

Tumbling Level Requirements

	Level 1	Level 2	Level 3	Level 4	Level 5
Running Tumbling	*Cartwheel, Round Off *Cartwheel, Back Walkover *Front Walkover, Cartwheel, Back Walkover	*Round Off Back Handspring *Round Off Back Handspring step out series *Front Walk Over, Round Off, Back Handspring	*Round Off Back Handspring, Back Tuck *Front Walkover, Round Off, Back Handspring, Back Tuck *Punch Front, Round Off Back Handspring, Back Tuck	*Round Off, Back Handspring, Layout *Punch Front, Round Off, Back Handspring Layout *Round Off Whip Series to Layout	*Round Off, Back Handspring, Full *Punch Front, Round Off, Back Handspring, Full *Round Off Whip Series to Full
Standing Tumbling	*Back Walkover *Front Walk Over	*Standing Back Handspring *Back Walkover, Back Handspring	*Standing Three Back Handsprings *Toe Touch Two Back Handsprings	*Standing Back Tuck *Toe Touch, Back Handspring, Back Tuck (Layout - Bonus) *Standing Whip to Layout series	*Standing Two Back Handsprings to Full *Standing Back Handspring Whip Series to Full *Toe Touch Connected Back Tuck
Jumps	Connected right/left hurdler, double toe touch. Pointed toes, strong jump technique	Connected right/left hurdler, double toe touch. Pointed toes, strong jump technique	Connected right/left hurdler, double toe touch. Pointed toes, strong jump technique	Connected right/left hurdler, double toe touch. Pointed toes, strong jump technique	Connected right/left hurdler, double toe touch. Pointed toes, strong jump technique



Tiny	Ages 5-6
Mini	Ages 5-8
Youth	Ages 5-11
Junior	Ages 5-14
Senior	Ages 11-18

Your child's age as of August 31st, 2018