



Class Schedule

7/31/17

	Monday	Tuesday	Wednesday	Thursday	*Sparring Class (No Trial Students)	Make-Up & Special Classes
	Friday	Saturday				
TKD Attire:	Dobok Only	Any	Any	Any	Any	Any
11:00 AM - 12:00 PM		Taekwondo ALL AGES		Taekwondo ALL AGES		Make Up Class for All Ages 9:00 AM - 9:45 AM

Check this month's calendar for the
Casual Day & Nunchuck Class dates.
See you there!

4:00 PM - 4:30 PM	<u>Tiny Tiger</u> (Ages 3-6)	<u>Tiny Tiger</u> (Ages 3-6)	<u>Tiny Tiger</u> (Ages 3-6)	<u>Tiny Tiger</u> (Ages 3-6)	Tiny Tiger (Ages 3-6) ALL BELTS	Instructor Training 10:30AM - 11:30 PM
4:30 PM - 5:15 PM	ALL BELTS	White - Yellow Stripe	ALL BELTS	White - Yellow Stripe	(Ages 7-11) COLOR BELTS	
5:15 PM - 6:00 PM	Purple - Blue Stripe	ALL BELTS	Purple - Blue Stripe	ALL BELTS	(Ages 12+ Color Belts) (Ages 8+ Black Belts)	Team HI-5 Poomsae Competition Training 12:PM - 1:30 PM
6:00 PM - 6:30 PM	<u>Tiny Tiger</u> (Ages 3-6)	<u>INTRO CLASS</u>	<u>Tiny Tiger</u> (Ages 3-6)	<u>INTRO CLASS</u>	Team Hi-5 Kyoruki Competition Training 6:00 - 7:30	

6:30 PM - 7:15 PM	Brown - Black	(Ages 12+) ALL BELTS	Brown - Black	(Ages 12+) ALL BELTS	* You may participate in sparring classes starting White Belt.	*Sparring is Mandatory during testing starting Green Belt.
7:15 PM - 8:15 PM	Adult Class	Adult Class	Adult Class	Adult Class		

* MAKE UP CLASSES ARE FOR STUDENTS WHO HAVE ATTENDED 2 CLASSES OR LESS DURING THE WEEK.

HIGH FIVE TAEKWONDO
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