



*Journeys*  
Occupational Therapy LLC



**The Upledger Institute**

# Craniosacral Sharecare Class

Come learn what Craniosacral Therapy is, a little of the history of the techniques, and **learn four techniques** you can use with yourself or loved ones to help ease anxiety, reduce stress, and alleviate pain. Natalie Bledstein, OTR/L, CST-D, certified instructor for the Upledger Institute, will present this 6-hour training for parents, caregivers, or any interested individuals.

**When:** Saturday, July 20, 2019

9:00am - 4:00pm

(registration/sign-in at 8:30 am)

**Where:** Journeys Occupational Therapy,

543 AJ Allen Circle, Ste A1

Wales, WI 53183

**Tuition:** \$90

Please mail registration to above address, checks payable to **Journeys Occupational Therapy LLC**.

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_ **Day Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Credit Card Payment:** Name on card: \_\_\_\_\_

**Card #** \_\_\_\_\_ **Exp. Date:** \_\_\_\_\_

**CCV:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_