

AVIATOR INVITATIONAL RELAYS
APRIL 7TH, 2017

GARY DEPKEN ATHLETIC FIELD
HASBROUCK HEIGHTS, NJ

Order of Events

First Event 4:30 p.m.

1.	6400 meter relay	VB
2.	400 meter relay (final on time)	VB, VG, NB, NG, FB
3.	6400 meter relay	VG
4.	Int. Hurdle Relay	VB, NB, FB, VG, NG
5.	800 meter relay (final on time)	VB, VG, NB, NG, FB
6.	3200 meter relay	VB, VG, NB, NG
7.	Sprint Medley (400-200-200-800)	VB, VG, FB, NG
8.	Shuttle Hurdle Relay	VB, VG
9.	Distance Medley Relay (12-4-8-16)	VB, VG
10.	1600 Meter Relay	FB, NG, NB, VB, VG

Field Events: Only One Varsity Team Allowed

1.	Pole Vault - 4:00PM START	VG, VB
2.	High Jump – 4:00PM START	VG, VB
3.	Shot Put	VG, VB NG, NB, FB
4.	Discus - 4:00PM START	VB, VG
5.	Javelin	VB, VG
6.	Triple Jump	VB, VG, NB, FB, NG
7.	Long Jump	VG, VB, NG, FB, NB

Opening Heights

High Jump-Varsity Boys 5'0"- 5'4" Varsity Girls-4'0" – 4'4"

Pole Vault-Varsity Boys 9' 0" – 10' 0" then up by 6"

Pole Vault-Varsity Girls 7'0" then up by 6"

- Six jump rule may be in effect for the High Jump & Pole Vault
- All field events are 3 person for Varsity – 2 person for FB, NB & NG
- Varsity Int. Hurdles 3 person, FB, NB & NG are 2 person

Coaches: pin spikes only on track and runways, javelin will have a turf runup

2017 Aviator Invitational Entry Form

School _____ Coach's Email _____

Coach _____ Cell # _____

1 Varsity Team Only – Unlimited in sub varsity events

Events	Var. Boys	Var. Girls	Novice Boys	Frosh Boys	Novice Girls
400 meter relay					
800 meter relay					
1600 meter relay					
3200 meter relay				XXXXXXX	
6400 meter relay			XXXXXXX	XXXXXXX	XXXXXXX
DMR relay			XXXXXXX	XXXXXXX	XXXXXXX
SMR Relay			XXXXXXX		
Shuttle Hurdles			XXXXXX	XXXXXXX	XXXXXXX
Int. Hurdle			2 person	2 person	2 person
Shot Put			2 person	2 person	2 person
Discus			XXXXXXX	XXXXXXX	XXXXXXX
Javelin			XXXXXXX	XXXXXXX	XXXXXXX
High Jump			XXXXXXX	XXXXXXX	XXXXXXX
Triple Jump					
Long Jump					
Pole Vault			XXXXXXX	XXXXXXX	XXXXXXX

_____ # of 3 person relays & running relays X \$15.00=_____

_____ # of 2 person relays

X \$10.00=_____

Total Entry _____

Mail to Rob Brady
HH Recreation
320 Boulevard
Hasbrouck Heights, NJ
07604
Fax # (201) 288-4356

Make Checks Payable to: Aviator Track and Field

Entries Due April 1, 2017

AVIATOR INVITATIONAL RELAYS

Friday April 7th - 4:30PM Start

Hasbrouck Heights, New Jersey

Meet Information:

Only **20** Group 1 and 2 schools in Northern New Jersey are allowed to compete.

- Meet will start at 4:30 p.m.(except VB Discus, VG High Jump & Pole Vault - **4PM**) and finish “under the lights” at our new all weather track facility. Javelin will be using a TURF runway (**Last Year the Meet ended at 8:30PM**)
- A novice athlete is one who has never received an individual medal in indoor or outdoor track.
- An athlete cannot compete in both novice and varsity events they are either Novice or Varsity for the meet.
- You may **ONLY One Varsity Relay** – unlimited sub-varsity
- Awards Top Six Relays 1st place Varsity Teams
- Entry Fee \$15.00 for all running events and 3 person field events
 \$10.00 for all 2 person events

Entries Due April 1, 2017

Please bring pins and batons PIN SPIKES ONLY

Mail to: Robert Brady HH Recreation
320 Boulevard
Hasbrouck Heights, NJ 07604

Questions Call (862) 686 1326 Fax 201 288 4356
Make Payable to: **Aviator Track & Field**