

CAREER ASSESSMENT AND EXPLORATION PROGRAM



Comprehensive 6-Week program to help Participants move closer to the labour market and/or employment



Psycho-Vocational Assessment that identifies

- learning potential / strengths
- upgrading and training potential
- learning challenges
- personality characteristics
- vocational skills / abilities
- academic aptitudes
- transferable skills
- suitable occupations

Core Program activities will also include

- Support and counselling sessions with a Vocational Rehabilitation Counsellor
- Exploring career options and developing life skills
- Establishing career/life goals based on results of the Psycho-vocational Assessment
- Assistance to overcome personal barriers and move closer to the labour market
- Transition into employment focused activities

Post Program Support

Post-Hiring Support

**To schedule a screening interview,
please call 416-297-9373 ext. 240**

goal training education
vision **CAREER** ability
experience growth skill

