

RR Harriers Virtual Champs 2022: Can you judge your pace? - Mon 4th Apr to Sun 24th Apr

Pos	Runner	Miles Ran	Mile 1	Mile 2	Mile 3	Mile 4	Mile 5	Mile 6	Mile 7	Mile 8	Average	Differential (Secs)	Score	Virtual Champs Points
1	Clare McKittrick	6	07:45	07:42	07:42	07:42	07:42	07:45			07:43	00:03	00:00.50	20
2	Russ Parkin	7	08:08	08:07	08:06	08:10	08:08	08:09	08:09		08:08	00:04	00:00.57	19
3	Chris Booth	7	07:54	07:53	07:52	07:58	07:53	07:54	07:58		07:55	00:06	00:00.86	18
4	Andy Ward	6	09:43	09:35	09:40	09:38	09:37	09:42			09:39	00:08	00:01.33	17
5	James Ward	7	08:21	08:20	08:12	08:05	08:23	08:18	08:08		08:15	00:18	00:02.57	16
6	Jon Kinder	5	08:53	09:09	09:04	09:06	09:06				09:04	00:16	00:03.20	15
7	Julian Smith	6	08:28	08:11	08:17	08:09	08:15	08:29			08:18	00:20	00:03.33	14
8	Emma Paxton	6	09:15	09:19	08:58	09:11	08:53	09:25			09:10	00:32	00:05.33	13
9	Gillian Whiteside	5	10:05	09:35	09:52	09:50	10:07				09:54	00:32	00:06.40	12
10	Mark Rogerson	6	08:53	08:43	08:56	08:23	09:02	09:00			08:50	00:39	00:06.50	11
11	Richard Kerry	5	07:15	07:10	07:22	07:48	07:42				07:27	00:38	00:07.60	10
12	Karolina Kucharek	5	08:26	07:46	08:00	07:52	07:41				07:57	00:45	00:09.00	10
13	Steve Wakefield	6	11:08	11:08	10:57	10:36	10:44	09:47			10:43	01:21	00:13.50	10
14	Dean Smith	8	09:12	10:15	12:13	11:54	12:04	11:04	13:11	11:31	11:25	03:59	00:29.88	10