Bread	6 Happy Mother's Day Pulled Pork Sandwich, Macaroni Salad & Apple Crisp	7
8 	9 Chicken Pot Pie & Mixed fruit	10 Baked Ziti, Italian Vegetables Garlic Bread & Pudding Cup	11 Crispy Baked Chicken, Mashed Potato, Peas, Tossed Salad & Whole Wheat Roll	12 Sweet & Sour Pork, Oriental Vegetables, Sesame Coleslaw, Brown Rice & Strawberries	13 Roast Turkey w/Gravy, Mashed Potatoes, Broccoli, Romaine Salad, WW Roll & Fresh Fruit	14
15	16 Spaghetti w/Meat Sauce, Green Beans, Romaine Salad, Garlic Bread	17 Spinach Enchilada Casserole, Romaine Salad w/Tomatoes & Applesauce	18 Salisbury Steak, Mashed Potatoes, Broccoli Normandy W/W Roll & Sunny Fruit Salad	19 Chicken Salad Wrap w/Apple Poppy Seed Coleslaw on WW Tortilla & Mandarin Oranges	20 Roast Pork w/Gravy, Mashed Potatoes, Broccoli, Romaine Salad, WW Roll & Yogurt	21 
22	23 Beef Stroganoff, Peas and Carrots, Romaine Salad, French Bread	24 Garden Salad, W/W Roll & Apple Sauce	25 Chili Con Carne, Cornbread, Coleslaw & Pears	26 Baked Chicken, Sweet Potatoes, Green Beans & Apple Poppy Seed Coleslaw	27 Memorial Day Hamburger W/Lettuce, Tomato & Onions, Macaroni Salad, Fruit Salad & Corn with Peppers	28
29	30 Happy Memorial Day Site Closed	31 Macaroni and Cheese, Mixed Vegetables, Tossed Salad & Pudding Cup	Senior Information 464-3069 ext. 207			Menu is Subject To Change Without Notice