

**VHSL REGION 5A**Earlysville, VA  
Panorama Farms

Thursday, November 7, 2019

**OFFICIAL MEET REPORT**  
printed: 11/7/2019 2:21 PM**Race #1**  
**Boys Championship 5k****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Albemarle	29	1-4-5-8-11(13)(29)	1:23:35	16:43	1:05.5
2 Stafford High School	59	2-7-14-15-21(34)(41)	1:25:53	17:11	1:48.2
3 North Stafford	90	9-17-18-19-27(31)(32)	1:28:07	17:38	1:12.9
4 Patrick Henry (Roanoke)	93	3-12-23-25-30(36)(44)	1:28:23	17:41	1:45.1
5 Harrisonburg	99	6-16-20-24-33(38)(39)	1:28:37	17:44	1:36.3
6 Mountain View	136	10-26-28-35-37(40)(45)	1:30:42	18:09	1:20.6
7 Brooke Point	200	22-42-43-46-47(48)(49)	1:39:30	19:54	3:50.7

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 Mackenzie, Will	SR	4	Albemarle	1	16:10.5	---	5:12.1	3:14.1
2 Polcha, Justin	SO	115	Stafford High Schoo	2	16:11.2	.7	5:12.3	3:14.2
3 Murphy, Charles	SR	95	Patrick Henry (Roa	3	16:33.2	22.7	5:19.4	3:18.6
4 MacKnight, J.D.	SR	5	Albemarle	4	16:35.1	24.6	5:20.0	3:19.0
5 Smith, Stephen	JR	8	Albemarle	5	16:44.9	34.4	5:23.1	3:21.0
6 Beck, David	JR	34	Harrisonburg	6	16:47.3	36.8	5:23.9	3:21.5
7 Notgrass, Nathan	SR	113	Stafford High Schoo	7	16:47.5	37.0	5:24.0	3:21.5
8 Naseh, Harris	SR	6	Albemarle	8	16:48.4	37.9	5:24.2	3:21.7
9 LeCain, Noah	JR	73	North Stafford	9	16:57.6	47.1	5:27.2	3:23.5
10 Swain, Craig	JR	58	Mountain View	10	17:15.5	1:05.0	5:33.0	3:27.1
11 Hartogensis, Jake	JR	3	Albemarle	11	17:16.0	1:05.5	5:33.1	3:27.2
12 Kerr, Riley	SO	94	Patrick Henry (Roa	12	17:22.3	1:11.8	5:35.1	3:28.5
13 Harris, Brett	SR	2	Albemarle	(13)	17:22.9	1:12.4	5:35.3	3:28.6
14 Putka, Ben	SO	116	Stafford High Schoo	14	17:25.6	1:15.1	5:36.2	3:29.1
15 Polcha, Jacob	SR	114	Stafford High Schoo	15	17:28.7	1:18.2	5:37.2	3:29.7
16 Kirwan, Hayden	JR	39	Harrisonburg	16	17:30.0	1:19.5	5:37.6	3:30.0
17 Yakulis Jr., Samuel	SO	78	North Stafford	17	17:34.0	1:23.5	5:38.9	3:30.8
18 Smith, Jordan	SR	75	North Stafford	18	17:35.0	1:24.5	5:39.2	3:31.0
19 Echevarria, Xavier	SR	71	North Stafford	19	17:49.3	1:38.8	5:43.8	3:33.9
20 McGrath, Tucker	SR	40	Harrisonburg	20	17:51.2	1:40.7	5:44.4	3:34.2
21 Zinn, Liam	JR	118	Stafford High Schoo	21	17:59.4	1:48.9	5:47.1	3:35.9
22 Caley, Andrew		9	Brooke Point	22	18:01.1	1:50.6	5:47.6	3:36.2
23 Williams, Edward		9	Patrick Henry (Roa	23	18:01.7	1:51.2	5:47.8	3:36.3
24 Aradhey, Niranjana		9	Harrisonburg	24	18:04.8	1:54.3	5:48.8	3:37.0
25 Gettings, Noah	SR	92	Patrick Henry (Roa	25	18:07.4	1:56.9	5:49.6	3:37.5
26 Petska, Jacob	SO	55	Mountain View	26	18:07.5	1:57.0	5:49.7	3:37.5
27 Belt, Russell	SO	69	North Stafford	27	18:10.5	2:00.0	5:50.6	3:38.1
28 Billings, Abram	SR	50	Mountain View	28	18:12.9	2:02.4	5:51.4	3:38.6
29 Waterbury, Miles	SR	9	Albemarle	(29)	18:16.6	2:06.1	5:52.6	3:39.3
30 Suess, Luke	SR	96	Patrick Henry (Roa	30	18:18.3	2:07.8	5:53.2	3:39.7
31 Webb, Joshua	JR	77	North Stafford	(31)	18:19.8	2:09.3	5:53.6	3:40.0
32 Bianca, Benjamin	SO	70	North Stafford	(32)	18:21.0	2:10.5	5:54.0	3:40.2
33 Hulleman, Michael	SR	38	Harrisonburg	33	18:23.6	2:13.1	5:54.9	3:40.7
34 Merriman, Daniel	SO	112	Stafford High Schoo	(34)	18:23.7	2:13.2	5:54.9	3:40.7
35 Russ, James	SR	57	Mountain View	35	18:29.9	2:19.4	5:56.9	3:42.0

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**Boys Championship 5k****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
36 Ericsson, Jack	SO	91	Patrick Henry (Roa	(36)	18:35.4	2:24.9	5:58.6	3:43.1
37 Pophan, Paul	SR	56	Mountain View	37	18:36.1	2:25.6	5:58.9	3:43.2
38 Domingo, Jeremias	JR	37	Harrisonburg	(38)	18:37.2	2:26.7	5:59.2	3:43.4
39 Benevento, Silas	JR	35	Harrisonburg	(39)	18:41.9	2:31.4	6:00.7	3:44.4
40 Avery, Isaac	SO	49	Mountain View	(40)	18:42.1	2:31.6	6:00.8	3:44.4
41 Sepulveda, Thomas	JR	117	Stafford High Schoo	(41)	18:44.9	2:34.4	6:01.7	3:45.0
42 Islas, Isaac	SR	25	Brooke Point	42	18:51.1	2:40.6	6:03.7	3:46.2
43 Lenzmeier, Owen	JR	26	Brooke Point	43	18:55.7	2:45.2	6:05.2	3:47.1
44 Duckwall, James	JR	90	Patrick Henry (Roa	(44)	19:06.0	2:55.5	6:08.5	3:49.2
45 D'Lugos, Matt	JR	53	Mountain View	(45)	19:13.1	3:02.6	6:10.8	3:50.6
46 Cardona, Daniel	JR	24	Brooke Point	46	21:49.8	5:39.3	7:01.2	4:22.0
47 Andazola, Felix	SO	21	Brooke Point	47	21:51.8	5:41.3	7:01.8	4:22.4
48 Andros, Logan	9	22	Brooke Point	(48)	22:04.4	5:53.9	7:05.9	4:24.9
49 Ohleger, Jake	SO	27	Brooke Point	(49)	22:09.0	5:58.5	7:07.3	4:25.8
50 Jones, William	SR	131	William Fleming	-	25:16.5	9:06.0	8:07.6	5:03.3
-- McKenna, Liam	SR	132	William Fleming	-	DQ		---	---
-- Diljo, Abdulallah	JR	130	William Fleming	-	DQ		---	---
-- Cruz, Kevin	SR	129	William Fleming	-	DQ		---	---

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**OFFICIAL MEET REPORT**  
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**Girls Championship 5k****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Albemarle	21	1-3-4-6-7(14)(20)	1:42:02	20:25	2:00.3
2 Mountain View	58	2-5-11-19-21(23)(25)	1:45:24	21:05	2:29.7
3 Stafford High School	71	9-13-15-16-18(26)(27)	1:47:02	21:25	0:38.5
4 Patrick Henry (Roanoke)	120	10-17-24-31-38(40)	1:54:38	22:56	4:38.1
5 North Stafford	137	12-22-32-35-36(41)(44)	1:57:07	23:26	4:22.9
6 Brooke Point	154	28-29-30-33-34	1:57:38	23:32	1:04.0
7 Harrisonburg	169	8-37-39-42-43	2:06:36	25:20	5:58.9

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 DeBoer, Arianna	JR	11	Albemarle	1	19:00.5	---	6:06.7	3:48.1
2 Wunderly, Emma	SO	68	Mountain View	2	19:30.4	29.9	6:16.3	3:54.1
3 Zarzyski, Madelyne	SR	20	Albemarle	3	20:29.8	1:29.3	6:35.4	4:06.0
4 St Amand, Olivia		9	Albemarle	4	20:31.5	1:31.0	6:36.0	4:06.3
5 Ramirez, Helena		9	Mountain View	5	20:52.0	1:51.5	6:42.6	4:10.4
6 Guyton, Hanna		9	Albemarle	6	20:58.6	1:58.1	6:44.7	4:11.7
7 Kronebusch, Madeline	JR	14	Albemarle	7	21:00.8	2:00.3	6:45.4	4:12.2
8 Kirwan, Kate	SO	46	Harrisonburg	8	21:07.1	2:06.6	6:47.4	4:13.4
9 Lambert, Greta	JR	125	Stafford High Schoo	9	21:09.9	2:09.4	6:48.3	4:14.0
10 Yirmibesoglu, Aylin		9	Patrick Henry (Roa	10	21:12.3	2:11.8	6:49.1	4:14.5
11 Dausman, Naomi		9	Mountain View	11	21:12.8	2:12.3	6:49.3	4:14.6
12 Smith, Hailey	JR	87	North Stafford	12	21:15.6	2:15.1	6:50.2	4:15.1
13 Betties, Zoi	SR	120	Stafford High Schoo	13	21:18.5	2:18.0	6:51.1	4:15.7
14 Murphy, Abby	JR	16	Albemarle	(14)	21:18.6	2:18.1	6:51.1	4:15.7
15 Sutton, Norah	SO	128	Stafford High Schoo	15	21:21.7	2:21.2	6:52.1	4:16.3
16 Elchenko, Brenna		9	Stafford High Schoo	16	21:23.4	2:22.9	6:52.7	4:16.7
17 Sherman, Alice	SO	106	Patrick Henry (Roa	17	21:44.4	2:43.9	6:59.4	4:20.9
18 Perminter, Ashley	JR	126	Stafford High Schoo	18	21:48.4	2:47.9	7:00.7	4:21.7
19 Simmons, Rebekah	JR	66	Mountain View	19	21:48.7	2:48.2	7:00.8	4:21.7
20 Shifflett, Beth	SR	18	Albemarle	(20)	21:50.4	2:49.9	7:01.4	4:22.1
21 Peterson, Laura	JR	64	Mountain View	21	22:00.1	2:59.6	7:04.5	4:24.0
22 Craig, Katherine		9	North Stafford	22	22:08.7	3:08.2	7:07.2	4:25.7
23 Dausman, Grace	SR	61	Mountain View	(23)	22:17.9	3:17.4	7:10.2	4:27.6
24 Lafferty, Mahkayla	SO	104	Patrick Henry (Roa	24	22:22.2	3:21.7	7:11.6	4:28.4
25 Baileys, Abigail	JR	59	Mountain View	(25)	22:39.5	3:39.0	7:17.1	4:31.9
26 Smith, Catherine	SR	127	Stafford High Schoo	(26)	22:45.9	3:45.4	7:19.2	4:33.2
27 Chavez, Savannah	SR	122	Stafford High Schoo	(27)	23:00.0	3:59.5	7:23.7	4:36.0
28 Oltman, Chasey	SO	32	Brooke Point	28	23:01.8	4:01.3	7:24.3	4:36.4
29 Ancar, Dominicia	SR	28	Brooke Point	29	23:12.8	4:12.3	7:27.8	4:38.6
30 Anderson, Kaitlynn	JR	29	Brooke Point	30	23:21.2	4:20.7	7:30.5	4:40.2
31 Dewire, Sophie		9	Patrick Henry (Roa	31	23:27.9	4:27.4	7:32.7	4:41.6
32 Antonucci, Katherine	SR	80	North Stafford	32	23:34.0	4:33.5	7:34.7	4:42.8
33 Cervantes, Lili	SR	30	Brooke Point	33	23:55.9	4:55.4	7:41.7	4:47.2
34 Mayorga, Gabriela	SO	31	Brooke Point	34	24:05.8	5:05.3	7:44.9	4:49.2
35 Micallef, Isabella	SR	86	North Stafford	35	24:29.7	5:29.2	7:52.6	4:53.9

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<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
36 Aciri-Burns, Marnay	JR	79	North Stafford	36	25:38.5	6:38.0	8:14.7	5:07.7
37 Kauffman, Abby	9	45	Harrisonburg	37	25:42.8	6:42.3	8:16.1	5:08.6
38 Van Der Linden, Anna	SR	107	Patrick Henry (Roa	38	25:50.4	6:49.9	8:18.5	5:10.1
39 Maddox, Emma	9	47	Harrisonburg	39	25:55.1	6:54.6	8:20.0	5:11.0
40 Crawford, Sophie	SO	102	Patrick Henry (Roa	(40)	26:10.3	7:09.8	8:24.9	5:14.1
41 Grab, Madeline	SO	84	North Stafford	(41)	26:34.7	7:34.2	8:32.8	5:18.9
42 Thompson, Kasey	9	48	Harrisonburg	42	26:44.5	7:44.0	8:35.9	5:20.9
43 Brino-Dean, Tylor	9	44	Harrisonburg	43	27:06.0	8:05.5	8:42.8	5:25.2
44 Bonner, Aiyanna	SO	82	North Stafford	(44)	28:51.8	9:51.3	9:16.8	5:46.4
45 Naredo-Solabac, Mayte	9	133	William Fleming	-	31:12.0	12:11.5	10:01.9	6:14.4