

*Pensacola Summer Trout*  
*Kevin Cohenour*

# Flies & Lies

AUGUST 2003

“Let’s go fishing”. These words always stirred excitement in my heart as a youth growing up in Colorado. It meant a day of fun, doing something I love.

Three decades later, now that I am an adult and living in Florida, these words still hold the excitement of the chance to “catch the big one”.

So, as former Fly Fishers of Northwest Florida president Jerry Aldridge called me to invite me to fish, my heart beat quicker with the anticipation of some outstanding fishing. The sun had not yet risen as I met Jerry at the boat ramp. We motored just a short distance from the ramp and began fishing.

Jerry had advised me that the speckled trout had been hot on poppers, so we were both casting poppers and looking for some top water action. I had tied on a “Crease Style” fly (featured and tied during a clinic earlier this year). On my first cast a trout exploded from the water after the popper. It was a miss. This was followed by another “swing and a miss” from a trout. I decided the size 1 fly was too large and selected a size 4 popper tied while instructing at the PJC class. A plain all white popper with silver flash, it cast easily. I immediately began catching fish. Jerry of course (as he so often does) had already caught several fish. We had several double hookups during a period of about an hour of popper fishing.

The surface activity began to trail off and Jerry tied on a Clouser minnow. He started catching fish after fish, including a 19 ½” beauty, so I decided to tie on a subsurface pattern too. I quickly tied a size 4 “Trout Candy” to my tippet and cast. I too caught several more fish with the sinking pattern.

Suddenly I had a strong hit. I set the hook, my rod bent and the fish briefly came to the surface. It looked big and it was definitely stronger than anything I had caught that day. I carefully fought the trout, wondering to myself “What size tippet did I tie on my leader”? After several exciting minutes, we brought the fish to net. Jerry did a great job with the net on the first try and the fight was done. We measured the trout, a fat 26” female. For my birthday I had gotten a “Boga Grip” which we used to weigh the 6-pound speck. This was the largest speck I have caught-yet.

Wow, what a morning!

**EDITOR’S NOTE:** See page three for a recipe for “trout candy. It works very well for specks and redbfish.



# President's Report

Is anybody wishing for rain? Have you thought you were "Sleepless in Seattle"? I guess this is why Jerry said he had little or no fishing stories for this issue, and asked me for an expanded report.

We didn't have a board meeting in July, there being no substantial business to take up. There will be one in August, so if you like, come and join us for steak and lobster with champagne or mimosas (don't worry Tom, we'll have beer for you).

We had planned to donate \$100 of our conservation dedicated budget to the Escambia County USS Oriskany fund, but the situation is involved in South Florida vs its West Florida stepchild politics. so, we've decided to hold onto our money until we know whether we get the ship to sink in our part of the Gulf.

We have remembered with donations, two of our members that have recently passed away: Thomas Lee and Leo Land. The club has had a long practice of making a \$50 contribution in the name of any of its recently deceased members. Just another benefit of your nominal dues. (No, Jon. You can't take it with you)

Don Lupone writes from his rented villa on the French Riviera (near San Tropez) that the club is still well into the black. So he thinks he can stay there another couple of weeks. Nice beach and scenery, eh Don?

Seriously, Don got caught up in an internet hoax today. The same one I fell for about a year ago. Our club computer professional and guru, Ray Lackeye, taught me to go to the Norton site (symantec.com) and search for anything that I thought might be a virus/worm/trojan horse and verify that it was or was not a hoax. Maybe this little tip will save you time and dollars.

Tom Ferretti and I are interested in going to the Nantahala and surrounding area the third week of October, and would like to add three or four other flyfishers. I'm working with Yellowrose realty on a place for us. Generally, a week costs us about \$215 each, plus the cost of feeding the group one night, and your own breakfast and lunch each day. We have been doing these trips for several years, generally organized by Art but he is busy the month of October so Tom and I are working up this one. It's great fun and comradery. The fishing ain't bad either. Write or call if you're interested, or if you have any questions.

Be sure and come to the August 5th business meeting. We will have a special program put on by Jim Picardi, that details a recent trip in which he caught a bunch of Rainbows On Steroids. Would you believe, around 29 inches. This was in the eastern US. See you there. Be The Fly, Jay .

## CLUB YOUTH PROJECT WITH SCOUTS, A CONTINUING SUCCESS

Over the last 13 years members of the FLY FISHERS OF NORTHWEST FLORIDA Have shared the pleasures and skills of fly fishing with more than 1,500 youth at the Spanish Trail Scout Reservation. In 1990 the club initiated the project providing volunteer instructors and equipment for fly casting and fly tying. Seventy three Scouts participated in the initial teaching sessions and its popularity has grown from there. Two years ago the scouts added a Fly Fishing Merit Badge to their sports options. It has proven very popular with the youth. Our club and the Scouts express their thanks to the volunteer instructors from the club who have made this project a great success. We need more volunteers to keep the project alive and growing. If you would be willing to volunteer some time and skills in the 2004 camp session, please contact Vick Vickery, 478-3584.

## The Fly Fishers of Northwest Florida

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## COMMITTEE CHAIRPERSONS

**AUCTION - Travis Akins**

**CONSERVATION - Terry McCormick**

**DIRECTORY - Jerry Aldridge**

**EDUCATION - Jerry Aldridge**

**FACILITIES - Jon Williams**

**FFF REPRESENTATIVE - Larry Goodman**

**FISHING TRIPS - David Bernard**

**LIBRARY - Kevin Cohenour**

**MEMBERSHIP - Karen Brand**

**DIRECTORS AT LARGE - John Brand**

**Bill Locher Tom Regina**

## MONTHLY MEETING SCHEDULE

**BUSINESS MEETING - 1ST TUESDAY, 7 PM**

**BULL SESSION - 2ND THURSDAY, 6:30 PM**

**CLINIC - 3RD SATURDAY, 9 AM**

**BOARD MEETING - 4TH TUESDAY, 6:30 PM**

**FISHING TRIPS - AS SCHEDULED**

**Meetings at Miraflores Park, 17th Avenue between Belmont and LaRue St**

**Newsletter Editor - Jerry Aldridge**

## *Trout Candy... Kevin Cohenour*

HOOK	Long shank stainless steel, size 1 to 8
THREAD	Monocord or flat nylon, color optional (I like red or pink)
WEIGHT	Lead eyes
TAIL	Brown bucktail, krystal flash, white bucktail
BODY	Chartreuse ice chenille, pink ice chenille



1. Slightly bend the hook shank, at about the 1/3 point, to bring the eye slightly closer to the point. Secure hook in vise. Start thread and wind back to the bend at the 1/3 point.

2. Place lead eyes at the bend made in step 1 and secure using diagonal "X" wraps. Wrap thread horizontally around the eyes to securely fasten. If desired, add a drop of super glue to the wraps. Wind thread back to bend.



3. Place a small amount of brown bucktail (no more than a fat matchstick on a size 1 hook) so it extends about a hook shank's length past the bend. A little longer is fine. Secure and wind thread back to bend. Place 10-12 strands of krystal flash (slightly longer than the bucktail) on top of the brown bucktail. Secure and wind thread back to bend. Place a small amount of white bucktail on top of the Krystal flash. Secure and wind thread back to the bend.

4. Secure the chartreuse ice chenille at the bend. Wind thread to just behind the lead eyes. Coat the shank with cement. Closely wrap the chenille, stroking the fibers back between each wrap. Wrap to just behind the eyes, leaving room for one wrap of pink behind the eyes. Secure and cut excess.



5. Secure the pink ice chenille behind the eyes. Wind thread forward to just behind hook eye. Coat eyes and head with cement. Make a wrap of chenille behind the eyes, then a figure 8 wrap over the eyes. Closely wrap chenille to just behind the hook eye, again stroking fibers back between wraps. Secure and trim excess. Form a head, whip finish and cement.

**FLY FISHERS**  
  
**OF NORTHWEST FLORIDA**

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**PO BOX 1041**  
**PENSACOLA, FL 32591**



# August



2003

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					1	2
3	4	<b>5 Business Meeting 7 PM</b>	6	7	8	9
10	11	12	13	<b>14 Bull Session Fly tying and tall tales 6:30 PM</b>	15	<b>16 Clinic-Casting, fly tying, more fish stories, gourmet lunch 9 AM</b>
17	18	19	20	21	22	23
24	25	<b>26 Board Meeting 6:30 PM</b>	27	28	29	30
31						
<b>4</b>						