<u>Second Degree Candidate Essay Outline (Required for Students 8th Grade & Younger)</u>

Prompt: How do you make tangible changes to your techniques and behavior? (Tangible changes are those that can be observed by others.) How do you motivate yourself to do better? Identify at least three methods for both making changes and for motivating yourself.

<u>DIRECTIONS</u>
Complete the outline on the next page. The template is created for younger candidates (elementary school age). Middle School candidates should take some liberty to expand on this for a more detailed, comprehensive essay. If you need more space or you have more ideas for each goal make your own copy and add those in.

<u>OUTLINE</u>
The purpose of the outline is to give you a basis for your essay. You don't need to put complete sentences in your outline. Phrases work just fine. Once you have the phrases and are ready to begin your essay, you should be able to rework the phrases into sentences.

Underlined sections indicate new paragraphs and sections of the essay. Each Arabic Numeral (1, 2, 3, etc.) indicates a main point.
Each Roman Numeral (i, ii, iii, etc.) indicates support for the main point.

<u>ESSAY</u>
Use the outline to develop your essay. There should be a few sentences in your essay for each of the supporting points. You may even want to add support for your support. For example: If action 1 is to practice at home maybe sub points are to schedule time, set up a dedicated space to practice, plan what you'll focus on, etc.

NAME: _____

<u>Introduction – Introduce topic and identify the goals:</u>

Write a phrase for each of the four items listed below. They will become the body of your introductory paragraph. Of course, other sentences may be needed to help the paragraph flow.

1. Overall theme
2. Tangible changes
   a. Identify at least 3 methods
3. Motivation for improvement
   a. Identify at least 3 methods

<u>Tangible Changes to Technique and/or Behavior – Method 1 –Need at least 3 Actions</u>

1. Method 1:_____

   i. Action/Sub-Actions 1 to accomplish method: _____

   ii. Action/Sub-Actions 2 to accomplish method: _____

   iii. Action/Sub-Actions 3 to accomplish method: _____

   iv. Action/Sub-Actions 4 to accomplish method: _____

   v. Action/Sub-Actions 5 to accomplish method: _____

<u>Tangible Changes to Technique and/or Behavior – Method 2 –Need at least 3 Actions</u>

2. Method 2:_____

   i. Action/Sub-Actions 1 to accomplish method: _____

   ii. Action/Sub-Actions 2 to accomplish method: _____

   iii. Action/Sub-Actions 3 to accomplish method: _____

   iv. Action/Sub-Actions 4 to accomplish method: _____

   v. Action/Sub-Actions 5 to accomplish method: _____

<u>Tangible Changes to Technique and/or Behavior – Method 3 –Need at least 3 Actions</u>

3. Method 3:_____

   i. Action/Sub-Actions 1 to accomplish method: _____

   ii. Action/Sub-Actions 2 to accomplish method: _____

   iii. Action/Sub-Actions 3 to accomplish method: _____

   iv. Action/Sub-Actions 4 to accomplish method: _____

   v. Action/Sub-Actions 5 to accomplish method: _____

<u>Motivation – Method 1 –Need at least 3 Actions</u>

1. Method 1:_____

    i.   Action/Sub-Actions 1 to accomplish method: _____

    ii.   Action/Sub-Actions 2 to accomplish method: _____

    iii.   Action/Sub-Actions 3 to accomplish method: _____

    iv.   Action/Sub-Actions 4 to accomplish method: _____

    v.   Action/Sub-Actions 5 to accomplish method: _____

<u>Motivation – Method 2 –Need at least 3 Actions</u>

2. Method 2:_____

    vi.   Action/Sub-Actions 1 to accomplish method: _____

    vii.   Action/Sub-Actions 2 to accomplish method: _____

    viii.   Action/Sub-Actions 3 to accomplish method: _____

    ix.   Action/Sub-Actions 4 to accomplish method: _____

    x.   Action/Sub-Actions 5 to accomplish method: _____

<u>Motivation – Method 3 –Need at least 3 Actions</u>

3. Method 3:_____

    vi.   Action/Sub-Actions 1 to accomplish method: _____

    vii.   Action/Sub-Actions 2 to accomplish method: _____

    viii.   Action/Sub-Actions 3 to accomplish method: _____

    ix.   Action/Sub-Actions 4 to accomplish method: _____

    x.   Action/Sub-Actions 5 to accomplish method: _____

<u>Conclusion—Summarize Paper</u>

Conclusion paragraph should briefly restate each method for making changes to your technique/behavior and methods for motivating yourself. This should be your methods, action/sub-action.