

PLEADINGS

Issue No. 334

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January 2019

INCREASE YOUR BRAIN'S POWER

Studies of workers' IQ levels show they rise and fall throughout the day depending on a variety of factors and events. Are you operating at your peak? Here are six ways to boost your mental acuity:

Don't be a slave to technology: In more than 80 clinical trials, Dr. Glenn Wilson, a psychiatrist at King's College London University, found that workers distracted by phone calls, e-mails and text messages suffer a greater loss of IQ than if they'd smoked marijuana.

The IQ of those juggling messages and work fell by an average of 10 points -- equivalent to missing a whole night's sleep and more than double the four-point fall seen after smoking pot. The drop in IQ was even more significant in men.

To keep sharp, resist the urge to check messages continually. Instead, schedule blocks of time

throughout the day to retrieve and respond to them.

Get eight hours of sleep: Lack of sleep also results in reduced productivity and increased errors. A National Sleep Foundation study found that half of all workers in the United States say sleepiness interferes with the amount of work they get done -- and nearly 20 percent say it causes them to make mistakes.

Sometimes those mistakes are tragic: Official investigations of human error in the space shuttle Challenger explosion and Exxon Valdez oil spill cited sleep deprivation as a "direct cause" of those accidents.

"The brain keeps an exact accounting of how much sleep it is owed," says Dr. William C. Dement, a Stanford University sleep expert who says we all need to get one hour of sleep for every two hours we're awake. "If you sleep one hour less each day then you're supposed to, you will acquire 'sleep debt.' "

"Everyone should block out eight hours of sleep," Dement adds. "Consider it an appointment that can't be broken."

Get high on brain food: Studies from Switzerland, Hawaii and Boston, Massachusetts, support the memory and cognitive benefits of a diet rich in antioxidants (vitamins C, E and beta carotene) and B vitamins.

If you have an important morning meeting, Douglas Kalman, director of clinical research at Peak Wellness, suggests eating a high protein breakfast to help raise your serotonin levels, which produces hormones that make you feel alert.

If you're feeling sluggish midday, boost your serotonin with a small dose of carbohydrates, such as fruit or an energy bar. Also, drink lots of water. A craving for sugar can be the initial stages of dehydration.

Work out: Exercise boosts circulation and bolsters brain-nurturing chemicals that improve your creativity, reaction time and retention. Researchers at Middlesex University found that participants scored higher on a creativity test after engaging in 25 minutes of aerobic exercise. Likewise, a University of Illinois study found that inactive individuals increased their memory and ability to multitask by more than 15 percent after participating in a walking program.

Do mental gymnastics: Mental exercise is important, too. Using your brain to learn a new language, master a new hobby or engage in friendly debate stimulates blood flow and strengthens the connections (synapses) between nerve cells in the brain. A Washington University study found that memorization techniques also encourage the brain to work more efficiently and may reduce age-related memory loss.

Dr. Robert Goldman, author of "Brain Fitness," suggests reading challenging books, doing puzzles -- even combing your hair and brushing your teeth with your other hand.

Or check out some of the "brain gyms," such as Mybraintrainer.com, which has proven successful for high school and college students preparing for entrance exams.

Think positive, loving thoughts: Finally, a decade of research at the W.M. Keck Laboratory for Functional Brain

Imaging and Behavior led by neuroscientist Richard Davidson found that choosing specific thoughts and emotions can permanently change the working of the brain.

When participants practiced feeling love and compassion, their brains went into action -- connecting and building new circuitry at high speed.

Davidson has concluded that emotions play a strong role in mental acuity and that spending just 10 minutes a day focusing on feeling loving and kind can make you smarter -- and happier.

From CareerBuilder.com

NALS OF GREATER KALAMAZOO BOARD OF DIRECTORS January 8, 2019

The January Board Meeting was held on Tuesday, January 8, 2019, at Miller Canfield. Minutes of the December Board meeting were unavailable, so were tabled until the next Board meeting. The Treasurer's report was approved. Committee reports were given and discussed, including Ways & Means, Membership, Education, and Programs and Reservations. A new Schwan's campaign has started, with Campaign ID No. 44474. The Koeze Nut sale made a profit of \$4,807.53. A full report will be published in the newsletter. The Board approved awarding two scholarships for \$1,000 each for 2019. Pam Wilcox will work on distributing applications. Big Brothers/Big Sisters bowling event is

February 16. The Board approved donating \$100 toward this event. NALS of Michigan will be offering a CLE program in Cadillac on February 16, 2019, which will also be available online via Go-To-Meeting. Stay tuned for more information. Next board meeting will be held February 5, 2019, at Miller Canfield at 6:30 p.m. It will be preceded at 5:30 by a planning meeting for the 2019 NALS of Michigan Annual Meeting. Bring some snacks and come out and join the planning team! We need all chapter members to step up and help with this annual meeting!



NOMINATIONS COMMITTEE

A Nominations Committee for 2019-2020 officers will be selected at the January General Membership meeting. If you are interested in serving on the committee (or serving as an officer), please contact President Michele Guyman.

BOWL FOR KIDS' SAKE

When: Saturday, February 16, 2019

What: Big Brothers Big Sisters

Time: 11:30 a.m.

Address: Revel & Roll West

4500 Stadium Drive

Kalamazoo, MI 49008

Cost: BBBs suggests a fundraising goal of \$60 per person

WE'RE DEFENDERS OF POTENTIAL!! Defending every child's potential is important to us. NALS of Greater Kalamazoo is creating teams for this year's BBBs Bowl for Kids' Sake. Bowl for Kids' Sake is a fun and easy way for you and your colleagues to support the life-changing work of Big Brothers Big Sisters. If you care about kids and can spare a little time to have fun with your colleagues, then Bowl for Kids' Sake is for you! - No special skills are needed. Join us at the bowling lanes to have fun and celebrate your fundraising success!!

Sign up to bowl at: <https://amplify.netdonor.net/7222/bfks2019/46707/nals-of-greater-kalamazoo>

If the current team fills up, email Michele Guyman: mightymmo@sbcglobal.net and she will be happy to create another team!! The more the merrier! ☺



NALS of Greater Kalamazoo Members, including Diane Berry and Carol Stickney, enjoyed the performance of *A Christmas Carol* at the New Vic Theatre on December 27. Our own Deb Koppers had the role of Mrs. Cratchit.

Certification Corner

by Paula Steffey, PP, CLP-SC, CWCP

January 2019 Quiz U.S. Constitution / Government

NALS of Greater Kalamazoo members who score an 80% or better will receive one (1) hour of general CLE.

To receive your CLE credit you will need to: complete the quiz, sign and date, and email to Paula Steffey at westernmom40@gmail.com. If you receive an 80% or better you will receive a certificate for one (1) hour of general CLE. You may try as many times as you would like through January 31, 2019.

1. The right of citizens of the United States, who are 18 years of age or older, to vote is found in _____.
 - a. Amendment XXVI, Section 1
 - b. Amendment XXI, Section 2

2. What amendment addresses vacancies in the representation of any state in the Senate?
 - a. 16th Amendment
 - b. 17th Amendment

3. Compensation for the services of Senators and Representatives shall be paid out of _____:
 - a. The treasury of the United States.
 - b. The treasury of the state they represent.

4. The _____ Amendment to the Bill of Rights prohibits cruel and unusual punishments, but also mentions “excessive fines” and bail.
 - a. 5th Amendment
 - b. 8th Amendment

5. Women’s right to vote was adopted in ____ (a) ____, and is now the ____ (b) ____ Amendment of the U.S. Constitution.
 - a. _____
 - b. _____

6. Who is head of the executive branch?
- a. Chief Justice of the Supreme Court
 - b. President of the United States
7. Who is the “Father of the Constitution”?
- a. James Madison
 - b. Thomas Jefferson
8. Where does the government get its power?
- a. the Constitution
 - b. the people
9. There are nine members of the U.S. Supreme Court. There must be a minimum or quorum of ____ justices to decide a case.
- a. 6
 - b. 5
10. The federal government is divided into three branches. The legislative branch ____ (a) ____ ; the executive branch ____ (b) ____ ; and the judicial branch ____ (c) ____ .
- a. _____
 - b. _____
 - c. _____



WELCOME TO OUR NEWEST MEMBER!

Shawn F. Brew is a paralegal with Woznicki Law PLC. He recently joined NALS of Greater Kalamazoo as a student member. Shawn will be installed at our January 22 membership meeting, together with Stephanie Alvarado of Miller Johnson.

CONGRATULATIONS ON YOUR RETIREMENT FROM THE LEGAL PROFESSION!

Kathleen Hutchins and Colleen VanSickle both recently officially retired from the legal profession! We will celebrate their retirement with cake at our January 22 membership meeting.

To Kathleen and Colleen: Thank you for all of your contributions to NALS of Greater Kalamazoo over the years. NALS wishes you health and happiness in the future. May you both have bright new chapters ahead of you – one where you will have unlimited time for relaxation and fun. You deserve it! Enjoy!!



Our February 2019 membership meeting and CLE will be held on February 26 at Comensoli's (formerly Pasta Pasta). Our speaker will be **Attorney Steven Rayman of Rayman & Knight**. Attorney Rayman will speak on bankruptcy issues. Look for the meeting invite in the next edition of the *Pleadings*.



NALS OF GREATER KALAMAZOO
Minutes of December 18, 2018 General Membership Meeting

NALS of Greater Kalamazoo met on Tuesday, December 18, 2018 at Michele's on Gull Road; notice of meeting having been duly given to all members. Nine members were present, along with our three speakers, Tamara Davis, Lisa Allen, and Nina Hamilton from Mattawan Food Packs. A brief meeting was held after our speakers presented.

1. Call to Order: President Michele Guyman called the meeting to order at 6:57 p.m.
2. Minutes: The Minutes of the November 27, 2018 meeting will be reviewed and approved at the January 2019 meeting.
3. Treasurer's Report: It was moved by Nancy Thomas, PLS and seconded by Diane Berry, PLS to approve the November Treasurer's Report, subject to audit. Motion passed.
4. Corresponding Secretary's Report: Paula Steffey, PP, CLP-SC, CWCP reported that the December birthday cards and a thank you note to last month's speaker were mailed.
5. Director's Report: Nancy Thomas, PLS had no report.
6. Committee Reports: The following committee reports were given:
 - A. Membership: There was no membership report given.
 - B. Programs/Reservations:

January 22, 2019, Attorney Blake Padget, Miller Johnson
February 26, 2019, Attorney Steve Rayman (tentative), TBD
March 26, 2019, Attorney David Lewis (tentative), TBD

Discussion was held regarding the possibility of no meeting in April due to the timing of the Annual Meeting. Further discussion will be held at the Board Meeting on January 8, 2019.
 - C. Ways & Means:
 - i. Diane Berry, PLS reported the new Schwan's campaign will begin in January 2019.
 - ii. Nancy Thomas, PLS reported that the Koeze Nuts sales will generate a profit of at least \$3,000.
 - D. Employment: Pam Wilcox reported no job openings were sent to her in December.
 - E. Education: Paula Steffey, PP, CLP-SC, CWCP had no report.
7. Old/New Business:
 - A. 2019 Annual State Meeting: The next planning meeting will be held on January 8th at 5:30 p.m. at Miller Canfield.

8. Announcements:

- A. NALS of Michigan 2019 Legal Professional of the Year: The deadline to submit nominations is February 1, 2019.
- B. BBBS Bowl-a-thon: The event will take place on February 16, 2019 at 11:30 a.m. Sign-up is online.
- C. Michele Guyman announced that Jennifer Antisdale, herself and her children attended the Wreaths Across America outing at Fort Custer National Cemetery on December 15, 2018.

9. Upcoming Meetings:

- A. Next 2019 Annual Meeting planning meeting will be held on January 8, 2019 at 5:30 p.m. at Miller Canfield
- B. Next Board Meeting will be held on January 8, 2019 at Miller Canfield, immediately following the 2019 Annual Meeting planning meeting
- C. Next General Membership Meeting will be held on January 22, 2019 at Miller Johnson

There being no further business to come before the membership, the meeting was adjourned at 7:09 p.m.

Respectfully submitted,
Paula Steffey, PP, CLP-SC, CWCP (substituting for Samantha Wilder, Recording Secretary)

WREATHS ACROSS AMERICA



Michele Guyman, Jennifer Antisdale, and Michele's Children all participated in the Wreaths Across America event on Saturday, December 15, 2018, by placing wreaths on veterans' gravestones at Fort Custer National Cemetery in Augusta. Thanks for remembering our fallen U.S. veterans and honoring those who serve!

NALS of Greater Kalamazoo members Carol Stickney, Tami Carl, Colleen VanSickle, Nancy Thomas, and Kathleen Hutchins enjoying *A Christmas Carol* at the New Vic Theatre. Thanks to Tami Carl for organizing this wonderful evening out!



NALS of Detroit
Winter Legal Education/Membership Meeting

Thursday, January 24, 2019

5:30 p.m. – Dinner

6:00 p.m. – Immigration Law

Guest Speaker – Attorney Reginald A. Pacis

7:00 p.m. – Membership Meeting

Miller Canfield, 150 W. Jefferson, Suite 2500, Detroit, MI 48226



Reginald A. Pacis is a shareholder practicing in Butzel Long's Detroit office. He graduated from the Detroit College of Law at Michigan State University in 1996 and obtained his B.A. from James Madison College at Michigan State University in 1992. He joined the State Bar of Michigan in 1997. "Reggie" concentrates his practice in immigration law and has handled a variety of immigration matters. He is a member of the American Bar Association, the American Immigration Lawyers Association (AILA), and the Samahang Pilipino Ng Oakland Filipino organization. In addition to being a speaker on immigration topics at many business, Hispanic and Filipino presentations, He completed an appointment by Governor Granholm for service on the Advisory Committee for Asian Pacific American Affairs (ACAPAA) and in December 2018 was appointed by Governor Snyder to serve as a commissioner to the Michigan Asian Pacific American Affairs Commission. His full CV is available at <https://www.butzel.com/attorneys-reginald-pacis.html>

REGISTRATION FORM

Thursday, January 24, 2019
NALS of Detroit
WINTER Legal Education/Membership Meeting

Fees (includes dinner)

NALS OF Detroit Member	_____	\$15
Future Member	_____	\$20
Student	_____	\$10
Membership Meeting Only	_____	No Fee

Refund Policy:

Full Refund if notification received prior to
January 18, 2019. NO EXCEPTIONS

For further information contact Myria Ross @
(313) 316-0042 or myriaross@gmail.com

RSVP (with dinner) deadline is
Friday, January 18, 2019.
NO EXCEPTIONS

Mail completed registration form and check payable to NALS of Detroit to:
Gayle Lawson (Treasurer)
4355 Quail Ridge Lane
Newport, MI 48166

Name: _____ Address: _____

Telephone: _____ Email: _____

If member, list chapter: _____ If student, please list school: _____

NALS OF MICHIGAN
Breakout CLE Session
“Around the World in Legal Topics”

Saturday, February 16, 2019

McCurdy, Wotila & Porteous, P.C.
120 W. Harris Street
Cadillac, MI 49601

9:00 a.m. Nathan Piwowarski
10:00 a.m. Patrick Cherry
11:00 a.m. Wendy Divozzo
12:00 p.m. David McCurdy

Bios of attorneys are attached separately. They are also available via www.mwplegal.com.



Nathan Piwowarski, Esq.
McCurdy, Wotila & Porteous, P.C.
Hot Probate and Estate Planning Topics



Patrick Cherry, Esq.
McCurdy, Wotila & Porteous, P.C.
Preparing for Trial from the Beginning of a Case



Wendy Divozzo, Esq.
McCurdy, Wotila & Porteous, P.C.
Family Law



David McCurdy, Esq.
McCurdy, Wotila & Porteous, P.C.
Hot Real Estate Topics

REGISTRATION FORM

Saturday, February 16, 2019 at 9:00 a.m.
NALS of Michigan
Breakout CLE Session
“Around the World in Legal Topics”

Fees (includes lunch)

NALS of Michigan Member ___ \$25
Future Member ___ \$30
Student ___ \$15

Attendance Via Go To Meeting

NALS of Michigan Member ___ \$15
Future Member ___ \$20

Flash Drive of Event ___ \$10

Refund Policy:

Full Refund if notification received prior to
February 10, 2019. **NO EXCEPTIONS**

For further information contact:
Maureen K. Jones, PP, PLS, ALP at
Maureen@mwplegal.com

RSVP (with lunch) deadline is
February 10, 2019
NO EXCEPTIONS.

Mail completed registration form and check payable to **NALS of Michigan** to:
Maureen K. Jones, PP, PLS, CLP
McCurdy, Wotila & Porteous, P.C.
120 W. Harris Street
Cadillac, MI

Name: _____ Address: _____

Telephone: _____ Email: _____

If member, list chapter: _____ If student, please list school: _____





NALS of Michigan Scholarship Fund 2018-2019 Application Form

NAME:	TELEPHONE:
ADDRESS: Street	
City	State
Zip	
NAME OF SCHOOL:	EXPECTED DATE OF GRADUATION:
SCHOOL ADDRESS: Street	
City	State
Zip	
PRINCIPAL'S/DEAN'S NAME:	
GRADE POINT AVERAGE:	RANK OF APPLICANT IN CLASS:
PARENT/SPOUSE OCCUPATION:	
NUMBER OF CHILDREN IN FAMILY:	
COLLEGE OR UNIVERSITY STUDENT PLANS TO ATTEND & MAJOR:	

Return this application with all required attachments to:

Teresa Garber, PP, PLS
 NALS of Michigan Scholarship Chair
 5940-6 Bayberry Farms Drive, SW
 Wyoming, MI 49418
 Email: tgarber@silvervanessen.com
 Phone: (616) 862-5483

For Scholarship Committee Use Only:

Date Received:	Meets Qualifications: <input type="checkbox"/> Yes <input type="checkbox"/> No Notification of eligibility sent on:	Selected as Finalist <input type="checkbox"/> Yes <input type="checkbox"/> No Notification of status sent on:	Applicant Number:
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**NALS of Michigan
Scholarship 2018-2019
AWARD RULES AND REGULATIONS**

The NALS of Michigan Scholarship Fund shall present a \$1,000 non-renewable tuition-/books-only scholarship available to those enrolled in a school of advanced education in the legal field. The scholarship will be awarded on the basis of scholastic or legal career achievements, future career goals, demonstration of financial need, and leadership ability. The scholarship award may be granted to any qualified applicant in the legal field.

The candidate must:

1. Be a high school senior or enrolled in a school of advanced education (including the current school year).
2. Be a resident of Michigan and be enrolling in a Michigan school of advanced education in the legal field.
3. Have at least a B average or, if percentile system is used, not below 90 percent.
4. Be in need of financial assistance.
5. Be able to enroll in the fall term (2019). Candidates nominated in prior years who meet current qualifications are eligible for renomination.

The application and all required attachments must be submitted on the forms provided to the NALS of Michigan Scholarship Fund Chairman and must be postmarked no later than January 15, 2019. Any application postmarked after that date will be disqualified. One educator, one judge or attorney, and one civic leader shall select not less than three, but no more than five, finalists from the entries submitted. The winner will be chosen from the list of finalists by member vote at the annual meeting and educational conference of NALS of Michigan on Saturday, April 27, 2019. Prior to submitting the application to the judges, the NALS of Michigan Scholarship Fund Chairman shall remove from each application all identification of the applicant and assign a number to each application. The NALS of Michigan Scholarship Fund Chairman shall retain in sealed envelopes bearing corresponding numbers the identity of the candidates until the final decision has been made. The winner will be immediately notified to enable him/her to make arrangements for his/her ensuing school term. In the event the winner does not accept the scholarship award, the scholarship shall be awarded to the next highest candidate in order. The scholarship winner must notify the Chairman of a final decision regarding enrollment no later than August 30, 2019. Should the winner not enroll in the ensuing term in school, thereby forfeiting the award, it shall be presented to the first runner-up. The scholarship monetary award shall be paid directly to the school of the winner's choice for enrollment in the ensuing term in school. Any scholarship award must be used in full within one year from the date of the written notification to the winning candidate of his/her selection as a winner.

Any unused scholarship award, or portion thereof, shall be refunded by the school to the NALS of Michigan Scholarship Fund by June 1 of the year following the presentation of the award.

THE NALS OF MICHIGAN SCHOLARSHIP FUND APPLICATION MUST BE FULLY COMPLETED WITH ALL OF THE FOLLOWING DOCUMENTATION ATTACHED AND RETURNED TO THE CHAIRMAN POSTMARKED NO LATER THAN JANUARY 15, 2019.

1. An official transcript of grades.
2. A one-page letter of recommendation from the applicant's current major teacher or counselor, addressed to NALS of Michigan Scholarship Fund, stating:
 - a. Applicant's activity and leadership record;
 - b. A description of applicant's personal traits, character, drive, home background, and brief statement of financial need; and
 - c. Reasons the applicant should be awarded this scholarship.
3. One additional letter of recommendation from someone other than a member of the applicant's family, such as an employer, teacher, pastor, or friend, may be submitted if applicant so desires, but is not required.
4. A one-page autobiographical statement prepared by the applicant, showing the date of birth, school attended, employment, school and outside activities, accomplishments, family background, hobbies, and a brief description of applicant's goals and desires, including the name of the college the applicant will be attending and their major.

We've started a new Schwan's Fundraising Campaign!

Get delicious food delivered to your door!

NEW CAMPAIGN ID: 44474

Beginning **January 14** we are once again eligible to earn **20-40%** for 45 days (until February 28), and then 5% until April 30

Go to our campaign and make your purchase today!
www.schwans-cares.com/c/44474

Purchase a \$25 gift card (which you can use with your first purchase) - or give it to a friend or family member and add them to your team - and Schwan's will donate \$10 back to us!



NALS of Greater Kalamazoo

P.O. Box 50221
Kalamazoo, MI 49005

www.nalsofgreaterkalamazoo.org





MATTAWAN FOOD PACKS

December 19, 2018

NALS of Greater Kalamazoo
P. O. Box 50221
Kalamazoo, MI 49005

Attn: Paula Steffey

Dear Paula and NALS group,

On behalf of Mattawan Food Packs Inc. we would like to thank you for your generous monetary donation as well as the food item donations. Thank you also for including us in your meeting so we could spread the word about our program.

We recognize there are many charitable options to choose from and we appreciate that you have included Mattawan Food Packs as one of your charity partners.

This is the 8th year we have been providing food packs to Mattawan Schools! This year we have expanded even more so into the high school while continuing to serve the Early EI, Later EI and Middle Schools. Your monetary donation will be used to purchase the 15 healthy, kid-friendly food items each student receives every weekend.

We, and those we serve, appreciate your support. Visit our website at www.mattawanfoodpacks.org or our Facebook page to follow our progress throughout the year.

Thanks again!

Sincerely,

Nina Hamilton and Kristi Friend, Coordinators

NALS of Greater Kalamazoo
January 2019 Membership Meeting and CLE

Tuesday, January 22, 2019

Miller Johnson, Radisson Hotel & Suites, 100 West Michigan Avenue, Suite 200, Kalamazoo, MI 49007
269.226.2950



SPEAKER

Blake C. Padget
Miller Johnson

TOPIC

The Recent Passage
of Proposal 1 From
an Employment
Lawyer's
Perspective



Attorney Padget is an Associate in Miller Johnson's Employment and Labor Section. He works with a variety of clients from industry groups such as health care, manufacturing, distribution and education. In addition to counseling clients on complex labor and employment topics, he works as a part of Miller Johnson's employment litigation team. Attorney Padget is a graduate of The University of Toledo College of Law where he earned his J.D., summa cum laude, in 2018. He received his B.A. degree in History from Alma College in 2015.

AGENDA

5:30 p.m. – Networking

6:00 p.m. – Dinner

6:30 p.m. – Speaker Presentation (CLE)

A chapter business meeting will follow the speaker presentation.

BUFFET DINNER

Catered by J. Gumbo's (Real Down-Home New Orleans Cookin'), including:



- **Jambalaya** (mild, GF - shredded chicken, sausage, bell pepper, onion, and celery over white rice)
- **White Bean Chili** (slightly spicy, VEGAN, GF - beans, stewed tomatoes, onion, cilantro, and jalapeno over white rice)
- **Bourbon Street Chicken** (mild - tender chicken slow-cooked in a sweet butter Hoison sauce over brown rice)
- **Honey Sriracha Chicken** (spicy, GF - tender chicken slow-cooked in a sweet and spicy Honey Sriracha sauce over brown rice)
- French bread and corn bread available
- Cake for dessert

Price Per Person: \$14.50

Tax, tip and non-alcoholic drink included in the price. Wine and beer available for a donation.

RESERVATION PROCEDURE

E-mail your reservation to Tierney Tubergen at tubergent@millerjohnson.com or call (269) 226-2972 no later than **noon on Friday, January 18, 2019** to reserve your spot. Give your payment to Jen Robinson, NALS Treasurer, at the meeting. Checks are welcome. If you pay in cash, please bring the exact amount. SORRY, BUT ONCE THE RESERVATIONS HAVE BEEN CALLED IN, YOU WILL BE RESPONSIBLE FOR PAYMENT FOR YOUR ORDER IF YOU HAVE TO CANCEL AND DO NOT FIND A REPLACEMENT.

2018 - 2019 Officers

Michele Guyman, President

Phone: 586-557-4054; mightymmo@sbcglobal.net

Tami L. Carl, CLP, Vice President

Phone: 226-2966; carlt@millerjohnson.com

Samantha Wilder, Recording Secretary

Phone: 870-5329; sgwilder22@yahoo.com

Paula Steffey, PP-SC, CLP, CWCP,

Corresponding Secretary;

Phone: 377-9341; westernmom40@gmail.com

Jennifer Robinson, Treasurer

Phone: 459-9500; jen@austin-koffron.com

Nancy Thomas, PLS, Director

Phone: 381-7030; thomasn@millercanfield.com

Cathy A. Zackery, CLP, Immediate Past President

Phone: 382-0444; czackery@levine-levine.com

Diane Y. Berry, PLS, Parliamentarian

Phone: 226-8860; diberry@plunkettcooney.com

* * * * *

Nancy Thomas, PLS, *Pleadings* Editor

Phone: 381-7030; thomasn@millercanfield.com

CALENDAR

Next Board Meeting

Tuesday, February 5, 2019

6:30 p.m.

Location: Miller Canfield

Next 2019 Annual

Meeting Planning Session:

Tuesday, February 5, 2019

5:30 p.m.

Location: Miller Canfield

January General Membership Meeting

January 22, 2019

5:30 p.m.

Miller Johnson

Program: Employer's Perspective: Proposal 1

Big Brothers/Big Sisters Bowl for Kids Sake

February 16, 2019

11:30 a.m.

Revel & Roll - Stadium Drive



**NALS of Greater Kalamazoo
P.O. Box 50221
Kalamazoo MI 49005**